

Spring Lake Park vs Centennial - 9/19/2019

Results - Spring Lake Park vs. Centennial

Event 1 Girls 200 Yard Medley Relay Junior Varsity

Team	Relay	Finals Time
1 CENT	D	2:13.08
1) Peterson, Grace	2) Harville, Alison	
3) Robeck, Raylynn T 12	4) Halverson, Brooke K 14	
34.92 37.42	31.75 28.99	
2 CENT	E	2:18.94
1) Offerdahl, Ella	2) Sabby, Bella R 13	
3) Smith, Katelyn	4) Bryant, Emma L 14	
35.13 40.95	33.06 29.80	
3 CENT	F	x2:19.31
1) Ruegsegger, Stella G 15	2) Jones, Kate H 18	
3) Huynh, Lily S 14	4) Knight, Kaylie	
36.11 39.73	34.63 28.84	
4 CENT	G	x2:23.26
1) De Boer, Riley M 15	2) Melde, Sydney D 15	
3) Richtsmeier, Erika A 16	4) Fjeld, Ariana	
35.85 39.60	37.75 30.06	
5 CENT	H	x2:34.45
1) Belting, Lindsey	2) Holtzman-Jahnke, Amelia R 15	
3) Dropps, Lucy M 13	4) Michealson, Elise M 16	
44.41 40.71	34.40 34.93	
6 SLPK-MN	A	2:40.34
1) Walcott, Alexa	2) Galall, Yusra	
3) Larson, Isabel	4) Rutledge, Hailey	
38.45 45.28	51.73 24.88	
7 CENT	I	x2:45.44
1) Johnson, Emily	2) Stang, Abigail	
3) Thompson, Alayna M 14	4) Kays, Grace A 14	
42.20 45.98	41.83 35.43	
8 SLPK-MN	B	2:57.49
1) Winful, Ejay	2) Baker, Taytum	
3) Krotzer, Norah	4) Lilya, Lindsay	
46.84 39.01	53.87 37.77	
--- CENT	J	DQ
1) Nguyen, Angie	2) Sabby, Madeline M 15	
3) Larson, Avery R 12	4) Harmon, Hailey	
40.55 40.85	45.94 30.84	

Event 2 Girls 200 Yard Medley Relay Varsity

Team	Relay	Finals Time
1 SLPK-MN	A	1:58.73 8
1) Meyers, Melania	2) King, Kirsten	
3) Lindquist, Carly	4) Martin, Sarah	
28.94 33.67	29.59 26.53	
2 CENT	A	1:58.91 4
1) Kamish, Calla N 14	2) Zebell, Laura	
3) Fuller, Maddie	4) Brandt, Devon	
30.65 33.71	28.29 26.26	
3 CENT	B	2:05.60 2
1) Finke, Hailie	2) Sandvold, Janessa	
3) Kajer, Lauren M 13	4) Ruegsegger, Jaden L 14	
32.14 34.80	30.04 28.62	
4 CENT	C	x2:09.99
1) Magnuson, Kayley	2) Gulaid, Lily	
3) Wiege, Grace	4) Kammer, Nicole	
32.47 36.61	32.55 28.36	

5 SLPK-MN	B	2:10.44
1) Wilcox, Alison	2) Patel, Supy	
3) Rainbow, Lucia	4) Stewart, Julianna	
35.45 33.94	32.62 28.43	
6 SLPK-MN	C	x2:32.55
1) Canfield, Evelyn	2) Goerish, Breanna	
3) Nordenstrom, Kylie	4) Hilbrands, Samantha	
35.43 38.44	1:18.68	

Event 3 Girls 200 Yard Freestyle Junior Varsity

Name	Age	School	Finals Time
1 Jones, Kate H	18	CENT	2:30.81
34.61 38.13		39.42	38.65
2 Ruegsegger, Jaden L	14	CENT	2:33.97
36.15 39.85		42.26	35.71
3 Mack, Harper		SLPK-MN	2:36.12
36.04 39.96		40.92	39.20
4 Belting, Lindsey		CENT	2:38.44
37.05 40.23		40.72	40.44
5 Mayaan, Maty		SLPK-MN	2:41.73
35.71 41.19		43.14	41.69
6 Stodola, Erin		SLPK-MN	2:47.49
39.90 41.98		43.76	41.85

