



Dublin Dolphins

Parent Meeting

Summer 2025



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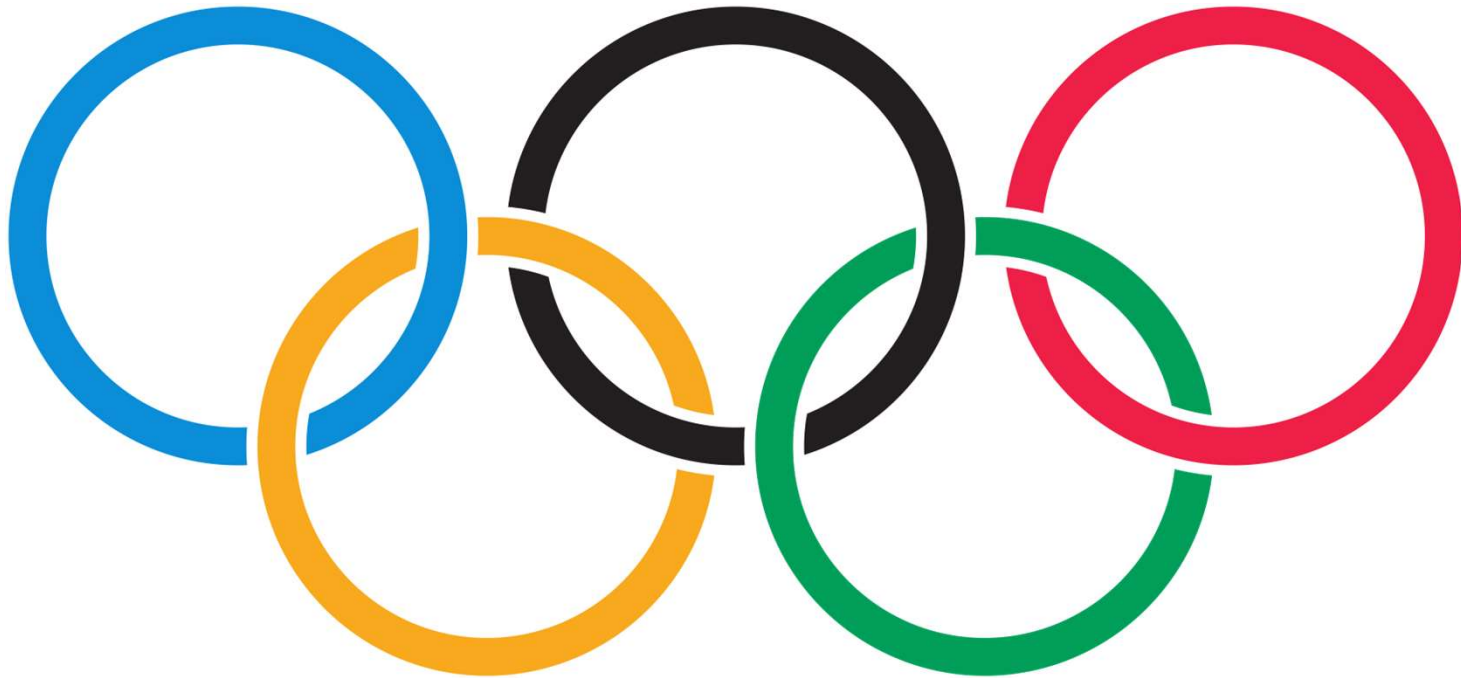
Why are we here?

The purpose of the Dublin Dolphins is to offer the residents of Dublin a safe, **fun** and productive environment while participating on a swim team.



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What we are not





Coaching Staff

Arctic

Head Coach

Grace Rider

Assistant Coaches

Holland Max	Ellie VanBuskirk
Hannah Grant	Mariska Tosi
Kate Shewring	Jacob Rider
Faye Phillips	Jessica Brown
Jacob Redinger	

Atlantic

Head Coach

Ben Nadur

Assistant Coaches

Liam Donovan	Chloe Grooms
Katrina Kollin	Keagan Glover
AJ Lutz	Camille Howe
Naomi	Audrey Ehret
Christianson	

Pacific

Head Coach

Emma Bowman

Assistant Coaches

Karissa	Cici Randall
Smrecansky	Maria Obert
Maddie Renz	Addy Ryan
Jillian Smith	Luke Banyots
Campbell	
Lawson	



