



# Parent Meeting

2022 Season



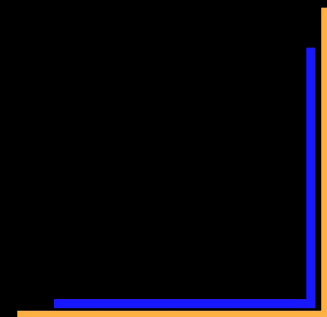
**Thank you for joining us!**

# WCST - Leadership Introductions



## Board of Directors:

- **President** - Tony Washmera
- **Vice President** - Walter Eckalbar
- **Meet Director** - Luz Pinzon
- **Treasurer** - Nancy Washmera
- **Secretary** - Tanya Tadiar
- **Director** - Assistant Meet Director - David Liu
- **Director** - Booster - Gina Davey
- **Director** - Booster - Kathy Kindorf
- **Director** - Fundraiser - Hilary Shen
- **Director** - Fundraiser - Vacant



# WCST Coaching Staff



Siena Rassushin  
Head Coach

## Assistant Coaches



Tess Beckon



Isabella  
Castaneda



Grant Sielman

# WCST Coaching Staff



Evan Sonoda



Chloe Utter



Aiden Huckestein



Colin Huckestein



## Swimmer Coaches



Hailey Liu



Ireland Lewis



Diego Navas



Sarah Kindorf

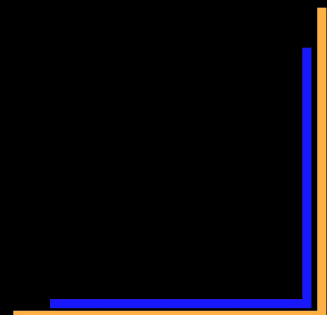


Brady Canon

# Agenda for Parent Meeting



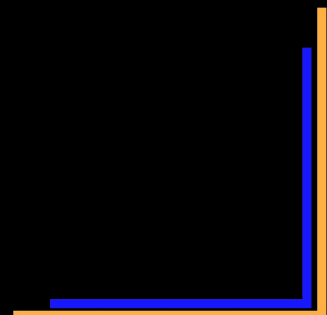
- **Introductions** - Tony W.
  - Board Members
  - Coaching Staff
- **About WCST** - Nancy W., Tanya T.
  - Background
  - Governance
  - Mission/Philosophy
  - Membership & Paperwork
- **Swimming Operations** - Luz P.
  - Practices
  - Meets
  - Jobs
- **Fundraising** - Hilary S.
  - Commitment
  - Sponsors
  - Other Activities
- **Booster Info** - Gina D., Kathy K.
  - Picture Day
  - Team Suits & Apparel
  - Spirit Week
  - Other Activities



# WCST - About Us



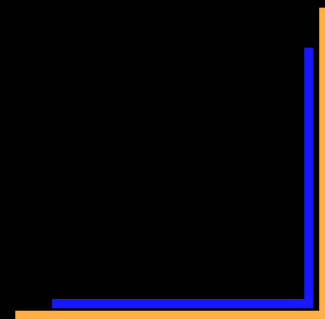
- Subcommittee of CHOA until 2019
- Non-Profit Corporation since 2020
  - 501(c)(3) status
  - Membership
  - Monthly Public Meetings
- Member of the Diablo Community Swimming League (DCSL)
- Governance:
  - **President** - Tony Washmera
  - **Vice President** - Walter Eckalbar
  - **Meet Director** - Luz Pinzon
  - **Treasurer** - Nancy Washmera
  - **Secretary** - Tanya Tadiar
  - **Director** - Assistant Meet Director - David Liu
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  - **Director** - Booster - Kathy Kindorf
  - **Director** - Fundraiser - Hilary Shen
  - **Director** - Fundraiser - Vacant
    - *Need at least another person with swim experience!*



# WCST - Communication



- **Weekly Email from the President**
  - Announcements
  - Reminders
  - Upcoming events
  - Any Covid updates
- **Email**
  - From any of our BOD
  - Specific info on fundraising, booster, meets, etc.
  - Often also posted on FB
- **Facebook Group**
  - Closed, private group - only for parents
  - Request to be a member!
  - Easiest way to stay up to date
  - Request information...
  - Team-related fun...





