

July 2, 2025

Fred's FoxTails

Fox Hollow Swim Club
51 Partridge Lane, Cherry Hill, NJ 08003



4th of July Weekend Schedule

Friday July 4th

11am-7pm; Grounds and Baby Pool Open at 10am

Saturday July 5th

Home Swim Meet 9am-All are Welcome to attend!

Grounds and Baby Pool- 10am

Main Pool approx 1pm

Closing 9pm

Sunday July 6th

11am-9pm; Grounds and Baby Pool Open at 10am

GUESTS ARE \$15 EACH on FRI 7/4, SAT 7/5 and SUN 7/6

Activity Wristbands are
\$5/1day or \$10/Weekend

Weekend Reminders

- The Club will be very busy this weekend.
- Please do not come before we open
- Please do not save tables and leave for an extended period of time
- Feel free to bring your own tables and chairs if you chose

[Click Here and Visit Our Website!!](#)

"Friend" Fox Hollow Swim Club on Facebook and check out our Instagram foxhollowsc for added updates!

Note: If any of your family members would like to stay up to date with the latest foxy info, simply login to the website with the email you used to register for the season and add additional emails onto the account!

Questions or Comments:

foxhollowswimclub@gmail.com



HAPPY 4TH OF JULY

Guests \$15 Fri/Sat/Sun
Activity Wristbands
Ages 5-13
\$5/1day or
\$10/Weekend

SCHEDULE

Fri- 11am-7pm

Sat- Closing 9pm

Home Swim Meet 9am-All are
Welcome to attend!

Grounds and Baby Pool- 10am
Main Pool approx 1pm

Sun- 11am-9pm

Grounds and Baby Pool 10am Daily

FRIDAY

1pm Bike Parade

- Bring your decorated bike or scooter to the club for a few laps around the pool!

1:30pm Freezpop-a-looza & Adult Swim

- Head over to the baby pool for freezeps for the kids!
- Adults can enjoy the Medium End Main Kid Free!
 - Dive Well and Low End will be open for the kiddos

2:30pm Diving for Dollars

- Enjoy Some Fun Searching for Coins in the Pool!
- Medium or Low Band Required-

3:30pm Knockout

- Head to the Basketball Courts for a Fun Game of Knockout!

4:30pm Dessert Decorating Contest

- Bring your most festive 4th of July dessert to be judged! The winner will get a snack card on the house!

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SATURDAY

9am Home Swim Meet

- Come Cheer On Your Favorite Foxes as they Compete Against Willowdale!

3pm Water Balloon Toss Adult Swim (main pool)

- Head over to the lawn for a fun water ballon toss!
- Adults can enjoy the Medium End Main Kid Free!
- Dive Well and Low End will be open for the kiddos

3:30pm Pie Eating Contest

- Swedish Fish, Whipped Cream and Pie Tins! What could go wrong?

4:30pm Artillery

- One of the most anticipated events of the summer! Adults head to the ship and kids bomb them with some fast flying water balloons!

6:30pm Tube Jump Olympics

- Do you have what it takes to be the last fox standing? Or should we say- LANDING- in the tube?

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SUNDAY

2pm Kids vs Parents Wiffle Ball

- Head to the Courts for Some Family Fun! Kids Vs Adults Wiffle Ball!

3pm Adult Swim

- Adults can enjoy the Medium End Main Kid Free!
- Dive Well and Low End will be open for the kiddos

4pm Family BBQ

- Potluck with your foxy friends or enjoy a meal with your own family! Either way, its time to BBQ!

6:30pm Ice Cream Social

- We will be serving up your favorite ice cream treats!
\$5 each or Wristband Required

FOX HOLLOW SWIM CLUB

Yeti Cooler of Cheer raffle!

✦ \$20/Ticket - Cash Only at the front desk

✦ Sell to Family and Friends

✦ All Proceeds Benefit Fox Hollow Swim Club!