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Boosters

Volunteers who help make the season fun and successful

President	Darren Renz	Atlantic Meet Director	Chris Elliott Open Co-Director
Vice President	Adam Elkins	Arctic Meet Director	Suzanne Montgomery Open Co-Director
Secretary	Betsy Linton	Pacific Meet Director	Tara Rogers Open Co-Director
Treasurer	Emily Eddy	4th of July Parade	Open
Apparel	Katie Saad	Volunteer Coordinator	Megan Molyet
Kate Brown Scholarship	Jessica Phillips	Webmaster	Keith Glover
Awards	Kristen Alexander		



League Information

We participate in the N.E.W League

Made up of 10 teams this season:

Dublin – Arctic

Tangy Tornadoes

Marysville Stingrays

Dublin – Atlantic

Plain City Sharks

Jerome Jaws

Dublin – Pacific

Sycamore Hills

Muirfins

Lifetime Fitness



Team Website

Dublindolphins.com

Best source of information

- Meet schedule
- Pool locations
- Volunteer signups
- Meet results



**DUBLIN
DOLPHINS**



[Home](#) [INFO](#) [Swim Meets](#) [Pool Locations](#) [Team Records](#) [Boosters](#) [K. Brown Scholarship](#) [Volunteer Info](#)

Summer season dates June 1-July 12, 2021
(Championship Meet will be week of July 12th)

Go Dolphins!



Verify your contact information is up to date to receive emails and texts



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Communication

- **ALL** of our communication will start on the team website
 - Emails, texts, etc. come from the team website
 - It is vital that any email addresses and phone numbers are added and correct on the website
- All members can adjust their account information at ANY time from their own computer.
- If you are unable to access your account, send a note to the team website and it can be reset.
- Join our Facebook page to ask questions and share information



Photos and Video

- Please take fun photos and video of the swimmers at practice and meets
- Send photos and videos you want to share to your team's email:
 - dublinarcticpix@gmail.com (Arctic)
 - dublinatlanticpix@gmail.com (Atlantic)
 - dublinpacificpix@gmail.com (Pacific)
- Your photo or video might end up in the end-of-season video



Picture Day

- Team Pictures will be taken by Diane Spagnuolo Photography
- North Pool
 - June 2
- South Pool
 - June 3
- Rain Date
 - June 5 or 6
- **Preorder packages online**



Family Folders

- There will be a family folder for each team located at the entrance to the pool
 - Meet ribbons and goal breakers will be distributed in these folders
- Swimmers and/or parents should check their folders on a regular basis



Apparel

- Swimmers will receive a season T-shirt
- Extra shirts and swim caps may be purchased on our Square site

<https://dublin-dolphins.square.site>



Apparel

- Team suits can be ordered online or in-person at Swimville (837 Bethel Rd, Microcenter Plaza).
 - Orders received by 9PM, May 16 will be delivered by the boosters
 - Orders received after will be shipped for a small fee



<https://www.swimvilleusa.com/>



Apparel

- Spirit-ware store open until May 13
- Dolphins and Dublin Swimming



[https://jupiter.areswear.com/store/?storeName=Dublin Dolphins Swim Team 2025](https://jupiter.areswear.com/store/?storeName=Dublin_Dolphins_Swim_Team_2025)



Pool Passes

Don't wait to get your pool pass!

All swimmers must have a membership by the start of practice.



<https://dublinohiousa.gov/recreation-services/aquatics/outdoor-pools/>



What to expect at practice:

- Practices are where swimmers are introduced to new skills and the very basics of swim training
- Practices can get loud in the water!
- Swimmers will need to actively pay attention to the coaches, listening skills are important.
- Practices for 12 & unders start with 15 minutes out of the water to allow time for attendance, stretching and information sharing.



Practice Expectations

- Swimmers should plan on attending each practice and should be on time each day
- Participation in practices are required for participation in meets
 - If vacations interfere with attendance, communication with the coaches is required ahead of time
- If swimmer is participating on another club team, they must still attend 2 Dolphins practices to eligible to participate in the meet for that week



Swimmer Expectations

- Swimmers are expected to follow all directions and instructions from the coaches at all times
- Swimmers who are creating an unsafe environment will be removed from practices immediately.
- Swimmers are expected to participate in two regular season meets in order to participate in champs