Event 4 Girls 200 Yard Freestyle Varsity

Name	Age	School	Finals Time
1 Rose, Kaitlin		SLPK-MN	2:08.39 6
29.87 32.86		32.91	32.75
2 Smith, Katelyn		CENT	2:11.68 4
30.89 33.70		33.59	33.50
3 Sandvold, Janessa		CENT	2:11.71 3
30.62 33.88		34.58	32.63
4 Kamish, Calla N	14	CENT	2:16.12 2
30.82 34.31		35.57	35.42
5 Khotsombath, Malinh		SLPK-MN	2:17.46 1
31.82 35.22		36.04	34.38
6 Sroga, Chloe		SLPK-MN	2:19.23
31.56 34.59		36.19	36.89

Event 5 Girls 200 Yard IM Junior Varsity

Name	Age	School	Finals Time
1 Gulaid, Lily		CENT	2:34.33
33.89 42.73		42.71	35.00
2 Finke, Hailie		CENT	2:37.08
34.70 39.69		46.97	35.72
3 Kajer, Lauren M	13	CENT	2:38.89
32.93 44.18		47.12	34.66
4 Stewart, Julianna		SLPK-MN	2:53.41
42.23 43.34		52.06	35.78
5 Rutledge, Hailey		SLPK-MN	2:56.02
39.28 43.78		53.30	39.66

Event 6 Girls 200 Yard IM Varsity

Name	Age	School	Finals Time
1 King, Kirsten		SLPK-MN	2:21.48 6
31.49 37.36		41.64	30.99
2 Zebell, Laura		CENT	2:23.69 4
31.30 36.27		42.21	33.91

Spring Lake Park vs Centennial - 9/19/2019

Results - Spring Lake Park vs. Centennial

(Event 6 Girls 200 Yard IM Varsity)

Name	Age	School	Finals Time	
3 Harville, Alison		CENT	2:34.48	3
35.24	40.14	43.93	35.17	
4 Rainbow, Lucia		SLPK-MN	2:38.14	2
35.56	39.43	45.92	37.23	
5 Robeck, Raylynn T	12	CENT	2:40.66	1
34.87	41.44	48.86	35.49	
6 Wilcox, Alison		SLPK-MN	2:40.89	
37.58	40.04	47.79	35.48	

Event 7 Girls 50 Yard Freestyle Junior Varsity

Name	Age	School	Finals Time	
1 Peterson, Grace		CENT	29.81	
2 Offerdahl, Ella		CENT	30.02	
3 Nordenstrom, Kylie		SLPK-MN	30.18	
4 Bakeberg, Makena J	13	CENT	31.23	
5 Hilbrands, Samantha		SLPK-MN	31.26	
6 Winful, Ejay		SLPK-MN	31.44	
7 Canfield, Evelyn		SLPK-MN	31.63	
8 Richtsmeier, Erika A	16	CENT	31.73	
9 De Boer, Riley M	15	CENT	31.86	
10 Huynh, Lily S	14	CENT	32.04	
11 Melde, Sydney D	15	CENT	32.20	
12 Sabby, Madeline M	15	CENT	32.43	
13 Harmon, Hailey		CENT	32.83	
14 Holtzman-Jahnke, Amelia R	15	CENT	34.27	
15 Johnson, Emily		CENT	34.49	
*16 Larson, Avery R	12	CENT	34.74	
*16 Michealson, Elise M	16	CENT	34.74	
18 Baker, Taytum		SLPK-MN	35.17	
19 Moran, Hailey		CENT	36.41	
20 Kays, Grace A	14	CENT	36.74	
21 Lilya, Lindsay		SLPK-MN	38.05	
22 Nguyen, Angie		CENT	38.21	
23 Thompson, Alayna M	14	CENT	38.86	
--- Ruegsegger, Stella G	15	CENT	DQ	

