Tiger Aquatics Senior Class of:

Graduates

CHRISTOPHER LEE Central Catholic High School	pg.	4-5
Tiger since March 2019		
KAITLYN RASMUSSEN	pg.	6-7
Lincoln High School Tiger since May 2018		
ALICE CIOBANU Lincoln High School	pg.	8-9
Tiger since September 2014		
KELSEY STANEIC	pg.	10-11

Tiger since May 2018

TREY HUMPHREYS

Bear Creek High School

Tiger since May 2019

Lincoln High School

A letter from Coach Nate

First, I would like to recognize all of our Senior Tiger swimmers. This is a fantastic group. They have extremely high character and have been resilient through this crazy year of 2020. Think about their last few months? Their senior year swim season taken, last semester of high school taken, graduation day taken, and their first day of college taken. To say the least, it's very unfortunate. But as they all know, such is life. They have never once complained (at least to me) about what they've sacrificed. It shows their resiliency, patience, and understanding for all aspects of life. They will always hold a special place in my heart and I couldn't be prouder of the young adults they have become. Congratulations to the class of 2020!

Christopher Lee



COLLEGE FPU **SWIMMING EVENT** 50 free

TIGER AQUATICS MEMORY 2020 Santa Cruz Meet (Mario Kart

with Bohi boys and Kyle, bowling, Nate blasting music, trying to get JD in a tech suit, and everything in between!)

PLANS FOR THE FUTURE Swim a :22 in 50 free by junior year FAVORITE QUOTE "If you have an excuse, say it to yourself in the mirror. If it sounds lame, it's probably lame," - Nathan Leroy

Christopher Lee

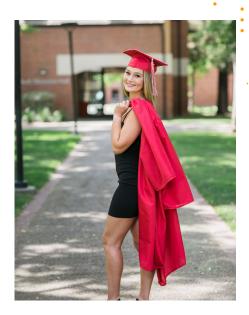
A MESSAGE FROM COACH NATE ABOUT CHRIS

When you meet Chris Lee, you encounter a soft-spoken, kind, and respectfully young man. It is with these qualities that Chris came to Tiger Aquatics around two years ago. Wanting to improve, he took the initiative to swim year round to achieve his goal of swimming at the collegiate level. The qualities I mentioned above, play an incredible significance in why Chris was successful in his journey to become a better overall swimmer. It directly relates to being coach-able.

To be coach-able you have to listen, trust your staff, and execute the skills that are being communicated. This is by no means easy, it takes time to develop that trust in the coach-swimmer relationship. Chris made that transition seamlessly. He would not have been able to achieve this if it wasn't for his strong character traits. Every day Chris is asking how he can be better, what he can do, what changes need to be made. He holds himself accountable and always puts his best foot forward.

I'm happy to announce that Chris will be continuing his swim and academic career at Fresno Pacific University. Good Luck Chris! I know you have all the tools imaginable to continue your success at the next level!

Kaitlyn Rasmussen



COLLEGE Delta for now, transfer to the beach

SWIMMING EVENT 100 fly, 200 fly

TIGER AQUATICS MEMORY 2020 Santa Cruz Meet (not the

peanut allergy reaction!)

PLANS FOR THE FUTURE Special Education teacher and become an activist involved in

fighting for justice

FAVORITE QUOTE "Be smart, be kind, always

believe."-Denise Smart and myself

Kaitlyn Rasmussen

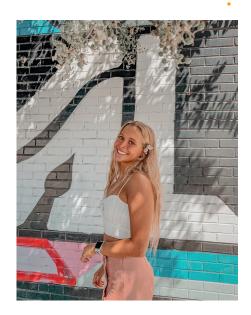
A MESSAGE FROM COACH NATE ABOUT KAIT

I think the true reflection of any athlete is how do they deal with adversity. When life throws you any obstacle, how will you react. Kait has shown true character in handling those situations. Furthermore, over the last two years, Kait has made tremendous strides in the pool. The best thing is Kait has continued to develop in events that she would never have thought she could do (cough 500 Free, 200 IM). She has developed a confidence, a mindset, that she CAN do anything she puts her mind too. There are no limitations. From when she started, believing she was only capable of being successful in certain events, to where she is now, competing in a wide array of events (and doing awesome).

The best moment that sticks out to me is when Kait realized her mindset can have an impact on how she swims. At Santa Cruz (Senior Meet), she was having a blast and swimming fast! Every event, gaining more confidence and how her positive attitude can be spread to others. Smiling can truly be contagious. Kait, you are a powerful person that I look forward to seeing develop and continue to improve in and out of the water. You can do anything you put your mind to! Go Mustangs!

Originally signing to swim at College of Idaho, Kait has decided to stay closer to home to attend San Joaquin Delta College before transferring. This is just the beginning for you, Kait! You can do anything you put your mind to! Go Mustangs!