Practice Schedule

Arctic & Atlantic

8 & U: 10:45 – 11:45 am

9-10: 9:45 - 11 am

11-12: 8:45 - 10 am

13 & Up: 7:30 - 9 am

Club Swimmers alternate
practice - 11:45 – 12 pm

Pacific

8 & Under: 10:45 – 11:45 am

9-10: 9:45 - 11 am

11-12: 8:45 - 10 am

13 & Up: 8:30 - 10 am

Club Swimmers alternate
practice - 11:45 – 12 pm

Practices are Monday, Tuesday, Wednesday, Thursday and Friday



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Fun Opportunities

- Fun Friday
 - Snacks and games on Fridays
- Pancake Thursdays
 - For 13 & Up Swimmers
- Fourth of July Parade
- End-of-season Awards
 - July 16th
- Irish Relays
 - TBD



What to Expect at Meets

- Hosted on Wednesday nights starting on June 4th
- Warm-up times are now standard across the League:
 - Home Team: 5 – 5:25 pm
 - Visiting Team: 5:25 – 5:50
 - Arrive 15 minutes before your warmup
- Meets start at 6 pm and last 2 to 2 ½ hours
- **Times may change due to inclement weather**



Meet Information

- Kate Brown Intersquad meet will be held Saturday, May 31st
- Irish Relays are TBD
- The week of July 7th is open for meet makeups
- Championships are on **Monday**, July 14th
- A complete list of meets can be found on dublindolphins.com on the calendar or the swim meet tab
- Addresses for away meet pools are listed on the website



Meet Information Continued

- Signing up for meets: All meets will be up on the website. It is assumed that swimmers **WILL** be attending the meets.
 - If not, it is **YOUR** responsibility to label them as “Not Attending” by the Wednesday evening the week before a meet.
 - If you already know you will be missing a meet for a planned vacation, camp, etc., please de-commit now.
- The N.E.W. league limits the number of events to two individual and up to two relays to keep meets a reasonable length
- Ribbons are given to the top 8 places in individual events at meets
- Candy awarded to each heat winner



Meet Expectations

- Swimmers must be on time to meets and should plan to participate in all team cheers
- Swimmers are expected to treat all facilities and patrons of those facilities with respect
- Swimmer must abide by the NEW League Code of Conduct
- **Swimmers should not leave meets until they have communicated it with their coach**



Parent Expectations – Do's

Yes, there are expectations of the parents

- Be supportive of your swimmer, team, and coaches
- Be courteous when taking pictures or video
 - No pictures or video can be taken from behind the blocks!
- Communicate with your coach when your child is ill or will be absent
 - Email is best



Parent Expectations – Don'ts

- **Do not** distract the coaches while they are on deck at practices or meets
 - Always feel free to ask questions of the members of the booster board, they have been around the world of swimming for a while
- **Do not** ask coaches to change events or relays at meets!
 - Coaches will choose all events!
- **Do not** violate the NEW League Code of Conduct
 - You agreed to abide by these and other rules when you signed up for Dolphins
 - Enforced by all teams



Parent Volunteer Expectations

- Anyone around swimming knows things don't just run themselves over a 2-month season
- All families will be required to provide 2 sessions of service to the teams plus 1 session of service during champs
- Season-long jobs also meet the volunteer requirement
- There are on-site options, meet options, practice options, at home options, sign up your swimmer to help options, so we can find something for everyone!



Parent Volunteer Expectations

- This will be tracked via Team Unify
- Families who do not complete their requirements:
 - **Swimmers will be ineligible for Championships**
 - **Families will be ineligible for priority registration the next season**



Volunteer Opportunities

- Provided by the City of Dublin
 - Pool facilities
 - Financial support
- Provided by Lynn Bowers Swimming
 - Team administration
 - Paid Coaching staff
 - Meet computer setup



Volunteer Opportunities

- Provided by the Dolphin Boosters
 - Setup and run swim meets
 - Distributing meet ribbons
 - Record breakers
 - Apparel
 - Fun Fridays
 - 4th of July parade entry
 - End of season banquet
 - Awards
 - Kate Brown Scholarship
 - And lots more...



Volunteer Opportunities

How do the boosters provide all of this to our kids?

