Medical Release and Liability Waiver

I certify that I am the parent or legal guardian for the child(ren), I am registering. I hereby give my permission for any officer, director, supervisor, coach or other team administrator associated with the Saratoga Stingrays Swim Team Inc to seek and give appropriate medical attention for my child(ren) (or myself and family members) in the event of accident, injury, or illness. In the event I cannot be contacted to make arrangements for emergency medical treatment I authorize the person in charge to seek and obtain emergency medical treatment for my child(ren) (or myself and family members). I grant permission for first aid, CPR and AEDs; authorize sharing medical information with medical personnel; and assume all costs involved. I also authorize transportation to the nearest medical facility in the event it should become necessary.

I certify that I am aware of the risks and possible injuries that may occur while participating on a sports team, such as a swim team. I hereby waive, release and forever discharge Saratoga Stingrays Swim Team Inc. and any associated officer, director, supervisor, coach or other team administrator from all rights and claims for damages, liabilities, injury, or loss to person or property which may be sustained or occur during participation in Saratoga Stingrays Swim Team Inc. activities, whether or not damages or loss is due to ordinary negligence while participating in the Saratoga Stingrays Swim Team program. This includes travel to and from training sessions, swim meets or other scheduled team activities. I hereby acknowledge that my child(ren) is (are) physically fit and capable of participation in all Swim Team activities and that myself or other family members are physically able and capable of participation in any activities myself or other family member choose to volunteer.

I agree to indemnify and hold harmless the above mentioned organizations and/or individuals, their agents and/or employees, against any and all liability for personal injury, including injuries resulting in death to me, my child(ren) and/or other family members, or damage to my property, the property to my child(ren) and/or other family members, or both, while I (or my child(ren) or family members) participating in the Saratoga Stingrays Swim Team program.

Colonial Swim League Waiver

The Colonial Swimming League exists to promote healthy, friendly, competitive and safe swimming opportunities for my child(ren). It is a non-profit organization run by volunteers for the benefit of its members, including me. I support and participate in the League and its sanctioned activities either directly, or indirectly through my child(ren). We derive the intended benefit of safe, friendly competition and other such benefits from our participation. For that reason, and with an explicit understanding of the consequences of doing so, I, as the parent or legal guardian of the child(ren) named below, agree that I will not file suit or cooperate in any suit brought on behalf of my child(ren) against the League or its Officers, or any other member Team, Coaches or Officers, or any pool organization sponsoring a Colonial Swim League team or its Coaches and Officers, for any injury suffered by my child(ren) in the course of League sponsored competition, including swimming meets, warm-ups, and practices, UNLESS the injury is the result of gross negligence, meaning willful misconduct of the party sued. I further agree, in consideration of the above described benefits, that if I do initiate or am a party to litigation in which gross negligence is alleged, and that lawsuit is unsuccessful, I will reimburse the party(ies) sued for their legal fees and costs associated with that lawsuit.

Parent Code of Conduct Agreement

As a parent of a swimmer I agree to abide by the following guidelines:

- I will not coach or instruct the team or any swimmer at a practice or meets (from the stands or any other area) or interfere with coaches on the pool deck.
- I will demonstrate good sportsmanship by conducting myself in a manner that earns the respect of my child, other swimmers, parents, officials and the coaches at meets and practices.
- I understand that criticizing, name-calling, use of abusive language or gestures directed toward the coaches, officials, and/or any participating swimmer will not be permitted or tolerated.
- I will enjoy involvement with the Saratoga Swim Team by supporting the swimmers, coaches and other parents with positive communication and actions.
- During competitions, questions or concerns regarding decisions made by meet officials are directed to a member of our board, who will notify the Team Rep. Parents address officials via the board members only.
- During all meets, events, or outings with the team, I will ensure that my child will behave in accordance with the Etiquette Contract that we both signed, and if they don't, I understand that steps will be taken by the Coaches or Board to correct the situation.

Covid-19 Waiver

I am fully aware that swimming at the **Saratoga Pool** carries with it certain inherent risks related to COVID-19 transmission ("Inherent Risks") that cannot be eliminated regardless of the care taken to avoid such risks. Inherent Risks may include, but are not limited to, (1) the risk of coming into close contact with individuals or objects that may be carrying COVID-19; (2) the risk of transmitting or contracting COVID-19, directly or indirectly, to or from other individuals; and (3) injuries and complications ranging in severity from minor to catastrophic, including death, resulting directly or indirectly from COVID-19 or the treatment thereof. Further, I understand that the risks of COVID-19 are not fully understood, and that contact with, or transmission of, COVID-19 may result in risks including but not limited to loss, personal injury, sickness, death, damage, and expense, the exact nature of which are not currently ascertainable, and all of which are to be considered Inherent Risks.

By signing this agreement, I hereby voluntarily accept and assume all risk of loss, personal injury, sickness, death, damage, and expense arising from such Inherent Risks.

I hereby release, hold harmless, and discharge from all liability **Saratoga Stingrays Swim Team Inc** and the **Saratoga Recreation Group** from all liabilities, claims, actions, damages, costs or expenses of any kind, whether I contract COVID-19 infection before, during or after visiting the **Saratoga Pool**.