



Green & Orange Intersquad Dual - **UPDATED**



Block Party

January 25th & 26th, 2025

Sanction # BLCK-PV-MACH-267697	Sanction # BLCK-PV-MACH-267702
Sanction # BLCK-PV-MACH-267700	Sanction # BLCK-PV-MACH-267703
Sanction # BLCK-PV-MACH-267701	Sanction # BLCK-PV-MACH-267704

MEET DIRECTOR Paris Jacobs paris@machineaquatics.com Jason Cochran jason@machineaquatics.com	MEET REFEREE Eric Ramey Mike Lasut- Apprentice Referee officials@machineaquatics.com	VOLUNTEERS- This is an intersquad dual meet so all parents will be asked to help.
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SANCTION	<ul style="list-style-type: none"> Held under the sanction of USA Swimming: In granting this sanction it is understood and agreed that USA Swimming, Machine Aquatics, The St. James & USA Swimming shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. 	
FACILITY	<p align="center">The St. James: Sports, Wellness and Entertainment Complex 6805 Industrial Road Springfield, VA 22151 (703) 239-6870</p> <ul style="list-style-type: none"> The pool at The St. James is a 50m x 25yd pool with a moveable bulkhead. Competition will be held in 10 lanes, 25 yards, running from bulkhead to wall. Continuous warm-up/cool-down will be available. Water depth of 7'4" at the starting end and 4' at the turning end of the competition course. The competition course has been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C). The copy of such certification is on file with USA Swimming. 	
ENTRY DEADLINE	FINAL ENTRY DUE MONDAY, JANUARY 20TH, 2025	
SCHEDULE	GREEN MEET DAY- SATURDAY ALL AGES Session Warmup 7:30- 8:30 AM Events 8:40 AM	ORANGE MEET DAY- SUNDAY ALL AGES Session Warmup 7:30- 8:30 AM Events 8:40 AM
	500 Freestyle Session Warmup 12:00- 12:30 PM Events 12:40 PM	400 Individual Medley Session Warmup 12:00- 12:30 PM Events 12:40 PM
	9- 12 Year Old Session MOVED TO THE MORNING	9- 12 Year Old Session MOVED TO THE MORNING
TIMING SYSTEM	<ul style="list-style-type: none"> Automatic Timing will be used. Parent volunteer timers will be required as well. 	
ENTRY FEE	<ul style="list-style-type: none"> \$3.00 PER EVENT 	

PLEASE NOTE: IF POSSIBLE ONCE ENTRIES ARE RECEIVED, THE 9-12 & 13 & OVER SESSIONS COULD BE COMBINED OR SESSION START TIMES CHANGING. THIS DECISION WILL BE MADE ON TUESDAY, 1/22 AFTER ENTRIES CLOSE.

GREEN MEET DAY- SATURDAY**13 & Over Session**

Warmup 7:30- 8:30 AM

Events 8:40 AM

Swimmer may enter 3 events

GIRLS	EVENT	BOYS
1	13 & Over 100 Backstroke	2
3	13 & Over 200 Individual Medley	4
5	13 & Over 200 Butterfly	6
7	13 & Over 100 Breaststroke	8
9	13 & Over 50 Freestyle	10

ORANGE MEET DAY- SUNDAY**13 & Over Session**

Warmup 7:30- 8:30 AM

Events 8:40 AM

Swimmer may enter 3 events

GIRLS	EVENT	BOYS
41	13 & Over 200 Freestyle	42
43	13 & Over 100 Butterfly	44
45	13 & Over 200 Breaststroke	46
47	13 & Over 100 Freestyle	48
49	13 & Over 200 Backstroke	50

GREEN MEET DAY- SATURDAY**500 Freestyle Session**

Warmup 12:00- 12:30 PM

Events 12:40 PM

Swimmer may enter 1 event

GIRLS	EVENT	BOYS
11	11- 12 500 Freestyle	12
13	13 & Over 500 Freestyle	14
15	9-10 500 Freestyle	16

ORANGE MEET DAY- SUNDAY**400 Individual Medley Session**

Warmup 12:00- 12:30 PM

Events 12:40 PM

Swimmer may enter 1 event

GIRLS	EVENT	BOYS
51	11-12 400 Individual Medley	52
53	13 & Over 400 Individual Medley	54
55	9-10 400 Individual Medley	56

GREEN MEET DAY- SATURDAY**9- 12 Year Old Session****MOVED TO THE MORNING****Swimmer may enter 3 events**

GIRLS	EVENT	BOYS
17	11-12 50 Backstroke	18
19	9-10 50 Backstroke	20
21	9-12 200 Breaststroke	22
23	11-12 100 Butterfly	24
25	9-10 100 Butterfly	26
27	9- 12 200 Backstroke	28
29	11-12 100 Freestyle	30
31	9-10 100 Freestyle	32
33	11-12 200 Individual Medley	34
35	9-10 200 Individual Medley	36
37	11-12 50 Breaststroke	38
39	9-10 50 Breaststroke	40

ORANGE MEET DAY- SUNDAY**9- 12 Year Old Session****MOVED TO THE MORNING****Swimmer may enter 3 events**

GIRLS	EVENT	BOYS
57	9-12 200 Butterfly	58
59	11-12 100 Breaststroke	60
61	9-10 100 Breaststroke	62
63	11-12 200 Freestyle	64
65	9-10 200 Freestyle	66
67	11-12 100 Backstroke	68
69	9-10 100 Backstroke	70
71	11-12 50 Butterfly	72
73	9-10 50 Butterfly	74
75	11-12 100 Individual Medley	76
77	9-10 100 Individual Medley	78
79	11-12 50 Freestyle	80
81	9-10 50 Freestyle	82

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