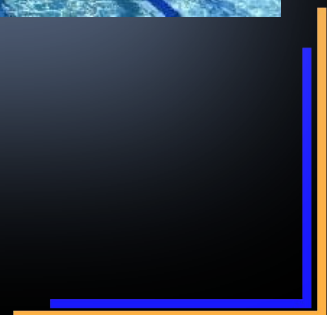
# WCST Philosophy



Walnut Country Swim Team (WCST) provides an affordable activity open to families of Walnut Country and neighboring communities where *swimmers can improve their skills in a fun, enriching atmosphere*. Our goal is to be recognized as one of the most successful and spirited recreational swim teams in the area.

Our recreational swim team is *available to swimmers of all abilities*. While we do compete in meets with other teams throughout the summer, the *level of competition is balanced*. Each swimmer is primarily encouraged to improve their own times throughout the summer, with plenty of awards given to all swimmers.

We also provide a *welcoming environment* for families to form new friendships and develop a sense of community. This adds to the overall friendliness of our great neighborhood.

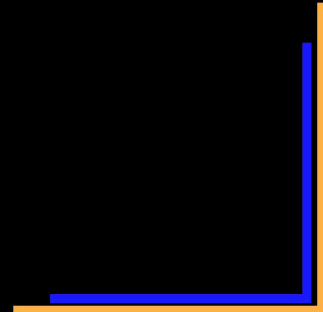


# WCST Membership



## Registration Paperwork:

- Membership Agreement
  - Consent to Electronic Transmission
  - Parent Code of Conduct
  - Swimmer Code of Conduct
  - Covid-19 Liability Release Agreement
  - Release and Waiver of Liability and Indemnity Agreement
  - Swimmer Emergency Card
  - Fundraising Deposit Check (held until end of season)
  - Job Deposit Check (held until end of season)
- 
- **Note:** Your Team Unify account is not activated until all paperwork is verified.

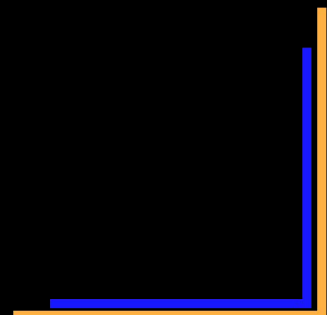


# WCST Financial Report



## 2021 WCST Annual Financial Report

<b>Assets</b>	\$51,598.55
<b>Liabilities</b>	\$319.51
<b>Change in Assets for Fiscal Year 2021</b>	\$5,695.94
<b>Change in Liabilities for Fiscal Year 2021</b>	\$1.83
<b>Annual Revenue</b>	\$71,266.75
<b>Annual Expenses</b>	\$65,572.64



# WCST Practices: Pre-season

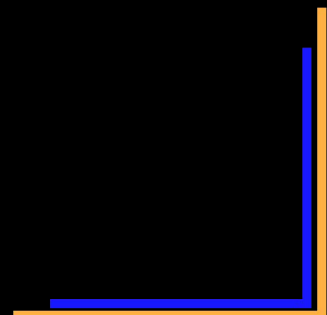


**April 11 - June 3: Every weekday**

**No Practice May 27, May 30 (Memorial Day Weekend)**

7-8	3:40 PM-4:25 PM
6/U & Little Rays	4:25 PM-5:00 PM
9-10	5:00 PM-6:00 PM
11-12	6:00 PM-7:00 PM
13-14 & 15-18	7:00 PM-8:00 PM

**\*Little Rays start May 9th**



# WCST Practices: Summer season

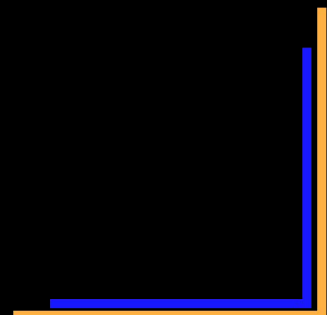


**June 6 - July 22: Every weekday**

**No Practice June 24 (Picture Day), June 27, and July 4**

13-14 & 15-18	8:00 AM-9:20 AM
6/U & Little Rays	9:25 AM-10:05 AM
7-8	10:10 AM-11:00 AM
9-10 & 11-12	11:00 AM-12:00 PM