**WINNERS WILL BE
ANNOUNCED ON**

July 6, 2025 - 5pm*

**Don't miss out
this could be your lucky day!**

*No need to be present to win

*No cash prizes as substitute

All alcohol filler donations accepted at the club





Life Guard Spotlight



Name: Matt Rebstock

Age: 15

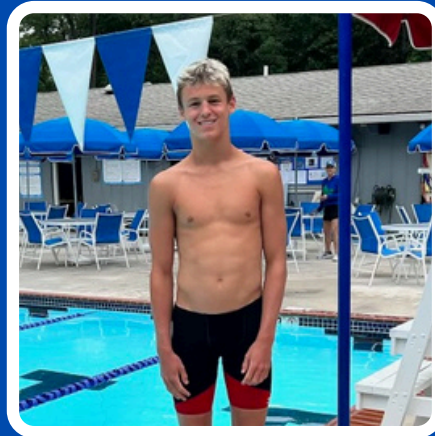
School: CHHS East

Grade: Sophomore

Years Guarding @
Foho: 1

Years as a Foho
Member: 3

Fun Fact: He knows a
lot about swim cloud



Name: Max Massott

Age: 15

School: CHHS East

Grade: Sophomore

Years Guarding @
Foho: 1

Years as a Foho
Member: 12

Fun Fact: He likes to
swim



Name: Emma Weiss

Age: 15

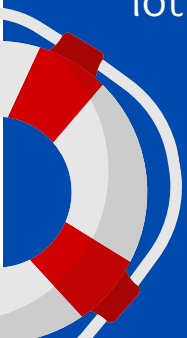
School: CHHS East

Grade: Sophomore

Years Guarding @
Foho: 1

Years as a Foho
Member: 4

Fun Fact: She wants
to be a brain surgeon



C H E R R Y H I L L

P.J. WHELIHAN'S

PUB + RESTAURANT

EAT FOR GOOD!

HELP US EARN **15%** BACK
**FOX HOLLOW
SWIM CLUB**

Thursday, July 10th

5PM-9PM :

Make sure to tell your
server you want your
check to go toward Fox
Hollow's Dine and
Donate!

What Counts toward FOHO?

- Dining In
- Take-out orders through their website or called in

What does NOT count toward Foho?

- Third party deliveries through door dash and uber eats

Please bring this flyer with you if dining in. If ordering to go, please mention our organization's name.



PJsPub.com STAY CONNECTED @PJS_PUB   #PJsGivesBack 1854 E. Marlton Pk., Cherry Hill NJ

Don't miss **HALF PRICE WING NITE** at PJs every Tuesday 3p-10p

Swim/Dive Team News



Swim & Dive Team						
JULY 2025						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Dive Meet: 6F OHO 1st Dive Qualifier		1	2	3	4	5
			B Meet: 4F Stratford 6pm	Pep Rally 6pm	8 & under 8:00 - 8:45 9 & up 9:00 - 9:15 10 & up 9:15 - 10:00	Swim Meet: 4F OHO vs Willowdale 9am
6	7	8	9	10	11	12
Dive Meet: Synchro Meet: 4Haddon 6pm	9-10 Team Bonding Event		B Meet: 4F Deerpark 6pm	8 & under Team Bonding Event	Pep Rally and Swim & Dive Team Pictures 6pm	Swim Meet: 4F Higgins Run 9am
13	14	15	16	17	18	19
Dive Meet: 2nd Qualifier: 4F Haddon		11-12 Team Bonding Event	B Meet: 4F OHO vs Haddon 6pm	Dive Meet: 3m Champs 4F Ower's Farm	Pep Rally 6pm	Swim Meet: 4F Wedgewood 9am
20	21	22	23	24	25	26
Dive Meet: 3rd Qualifier: 4F Sunningbrook	Beach Day			8 & up Team Bonding Event	Cherry Bowl Breakfast	Cherry Bowl 4F Willowdale 9am
27	28	29	30	31	Aug 1	Aug 2
Im Dive Champs 4F Wedgewood Swim & Dive Team Banquet 5-6pm The Legacy Club 4F Woodhurst						Tri County Championships 4F Haddon (8/2-8/3)
Practice Schedule: Monday - Friday (6:00 - 8:00) (6:15 - 8:2)						
<div> <div> 5 & under - 8:00 - 8:45am </div> <div> 9-12 year olds - 8:45 - 9:15am </div> <div> 13 & up - 9:15 - 10:00am </div> <div> Ongland - Mon & Wed - 8:00 - 10:00pm (Ages 12 & up) </div> <div> Evening Practice - 5:00 - 6:00 pm (For those unable to attend morning practice) </div> </div> <div> <div> 8 & under - 8:00 - 8:45am </div> <div> 9-12 year olds - 8:45 - 9:15am </div> <div> 13 & up - 9:15 - 10:00am </div> <div> Ongland - Mon & Wed - 8:00 - 10:00pm (Ages 12 & up) </div> <div> Evening Practice - 5:00 - 6:00 pm (For those unable to attend morning practice) </div> </div>						



