

## PART B: PNS MEET SPEC SHEET 2023 SCY WASHINGTON STATE SENIOR CHAMPS

### PARTICIPATION:

OPEN TO PNS ATHLETES ONLY? **NO – Washington State Residents Only**

COURSE? **SCY**

### ENTRY TIMES:

**TIME STANDARDS?** **YES**

If YES, above, qualifying time std for meet or per event (ie Gold, PNS) **Washington State Sr Short Course Champs**

If Yes, above, time std per meet or per event? **YES**

Bonus Events? **YES**

If YES, Bonus Event Calculation: **1 Qualifying 3 Bonus, 2 Qualifying 2 Bonus, 3 Qualifying 1 Bonus**

Qualifying time period **Sept 1 of previous season to due date**

**Proof of Time (SWIMS reconcile)?** **YES**

**NON CONFORMING ENTRY TIMES OK?** **YES**

**SEEDING ORDER: i.e. SCY, LCM, SCM** **SCY, SCM, LCM**

### EVENT LIMITS, DECK ENTRIES

EVENT LIMIT PER MEET **INDIV – 6** **RELAY - 4**

EVENT LIMIT PER DAY, IF ANY (INDIV & RELAY) **INDIV – 3** **RELAY – 2**

DECK ENTRIES? Open lanes, discretion of meet referee **NO**

### AGE GROUP / AGES: INDIVIDUAL

**OPEN**

### AGE GROUPS / AGES: RELAYS

**OPEN**

### AWARDS?

**YES**

AWARDS – INDIVIDUAL EVENTS: MEDALS **PLACES:** **1<sup>ST</sup> - 8<sup>TH</sup>**

AWARDS - INDIVIDUAL EVENTS: RIBBONS **PLACES:** **9<sup>TH</sup> - 16<sup>TH</sup>**

AWARDS – RELAY EVENTS: MEDALS **PLACES:** **1<sup>ST</sup> - 3<sup>RD</sup>**

AWARDS – RELAY EVENTS: RIBBONS **PLACES:** **4<sup>TH</sup> - 16<sup>TH</sup>**

TEAMS TROPHY **PLACES:** **1<sup>ST</sup> - 10<sup>TH</sup>**

TRAVELING PNS TEAM TROPHY **PLACE:** **1<sup>ST</sup>**

AWARDS – INDIVIDUAL HIGH POINT **By gender based on standard scoring points**

AWARDS PROVIDED BY **PNS**

OTHER AWARD INFO: **PNS PAY FOR AWARDS**

### SCORING?

**YES**

SCORING – INDIVIDUAL EVENTS **20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1**

SCORING – RELAY EVENTS **40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2**

**Teams limited to two scoring relay teams per relay event. Additional**

**relay teams will swim Exhibition**

### SEEDING:

**DEFAULT SEEDING STYLE FOR MEET** **PRELIMS/FINALS: A, B, C FINALS**

**EVENTS NOT SEEDED ACCORDING TO DEFAULT FOR MEET** **RELAYS WILL BE TIMED FINALS**

**DECK SEEDED EVENTS?** **YES**

If YES, which events? **≥400 yd individual events**

CHECK-IN TYPE: **POSITIVE**

PENALTY FOR NO-SHOW AFTER CHECK-IN? **YES**

PENALTY FOR NO SHOW: TIMED FINAL EVENTS **DQ'd from next individual prelim or timed final event.**

PENALTY FOR NO SHOW: 'A' OR 'B' FINAL OF PRELIM/FINAL **Barred from further competition unless properly**

EVENTS **scratched, or as noted in USS rule 207.12.6.E**

### OTHER NOTES:

- WARM-UP FOR PRELIMS AT LEAST 90 MINUTES IN LENGTH
- TIMED FINALS START: 5 p.m. on Thursday.
- PRELIMS START: 9 a.m. Friday, Saturday and Sunday
- FINALS START: 4:30 p.m.
- Time trials will be held time permitting.
- Top 16 relay teams swim in finals; no more than two relays per team; rest of relays swim in prelims (unless 16 or fewer)