Event 8 Girls 50 Yard Freestyle Varsity

Name	Age	School	Finals Time	
1 Brandt, Devon		CENT	26.93	6
2 Martin, Sarah		SLPK-MN	27.56	4
3 Erdahl, Meghan		SLPK-MN	27.83	3
4 Woodford, Morgan		SLPK-MN	27.94	2
5 Fuller, Maddie		CENT	27.96	1
6 Halverson, Brooke K	14	CENT	29.00	

Event 9 Girls 1 mtr Diving Junior Varsity

Name	Age	School	Finals Score	
1 Haider, Maddie		CENT	149.50	
2 Bjerketvedt, Mia		CENT	141.05	

Event 10 Girls 1 mtr Diving Varsity

Name	Age	School	Finals Score	
1 Henninger, Maggie	17	CENT	220.40	6
2 Lawson, Charis		SLPK-MN	182.75	4
3 Woelfel, Kathryn		CENT	180.10	3
4 Wang, Mia		CENT	170.85	2
5 York, Brynna		SLPK-MN	145.25	1

Event 11 Girls 100 Yard Butterfly Junior Varsity

Name	Age	School	Finals Time	
1 Halverson, Brooke K	14	CENT	1:17.64	
36.40	41.24			
2 Dropps, Lucy M	13	CENT	1:18.08	
35.66	42.42			
3 Stodola, Erin		SLPK-MN	1:25.55	
43.44	42.11			
4 Canfield, Evelyn		SLPK-MN	1:27.41	
40.54	46.87			
5 Goerish, Breanna		SLPK-MN	1:28.06	
39.48	48.58			
--- Thompson, Alayna M	14	CENT	DQ	
48.85	1:00.84			

Event 12 Girls 100 Yard Butterfly Varsity

Name	Age	School	Finals Time	
1 Fuller, Maddie		CENT	1:04.65	6
29.80	34.85			
2 Lindquist, Carly		SLPK-MN	1:05.99	4
30.77	35.22			
3 Kajer, Lauren M	13	CENT	1:09.12	3
32.24	36.88			
4 Magnuson, Kayley		CENT	1:09.57	2
34.80	34.77			
5 Erdahl, Meghan		SLPK-MN	1:11.87	1
32.40	39.47			
6 Patel, Supy		SLPK-MN	1:12.86	
33.93	38.93			

Event 13 Girls 100 Yard Freestyle Junior Varsity

Name	Age	School	Finals Time	
1 Ruegsegger, Jaden L	14	CENT	1:04.73	
31.79	32.94			
2 Knight, Kaylie		CENT	1:06.10	
31.77	34.33			
3 Rainbow, Lucia		SLPK-MN	1:06.71	
31.52	35.19			
4 Jones, Kate H	18	CENT	1:06.93	
32.74	34.19			
5 Bryant, Emma L	14	CENT	1:07.10	
32.45	34.65			
6 Fjeld, Ariana		CENT	1:07.94	
31.15	36.79			
7 Sabby, Bella R	13	CENT	1:07.98	
32.90	35.08			
8 Walcott, Alexa		SLPK-MN	1:09.45	
32.52	36.93			
9 Galall, Yusra		SLPK-MN	1:10.01	
33.69	36.32			
10 Bakeberg, Makena J	13	CENT	1:11.74	
35.22	36.52			
11 Sabby, Madeline M	15	CENT	1:12.03	
35.22	36.81			
12 Belting, Lindsey		CENT	1:14.29	
35.43	38.86			
13 Baker, Taytum		SLPK-MN	1:18.79	
37.55	41.24			

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(Event 13 Girls 100 Yard Freestyle Junior Varsity)

Name	Age	School	Finals Time
14 Michealson, Elise M	16	CENT	1:19.00
38.46	40.54		
15 Moran, Hailey		CENT	1:21.79
39.60	42.19		
16 Kays, Grace A	14	CENT	1:25.68
42.22	43.46		
17 Krotzer, Norah		SLPK-MN	1:27.65
1:28.02			

