



Green & Orange Intersquad Dual Block Party

January 24th & 25th, 2026



Sanction # BLCK-PV-MACH-280454

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MEET DIRECTOR

Jason Cochran
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Tanya Chang
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MEET REFEREE

Jenn Detrisac
officials@machineaquatics.com

VOLUNTEERS-

This is an intersquad dual meet so all parents will be asked to help.

SANCTION

- Held under the sanction of USA Swimming:
- In granting this sanction it is understood and agreed that USA Swimming, Machine Aquatics, The St. James & USA Swimming shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

FACILITY

The St. James: Sports, Wellness and Entertainment Complex
6805 Industrial Road
Springfield, VA 22151
(703) 239-6870

- The pool at The St. James is a 50m x 25yd pool with a moveable bulkhead. Competition will be held in 10 lanes, 25 yards, running from bulkhead to wall. Continuous warm-up/cool-down will be available.
- Water depth of 7'4" at the starting end and 4' at the turning end of the competition course.
- The competition course has been certified in accordance with current *USA Swimming Rules and Regulations*, Article 104.2.2(C). The copy of such certification is on file with USA Swimming.

ENTRY DEADLINE

FINAL ENTRY DUE MONDAY, JANUARY 19TH, 2026

SCHEDULE

GREEN MEET DAY- SATURDAY

13 & Over Session

Warmup 7:30- 8:30 AM
Events 8:40 AM

ORANGE MEET DAY- SUNDAY

13 & Over Session

Warmup 7:30- 8:30 AM
Events 8:40 AM

12 & Under Session

Warmup 1:00- 1:40 PM
Events 1:50 PM

12 & Under Session

Warmup 1:00- 1:40 PM
Events 1:50 PM

TIMING SYSTEM

- Automatic Timing will be used. Parent volunteer timers will be required as well.

ENTRY FEE

- \$4.00 PER EVENT

PLEASE NOTE: IF POSSIBLE ONCE ENTRIES ARE RECEIVED, THE 12& UNDER & 13 & OVER SESSIONS COULD BE COMBINED OR SESSION START TIMES CHANGING. THIS DECISION WILL BE MADE ON TUESDAY, 1/20 AFTER ENTRIES CLOSE.

GREEN MEET DAY- SATURDAY**13 & Over Session**

Warmup 7:30- 8:30 AM

Events 8:40 AM

Swimmer may enter 4 events

GIRLS	EVENT	BOYS
1	13 & Over 100 Backstroke	2
3	13 & Over 200 Individual Medley	4
5	13 & Over 200 Butterfly	6
7	13 & Over 100 Breaststroke	8
9	13 & Over 50 Freestyle	10
11	13 & Over 500 Freestyle	12

ORANGE MEET DAY- SUNDAY**13 & Over Session**

Warmup 7:30- 8:30 AM

Events 8:40 AM

Swimmer may enter 4 events

GIRLS	EVENT	BOYS
43	13 & Over 200 Freestyle	44
45	13 & Over 100 Butterfly	46
47	13 & Over 200 Breaststroke	48
49	13 & Over 100 Freestyle	50
51	13 & Over 200 Backstroke	52
53	13 & Over 400 Individual Medley	54

GREEN MEET DAY- SATURDAY**12 & Under Session**

Warmup 1:00- 1:40 PM

Events 1:50 PM

Swimmer may enter 4 events

GIRLS	EVENT	BOYS
13	8 & Under 25 Freestyle	14
15	9-12 200 Breaststroke	16
17	11-12 50 Backstroke	18
19	10 & Under 50 Backstroke	20
21	11-12 100 Butterfly	22
23	10 & Under 100 Butterfly	24
25	8 & Under 25 Butterfly	26
27	9- 12 200 Backstroke	28
29	11-12 100 Freestyle	30
31	10 & Under 100 Freestyle	32
33	11-12 200 Individual Medley	34
35	9-10 200 Individual Medley	36
37	11-12 50 Breaststroke	38
39	10 & Under 50 Breaststroke	40
41	9-12 500 Freestyle	42

ORANGE MEET DAY- SUNDAY**12 & Under Session**

Warmup 1:00- 1:40 PM

Events 1:50 PM

Swimmer may enter 4 events

GIRLS	EVENT	BOYS
55	8 & Under 25 Backstroke	56
57	9-12 200 Butterfly	58
59	11-12 100 Individual Medley	60
61	10 & Under 100 Individual Medley	62
63	11-12 200 Freestyle	64
65	10 & Under 200 Freestyle	66
67	8 & Under 25 Breaststroke	68
69	11-12 100 Backstroke	70
71	10 & Under 100 Backstroke	72
73	11-12 50 Butterfly	74
75	10 & Under 50 Butterfly	76
77	11-12 100 Breaststroke	78
79	10 & Under 100 Breaststroke	80
81	11-12 50 Freestyle	82
83	10 & Under 50 Freestyle	84
85	9-12 400 Individual Medley	86

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