

# NIKE SWIM FIT GUIDE

Use the chart below to determine your size. If you're on the borderline between two sizes, order the smaller size for a tighter fit or the larger size for a looser fit. If your measurements for hips and waist correspond to two different suggested sizes, order the one indicated by your hip measurement.

## BOY'S SPORT / BOY'S PERFORMANCE

SIZE	XS	S	M	L	XL
PERFORMANCE	22	22 - 24	24 - 26	26 - 28	28
US NUMERIC	7	8	10 - 12	14	16
AVERAGE AGE	6-7 YRS	8-9 YRS	10-11 YRS	12-13 YRS	14+ YRS
<b>INCHES</b>					
HEIGHT	47 - 51	51 - 55	55 - 59	59 - 63	63 - 67
CHEST	25 <sup>1/2</sup> - 26	26 - 27	27 - 29 <sup>1/2</sup>	29 <sup>1/2</sup> - 32	32 - 35
WAIST	23 <sup>1/2</sup> - 24	24 - 25 <sup>1/2</sup>	25 <sup>1/2</sup> - 27	27 - 28 <sup>1/2</sup>	28 <sup>1/2</sup> - 29 <sup>1/2</sup>
HIPS	27 - 28	28 - 29 <sup>1/2</sup>	29 <sup>1/2</sup> - 31 <sup>1/2</sup>	31 <sup>1/2</sup> - 33 <sup>1/2</sup>	33 <sup>1/2</sup> - 35
<b>CENTIMETERS</b>					
HEIGHT	120 - 130	130 - 140	140 - 150	150 - 160	160 - 170
CHEST	64.5 - 66	66 - 68.5	68.5 - 75	75 - 81.5	81.5 - 89
WAIST	59.5 - 61	61 - 65	65 - 68.5	68.5 - 72.5	72.5 - 75
HIPS	68.5 - 71	71 - 75	75 - 80	80 - 85	85 - 89

## GIRL'S SPORT / GIRL'S PERFORMANCE

SIZE	XXS/XS	S	M	L	XL	XXL
PERFORMANCE	22Y	24Y	26Y	28Y	30Y	32Y
US NUMERIC	6 - 7	8 - 9	10 - 12	14 - 16	18 - 20	22 - 24
AVERAGE AGE	5-6 YRS	7-8 YRS	9-10 YRS	11-12 YRS	13-14 YRS	15-16 YRS
<b>INCHES</b>						
HEIGHT	45 - 50	50 - 54	54 - 59	59 - 63	63 - 67	67 - 71
CHEST	24 - 26	26 - 28	28 - 30	30 - 32 <sup>1/2</sup>	32 <sup>1/2</sup> - 35	35 - 37.5
WAIST	23 - 24	24 - 25	25 - 26	26 - 27 <sup>1/2</sup>	27 <sup>1/2</sup> - 29	29 - 30 <sup>1/2</sup>
HIPS	25 - 27 <sup>1/2</sup>	27 <sup>1/2</sup> - 30 <sup>1/2</sup>	30 - 32 <sup>1/2</sup>	32 <sup>1/2</sup> - 35	35 - 37 <sup>1/2</sup>	37 <sup>1/2</sup> - 39
TORSO	42 - 45 <sup>1/2</sup>	45 <sup>1/2</sup> - 49	49 - 52 <sup>1/2</sup>	52 <sup>1/2</sup> - 56	56 - 59 <sup>1/2</sup>	59 <sup>1/2</sup> - 63
<b>CENTIMETERS</b>						
HEIGHT	114 - 126	126 - 138	138 - 150	150 - 160	160 - 170	170 - 180
CHEST	61 - 66	66 - 71	71 - 76	76 - 82.5	82.5 - 89	89 - 95
WAIST	58.5 - 61	61 - 63.5	63.5 - 66	66 - 70	70 - 73.5	73.5 - 77.5
HIPS	63.5 - 70	70 - 76	76 - 82.5	82.5 - 89	89 - 95	95 - 99
TORSO	106.5 - 115.5	115.5 - 124.5	124.5 - 133.5	133.5 - 142	142 - 151	151 - 160