Event 14 Girls 100 Yard Freestyle Varsity

Name	Age	School	Finals Time
1 Meyers, Melania		SLPK-MN	57.84 6
28.01	29.83		
2 Brandt, Devon		CENT	58.87 4
28.11	30.76		
3 Sandvold, Janessa		CENT	59.54 3
28.76	30.78		
4 Zebell, Laura		CENT	1:01.20 2
29.50	31.70		
5 Martin, Sarah		SLPK-MN	1:01.43 1
29.76	31.67		
6 Sroga, Chloe		SLPK-MN	1:03.01
30.69	32.32		

Event 15 Girls 500 Yard Freestyle Junior Varsity

Name	Age	School	Finals Time
1 Offerdahl, Ella		CENT	6:33.44
33.71	38.76	39.83	40.63
40.25	39.96	39.90	41.05
40.62	38.73		
2 Mack, Harper		SLPK-MN	7:07.70
38.04	42.89	43.10	43.20
43.98	43.52	44.08	44.57
42.41	41.91		
3 Mayaan, Maty		SLPK-MN	7:12.86
36.35	42.28	43.40	43.44
44.63	44.97	44.80	45.34
44.64	43.01		
4 Holtzman-Jahnke, Amelia R	15	CENT	7:22.44
39.65	45.52	45.92	45.28
45.98	44.93	44.36	44.80
43.87	42.13		
5 Larson, Isabel		SLPK-MN	7:36.42
37.80	43.92	45.62	45.80
48.20	48.52	49.20	48.47
46.92	41.97		
6 Stang, Abigail		CENT	7:37.77
40.74	44.99	1:34.55	48.00
47.25	47.78	46.60	45.64
47.53			

Event 16 Girls 500 Yard Freestyle Varsity

Name	Age	School	Finals Time
1 Rose, Kaitlin		SLPK-MN	5:37.77 6
31.48	33.69	33.71	34.23
34.27	34.11	34.16	34.31
34.26	33.55		

2 Smith, Katelyn		CENT	5:57.78 4
32.56	36.00	35.81	36.47
36.41	36.37	36.77	36.78
35.47	35.14		
3 Khotsombath, Malinh		SLPK-MN	6:06.78 3
32.73	36.00	36.65	36.85
37.34	36.95	37.73	39.41
38.06	35.06		
4 Kammer, Nicole		CENT	6:11.13 2
32.97	37.23	38.69	38.81
38.32	38.37	37.55	37.48
36.95	34.76		
5 Nordenstrom, Kylie		SLPK-MN	6:11.30 1
33.06	37.30	38.00	38.19
38.28	38.34	37.04	37.96
38.14	34.99		
6 Peterson, Grace		CENT	6:11.45
33.57	37.41	38.08	38.39
38.02	38.49	37.49	37.88
37.19	34.93		

Event 17 Girls 200 Yard Freestyle Relay Junior Varsity

Team	Relay	Finals Time
1 CENT	D	2:04.29
1) Sabby, Bella R 13	2) Bakeberg, Makena J 13	
3) Dropps, Lucy M 13	4) Ruegsegger, Stella G 15	
30.88	31.48	33.02 28.91
2 SLPK-MN	A	2:13.36
1) Galall, Yusra	2) Larson, Isabel	
3) Rutledge, Hailey	4) Mayaan, Maty	
32.74	42.23	28.53 29.86
3 CENT	G	2:19.85
1) Moran, Hailey	2) Kays, Grace A 14	
3) Huynh, Lily S 14	4) Richtsmeier, Erika A 16	
39.22	37.50	30.93 32.20
4 CENT	F	x2:24.67
1) Holtzman-Jahnke, Amelia R 15	2) Harmon, Hailey	
3) Larson, Avery R 12	4) Thompson, Alayna M 14	
35.77	32.99	43.03 32.88
5 CENT	E	x2:25.11
1) Michealson, Elise M 16	2) Nguyen, Angie	
3) Johnson, Emily	4) Stang, Abigail	
37.14	38.31	18.02 51.64
6 SLPK-MN	B	2:26.16
1) Stodola, Erin	2) Baker, Taytum	
3) Krotzer, Norah	4) York, Brynna	
35.20	36.29	41.11 33.56

