

2023 WASHINGTON SENIOR SC CHAMPIONSHIPS

ORDER OF EVENTS

DAY 1 – AFTERNOON SESSION	
Event #	Timed Finals
1, 2	1000–yd Freestyle

DAY 2			
Event #	Preliminaries	Event #	Finals
3, 4	200-yd Free Relay – See note #1	3, 4	200-yd Free Relay – See note #1
5, 6	200-yd Freestyle	5, 6	200-yd Freestyle
7, 8	100-yd Breaststroke	7, 8	100-yd Breaststroke
9, 10	200-yd Backstroke	9, 10	200-yd Backstroke
11, 12	100-yd Butterfly	11, 12	100-yd Butterfly
13, 14	400-yd IM	13, 14	400-yd IM
	15 minute break		15 minute break
15, 16	400-yd Medley Relay – See note #1	15, 16	400-yd Medley Relay – See note #1

DAY 3			
Event #	Preliminaries	Event #	Finals
17, 18	200-yd Medley Relay – See note #1	17, 18	200-yd Medley Relay – See note #1
19, 20	200-yd Butterfly	19, 20	200-yd Butterfly
21, 22	50-yd Freestyle	21, 22	50-yd Freestyle
23, 24	500-yd Freestyle	23, 24	500-yd Freestyle
25, 26	200-yd Breaststroke	25, 26	200-yd Breaststroke
27, 28	50-yd Backstroke	27, 28	50-yd Backstroke
	15 minute break		15 minute break
29, 30	800-yd Free Relay – See note #1	29, 30	800-yd Free Relay – See note #1

DAY 4			
Event #	Preliminaries	Event #	Finals
33, 34	50-yd Butterfly	31, 32	1650-yd Freestyle – See note #2
35, 36	100-yd Freestyle	33, 34	50-yd Butterfly
37, 38	200-yd IM	35, 36	100-yd Freestyle
39, 40	100-yd Backstroke	37, 38	200-yd IM
41, 42	50-yd Breaststroke	39, 40	100-yd Backstroke
43, 44	400-yd Free Relay – See Note #1	41, 42	50-yd Breaststroke
	15 minute Break		
31, 32	1650-yd Freestyle – See note #2		

Note #1: Relays are timed Finals. The fastest two heats of relays (200/400 Medley and 200 Freestyle) for each gender will swim in Finals. The fastest one heat of 800 Free relay will swim in Finals. Each team may only swim two relays in Finals. The remaining relays will swim in Prelims. All 400 Free Relays will swim in Prelims.

Note #2: The 1650 Freestyle is a timed finals event. The fastest heat for each gender will swim in Finals. The remaining heats will swim in Prelims.