



## Westside Aquaducks COVID Code of Conduct Form

Family's Last Name: \_\_\_\_\_

*\* Please fill out one form for **each** swimmer*

As a member of the Westside Aquaducks (Aquaducks, Inc.), I acknowledge that following COVID-19 rules of conduct is important to my health and safety, the health and safety of my teammates, Westside Aquaducks staff, facility staff, and the community reputation of our team during the COVID-19 pandemic. I realize that not acting in a proper way while engaged in team activities is harmful to myself and to my team and prevents our team from moving forward as a team and business. Therefore, we (parent and swimmer(s)) pledge and commit to observe the following basic rules of conduct while involved in Westside Aquaducks swimming-related activities.

- I pledge to stay home if sick or if anyone in my household is sick and communicate with Westside Aquaducks staff when feeling ill.
- I pledge to stay home for 14 days or more after travel to prevent the potential spread of COVID-19.
- I pledge to stay home for 14 days or more after coming into contact with someone who has tested positive for COVID-19.
- I pledge to obey all lawful directions of adults with appropriate authority promptly and respectfully.
- I pledge to keep all body parts to myself. No physical contact with others - like high-fives or handshakes.
- I pledge to social distance (6 feet/2 meters apart) to the best of my ability while at practices.
- I pledge to wear my suit to and from practice, bring my own water bottle, and bring my own gear. Locker rooms, water fountains, and shared gear will not be available.
- I pledge to come to practice on my designated day, arrive and depart at my designated time. If I arrive outside of those parameters I will expect to be asked to leave.
- I (parent) pledge to watch practices outside of the facility while wearing a face mask and staying 6 feet/2 meters apart from other parents.
- I pledge to wash my hands and use hand sanitizer before and after swim.

**Parent/Guardian (Printed):** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_

**Swimmer (Printed):** \_\_\_\_\_

**Swimmer Signature:** \_\_\_\_\_