

**PART B: PNS MEET SPEC SHEET – 2024 LC B MEET**
**PARTICIPATION:**

OPEN TO PNS ATHLETES ONLY?	NO
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COURSE?	LCM
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**ENTRY TIMES:**

<b>TIME STANDARDS?</b>	YES
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If YES, above, qualifying time std for meet or per event (ie Gold, PNS)	PNS Silver Standard
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If Yes, above, time std per meet or per event?	PER EVENT
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Dequalifying time std per meet or per event, if any:	NONE
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Bonus Events?	Yes
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If YES, Bonus Event Calculation:	Two bonus event per day
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Qualifying time period	NO
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<b>NON CONFORMING ENTRY TIMES OK?</b>	YES
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<b>SEEDING ORDER: i.e. SCY, LCM, SCM</b>	LCM, SCM, SCY
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**EVENT LIMITS, DECK ENTRIES:**

EVENT LIMIT PER DAY, IF ANY (INDIV)	3 PER DAY
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DECK ENTRIES?	NO
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<b>AGE GROUP / AGES: INDIVIDUAL</b>	10U, 11-12, 13-14, 150
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**AWARDS?**

	YES
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AWARDS – INDIVIDUAL EVENTS: RIBBONS	PLACES	1 <sup>ST</sup> - 8 <sup>TH</sup> RIBBONS
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AWARDS PROVIDED BY	MEET HOST
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OTHER AWARD INFO:	
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**SCORING?**

SCORING – INDIVIDUAL EVENTS	YES
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	9-7-6-5-4-3-2-1
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**SEEDING:**

<b>DEFAULT SEEDING STYLE FOR MEET</b>	SLOW TO FAST
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<b>DECK SEEDED EVENTS?</b>	YES
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If YES, which events?	All events 100 or longer will Deck Seeded
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CHECK-IN TYPE:	POSITIVE
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PENALTY FOR NO-SHOW AFTER CHECK-IN?	YES
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If YES, above, what is the penalty?	Scratched from their next event
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EVENTS SEEDED DIFFERENTLY THAN ABOVE?	YES
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If YES, seeding style for above (i.e. by time only)	50's will be pre-seeded
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	400 Fr and 400 IM will be swam FASTEST TO SLOWEST
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**OTHER NOTES:**

"NT" are not allowed.  
Times may be verified through SWIMS.