**Last day of Little Ray practice 7/7/22**

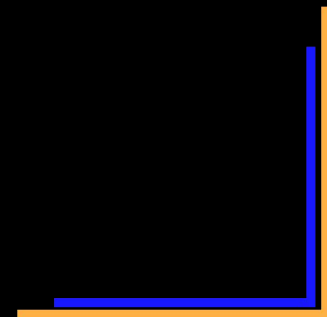


# WCST Practices' Notes



Scheduled Practices are canceled when:

- Facility is closed
- AQI >150
- Thunderstorms/Lightning



# WCST Swim Meets



Swim Meet	Team Functions
<b>Orange &amp; Blue Meet (Time Trials)</b> May 14, 2022 (09:00 AM) - May 14, 2022 (12:30 PM)	<a href="#">Job Signup</a>
<b>Gehring Park (away)</b> May 18, 2022 (05:30 PM) - May 18, 2022 (09:00 PM)	<a href="#">Job Signup</a>
<b>Bishop Estates (away)</b> May 25, 2022 (05:30 PM) - May 25, 2022 (09:00 PM)	<a href="#">Job Signup</a>
<b>Forest Park (away)</b> Jun 1, 2022 (05:30 PM) - Jun 1, 2022 (09:00 PM)	<a href="#">Job Signup</a>
<b>Rancho San Miguel (home)</b> Jun 4, 2022 (09:00 AM) - Jun 4, 2022 (12:30 PM)	<a href="#">Job Signup</a>
<b>Martinez Community Swim Team MCST ...</b> Jun 8, 2022 (05:30 PM) - Jun 8, 2022 (09:00 PM)	<a href="#">Job Signup</a>
<b>Las Trampas (home)</b> Jun 11, 2022 (09:00 AM) - Jun 11, 2022 (12:30 PM)	<a href="#">Job Signup</a>
<b>Livorna (home)</b> Jun 15, 2022 (05:30 PM) - Jun 15, 2022 (09:00 PM)	<a href="#">Job Signup</a>
<b>Forest Hills (home)</b> Jun 18, 2022 (09:00 AM) - Jun 18, 2022 (12:30 PM)	<a href="#">Job Signup</a>

<b>Scottsdale Swim Club (away)</b> Jun 22, 2022 (05:30 PM) - Jun 22, 2022 (09:00 PM)	<a href="#">Job Signup</a>
<b>Devil Mountain Pentathlon (away)</b> Jun 25, 2022 (08:30 AM) - Jun 26, 2022 (05:00 PM)	<a href="#">Job Signup</a>
<b>Springwood (away)</b> Jun 29, 2022 (05:30 PM) - Jun 29, 2022 (09:00 PM)	<a href="#">Job Signup</a>
<b>Pleasant Hill Aquatics (away)</b> Jul 6, 2022 (05:30 PM) - Jul 6, 2022 (09:00 PM)	<a href="#">Job Signup</a>
<b>Crossings Challenge (home)</b> Jul 8, 2022 - Jul 9, 2022	<a href="#">Job Signup</a>
<b>Family Fun Meet (home)</b> Jul 13, 2022 (05:30 PM) - Jul 13, 2022 (08:30 PM)	<a href="#">Job Signup</a>
<b>DCSL Championship</b> Jul 16, 2022 (09:00 AM) - Jul 16, 2022 (05:00 PM)	<a href="#">Job Signup</a>
<b>Concord City Meet (away)</b> Jul 22, 2022 - Jul 24, 2022	<a href="#">Job Signup</a>
<b>Contra Costa County Championships ...</b> Jul 30, 2022 - Jul 31, 2022	<a href="#">Job Signup</a>

# WCST Season Notes



- Your swimmer is **automatically signed-in** to all meets by default!
- To sign-out your swimmer, follow instructions on our website:
  - tab labeled "Jobs-Meet Sign-Outs"
- For **dual meets**, sign-out your swimmer **at least 8 days prior** to meet.
- For **invitational meets**, sign-out by deadline which will be emailed.
- If you attend **City Meet** (with children under 15), you are **required to work** at least 1 job shift at that meet.

