

A wide-angle photograph of an indoor swimming pool during a competition. The pool is filled with blue water and has several lanes marked with red and white lane lines. Spectators are seated in the bleachers on both sides of the pool. In the background, there are banners and signs, including one that says "INDIANA IS SWIMMING". Overlaid on the right side of the image is the USA Swimming logo, which features a shield with a star and the words "USA SWIMMING".

# National Parks & Recreation Championship Meet

June 12 – June 15

Indiana University – Purdue University at  
Indianapolis

Entry Deadline for DC Wave  
Wednesday, May 15





# Why Indianapolis?

**End of season team travel**

**Additional LCM opportunity**

**Being a part of history**

**Represent DC on a national stage**

A large indoor swimming pool with spectators in the stands. The pool is filled with swimmers and lane lines. The stands are filled with people watching the event. An American flag is visible on the left side of the pool.

# Meet Structure & Format

- Long Course Meters (50m)
  - *Converted short course yard times are allowed*
  - *NT times are NOT allowed*
- Events for swimmers 11 & Older
- Mixed Relays
- No Qualifying Time Standards
- Four-day Prelims/Finals Competition
  - *Timed Finals distance events Wednesday PM (6/12)*
  - *Prelim/Finals 50's/100's/200's Thurs/Fri (06/13 & 06/14)*
  - *Timed Finals Relays Saturday AM (06/15)*
- Championship Format
  - *Scratch rules will apply*



# Meet Leadership

**Leland Brown**

*USA Swimming Director of Diversity & Inclusion*

**Shaun Anderson**

*USA Swimming Community Outreach & Engagement*

**Hilary Perez**

*USA Swimming Member Services Manager*

**Arlene McDonald**

*IUPUI Natatorium Facility Director*

**Rob Green**

*Meet Director*

**Erika Livingston**

*Meet Referee*

**Jonalyn Green**

*Admin Official*



**POTOMAC VALLEY  
SWIMMING**





# Competing Teams

- Chicago, IL
- Detroit, MI
- Indianapolis, IN
- Oakland, CA
- Philadelphia, PA
- Columbia, SC
- Washington, DC





# Coaching Staff

- Jim Crampton | 13 & O Boys
- KaSandra Kaplan | 13 & O Girls
- John Henley | 12 & U Boys
- Genuine Kinsey | 12 & U Boys
- Michylle Padilla | 12 & U Girls

# ITINERARY

## Transportation

- Option 1 – Team Travel - 50 Passenger Bus
- Option 2 – Self Travel

## Lodging

- Option 1 – Team Lodging - IUPUI Dormitory
- Option 2 – Self Lodging

## Meals

- Option 1 – Team Dining – IUPUI Dining Hall
- Option 2 – Self Dining

**Cost for Full Team Option - \$600**







# ITINERARY DAY 1

- TUESDAY, JUNE 11
  - 7:00 am Depart from DC
  - 5:00 pm Arrive in Indianapolis
  - 6:00 pm Check in to dorms
  - 8:00 pm Team Dinner/Meeting
  - 10:00 pm Curfew





# ITINERARY DAY 2

- WEDNESDAY, JUNE 12
  - 8:00am Team Breakfast
  - 10:00am Campus Tour
  - 12:00pm Team Lunch
  - 4:00pm Open Warm Up
  - 6:00pm Distance Session
  - 8:00pm Team Dinner
  - 10:00 pm Curfew





# ITINERARY DAY 3

- THURSDAY, JUNE 13
  - 7:00 am Team Breakfast
  - 8:00 am Prelims Warm Up
  - 9:00 am Prelims Begin
  - 1:00 pm Team Lunch
  - 5:00 pm Finals Warm Up
  - 6:00 pm Finals Start
  - 8:00 pm Team Dinner
  - 10:00 pm Curfew





# ITINERARY DAY 4

- FRIDAY, JUNE 14
  - 7:00 am Team Breakfast
  - 8:00 am Prelims Warm Up
  - 9:00 am Prelims Begin
  - 1:00 pm Team Lunch
  - 5:00 pm Finals Warm Up
  - 6:00 pm Finals Start
  - 8:00 pm Team Dinner
  - 10:00 pm Curfew





# ITINERARY DAY 5

- SATURDAY, JUNE 15
  - 7:00 am Team Breakfast
  - 8:00 am Timed Finals Warm Up
  - 9:00 am Timed Finals Begin
  - 1:00 pm Team Lunch
  - 7:30 pm Olympic Trials @ Lucas Oil Stadium
  - 10:00 pm Curfew





# ITINERARY DAY 6

- SUNDAY, JUNE 16
  - 7:00 am Team Breakfast
  - 9:00 am Depart for DC
  - 8:00 pm Arrive in DC

The background image shows the exterior of Lucas Oil Stadium at dusk. The stadium's name "LUCAS OIL STADIUM" is visible in red and white lettering at the top. Below it, a large mural features the United States Olympic Team logo (a red circle with an American flag and the Olympic rings) and the USA Swimming logo (a shield with "USA SWIMMING" and a star). The word "QUESTIONS!" is overlaid in large, white, outlined letters across the center of the image.

# QUESTIONS!

- **Entry Deadline for DC Wave**
  - Wednesday, May 15
- **Final Entry Deadline for All Teams**
  - Tuesday, May 28