



Little Flipper Group Benchmarks

Little Flipper Blue	Little Flipper White	Little Flipper Red
<ul style="list-style-type: none">• Comfortable going underwater• Roll over for a breath with assistance• Swim Freestyle 5 to 10 feet independently with their face in the water• Float on their front and their back for 5 seconds independently• Turn back to the wall and climb out independently	<ul style="list-style-type: none">• Roll over for a breath independently• Float on their front and their back for 10 seconds independently• Swim Freestyle 15-25 feet independently with their face in the water• Kick on their back for 25 feet• Tread Water for 15 seconds independently	<ul style="list-style-type: none">• Swim Freestyle with Side Breaths for length of pool (25 meters)• Swim Backstroke for length of pool (25 meters)• Streamline Kick 25 feet on their stomach and back• Tread Water for 25 seconds independently• Understand breaststroke kick and dolphin kick