

My Name is Milan Hilde-Jones and I'm a freshman swimming at Northwestern University. I'm on the premed track considering double majoring in Biology and Anthropology.

I swam for PASA for 11 years, and It definitely helped shape me into the person I am today. I learned many invaluable lessons about swimming, community, resilience, and so much more during this time. I am thankful for all the opportunities provided for me by my former coach, Dana Kirk, and PASA as a whole.

My college experience has been amazing so far. I love my new team, and classes are much better than those in high school. The shift from high school swimming to college swimming was initially challenging, but I managed to settle in nicely after about a week. Although transitions can be difficult, I luckily I had an amazing support group in my teammates, who have since become like my family. Our season was cut short, but I am still looking forward to improving individually and as a team over the next few years of competition!

Quarantine has been frustrating and confusing for all of us, but I have no doubt that we'll all be able to get back in the pool and see each other soon.

Miss you all and stay safe!! --Milan