Week at a Glance:

- Thurs, July 3-Swim & Dive Pep Rally 6pm
- Fri July 4th - Swim/Dive Practice Adjusted times
 - 8 and U- 8-8:45am
 - 9-12's 8:30-9:15am
 - 13 and up 9:15-10:15am
 - Dive practice 8:15-10:15
 - No campers
- Saturday, July 5-Senior Meet HOME v Willowdale
 - **Wear Neon**
- Monday July 7- 9-10 age group bonding 6:15 pm

Got Photos? Share them here



- If you are interested in Swim Lessons with Chris or Erin text them directly!
 - Chris 856-889-4184
 - Erin 856-924-8757
- Swim Team Parent Meeting Notes Can be Found [HERE](#)
- Swim and Dive practice schedule is [HERE](#)
- Season Pictures by Tiffany Malenfant can be found [HERE!](#)
- For Swim Questions Reach out to Lauren Miscioscia 609-780-2280
- For Dive Questions Reach out to Scott Owens at scottdavidowens@gmail.com or 609-634-0334

**F-O-X-E-S
Foxes, Foxes,
Yes, Yes, Yes**





Swim Team: Championship Meet Spirit Wear



Click on the images to preview Cherry Bowl
and Tri County merchandise. Pre-orders are
available now!



Cherry Bowl Merchandise



Cherry Bowl Limited Edition Towel



Tri County Merchandise



Swim/Dive Team: Additional experiences in the water and beyond



Swim/Dive Team Banquet Details:

Date: Sunday, July 27th

Time: 5:00–9:00 PM

Location: The Legacy Club at Woodcrest

Cost:

– \$35 for ages 12 and under

– \$45 for ages 13 and over

Payment due July 6. [RSVP HERE](#)



Picture Day is July 11
Click on the image to preview
packages. Orders will be
placed after picture day



Tickets to the First Ever Cherry Ball on now sale for
all Cherry Hill summer swimmers age 13+.

Tickets on Sale [HERE](#)

**32nd Annual Joe Crick Midi Meet**
July 13, 2025

Tri-County, Suburban, USA and Unattached swimmers are invited to the
32nd Annual Joe Crick Midi Meet
at Barclay Farm Swim Club in Cherry Hill, NJ hosted by the Aquatics Team

Ages: 10, 11, 12, 13, 14 & 15
(age as of July 13, 2025)

Swim only your own
age group!

