

June 26, 2025

Fred's FoxTails

Fox Hollow Swim Club
51 Partridge Lane, Cherry Hill, NJ 08003



Foxy Hours and Weekly Schedule

Club Hours

11am-9pm ** See any changes below in daily schedule

Grounds and Baby Pool Open Daily @ 10am

Full summer club hours [HERE](#)

Sat 6/28

- Home Swim Meet 9am vs Wexford
 - Main Pool Opens at 1pm

Sun 6/29

- Dive Qualifier @ Fox Hollow
 - Grounds/Baby Pool Open at 10am
 - Low end open as usual at 11am
 - Medium End open at 1pm
 - Dive Well Opens around 3pm or when Meet Ends
- Adult Swim 4pm - Medium End (21+)
- Ice Cream Sundaes 6pm-7:30pm Details [HERE](#)

Mon 6/30

- Ladies Bunco Night 7pm Sign up [HERE](#)

Tues 7/1

- Float Night 6:30pm-8pm- See Social Page for Details

Wed 7/2

Thurs 7/3

- Swim/Dive Pep Rally 6pm

See Following Pages for 4th of July Weekend

[Click Here and Visit Our Website!!](#)

"Friend" Fox Hollow Swim Club on Facebook and check out our Instagram foxhollowsc for added updates!

Note: If any of your family members would like to stay up to date with the latest foxy info, simply login to the website with the email you used to register for the season and add additional emails onto the account!

Questions or Comments:

foxhollowswimclub@gmail.com



Important Reminders for Parents of all

Kids 12 and Under

- We would like to remind everyone that all kids ages 12 and under must wear their swim band when in the pool.
- If your child does not have a band for a specific section of the pool- you must be within arm's length of your child
 - Sitting on the side of the pool doesn't count
 - Standing next to the pool doesn't count
- There should not be floats in the pool unless it is either adult swim or float night
- There should never be floats in the dive well
- If you are in the dive well with a child without a high band, all attention should be on that child. You cannot have other non high banded swimmers that you are helping also in the dive well distracting your attention. They should exit the pool safely before the next child is about to jump
- You must be within arms length
- At float night, your child must stay in the section in which they have a band even if on a float OR you must be in the pool within arm's length
- If your child has a swim vest/puddle jumper, etc...you must be in the pool within arm's length.
- Our band testing policy has changed this season.
- These rules are for the safety of the children.
- The expectation is that parents/guardians will respect these rules and our staff for enforcing the rules. If there are repeated incidents involving disrespect toward our staff or an inability to follow the band rules, we reserve the right to take back a band.
- Our Full Band Testing Policy is [HERE](#). Please read and understand it for everyone's safety.

HAPPY 4TH OF JULY

Guests \$15 Fri/Sat/Sun
Activity Wristbands
Ages 5-13
\$5/1day or
\$10/Weekend

SCHEDULE

Fri- 11am-7pm

Sat- Closing 9pm

Home Swim Meet 9am-All are
Welcome to attend!

Grounds and Baby Pool- 10am
Main Pool approx 1pm

Sun- 11am-9pm

Grounds and Baby Pool 10am Daily

FRIDAY

1pm Bike Parade

- Bring your decorated bike or scooter to the club for a few laps around the pool!

1:30pm Freezpop-a-looza & Adult Swim

- Head over to the baby pool for freezeps for the kids!
- Adults can enjoy the Medium End Main Kid Free!
 - Dive Well and Low End will be open for the kiddos

2:30pm Diving for Dollars

- Enjoy Some Fun Searching for Coins in the Pool!
- Medium or Low Band Required-

3:30pm Knockout

- Head to the Basketball Courts for a Fun Game of Knockout!

4:30pm Dessert Decorating Contest

- Bring your most festive 4th of July dessert to be judged! The winner will get a snack card on the house!

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SATURDAY

9am Home Swim Meet

- Come Cheer On Your Favorite Foxes as they Compete Against Willowdale!

3pm Water Balloon Toss Adult Swim (main pool)

- Head over to the lawn for a fun water ballon toss!
- Adults can enjoy the Medium End Main Kid Free!
- Dive Well and Low End will be open for the kiddos

3:30pm Pie Eating Contest

- Swedish Fish, Whipped Cream and Pie Tins! What could go wrong?

