



JUNIOR PACKING LIST

SWIMMING

- Practice Suits (1-2) (*two-pieces not permitted)
- Towel
- Equipment Bag - labeled with name
 - Kickboard, Fins, Hand Paddles, Pull Buoy, Snorkel
- Goggles (1-2)
- Water Bottle

Need equipment? Visit www.tyr.com

CLOTHES

- Dryland Attire
 - Training Shoes
 - Shorts
 - T-Shirts / Tank Tops (*plain or swim-related only)
- Underwear / Socks
- Hat / Baseball Cap
- Sunglasses

PERSONAL

- Medications (*include prescription instructions)
 - Will be stored in swim office
- Waterproof Sunscreen (SPF30+)