

2025-2026 SEASON INFORMATION



PRACTICE TIMES- GROUPS/TIMES CAN NOT BE MIXED						
GROUP NAME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ON - NATIONAL TEAM	4:30 - 6:30 AM @OAK 3:15 - 5:30 PM @ CB	4:30 - 6:30 AM @OAK 3:15 - 5:30 PM @ CB	3:15 - 5:30 PM @ CB	4:30 - 6:30 AM @OAK 3:15 - 5:30 PM @ CB	4:30 - 6:30 AM @ OAK	5:00 - 7:30 AM @ OAK
ONP - NATIONAL PREP	4:30- 6:30 AM	4:30- 6:30 AM 3:30- 5:30 PM @ OAKMONT	4:30- 6:30 AM	4:30- 6:30 AM 3:30- 5:30 PM @ OAKMONT	4:30- 6:30 AM	5:00- 7:30 AM
OSE - SENIOR ELITE	4:30- 6:30 AM	4:30- 6:30 AM	4:30- 6:30 AM	4:30- 6:30 AM	4:30- 6:30 AM	7:30- 9:00 AM
OSO - SENIOR ORANGE	3:30 - 5:00 PM		3:30 - 5:00 PM		3:30 - 5:00 PM	7:30- 9:00 AM
OSS - SENIOR SILVER	3:30 - 5:00 PM		3:30 - 5:00 PM		3:30 - 5:00 PM	
OSG1 - SENIOR GREEN OSG2 - SENIOR GREEN	3:30 - 5:00 PM		3:30- 5:00 PM 3:30- 5:00 PM		3:30- 5:00 PM	
O4PHO - HP ORANGE	4:30- 6:30 AM	4:30- 6:30 AM	4:30- 6:30 AM	4:30- 6:30 AM	4:30- 6:30 AM	
O4HPS - HP SILVER O6HPS - HP SILVER	4:30 - 6:30 AM 6:30- 8:00 AM	4:30 - 6:30 AM 6:30- 8:00 AM		4:30 - 6:30 AM 6:30- 8:00 AM	4:30 - 6:30 AM 6:30- 8:00 AM	
OMGS - GEARS SILVER	6:30- 8:00 AM		6:30- 8:00 AM		6:30- 8:00 AM	
OGG1 - GEARS GREEN OGG2 - GEARS GREEN OGG3 - GEARS GREEN	6:30- 8:00 AM	6:30- 8:00 AM	6:30- 8:00 AM 6:30- 8:00 AM	6:30- 8:00 AM	6:30- 8:00 AM	
OHPT - HIGH SCHOOL PREP		3:30 - 4:30 PM		3:30 - 4:30 PM		