Event 18 Girls 200 Yard Freestyle Relay Varsity

Team	Relay	Finals Time
1 SLPK-MN	A	1:47.72 8
1) King, Kirsten	2) Martin, Sarah	
3) Erdahl, Meghan	4) Rose, Kaitlin	
26.74	27.33	27.09 26.56
2 CENT	A	1:50.38 4
1) Brandt, Devon	2) Halverson, Brooke K 14	
3) Fuller, Maddie	4) Sandvold, Janessa	
27.14	28.78	27.64 26.82

Spring Lake Park vs Centennial - 9/19/2019

Results - Spring Lake Park vs. Centennial

(Event 18 Girls 200 Yard Freestyle Relay Varsity)

Team	Relay	Finals Time
3 CENT	B	1:53.51 2
1) Zebell, Laura	2) Ruegsegger, Jaden L 14	
3) Kammer, Nicole	4) Smith, Katelyn	
28.40 28.49	28.33 28.29	
4 SLPK-MN	B	1:54.10
1) Stewart, Julianna	2) Patel, Supy	
3) Sroga, Chloe	4) Khotsombath, Malinh	
29.78 27.87	32.62 23.83	
5 CENT	C	x1:59.88
1) Wiege, Grace	2) Fjeld, Ariana	
3) Knight, Kaylie	4) Offerdahl, Ella	
29.04 30.73	30.20 29.91	
6 SLPK-MN	C	x2:05.62
1) Winful, Ejay	2) Goerish, Breanna	
3) Mack, Harper	4) Hilbrands, Samantha	
32.02 37.90	24.58 31.12	

Event 19 Girls 100 Yard Backstroke Junior Varsity

Name	AgeSchool	Finals Time
1 De Boer, Riley M	15 CENT	1:18.57
38.79 39.78		
2 Bryant, Emma L	14 CENT	1:19.70
39.46 40.24		
3 Walcott, Alexa	SLPK-MN	1:23.55
40.74 42.81		
4 Nguyen, Angie	CENT	1:30.49
45.40 45.09		
5 Lilya, Lindsay	SLPK-MN	1:40.50
1:40.77		

Event 20 Girls 100 Yard Backstroke Varsity

Name	AgeSchool	Finals Time
1 Meyers, Melania	SLPK-MN	1:03.22 6
30.83 32.39		
2 Kamish, Calla N	14 CENT	1:05.48 4
32.56 32.92		
3 Lindquist, Carly	SLPK-MN	1:05.99 3
31.78 34.21		
4 Magnuson, Kayley	CENT	1:07.05 2
32.36 34.69		
5 Finke, Hailie	CENT	1:09.13 1
33.90 35.23		
6 Wilcox, Alison	SLPK-MN	1:12.16
34.87 37.29		

Event 21 Girls 100 Yard Breaststroke Junior Varsity

Name	AgeSchool	Finals Time
1 Robeck, Raylynn T	12 CENT	1:25.51
40.07 45.44		
2 Melde, Sydney D	15 CENT	1:26.51
42.28 44.23		
3 Stang, Abigail	CENT	1:30.30
44.15 46.15		
4 Hilbrands, Samantha	SLPK-MN	1:30.52
42.42 48.10		
5 Rutledge, Hailey	SLPK-MN	1:35.63
46.56 49.07		

