

# BSC NEWS

## What's Happening with our BSC Family

### Season Wrap-Up

The winter season has officially come to a close. Seems like just yesterday we were in pre-season, meeting lots of new swimmers and prepping for a fantastic season!

As the season wraps up, I'd like to thank everyone for helping make this season a truly successful one. We simply could not run meets without the help of the families who graciously make donations to our snack bar and volunteer their time at meets. You are so appreciated! Parents, we also thank you for driving your kiddos to practice each day and washing all of those towels! Coaches, thank you for all that you've done this season to help our swimmers grow and learn, both in and outside of the pool. Lastly, I'd like to thank all of the swimmers who have worked tremendously hard this season. Swimming requires a gigantic commitment in terms of time, and our swimmers come to practice each day with smiles and the heart to work hard.



### Congratulations to our Top Volunteers

- The Hammaker Family
- The Klinke Family
- The Wzorek Family
- The Blum Family
- The Foster Family
- The Bart Family
- The Frantz Family
- The Helmeczi Family



### Meet Photographs

- A HUGE thank you to Heather Zimmerman for becoming our Bobcat Swim Club historian, and helping us memorialize our swimmers throughout the swim season.
- Below are the links to photographs for the meets Heather captured this winter season:
  - [TAC Meet 11/16/19](#)
  - [Seahorse Meet 11/23/19](#)
  - [DAAC Meet 1/4/20](#)
  - [LAC Meet 1/11/20](#)



**Pro Tip from Dara Torres**

“Ignore the doubters.” People will always have an opinion about what is possible in a sport. Just because something hasn’t been done before doesn’t mean it’s impossible. Set goals for yourself, and strive to achieve them, no matter what other people say.

**Upcoming Events**

- 3/2 to 4/23 Pre-Season Session 2
- 4/27 Summer Season Begins
- 4/29 Parent Meeting (Attendance to 1 is required) 6:15pm
- 5/7 Parent Meeting (Attendance to 1 is required) 6:15pm
- 5/12 Suit Sizing 6:00 - 7:30pm
- 5/13 Suit Sizing 6:00 - 7:30pm



**Meet Coach Adam**



I invite you to meet Coach Adam Ellis. Coach Adam used to swim for the Bobcat Swim Club!

**Favorite Stroke:** Breaststroke **Have you ever been disqualified?** Yes! I don’t remember why, but my dad DQ’ed me. **Favorite swim memory:** Having fun with all the swimmers on the team. Having friendly competitions with my teammates. We had a smaller team when I swam for BSC. **Best Advice to our Swimmers:** WORK HARD!!! The harder you work, the better swimmer you become. Listen to your coaches. You’re not always going to get your best time, don’t get upset, just swim better next time. HAVE FUN!!! **What do you do when you’re not at the pool?** Hanging out with my friends. Watching my favorite sports: Orioles, Penn State, and the Eagles.



**Meet Coach Nicole**

I invite you to meet Coach Nicole Henry, who recently swam the 1650 with some of our Bobcat swimmers!

**Favorite Stroke:** My favorite stroke is backstroke, but I enjoyed distance freestyle events in college. **Have you ever been disqualified?** I’m sure I have DQ’ed; no-one is perfect, but I don’t remember any details. Guess it wasn’t that traumatic! **Favorite swim memory:** As a kid, my favorite swimming memories came from the YMCA national meets in Ft. Lauderdale and at UMD. As an older “kid” I weirdly enjoyed the Florida training trips with WCU. **Best Advice to our Swimmers:** Set goals for yourself, no matter how small, and plan to do what you have to do to achieve them. Always work hard and be coachable, that is try to do as coaches are telling you to do both in technique and in practice sets. And above all, enjoy what you’re choosing to spend hours doing every week and make friends that will last a lifetime. **What do you do when you’re not at the pool?** When I’m not at the pool, I enjoy spending time with my family and friends and staying active outside and at the gym.

### Dryland Opportunity

Off-Season dryland practice is currently underway. If you're interested in joining dryland practices, the cost is \$65 and paid to Errol Katindig. All sessions are from 5:45 - 6:30pm and the dates are as follows:

- February 3, 10, 17, 24
- March 2, 9, 16, 23, 30
- April 6, 13, 20, 27

### Summer Meet Schedule

- **6/6** Home Meet vs. South Middleton
- **6/13** Away Meet vs. Dallastown
- **6/20** Away Meet vs. Cumberland Valley
- **6/27** Home Meet vs. DAAC
- **7/11** Home Meet vs. CYA
- **7/18** Divisional Championships at Home
- **7/19** All-Star Meet at Cumberland Valley
- **7/25** Mid-Caps Meet at Keystone Aquatics

### Suggestion Board

Thank you so much for all of the suggestions you have given so far. We have been keeping note and continue to discuss newly submitted ideas at our board of directors meetings at the pool. Please continue to use the suggestion board to help us make our Bobcat Swim Club even better! Feel free to speak to a board member directly, or complete the Google Form below. Please note that if you have any pressing questions/concerns, please contact a board member directly.

Suggestion Board



### Upcoming Summer News

This summer season we will be offering two dates for parent meetings. The dates are April 27th and May 7th. We are asking that if you are unable to attend either parent meeting, that you plan to meet with a Board Member during suit sizing on 5/12 or 5/13. We will be going over important information for the summer season, and want to make sure that all families have the opportunity to have that information. If you are unable to attend any of the 4 dates, please contact a board member to schedule an alternate time.



Natasha Weaver, BSC Board President

