



1340 Old Chain Bridge Rd. 303, McLean, VA 22101

FISH CODE OF CONDUCT: ATHLETES

The purpose of this code of conduct is to establish a consistent expectation for athletes' behavior. I agree to the following statements:

- ☐ I will respect and show courtesy to my teammates and coaches at all times.
- ☐ I will demonstrate good sportsmanship at all practices and meets.
- ☐ I will be respectful of my teammates' feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
- ☐ I will respect the anti-bullying policy of USA Swimming, and the FISH.
- ☐ I will not disrupt the training process or orderly operation of any FISH activity, including, but not limited to practice, meetings, meets, socials, and other FISH events.
- ☐ I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
- ☐ I will utilize gender appropriate facility locker rooms, and will refrain from deck changing
- ☐ I will respect the Safe Sport policy of USA Swimming, and the FISH.
- ☐ I will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal
- ☐ I will refrain from using illegal drugs, controlled substances, that are not prescribed to me, alcohol, and tobacco products
- ☐ I will maintain strict compliance with USADA and WADA doping rules and regulations (to be discussed and presented separately).
- ☐ I will refrain from using my phone or any electronic device with recording capacity in locker rooms and other prohibited areas.
- ☐ I will respect the Electronic Media guidelines of the FISH, and use social media with respect and responsibility, and not to the discredit or harm of any individual, the team, or myself.
- ☐ If I disagree with an official's call, I will talk with my coach and not approach the official directly.
- ☐ I will obey all of USA Swimming's rules and codes of conduct.
- ☐ I will behave and act appropriately when representing the FISH at meets and trips. This includes behavior at eating establishments, hotels, transportation, and other venues.
- ☐ I will stay in my designated room during trips.

I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by my coaches and the FISH Board of Directors.

Athlete's Signature

Date