4:30pm Artillery

- One of the most anticipated events of the summer! Adults head to the ship and kids bomb them with some fast flying water balloons!

6:30pm Tube Jump Olympics

- Do you have what it takes to be the last fox standing? Or should we say- LANDING- in the tube?

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SUNDAY

2pm Kids vs Parents Wiffle Ball

- Head to the Courts for Some Family Fun! Kids Vs Adults Wiffle Ball!

3pm Adult Swim

- Adults can enjoy the Medium End Main Kid Free!
- Dive Well and Low End will be open for the kiddos

4pm Family BBQ

- Potluck with your foxy friends or enjoy a meal with your own family! Either way, its time to BBQ!

6:30pm Ice Cream Social

- We will be serving up your favorite ice cream sundaes! Enjoy
- Sundaes are \$5 each or Wristband Required

Social Events

Thurs June 26th- Foho Book Club 7pm

Sun June 29th- Ice Cream Sundaes 6pm-7:30 pm



Standing Schedule

Sunday's Starting 6/15

Adult Swim 3pm - Medium End (21+) 3pm-3:30pm

Monday's Starting 6/23

Ladies Bunco Night 6pm
Adult Volleyball

Tuesday's Starting 6/24

Raft Night 6:30pm-8pm -New Float Policy for 2025

- Round Floats with Holes in the Middle Only
- All Rafts should be reviewed with manager on duty
- Band rules apply

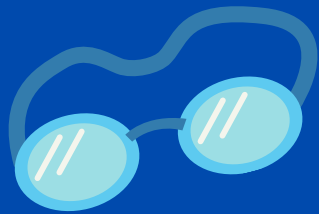
Thursday's Starting 6/26

Pickup Basketball 7pm

Friday's

Swim/Dive Pep Rally 6pm -6/20, 6/27, 7/3*, 7/11, 7/18





Foho Pups Program 2025

What is Pups?

Fox Hollow's Small Group Lesson Program

Who is it for?

It is geared for ages 4 and up.



When is it?

There are 3 Sessions that are offered. You can sign up for 1, 2 or 3 Sessions.

B Meet Fun

Pups participants are encouraged to participate at B meets in our kickboard races!

How much is it?

\$75/session



If interested in learning more or registering, click [HERE!](#)

Fox Hollow Private Swim Lessons 2025

Open to 2025 Fox Hollow Swim Club Members

Lesson Times: Mon-Thurs 11:30am- 4pm

To schedule lessons for non swim team members, Please
contact one of our lesson providers below.

To schedule lessons for swim team members, Please
coordinate with Coaches Chris or Erin or Emily Fekete

\$20

PER 30 MIN
SESSION
AGES 3+



KAI GREEN
856-366-5754



EVAN LIANG
856-883-1320



MAX MASSOTT
856-448-9122

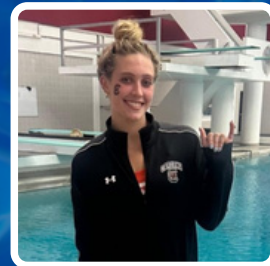


BELLA GUERRINI
609-234-2386

\$25

PER 30 MIN
SESSION

CAN WORK WITH
KIDS PROFICIENT
IN WATER
WITHOUT
SUPPORT



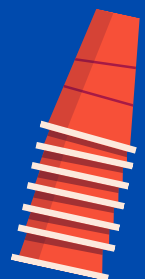
EMILY FEKETE
856-816-0962

Learn water safety
Various swimming skills
Build Confidence



Kitchen Reminders, Food and Beverage Reminders and Red Cup Fund!

- The Kitchen is open to all of our members
- Please no kids in the kitchen
- The Red Cup fund helps us fund our kitchen!
- Board member Bill Clark stocks the kitchen and donations to the Red Cup fund can be made via Venmo to @William-Clark-320.
- We suggest \$20 a family but any amount is appreciated.
- Please clean the grills and kitchen after use to keep it clean for all.
- Please check the fridges for your leftovers so they do not go bad.
- Adult beverages should not be in the physical pool unless it's adult swim
- Please do not bring glass to the pool deck and if possible don't even bring it to the club.





