

2022 Pleasant Hill Dolphins Swim Schedule (as of 11/16/2021)

Mon	Dec 13	Registration Opens at 9 AM
Mon	Feb 28	Team Tryouts, 5 PM @ PH Aquatic Park (see Note below)
Sat	March 27	Team Tryouts, 10:30 AM @ PH Aquatic Park (see Note below)
Mon	Apr 11	First Day of Practice
Week of	Apr 18	Suit Fitting @ Practices – Dates TBD

Thurs	May 19	Parent Meeting, 7:30 PM @ Senior Center
Sat	May 21	Set Up Day/Work Party @ PHEC
Sun	May 22	Time Trials (& last chance suit sizing), 9 AM @ PHD
Mon	May 30	Memorial Day – No Practice

Wed	June 1	PHD @ Larkey
Fri	June 3	Summer Mini Tryouts, 10 AM @ PH Aquatic Park (see Note below)
Fri	June 3	Junior Coach Training, 10-12 PM @ PH Aquatic Park
Sat	June 4	9 & Under @ PHA/10 & Up @ Larkey Invitationals
Sun	June 5	A's Game
Mon	June 6	Summer Practice Schedule Begins
Wed	June 8	Forest Park @ PHD
Fri	June 10	8 & Under Party, 6-8 PM @ PH Aquatic Park
Sat	June 11	Springbrook @ PHD
Wed	June 15	Oakhurst @ PHD
Fri	June 17	11-12 Luau, 6-8 PM @ PHEC
Sat	June 18	Pinole Seals @ PHD
Wed	June 22	PHD @ Martinez
Fri	June 24	Team Picture Day/All Team AM Practice (No Mini's Practice)
Sat/Sun	June 25/26	Battle of the Ages @PHD
Wed	June 29	PHD @ PHA
Thurs	June 30	Swim Palooza/Team BBQ

Fri-Mon	July 1-4	Dolphin Break
Mon	July 4	4 th of July Parade
Wed	July 6	WCST @ PHD
Fri/Sat	July 8/9	Crossings Invitational @ Walnut Country
Wed	July 13	LMYA @ PHD
Fri	July 15	9/10 Bowling Night, 6-8 PM
Sat	July 16	Dana Hills @ PHD
Tues	July 19	13-18 Game Night, 6:30-8:30PM @ Teen Center
Wed	July 20	Team Pasta Feed @ PHEC
Fri	July 22	Team Breakfast after combined AM Practice/Spirit Day
Fri/Sat/Sun	July 22/23/24	Concord City Meet Invitational
Mon	July 25	End of Season Ice Cream/Swim Party, 3-5 PM @ PHEC
Thurs	July 28	County Dinner
Fri	July 29	County Breakfast
Sat/Sun	July 30/31	County Swim Meet @ Acalanes HS

Mon	Aug 1	13-18 Raft Trip
Sat	Aug 6	Clean-Up Work Party @ PHEC
Sun	Aug 7	Awards Night @ Community Center

*Team Tryouts are for Mini's and New 8U Swimmers. Tryouts are free, but pre-registration is required. Register [online](#).