Alice Ciobanu



COLLEGE San Jose State University SWIMMING EVENT 500 free, mile

TIGER AQUATICS MEMORY

Big Nate driving my teammates and I to Sectionals. Futures in Oregon, and travel team trips to the bay area

PLANS FOR THE FUTURE

Make NCCA cuts and/or break pool records at SJSU. Open my own practice as a sport rehabilitation therapist and a sport psychologist in So-Cal OR work for a professional sport team.

FAVORITE QUOTE

"Alice! You are not buying cake in a mug at Sectionals! You're grounded!!" -Nathan Leroy

Alice Ciobanu

A MESSAGE FROM COACH NATE ABOUT ALICE

Wow, does six years fly by?!?! Alice joined Tiger Aquatics around the age of eleven. In coming to our program it was easy to notice Alice's work ethic. Each day, every practice, any set, Alice was determined to be her best self. Through hard work, commitment, and personal growth, she 100% accomplished that goal. Alice is a very driven person, in both athletics and academics. She used those characteristics in helping her guide the goals she wanted to accomplish. In swimming there are always obstacles and challenges at any moment in your journey.

I will always remember Alice's first Future cut (for reference this is a high level competition where the qualifying standards are extremely fast). She was going through some changes in race strategy/execution and hit a small (and possibly annoying) plateau in one of her better events, the 500 free. After several months, she persevered (dropping several seconds) and was able to obtain her Futures cut in the process. It's those moments that build character. It's those moments that help shape our student-athletes. It's those moments that we will remember for the rest of our lives. Congratulation's Alice on continuing your career at San Jose State University. There is no doubt in my mind that you will accomplish anything you put your mind too!!

Kelsey Staneic



COLLEGE University of Delaware

SWIMMING EVENT 200 IM

TIGER AQUATICS MEMORY

When Nate got mad [because we took an hour too long to get food

on our way home from the 4 day

Santa Cruz meetl and blasted

Bollywood music all the way home

PLANS FOR THE FUTURE Complete my bachelor's in

chemistry and continue to graduate

school.

FAVORITE QUOTE

"Hate makes you ugly."-Hannah

Montana

Kelsey Staneic

A MESSAGE FROM COACH NATE ABOUT KELSEY

What stands out about Kelsey is her strong personality. I will miss her sarcasm, timely witty remarks, and more importantly her commitment to working hard. Kelsey is a competitor (I doubt she would admit this) but it's easy to see when you watch her swim, and It shows in her actions. Kelsey is not afraid, she embraces any challenge, committing to being the best at any given day.

Kelsey is a high-character student-athlete that not only is a great role model for her younger sister, but for our entire program. She embodies our core values and through her actions shows what the Tiger Way is all about!

I am truly heartbroken she didn't get to swim at CIF Sections this past May. Her times would have reflected all of the hard work and countless hours she consistently put in week after week. There is no doubt in my mind that you would have had the best season of your career. Please, continue to swim, continue to work hard, and I cannot wait to see what comes of it!

Congrats Kelsey! I know you will accomplish big things in whatever you pursue in life. Swimming, academics, it doesn't matter. You are a phenomenal representative of the Tiger Aquatics program. Good Luck at the University of Delaware!

Trey Humphreys



COLLEGE UC Merced

SWIMMING EVENT 200 free

TIGER AQUATICS MEMORY The drive home from the Santa

Cruz Senior Meet

PLANS FOR THE FUTURE Graduate college and be the best

League of Legends player of all

time

FAVORITE QUOTE "Trey, your swimming is supreme!"

-Nathan Leroy (2020)

Trey Humphreys

A MESSAGE FROM COACH NATE ABOUT TREY

For backstory, Trey came into our group last summer. He was respectful, but incredibly shy when he first joined Tiger. I'll never forget his quiet, yet determined demeanor. At the beginning of the last fall, the senior group spent some time writing down possible goals for the upcoming season. Trey's goals were ambitious but they matched his determination.

In his very first meet of that season, Trey was close to going life-time best times. I was ecstatic! For High School athletes this is a very rare feat. After his races, every single one, Trey came over to talk, adamant that he can/will do better. I have to admit I was a little worried. I thought to myself, will he ever be satisfied or proud of his great accomplishments? Well, I got my answer a few months ago at the Senior Santa Cruz meet. Not only did Trey go best times in all of his events. He smashed his previous bests. Seeing the big smiles after each swim and the sense of pride was truly a great moment to witness. Someone that works so incredibly hard, has become a fan favorite amongst his peers, and funneled his quiet confidence into immense success is phenomenal.

Congratulations Trey. I wish you nothing but the best and cannot wait for you to continue to be in the pool while attending the UC Merced!