## Questions? Contact:

WCST Meet Director **Luz** - [wcstmeetdirector@gmail.com](mailto:wcstmeetdirector@gmail.com)

WCST Assistant Meet Director **David** - [wcstasstmeetdir@gmail.com](mailto:wcstasstmeetdir@gmail.com)



# WCST Parent Jobs



- Recreational Swim is only possible with **YOUR** support!
  - ALL our work is for the benefit of the swimmers
- The *number of jobs* required per family *is applicable* this season.
  - We are back to pre-pandemic format
  - Plan to sign up for 8-9 jobs plus 2 jobs at Crossings Challenge
  - **Jobs will open for signup on Saturday, May 7 in the evening.**
  - Exact details will be communicated in advance.
- You must sign up for your **jobs on our website** as before
  - Instructions found by clicking on tab "Jobs / Meets Sign-Outs"
  - Sign up early to get the jobs you want
  - Sign up for ALL your required jobs ASAP
  - Meet Directors will monitor that everyone commits to their share.
- There are **penalties** associated to missed job assignment(s)
  - First time => \$50 fine due immediately
  - Second time => swimmer not allowed to participate in team activities until all fines are paid.

# WCST Parent Jobs



- **Crossings Challenge** (Invitational hosted by WCST) requires ALL hands on deck. To be held **July 8-9**.
  - Every family must work **2 jobs at this event**
- **Substitutes** (for any meet) may be used to perform any of your jobs.
  - There are **exceptions**: Officials, Data Team, Announcer
  - 15 or older for Kitchen, Setup/Takedown
  - 12 or older for timing, marshal,...
  - We keep a list of teenagers willing to substitute
- **Job Types**
  - **Timer**: three per lane
  - **Ribbon filers**: put ribbons into family folders
  - **Marshal**: Organize/line younger swimmers for the upcoming heats
  - **Setup/Takedown**: all equipment needed for the meet
  - **Floater**: relieves other jobs and/or other miscellaneous tasks
  - **Runner**: collect disqualification slips and timer slips and delivers to desk
  - **Announcer**: Announce each event/heat and any other information
  - **Kitchen**: Assist with food preparation and sales

# WCST Parent Jobs



## Special Job Areas

No substitutes allowed

- **Officials Team (Stroke & Turn Judges, Starter, & Head Referee)**
  - Training is required for new officials
  - Will schedule with you individually (not through job sign-ups)
  - You may need to sign up for additional jobs to meet your requirement
- **Data Team Assistant (Computers, scoreboard, printers)**
  - Must work as many Home Meets as possible
  - You many need to sign up for additional jobs to meet your requirement
- **These jobs guarantee best view of the races!**

For any questions, email: [wcstmeetdirector@gmail.com](mailto:wcstmeetdirector@gmail.com) and/or [wcstasstmeetdir@gmail.com](mailto:wcstasstmeetdir@gmail.com)

# WCST Fundraisers\*



**Mission:** *To offset operational costs - e.g. awards, equipment replacement, spirit activities, insurance, office supplies, etc., WCST must raise additional funds that are not covered by swimmer fees.*

## **We accomplish this through:**

- Fundraising Commitment
- Sponsorships
- Other fundraising Activities

\* Our Fundraising efforts could use additional assistance. If interested, email [wcstfundraising@gmail.com](mailto:wcstfundraising@gmail.com)

# WCST Fundraisers



**Fundraising Commitment is \$100 per swimmer.** Other than having your deposit check processed (deposited) by WCST, you have two ways to raise these funds.

- **LAP-A-THON Event**
  - Tuesday **June 28** during practice
  - Swimmers collect pledges for swimming laps (any stroke)
  - Download Pledge Form from team website: Go to "About Us" -> Fundraising
  - Pledges due by **July 13, 2022** can be collected by:
    - PayPal (Use "Send to Friend" option to avoid fees)
    - GoFundMe (easy to share on your social media)
    - Cash/Check payable to WCST
  - Prizes to be awarded (TBD)
- **Team Sponsorship\***

\* Time Sensitive. All fundraising commitments/efforts due by July 18th.

