

A number of the most influential people in my life, ones who have developed my strengths and taught me my values, are the people I swam for and alongside while I was at PASA. I owe them a lot of credit for who I am today.

I graduated from Cal in May 2019 with a degree in Neurobiology after four years as a member of the Women's Swim Team. My senior year I was a co-captain of a team that placed second at NAACs. I have now spent a full year as a retired swimmer (yikes) and I am currently living abroad while working for a female leadership program hosted in Costa Rica.

I think the most vital thing my time at PASA has taught me is how to work fiercely and unapologetically. I realized after coming out of the PASA environment that what I had been surrounded by everyday was the ambitious mindset, support, and permission to work as hard as I could toward my goals. That environment is certainly empowering, and unfortunately rare. You will find that it produces a work ethic that not everyone has had the opportunity to develop. As I went through college and even beyond I've found myself willing and able to take on challenges because I have confidence in my ability to work through them. It has undoubtedly got me to Cal, allowed me to succeed at Cal, and I believe it will propel me into the world beyond swimming with as much ambition and ability as it did during my swimming career.

Jenna Campbell

