



POTOMAC VALLEY
SWIMMING

2024 LC OPEN CHAMPIONSHIPS QUALIFYING TIMES

GIRLS		EVENT	BOYS	
SCY	LCM		LCM	SCY
25.09	28.99	50 m Freestyle	25.79	22.49
54.09	1:02.59	100 m Freestyle	56.69	48.99
1:56.99	2:13.39	200 m Freestyle	2:03.49	1:46.99
5:12.79	4:45.69	400 m Freestyle	4:23.79	4:49.39
10:50.99	9:40.99	800 m Freestyle	9:07.39	10:04.99
17:49.99	18:29.99	1500 m Freestyle	17:25.99	16:55.99
1:00.09	1:09.59	100 m Backstroke	1:03.79	54.89
2:11.29	2:29.19	200 m Backstroke	2:16.79	2:00.79
1:09.59	1:20.99	100 m Breaststroke	1:11.69	1:01.89
2:30.59	2:55.39	200 m Breaststroke	2:34.99	2:16.59
59.99	1:07.99	100 m Butterfly	1:01.19	54.29
2:14.59	2:34.09	200 m Butterfly	2:19.29	2:02.69
2:12.69	2:32.49	200 m Individual Medley	2:19.09	2:01.29
4:42.39	5:25.99	400 m Individual Medley	4:59.99	4:19.09
1:48.88	1:59.99	200 m Freestyle Relay	1:50.99	1:36.99
3:50.99	4:10.09	400 m Freestyle Relay	3:50.99	3:31.99
8:20.99	9:00.09	800 m Freestyle Relay	8:30.09	7:30.99
4:20.99	4:50.09	200 m Medley Relay*	4:20.99	3:55.99
4:20.99	4:50.09	400 m Medley Relay	4:20.99	3:55.99
*200 m Medley Relay: use 400 m Medley Relay Times				