- Booster fees
- **Volunteers**



Volunteer Opportunities

Board Members

Open Positions

- Co-Meet Directors for all teams
- 4th of July Parade Organizer

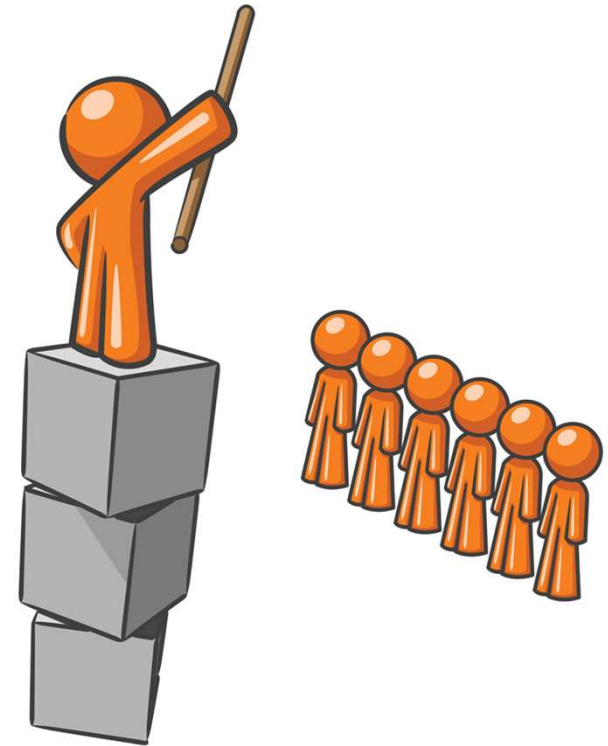


Volunteer Opportunities

Team Positions

Meet Director

- Organizes volunteers for meets
- Ensures meet supplies are ready for each home meet
- Helps ensure meets run smoothly

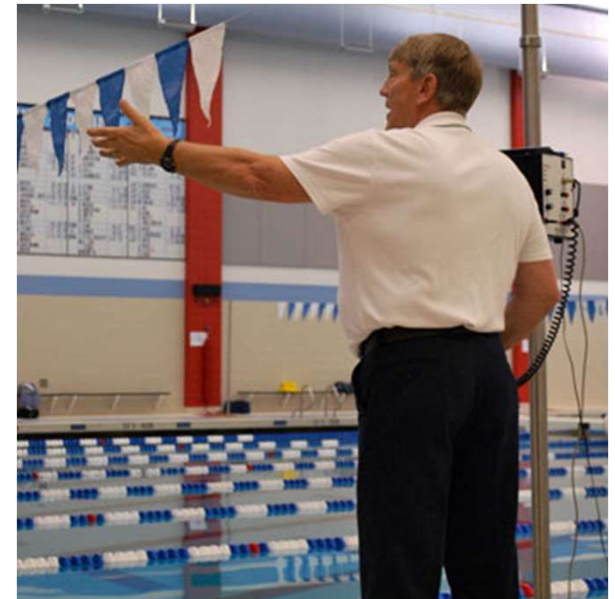


Volunteer Opportunities

Team Positions

Starters

- Announces and starts each race
- Looks for missing kids
- Has the best view in the house
- Training is quick and no prior experience is necessary
- Training: May 20, 2025 – 7:15 PM to 8:30 PM (DCRC Lap Pool)



Volunteer Opportunities

Team Positions

Meet Officials

- Watches the swimmers to ensure strokes, turns and finishes are performed according to the rules of the NEW League
- Requires minimal training (less than 30 minutes)
- Training: Training: May 20 2024 – 7:15 PM to 8:30 PM (DCRC Lap Pool)



Volunteer Opportunities

Team Positions

Computer Operators

- Runs the swim meet computer
- Monitors the timing system
- Records DQ's and timing discrepancies
- Prints heat sheets and award labels
- **Second best view in the house**
- **IT experience not required!**
- Training will be at the DCRC on May 21 at 7PM



Volunteer Opportunities

Team Positions

End of Season Video

- Collect photos and videos during the season
- Put together a slide-show / video for the end-of-season award



Volunteer Opportunities

Meets

- Setup
- Timers
- Runners
- Bullpen Workers
- Ribbons*
- Computer Assistant
- Teardown



Volunteer Raffle

- All volunteers who complete their requirements during the season will be entered into a raffle
- One volunteer will be drawn from each team during end-of-season awards
- Winner will receive a complimentary Booster Fee for one swimmer for the 2025 season
- Congratulations to our 2024 Winners
 - Arctic – Phillips Family
 - Atlantic – Way Family
 - Pacific – Heint Family



Volunteer Opportunities

Open Team Positions

Fulfills all required volunteer commitments

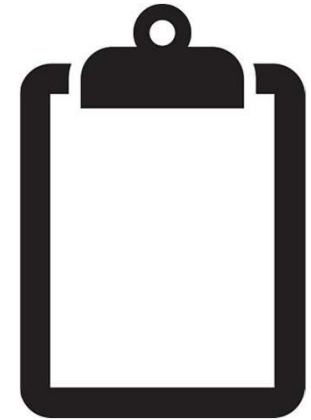
- Co-Meet Directors: **All teams**
- End-of Season Video: TBD
- Ribbon Coordinator: TBD
- Apparel Distribution: TBD



Volunteer Opportunities

How do I volunteer?