Life Guard Spotlight



Name: Stephen Longo

Age: 17

School: CHHS East

Grade: Senior

Years Guarding @
Foho: 1

Fun Fact: He plays
baseball



Name: Max Golden

Age: 17

School: CHHS East

Grade: Junior

Years Guarding @
Foho: 1

Fun Fact: He likes to
fish



Name: Colin Mitchell

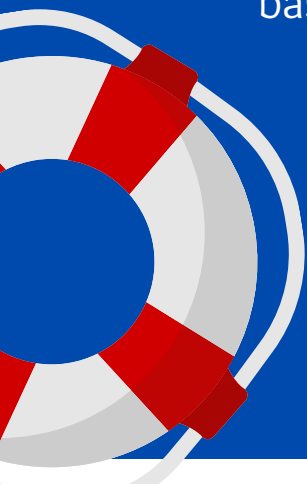
Age: 19

School: U of Alabama

Grade: Sophomore

Years Guarding @
Foho: 1

Fun Fact: He likes to
surf and play lacrosse



10th Annual Fox Trot Inspired



ORDERS DUE

7/13

DELIVERY
BY AUG 1ST

NEW

ARRIVALS

Click Here to
Order

LIMITED EDITION FOHO
10TH ANNIVERSARY 5K
LONG SLEEVE TEE

YOUTH & ADULT SIZES
+
ITEM COLOR OPTIONS



Round 1 orders will be here by 4th of July and you will be contacted once they arrive!

FOX HOLLOW SWIM CLUB

Yeti Cooler of Cheer raffle!

✦ \$20/Ticket - Cash Only at the front desk

✦ Sell to Family and Friends

✦ All Proceeds Benefit Fox Hollow Swim Club!

**WINNERS WILL BE
ANNOUNCED ON**

July 6, 2025 - 5pm*

**Don't miss out
this could be your lucky day!**

*No need to be present to win

*No cash prizes as substitute

All alcohol filler donations accepted at the club





Join us for our Biggest
Fundraiser of the Year!!!

The Fox Hollow Fox Trot 5K

Register HERE by July 31st for
\$35!

- The Fox Hollow Fox Trot 5K is our biggest fundraiser and supports a great cause- The Dan Melleby Foundation! Learn more HERE about the foundation.
- We are looking for sponsors, runners, and volunteers! You won't want to miss this event!
- Mark your calendars for 9am on Sat, Sept 13th 2025!!
- You can walk! You can run! You can bring kids in strollers! Younger kids can bike! All are welcome!
 - Prizes
 - Food
 - Face Painter
 - DJ
 - Photobooth
 - Fun
 - & More!!
- We are still accepting sponsors. Please let us know if you have any potential sponsor opportunities! Learn More HERE

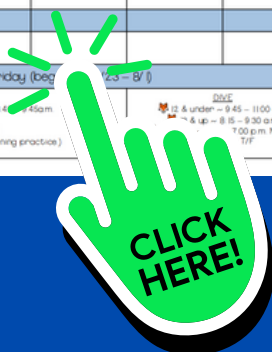




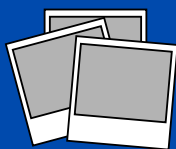
Swim/Dive Team News



Swim & Dive Team						
JUNE 2025						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10 Parent Meeting 6:15	11	12	13	14 Time Trials @FOHO
15	16	17	18	19	20 Pep Rally 6pm	21 Swim Meet @Covered Bridge 9am
22	23	24	25 B Meet @FOHO vs Pomona 9pm	26	27 Pep Rally 6pm	28 Swim Meet @FOHO vs Wexford 9am
29	30					
Practice Schedule: Monday - Friday (beginning 6/23 - 8/1)						
<div><div>SWIM</div><div>8 & under - 8:00 - 8:45am</div><div>13 & up - 9:45 - 11:15am</div><div>Dryland - Mon & Wed - 12:00 - 1:00pm (Ages 12 & up)</div><div>(Evening Practice - 5:00 - 6:00pm (for those unable to attend morning practice))</div><div>Choose 1 practice per day</div></div> <div><div>DIVE</div><div>12 & under - 9:45 - 11:00am</div><div>13 & up - 9:15 - 9:30am</div><div>1:00pm M,W,Th</div><div>T/F</div></div>						



