

NIKE SWIM FIT GUIDE

Use the chart below to determine your size. If you're on the borderline between two sizes, order the smaller size for a tighter fit or the larger size for a looser fit. If your measurements for hips and waist correspond to two different suggested sizes, order the one indicated by your hip measurement.

MEN'S PERFORMANCE										
SIZE	24	26	28	30	32	34	36	38	40	
UK	24/60cm	26/65cm	28/70cm	30/75cm	32/80cm	34/85cm	36/90cm	38/95cm	40/100cm	
D	40	42	44	46	48	50	52	54	56	
FR	60cm	65cm	70cm	75cm	80cm	85cm	90cm	95cm	100cm	
IT	38	40	42	44	46	48	50	52	54	
AU			10	12	14	16	18	20	22	
(MEN ALPHA EQUIV)	(XS)	(S)	(S)	(M)	(M)	(L)	(XL)	(XL)	(XXL)	
INCHES										
WAIST	25 - 27	27 - 29	29 - 31	31 - 33	33 - 35	35 - 37	37 - 39	39 - 41	41 - 43	
HIPS	31 - 33	33 - 35	35 - 37	37 - 39	39 - 41	41 - 43	43 - 45	45 - 47	47 - 49	
CENTIMETERS										
WAIST	63.5 - 68.5	68.5 - 73.5	73.5 - 78.5	78.5 - 84	84 - 89	89 - 94	94 - 99	99 - 104	104 - 109	
HIPS	78.5 - 84	84 - 89	89 - 94	94 - 99	99 - 104	104 - 109	109 - 114.5	114.5 - 119.5	119.5 - 124.5	
WOMEN'S PERFORMANCE										
SIZE	24	26	28	30	32	34	36	38	40	42
US NUMERIC	WMS 00	WMS 0	WMS 2	WMS 4	WMS 6	WMS 8	WMS 10	WMS 12	WMS 14	WMS 16
UK	2	4	6	8	10	12	14	16	18	20
D	26	28	30	32	34	36	38	40	42	44
FR	30	32	34	36	38	40	42	44	46	48
IT	34	36	38	40	42	44	46	48	50	52
AU	2	4	6	8	10	12	14	16	18	20
INCHES										
BUST	28 ^{1/2} - 30 ^{1/2}	30 ^{1/2} - 32 ^{1/2}	32 ^{1/2} - 34 ^{1/2}	34 ^{1/2} - 36 ^{1/2}	36 ^{1/2} - 38 ^{1/2}	38 ^{1/2} - 40 ^{1/2}	40 ^{1/2} - 42 ^{1/2}	42 ^{1/2} - 44 ^{1/2}	44 ^{1/2} - 46 ^{1/2}	46 ^{1/2} - 48 ^{1/2}
WAIST	22 ^{3/4} - 24	24 - 25 ^{1/2}	25 ^{1/2} - 27	27 - 28 ^{1/2}	28 ^{1/2} - 30	30 - 31 ^{1/2}	31 ^{1/2} - 33	33 - 34 ^{1/2}	34 ^{1/2} - 36	36 - 37 ^{1/2}
HIPS	31 ^{1/2} - 33 ^{1/4}	33 ^{1/4} - 35	35 - 36 ^{3/4}	36 ^{3/4} - 38 ^{1/2}	38 ^{1/2} - 40	40 - 41 ^{1/2}	41 ^{1/2} - 43	43 - 44 ^{1/2}	44 ^{1/2} - 46	46 - 47 ^{1/2}
TORSO	55 ^{1/4} - 57	57 - 58 ^{3/4}	58 ^{3/4} - 60 ^{1/2}	60 ^{1/2} - 62 ^{1/4}	62 ^{1/4} - 64	64 - 65 ^{3/4}	65 ^{3/4} - 67 ^{1/2}	67 ^{1/2} - 69 ^{1/4}	69 ^{1/4} - 71	71 - 72 ^{3/4}
CENTIMETERS										
BUST	72.5 - 77.5	77.5 - 82.5	82.5 - 87.5	87.5 - 92.5	92.5 - 98	98 - 103	103 - 108	108 - 113	113 - 118	118 - 123
WAIST	58 - 61	61 - 65	65 - 68.5	68.5 - 72.5	72.5 - 76	76 - 80	80 - 84	84 - 87.5	87.5 - 91.5	91.5 - 95.5
HIPS	80 - 84.5	84.5 - 89	89 - 93.5	93.5 - 98	98 - 101.5	101.5 - 105.5	105.5 - 109	109 - 113	113 - 117	117 - 120.5
TORSO	140.5 - 145	145 - 149	149 - 153.5	153.5 - 158	158 - 162.5	162.5 - 167	167 - 171.5	171.5 - 176	176 - 180.5	180.5 - 185