- Board and Team Positions
 - Send an email to:
dublindolphinboosters@outlook.com
- Meets
 - Electronic sign-up on team website before each meet



Volunteer Opportunities

341 swimmers from 233 families

Signups open soon

There are opportunities that fit everyone's schedule!





EVERYTHING GROWS HERE.



New Family Orientation

2025 Season



EVERYTHING GROWS HERE.

Practices

What to bring to practice

- Swimsuit
- Goggles
- Swim cap
- Towel
- Sunscreen
- Smile



Meets

What to bring to meets

- Swimsuit (plus spare)
- Goggles (plus spare)
- Swim cap (plus spare)
- Sharpie and highlighter
- Towel
- Sunscreen
- Games or playing cards
- Healthy snacks and **water or sports drink**
- Blanket, canopy and bag chairs



Meets

Tips (before the meet)

- Confirm the meet start time
- Look up the location of the meet and plan for afternoon traffic (locations on our website)
- Plan to arrive 15 minutes before warmups begin
- Sign up for a volunteer position



Meets

Tips (at the meet)

- Carry your supplies into the designated area and set up
 - Portable wagons are great!
 - Don't use tent spikes
- Get your swimmer(s) ready for warmups
- Locate a heat sheet and mark your swimmer(s) events
 - Heat sheets **may** be emailed ahead of time
- Locate the Bull Pen and event call
- Get ready to cheer your swimmer(s) on



Meets

Heat sheets are the guide to the meet

- Girls events are odd numbers
- Boys events are even numbers
- Events may be combined to fill a heat
 - Boys and girls
 - Different ages
- Highlight your swimmer's event/heat/lane if you have your own copy
- If posted on a wall, use your cell phone to take a picture of your swimmers' events and move out of the way



Meets

How to read a heat sheet

Event Number	→	#1 Girls 9-10 100 SC Meter IM	←	Event
Heat Number	→	Heat 1 of 2 Finals Starts at 05:00 PM		
		3 Howe, Camille A	9 ATL-CH	NT
		4 Ehret, Audrey E	9 ATL-CH	NT
		5 Ketchum, Ava V	9 ATL-CH	NT
		Heat 2 of 2 Finals Starts at 05:03 PM		
		2 Layel, Kensley	9 MUIR	2:11.38
Lane Number	→	3 Seif, Meredith	10 MUIR	1:48.37
		4 Brown, Gabby	10 MUIR	1:41.34
		5 Brown, Jessica A	10 ARCT-CH	1:41.68
		6 Phillips, Faye F	10 ARCT-CH	2:05.87
		7 Kleman, Lucie M	10 ARCT-CH	2:30.59



Meets

How to mark your swimmer(s) arm

Event Number

Heat Number

Lane Number



Event



Meets

Sequence of events

- Setup
- Warmups – Coaches will call groups when it is their turn
- Team meeting and cheers
- First events to bull pen
- National anthem
- Races – event order is always the same
- Cleanup



Meets

Bull Pen

- Place to queue up kids to keep meet moving
- Listen/look for your swimmer's events to be called to the bull pen
- Usually for 10 & under events
- Make sure swimmers have their cap and goggles
- Write the name of younger swimmers on the back of their shoulder
- Listen to the "Cat Herders"



Meets

Races

- Swimmers may dive off the blocks, dive off the side of the pool or start in the water depending on ability.
 - Coaches will guide swimmers as to what is appropriate for them.
- Everyone must be silent at the start of the race so swimmers can hear the starter
- Support and encourage your swimmer no matter how they did in the race
- Everyone will get disqualified (DQ'd) sometime
- If they miss their event, grab a coach and come to the computer table



Meets

After the meet

- Check with coaches before leaving. Your swimmer may be needed for a relay.
- Clean up your area
- Many people go out to local restaurants afterward



Get Connected



Dublin Dolphins

Great place to ask questions of other parents and share photos



Meet Mobile

Live results for home meets and some away meets



On Deck / SportsEngine

Mobile access to Team Unify including meets, volunteer signups and results





EVERYTHING GROWS HERE.