

NCAP Practice Schedule September-June

Burke Facility – 2024-2025 Season



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Gold I	5:00-7:00 am 3:15-5:30pm	3:15-5:30pm	3:15-5:30pm	3:15-5:30pm	5:00-7:00 am 3:15-5:30pm		6:00-9:00am
Silver I	5:00-6:45pm	5:00-6:45pm	5:00-6:45pm	5:00-6:45pm	5:00-6:45pm		5:00-7:00am
Gold II	3:20-5:00pm	3:20-5:00pm	3:20-5:00pm	3:20-5:00pm	3:20-5:00pm	3:20-5:00pm	
Gold III	6:30-8:00pm	6:30-8:00pm	6:30-8:00pm	6:30-8:00pm	6:30-8:00pm	6:00-8:30am	
Silver II	5:00-6:30am or 6:30-8:00pm	5:00-6:30am or 6:30-8:00pm	5:00-6:30am or 6:30-8:00pm	5:00-6:30am or 6:30-8:00pm	5:00-6:30am or 6:30-8:00pm		
Bronze I	5:00-6:30am or 5:00-6:30pm	5:00-6:30am or 5:00-6:30pm	5:00-6:30am or 5:00-6:30pm	5:00-6:30am or 5:00-6:30pm	5:00-6:30am or 5:00-6:30pm		
Bronze II	6:30-7:30am or 5:30-6:30pm		6:30-7:30am or 5:30-6:30pm		6:30-7:30am or 5:30-6:30pm		
Bronze III		6:30-7:30am or 5:30-6:30pm		6:30-7:30am or 5:30-6:30pm			