6 Galall, Yusra	SLPK-MN	1:40.30
47.83 52.47		

Event 22 Girls 100 Yard Breaststroke Varsity

Name	AgeSchool	Finals Time
1 King, Kirsten	SLPK-MN	1:14.18 6
35.31 38.87		
2 Harville, Alison	CENT	1:16.70 4
36.88 39.82		
3 Patel, Supy	SLPK-MN	1:19.43 3
37.74 41.69		
4 Gulaid, Lily	CENT	1:20.03 2
37.27 42.76		
5 Wiege, Grace	CENT	1:23.92 1
39.88 44.04		
6 Goerish, Breanna	SLPK-MN	1:26.13
40.86 45.27		

Event 23 Girls 400 Yard Freestyle Relay Junior Varsity

Team	Relay	Finals Time
1 CENT	B	4:46.69
1) Bakeberg, Makena J 13	2) Sabby, Madeline M 15	
3) Melde, Sydney D 15	4) Fjeld, Ariana	
35.20 1:11.58	35.90 1:13.59	
35.72 1:12.91	31.68 1:08.61	
2 CENT	A	4:48.09
1) Peterson, Grace	2) Dropps, Lucy M 13	
3) Belting, Lindsey	4) Sabby, Bella R 13	
33.19 1:15.42	27.79 1:09.67	
31.83 1:12.79	34.57 1:10.21	
3 CENT	C	x4:58.23
1) De Boer, Riley M 15	2) Harmon, Hailey	
3) Huynh, Lily S 14	4) Richtsmeier, Erika A 16	
36.86 1:16.68	35.41 1:21.71	
30.29 1:15.85	27.03 1:03.99	
4 SLPK-MN	A	5:04.27
1) Mayaan, Maty	2) Stodola, Erin	
3) Walcott, Alexa	4) Larson, Isabel	
34.51 1:13.00	38.14 1:18.56	
36.01 1:13.69	36.64 1:19.02	
5 SLPK-MN	B	5:39.63
1) York, Brynna	2) Winful, Ejay	
3) Lilya, Lindsay	4) Krotzer, Norah	
37.42 1:19.83	38.69 1:20.74	
42.64 1:35.23	36.04 1:23.83	

Event 24 Girls 400 Yard Freestyle Relay Varsity

Team	Relay	Finals Time
1 SLPK-MN	A	3:57.37 8
1) Rose, Kaitlin	2) Lindquist, Carly	
3) Erdahl, Meghan	4) Meyers, Melania	
28.41 58.20	28.72 1:00.71	
28.60 59.95	27.59 58.51	
2 CENT	A	4:11.29 4
1) Gulaid, Lily	2) Kajer, Lauren M 13	
3) Kammer, Nicole	4) Kamish, Calla N 14	
32.15 1:15.52	21.12 54.09	
29.52 1:02.64	27.72 59.04	

Spring Lake Park vs Centennial - 9/19/2019**Results - Spring Lake Park vs. Centennial****(Event 24 Girls 400 Yard Freestyle Relay Varsity)**

Team	Relay	Finals Time	
3 SLPK-MN	B	4:14.13	2
1) Sroga, Chloe	2) Khotsombath, Malinh		
3) Stewart, Julianna	4) Wilcox, Alison		
31.03 1:03.61	29.26 1:02.78		
29.58 1:03.91	30.24 1:03.83		
4 CENT	B	4:15.29	
1) Magnuson, Kayley	2) Finke, Hailie		
3) Harville, Alison	4) Wiege, Grace		
31.26 1:05.03	30.07 1:02.05		
31.51 1:05.24	30.19 1:02.97		
5 CENT	C	x4:29.25	
1) Jones, Kate H 18	2) Knight, Kaylie		
3) Robeck, Raylynn T 12	4) Bryant, Emma L 14		
32.31 1:07.55	32.20 1:07.40		
32.47 1:08.88	31.33 1:05.42		
6 SLPK-MN	C	x4:29.82	
1) Nordenstrom, Kylie	2) Mack, Harper		
3) Canfield, Evelyn	4) Rainbow, Lucia		
31.36 1:13.45	24.78 1:02.42		
32.64 1:15.86	22.94 58.09		

Scores - Women

Women - Varsity - Team Rankings - Through Event 24	
1. Spring Lake Park	95
2. Centennial High School	91