# WCST Fundraisers



## WCST Sponsorship Options

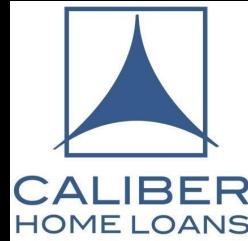
### Sponsorship Levels and Benefits

	Swim Fan	WCST Fan	Backstroke	Freestyle	Breaststroke	Butterfly
Contribution Level	\$50-99	\$100-249	\$250-499	\$500-749	\$750-999	\$1,000 or more
Recognition on team website	✓	✓	✓	✓	✓	✓
Ads on WCST Facebook page	✓	✓	✓	✓	✓	✓
Recognition on team board on the pool deck			✓	✓	✓	✓
Approved ads in family folder of each swimmer				Once per season	Twice per season	Let's talk
Your logo (one color) on swimmer shirts ( <b>Due early April</b> )				Small logo on back	Medium logo on back	Large logo on back
Ad in Crossings Challenge* Program		Business card ad	Business card ad	1/4 Page ad	1/2 Page ad	Full page
Banner with your logo posted at pool deck for all home meets					✓	✓
Team Photo for your business office				✓	✓	✓
Table at Crossings Challenge*						✓

\*The Crossings Challenge is a 600+ swimmer meet with teams from all over Contra Costa County.

- Sponsor logos need to be received by **May 3** to be included on our swimmer shirts.
- A sponsor at the WCST any tier is accepted anytime.
  - But maximizes benefit if it comes in earlier...

# Our 2022 Sponsors



H. Dixon Taylor, D.D.S., M.S.D.

**JOSH  
McCORMICK, DDS**



# WCST Fundraisers



## Additional Fundraisers

- **MOD Pizza Dine&Donate - April 28th All Day!**
- **R & M Pool, Patio, & Garden - May 3rd - 8th**
- **WCST Spaghetti Feed - May 13th 5-7pm**
- **Chipotle Dine&Donate - July 9th 5-8pm (after the Crossings Challenge)**
- More Planning in the works!

Questions or ideas to [wcstfundraising@gmail.com](mailto:wcstfundraising@gmail.com)  
or come stop me at the pool and say "Hey Hilary"!



# WCST Boosters



The Booster team is responsible for building team spirit and ensuring our swimmers & their families have a fun and exciting season.

- Picture Day is June 24.
  - Individual pictures will be available again this year. The schedule will be published as we get closer to the event.
  - We will be doing our traditional Team Picture.
  - Watch for details to be provided as we get closer to the date of the event.
- Spirit Wear
  - Swimmers will receive a team t-shirt and swim cap the week of May 16.
  - We will offer another opportunity to purchase apparel after May 2. The order will consist of t-shirts, hoodies, tanks and more. Watch for details in the weekly team email.
  - Team Apparel can also be purchased through Elsmore Swim Shop.

# WCST Boosters



- **Team Suits**

- Elsmore Swim Shop in Walnut Creek will be our vendor for Team suits and limited apparel.
- Team Suits have already been ordered and will arrive on deck the week of May 16.\*
- Team Apparel can still be ordered through our Elsmore Team Page.
  - <https://elsmoreswim.com/teams/california/summer/walnut-county.html>
- Our Elsmore Team Page with spirit wear will be open all season.

\*Due to current global supply chain issues, suits and apparel may be delayed. We ask that you be patient if this occurs. We will keep you updated as we get delivery information.

# WCST Boosters



## Team Activities and Programs

- Family Buddy Program
  - The Family Buddy Program is a great way to build team spirit and help new families maneuver the swim season with a more experienced family. We will try to match family sizes the best we can however in some cases this may not be possible. The Buddy Program form will be available on our Facebook page and put in your Family Folders the week of May 2.
- Age Group Events
  - During the month of June, each age group will have a special team building event. Although this may look different than years past, it will still build team spirit and engage our swimmers. Watch for details in our weekly email and the calendar on our team website.
- City Meet Spirit Week
  - Each year the team celebrates during the week preceding the City Meet. The week's events will be posted on the pool deck, on Team Unify and Facebook.

# WCST Boosters



## Team Activities and Programs

- Summer Spirit Week
  - This year we have planned a week of fun to celebrate the end of the school year and the start of summer practice. The week will include a Tie Dye Party, Buddy Sign Making event and a potluck. Watch the weekly email, Team Unify and Facebook for details.
- Parent Appreciation Events
  - Join us on deck as we celebrate our Mom's on May 6 and our Dad's on June 20. All our families are welcome to participate in the fun on deck!
- Team Events
  - We will also organize events for your whole family. Watch for details on movie nights, parent meetups, additional apparel ordering events and more!

# WCST - Q&A



Questions?

