



TEAM TRAVEL

Code of Conduct

Meet Name _____

Travel Dates _____

1. When traveling on trips, competing in meets, and attending other meet- related functions, you are representing both yourself and the Pacifica Sea Lions Aquatic Club. Your behavior must positively reflect on the club and group.
2. All team members are expected to adhere to the travel dress code – your dress must positively reflect the club (e.g. no sweats or hats while traveling).
3. All swimmers and staff traveling with the team will attend all team functions and are expected to know all travel & meeting schedules and strictly adhere to them. Coaches will establish warm-up times and other trip related timetables as needed. Being prompt and on time is essential.
4. Swimmers are expected to remain with the team at all times during a trip. Swimmers are not to leave the pool, the hotel, or any other place at which the team has gathered without the permission of a coach or chaperone.
5. Rooms and travel vehicles are to be treated with respect and kept neat. Belongings should be kept together and all trash deposited appropriately. Any damage to rooms or vehicles will be the responsibility of the parties involved and may result in disciplinary action.
6. When traveling, swimmers must wear seat belts and remain seated at all times.
7. Male swimmers are not allowed in female swimmer's rooms, nor are female swimmers permitted in male swimmer's rooms unless a chaperone/coach has granted permission and the door is left open.
8. All swimmers are expected to strictly adhere to the curfew established by the coaching staff. At curfew, all lights, TV's, electronic equipment, etc. must be turned off and no talking is permitted.
9. Swimmers are expected to be quiet and respectful of teammates and others during study hall, quiet time and bedtime.
10. Team members will display proper respect and sportsmanship toward coaches, officials, administrators, fellow competitors and the public.
11. The possession or use of alcohol, tobacco products or controlled substances by any athlete is prohibited.
12. Violation of these rules will result in disciplinary action, including the possibility of being sent home from the meet at the expense of the swimmer's family. The coaching staff holds the final word on any rules, regulations, or disciplinary action.

I have read and understand this Code of Conduct and, by this signature, agree to abide by it.

Swimmer's Signature _____ **Date** _____

Parent's Signature _____ **Date** _____