

Centreville Swim Club (CSC): George Mason University GMU Policies

Conduct of Swimmers

1. Participants are asked to arrive no more than 10 minutes before practice begins.
2. Team members and coaches with an approved ID card will enter and exit through the Main Facility doors.
3. Locker rooms are only available for swimmers and coaches to use the restrooms. Swimmers should come dressed and ready to swim and should exit immediately following their practice.
4. Inappropriate conduct in the locker rooms will not be tolerated. This includes running, loud destructive behavior, and horseplay.
5. Team members must not leave their personal belongings in the locker rooms. All belongings must be stored on the pool deck.
6. Swim team members must be completely dressed (i.e.: sweats or cover ups), including footwear prior to exiting the facility.
7. Water in closed plastic re-sealable containers is allowed downstairs. No food or glass containers are allowed downstairs or on the pool deck. This applies to coaches as well.
8. Teams are not permitted to keep or store equipment on the pool deck; these items will go to lost and found and will then follow departmental lost and found policies. (kickboards, fins, etc.)
9. Please throw away any water bottles in the recycle bin located on the pool deck.
10. Team members may not enter or exit the competition pool on the dive well side at any time. This policy is in effect for the safety of both swimmers and divers.
11. While the diving apparatus is in use, coaches and swimmers will remain on the guard office side of the dive well.
12. Smoking, tobacco products and gum are prohibited in the Center.

Parking on Campus

1. Parking passes are required for all visitors. Parking Lot "C" is the designated lot for swim teams and all Aquatic & Fitness Center guests. All swimmers should be dropped off and picked up in the designated "drop off/pick up" area of Lot C.
2. Swimmers should not be dropped off or picked up in front of the building. The access lane behind the Aquatic & Fitness Center is for emergencies and deliveries only. It is not a parking area. Violators will be towed.
3. One parking pass per family is included in your registration. Parking passes will be distributed through your team representative. The front desk at the Aquatic and Fitness Center cannot sell parking passes to swim team participants.

General Information

1. Team members and parents may not congregate in the lobby area. Parents and guests may sit in the spectator seating area. The table area and TV area are for George Mason University students, faculty and staff and facility members only.
2. Swim team contracts are restricted to the lane rentals only. Uses of the whirlpool/spa, sauna and fitness areas are not available for use by team members or their families (unless the appropriate guest fee is paid). During early morning practices (prior to the Center opening), family members are prohibited from using the Fitness Gallery, Weight Room, Sauna, Whirlpool/Spa, locker rooms and pools.
3. Parents will not be permitted downstairs or on either pool deck. Please review the above guidelines with your athletes and family. Should we feel anyone is consistently not adhering to these guidelines, they or their family's participation in CSC activities may be suspended.