

NDG 2024 (SCY)

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Competitive Category	Age Group	Distance	Stroke	NDG
M	Open	50	Free	26.89
M	Open	100	Free	59.49
M	Open	100	Back	1:12.79
M	Open	100	Breast	1:20.99
M	Open	100	Fly	1:09.59
M	Open	200	Free	2:14.69
M	Open	200	Back	2:25.99
M	Open	200	Breast	2:52.99
M	Open	200	Fly	2:22.99
M	Open	200	Medley	2:33.49
M	Open	400	Free	
M	Open	400	Medley	5:08.99
M	Open	500	Free	6:14.49
M	Open	800	Free	
M	Open	1000	Free	13:00.00
M	Open	1500	Free	
M	Open	1650	Free	21:30.00
F	Open	50	Free	28.99
F	Open	100	Free	1:04.49
F	Open	100	Back	1:17.89
F	Open	100	Breast	1:28.09
F	Open	100	Fly	1:15.49
F	Open	200	Free	2:32.29
F	Open	200	Back	2:49.09
F	Open	200	Breast	3:10.79
F	Open	200	Fly	2:47.99
F	Open	200	Medley	2:51.39
F	Open	400	Free	
F	Open	400	Medley	6:04.69
F	Open	500	Free	5:24.09
F	Open	800	Free	
F	Open	1000	Free	11:13.99
F	Open	1500	Free	
F	Open	1650	Free	21:27.39