Got Photos? [Share them here](#)



Week at a Glance:

- Fri 6/27 Pep Rally 6 pm
- Sat 6/28 A Meet Home v Wexford
- Sun 6/29 Dive Meet @ Fox Hollow
- Wed July 2nd - NO B MEET
- Thurs, July 3 - Swim & Dive Pep Rally
- Fri July 4th - Swim Practice
Adjusted times
 - 8 and U- 8-8:45am
 - 9-12's 8:30-9:15am
 - 13 and up 9:15-10:15am
 - No campers

- If you are interested in Swim Lessons with Chris or Erin text them directly!
 - Chris 856-889-4184
 - Erin 856-924-8757

- Swim Team Parent Meeting Notes Can be Found [HERE](#)
- Swim and Dive practices have started. The Practice Schedule is [HERE](#)
- Season Pictures by Tiffany Malenfant can be found [HERE!](#)
- For Swim Questions Reach out to Lauren Miscioscia 609-780-2280
- For Dive Questions Reach out to Scott Owens at scottdavidowens@gmail.com or 609-634-0334

F-O-X-E-S
Foxes, Foxes,
Yes, Yes, Yes





Swim/Dive Team: Additional experiences in the water and beyond



Swim/Dive Team Banquet Details:

Date: Sunday, July 27th

Time: 5:00–9:00 PM

Location: The Legacy Club at Woodcrest

Cost:

- \$35 for ages 12 and under
- \$45 for ages 13 and over



Payment due July 6. [RSVP HERE](#)

Tickets to the First Ever Cherry Ball on now sale for all Cherry Hill summer swimmers age 13+. Tickets on Sale [HERE](#)

Bob Rueppel Mini Meet

Date: Sunday, July 6, 2025

Location: Old Orchard Swim Club

Ages: 9 & Under



Bob Rueppel Mini Meet

Questions? Reach out to our Mini Meet Committee at: minimeet@oldorchardswimclub.com for additional meet and entry info.

[Register Here](#)



32nd Annual Joe Crick Midi Meet July 13, 2025

Tri-County, Suburban, USA and Unattached swimmers are invited to the
32nd Annual Joe Crick Midi Meet
at Barclay Farm Swim Club in Cherry Hill, NJ hosted by the Aquatics Team

Ages: 10, 11, 12, 13, 14 & 15
(age as of July 13, 2025)

Swim only your own age group!

Individual High Point & Runner-Up Award for Each Age and Gender

Special Mixed Age & Mixed Gender Competitions

Registration forms, Team Manager & Touch Pad Event files available on the Barclay Farm Swim Club (barclayfarm.org) and Tri-County (tricoswim.org) web sites.
For further information email joecrick.midimeet@barclayfarm.org



32nd Annual Joe Crick Midi Meet

Date: Sunday, July 13, 2025

Location: Barclay Farm Swim Club

Ages: 10–15

Questions or need help registering? Contact: joecrick.midimeet@barclayfarm.org

Register [HERE](#)



Standing Information



- Please check all family members in at the front desk upon arrival with your ID card.
- If you need to add a family member to your account, please reach out to Sue Massott 215-989-3740
- Guest Check-in- Your guests will also be checked in electronically. Please see our guest policy on our website [HERE](#). You can even preregister guests to make the check in easier. Guests from last year are saved in our system. You can provide their last name and they will populate.
- Please read our updated Band Testing Policy for 2025 [HERE](#)
- Snack cards will be available at the front desk for purchase. Snack cards are \$20 cash only for \$22 worth of snacks
- Request a party [HERE](#). Party requests can also be directed to Bill Clark 856-261-1928
- Our kitchen policy is [HERE](#). We suggest \$20 per family, but any contribution is appreciated! Please Venmo @William-Clark-320

