

Girls' Team 2025

Lettering Policy

Diving:

Have three or fewer unexcused absences **AND**

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|---|-----------|---|
| 1. Score 150 points or more
twice with a 6-dive list during
the season AND have a legal
11 dive list with at least 2 dives
of 2.0 difficulty or higher. | OR | 2. Place in the top 16
at varsity sections |
|---|-----------|---|

Swimming:

Have three or fewer unexcused absences **AND**

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| 1. Achieve one or more time standards: | OR | 2. Place in the top 16
at varsity sections |
| 200 Freestyle 2:15.02 | | |
| 200 IM 2:40.64 | | |
| 50 Free :28.40 | | |
| 100 Fly 1:15.78 | | |
| 100 Free 1:02.96 | | |
| 500 Free 6:12.46 | | |
| 100 Back 1:13.04 | | |
| 100 Breast 1:21.03 | | |

Other considerations for lettering:

In the coach's discretion, athletes may letter if:

1. The athlete consistently shows outstanding attitude, work ethic, and/or leadership quality **OR**
2. If an athlete has been on the team for 4 or more years.

If an athlete has disciplinary issues at school or with the team, they will forfeit a chance to earn a letter. Just because an athlete lettered in a previous season, they do not automatically earn a letter for the current season.

LETTERING IS ULTIMATELY AT THE COACH'S DISCRETION.