

Clary's Forest/Hawthorn/Swansfield Sundevils

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Time and Pool	5-7pm HA (Pre)	5-7pm HA (Pre)	5-7pm HA (Pre)	5-7pm HA (Pre)	5-7pm HA (Pre)
		8-10am SW (Reg)	8-10am SW (Reg)	8-10am SW (Reg)	8-10am SW (Reg)
	5-6:30pm CF (Reg)		5-6:30pm HA (Reg)	5-6:30pm SW (Reg)	

Clemens Crossing Cyclones

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Time and Pool	5-7pm CC (Pre)	5-7pm CC (Pre)	5-7pm CC (Pre)	5-7pm CC (Pre)	5-7pm CC (Pre)
		8-10am CC (Reg)	8-10am CC (Reg)	8-10am CC (Reg)	8-10am CC (Reg)
	6:30-8pm CF (Reg)	5-6:30pm CC (Reg)	6:30-8pm HA (Reg)		

Dorsey's Search Dolphins

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Time and Pool	5-7pm RB (Pre)	5-7pm RB (Pre)	5-7pm RB (Pre)	5-7pm RB (Pre)	5-7pm RB (Pre)
		8-10am DH (Reg)	8-10am DH (Reg)	8-10am DH (Reg)	8-10am DH (Reg)
		6:30-8pm TH (Reg)	5-6:30pm PL (Reg)	5-6:30pm RB (Reg)	

Harper's Choice Challenge

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Time and Pool	5-7pm LF (Pre)	5-7pm LF (Pre)	5-7pm LF (Pre)	5-7pm LF (Pre)	5-7pm LF (Pre)
		8-10am LF (Reg)	8-10am LF (Reg)	8-10am LF (Reg)	8-10am LF (Reg)
	5:30-7pm LF (Reg)		6:30-8pm FR (Reg)	6:30-8pm SW (Reg)	

Huntington Dolphins

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Time and Pool	5-7pm HU (Pre)	5-7pm HU (Pre)	5-7pm HU (Pre)	5-7pm HU (Pre)	5-7pm HU (Pre)
		8-10am HU (Reg)	8-10am HU (Reg)	8-10am HU (Reg)	8-10am HU (Reg)
	5-6:30pm HU (Reg)		6:30-8pm HW (Reg)	5-6:30pm DI (Reg)	

Kings Contrivance Waves

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Time and Pool	5-7pm MC (Pre)	5-7pm MC (Pre)	5-7pm MC (Pre)	5-7pm MC (Pre)	5-7pm MC (Pre)
		8-10am MC (Reg)	8-10am MC (Reg)	8-10am MC (Reg)	8-10am MC (Reg)
	6:30-8pm HU (Reg)	5-6:30pm MC (Reg)		6:30-8pm DI (Reg)	

Long Reach Marlins

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Time and Pool	5-7pm LP (Pre)	5-7pm LP (Pre)	5-7pm LP (Pre)	5-7pm LP (Pre)	5-7pm LP (Pre)
		8-10am KR (Reg)	8-10am KR (Reg)	8-10am KR (Reg)	8-10am KR (Reg)
	6:30-8pm SF (Reg)	5-6:30pm KR (Reg)		5-6:30pm JH (Reg)	

Oakland Mills Tigersharks

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Time and Pool	5-7pm TS (Pre)	5-7pm TS (Pre)	5-7pm TS (Pre)	5-7pm TS (Pre)	5-7pm TS (Pre)
		8-10am TS (Reg)	8-10am TS (Reg)	8-10am TS (Reg)	8-10am TS (Reg)
	5-6:30pm SF (Reg)	6:30-8pm DG (Reg)	5-6:30pm TS (Reg)		

Owen Brown Barracudas

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Time and Pool	5-7pm DG (Pre)	5-7pm DG (Pre)	5-7pm DG (Pre)	5-7pm DG (Pre)	5-7pm DG (Pre)
		8-10am DG (Reg)	8-10am DG (Reg)	8-10am DG (Reg)	8-10am DG (Reg)
	6-7:30pm TS (Reg)	5-6:30pm DG (Reg)	5-6:30pm HW (Reg)		

Pheasant Ridge Rapids

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Time and Pool	5-7pm HG (Pre)	5-7pm RH (Pre)	5-7pm HG (Pre)	5-7pm RH (Pre)	6-8pm HG (Pre)
		8-10am RH (Reg)	10-noon RH (Reg)	8-10am RH (Reg)	10-noon RH (Reg)
		6:30-8pm MC (Reg)	6:30-8pm HG (Reg)	6:30-8pm RB (Reg)	

Phelps Luck Snappers

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Time and Pool	5-7pm PL (Pre)	5-7pm PL (Pre)	5-7pm PL (Pre)	5-7pm PL (Pre)	5-7pm PL (Pre)
		8-10am PL (Reg)	8-10am PL (Reg)	8-10am PL (Reg)	8-10am PL (Reg)
		6:30-8pm KR (Reg)	6:30-8pm PL (Reg)	5-6:30pm LP (Reg)	

Pointers Run Piranhas

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Time and Pool	5-7pm RH (Pre)	5-7pm HG (Pre)	5-7pm RH (Pre)	5-7pm HG (Pre)	4-6pm HG (Pre)
		10-noon RH (Reg)	8-10am RH (Reg)	10-noon RH (Reg)	8-10am RH (Reg)
	4-5:30pm LF (Reg)	6:30-8pm CC (Reg)	5-6:30pm HG (Reg)		

Thunder Hill Lightning

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Time and Pool	5-7pm TH (Pre)	5-7pm TH (Pre)	5-7pm TH (Pre)	5-7pm TH (Pre)	5-7pm TH (Pre)
		8-10am TH (Reg)	8-10am TH (Reg)	8-10am TH (Reg)	8-10am TH (Reg)
		5-6:30pm TH (Reg)	6:30-8pm TS (Reg)	6:30-8pm LP (Reg)	

Wilde Lake Watercats

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Time and Pool	5-7pm FR (Pre)	5-7pm FR (Pre)	5-7pm FR (Pre)	5-7pm FR (Pre)	5-7pm FR (Pre)
		8-10am FR (Reg)	8-10am FR (Reg)	8-10am FR (Reg)	8-10am FR (Reg)
	7-8:30pm LF (Reg)	6-7:30pm FR (Reg)	5-6:30pm FR (Reg)		

2025 CNSL Practice Schedule

Preseason (Pre) practices begin the Tuesday, May 27 through the last day of Howard County Public Schools.

Regular (Reg) practices begin after the last day of Howard County Public Schools and continue through July 25. Check with your team for age-group practice times.

Only morning practices held on June 19 and July 4.

Pool abbreviations

BW	Bryant Woods
CF	Clary's Forest
CC	Clemens Crossing
DG	Dasher Green
DI	Dickinson
DH	Dorsey Hall
FR	Faulkner Ridge
HA	Hawthorn
HG	Hobbit's Glen
HW	Hopewell
HU	Huntington
JH	Jeffers Hill
KR	Kendall Ridge
LP	Locust Park
LF	Longfellow
MC	Macgill's Common
PL	Phelps Luck
RH	River Hill
RB	Running Brook
SF	Stevens Forest
SW	Swansfield
TS	Talbott Springs
TH	Thunder Hill

Check with your team for age-group practice times.

***Schedules are subject to change. Please visit ColumbiaAssociation.org/cnsl for times and locations.

