



Safe Sport Club Recognition Training Opportunities

There is no better moment than right now to strengthen your club's commitment to athlete safety and well-being. USA Swimming invites you to take action by completing the Safe Sport Club Recognition program—a powerful way to show that your club stands for a positive, abuse-free environment for every member.

By earning this recognition, your club demonstrates leadership: implementing strong governance practices, clear reporting mechanisms, and proven Safe Sport policies. You will also provide essential training for athletes and parents, building a culture rooted in respect and protection.

This resource is intended to provide guidance on the various Safe Sport Club Recognition training options available to clubs, athletes and parents. Ready to lead the way? Explore full program details at www.usaswimming.org/ssrp. Questions? We're here to help, email us at ssrp@usaswimming.org.

USA Swimming Safe Sport Zoom Trainings

1. Since April 2020, USA Swimming's Safe Sport staff has been conducting Zoom trainings for parents, and minor athletes to help clubs fulfill the Training and Education requirement of the Safe Sport Club Recognition Program.

The upcoming 2025-2026 training schedule is provided below and will also be shared through email, newsletters, and social media.

Parent Trainings:

- Tuesday, December 9 at 8:00 p.m. ET – [REGISTER](#)
- Tuesday, January 20 at 8:00 p.m. ET – [REGISTER](#)
- Tuesday, February 17 at 8:00 p.m. ET – [REGISTER](#)
- Tuesday, March 17 at 8:00 p.m. ET – [REGISTER](#)

Athlete Trainings (12-17 years old):

- Thursday, December 11 at 8:00 p.m. ET – [REGISTER](#)
- Thursday, January 22 at 8:00 p.m. ET – [REGISTER](#)
- Thursday, February 19 at 8:00 p.m. ET – [REGISTER](#)
- Thursday, March 19 at 8:00 p.m. ET – [REGISTER](#)

2. USA Swimming Safe Sport staff will track attendance and manually update each club's application.

Virtual or In-Person Team Meeting

USA Swimming member clubs are seeking unique opportunities to complete training requirements for athletes and parents. One unique way to complete the training component of Safe Sport Club Recognition is to host virtual or in-person training. Your club has the opportunity to connect with athletes and parents in a meaningful way. When we learn together, we grow together. By taking this step, you are building trust, reinforcing values, and creating a culture where everyone feels safe and respected. Let's make this a shared experience that strengthens your entire swimming family.

1. Schedule a virtual meeting for either parents or athletes to attend.
2. Visit <https://www.usaswimming.org/>; Click on "Login/Register" to log in to your account.
 - Next click on "Education" in the blue toolbar.
 - Select Course Catalog.



- Select “Safe Sport Courses.”
- Select SSRP
 - For a parent training, select Parent’s Guide to Misconduct in Sport
- To review the youth trainings: Go to <https://safesporttrained.org/>.
 1. Click on login
 2. Log in using your same email as you use in SWIMS.
 3. If that doesn’t work click on forgot password
 4. Click on Catalog
 - For an athlete training, select SafeSport for Youth Athletes (13-17)
 - For young athlete training, select SafeSport for Kids (5-12)

3. Conduct a virtual meeting with athletes or parents by sharing your screen and viewing the training course together. When you share your screen, ensure that you also share the sound from your device so those watching can hear the training audio.
4. Record attendance. A simple way to do this is to have participants send their name to the training host using a chat function.
5. Send the attendance record to ssrp@usaswimming.org. USA Swimming staff will manually update the Club application.

Reminder: A virtual meeting with minor athletes is an electronic communication and the Minor Athlete Abuse Prevention Policy requirements apply:

- If you are meeting with only one athlete, that athlete’s guardian/parent must also be included.
- If you are meeting with multiple athletes, another adult must also be included.
- The meeting must be held between the hours of 8:00 a.m. – 8:00 p.m.

USA Swimming Platform

Athletes and parents can independently complete the training through their new USA Swimming Account. [How to create an account for your athlete who is a minor. Click here.](#)

For athletes: (Turn off pop up blockers on your web browser)



Go to <https://university.usaswimming.org/landing?lmsCourseId=51>.

1. Click on View Info.
2. Click on Start.
3. Click on Login; You will be prompted to login or create a login if you are not currently a member.
4. Click on Start.
5. Once the course is complete click on the "Submit Button" and complete the survey at the end of the course.
6. To download the certificate, click on view transcript and click on the course "Download Certificate" button. (Sometimes it takes the system a little bit to update. Click Ctrl+Shift+R to refresh the screen or you may need to log out and then back in again later).

For parents: (Turn off pop up blockers on your web browser)

Go to <https://university.usaswimming.org/landing?lmsCourseId=49>.

1. Click on View Info.
2. Click on Start.
3. Click on Login; You will be prompted to login or create a login if you are not currently a member.
4. Click on Start.
5. Once the course is complete click on the "Submit Button" and complete the survey at the end of the course.
6. To download the certificate, click on view transcript and click on the course "Download Certificate" button. (Sometimes it takes the system a little bit to update. Click Ctrl+Shift+R to refresh the screen or you may need to log out and then back in again later).

If you have any issues, create a [helpdesk ticket](#).