Individual High Point &
Runner-Up Award
for
Each Age and Gender

Special Mixed Age
&
Mixed Gender
Competitions

Registration forms, Team Manager & Touch Pad Event files available on the
Barclay Farm Swim Club (barclayfarm.org) and Tri-County (tricoswim.org) web sites.
For further information email joecrick.midimeet@barclayfarm.org

32nd Annual Joe Crick Midi Meet

Date: Sunday, July 13, 2025

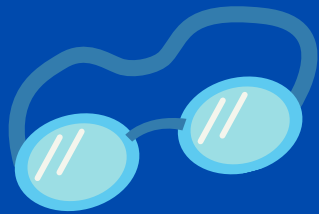
Location: Barclay Farm Swim Club

Ages: 10–15

Questions or need help registering? Contact:

joecrick.midimeet@barclayfarm.org

Register [HERE](#)



Foho Pups Program 2025

Week 2 and 3
slots still
available!!!

What is Pups?

Fox Hollow's Small Group Lesson Program

Who is it for?

It is geared for ages 4 and up.



When is it?

There are 3 Sessions that are offered. You can sign up for 1, 2 or 3 Sessions.

B Meet Fun

Pups participants are encouraged to participate at B meets in our kickboard races!

How much is it?

\$75/session



If interested in learning more or registering, click [HERE!](#)

Fox Hollow Private Swim Lessons 2025

Open to 2025 Fox Hollow Swim Club Members

Lesson Times: Mon-Thurs 11:30am- 4pm

To schedule lessons for non swim team members, Please
contact one of our lesson providers below.

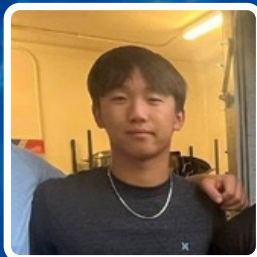
To schedule lessons for swim team members, Please
coordinate with Coaches Chris or Erin or Emily Fekete

\$20

PER 30 MIN
SESSION
AGES 3+



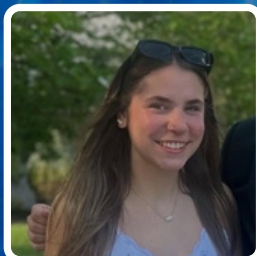
KAI GREEN
856-366-5754



EVAN LIANG
856-883-1320



MAX MASSOTT
856-448-9122

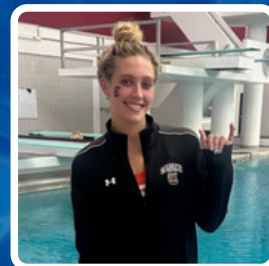


BELLA GUERRINI
609-234-2386

\$25

PER 30 MIN
SESSION

CAN WORK WITH
KIDS PROFICIENT
IN WATER
WITHOUT
SUPPORT



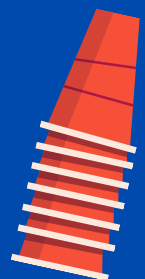
EMILY FEKETE
856-816-0962

Learn water safety
Various swimming skills
Build Confidence



Kitchen Reminders, Food and Beverage Reminders and Red Cup Fund!

- The Kitchen is open to all of our members
- Please no kids in the kitchen
- The Red Cup fund helps us fund our kitchen!
- Board member Bill Clark stocks the kitchen and donations to the Red Cup fund can be made via Venmo to @William-Clark-320.
- We suggest \$20 a family but any amount is appreciated.
- Please clean the grills and kitchen after use to keep it clean for all.
- Please check the fridges for your leftovers so they do not go bad.
- Adult beverages should not be in the physical pool unless it's adult swim
- Please do not bring glass to the pool deck and if possible don't even bring it to the club.



10th Annual Fox Trot Inspired



ORDERS DUE

7/13

DELIVERY
BY AUG 1ST

NEW

ARRIVALS

Click Here to
Order

LIMITED EDITION FOHO
10TH ANNIVERSARY 5K
LONG SLEEVE TEE

YOUTH & ADULT SIZES
+
ITEM COLOR OPTIONS



Round 1 orders will be here by 4th of July and you will be contacted once they arrive!



Join us for our Biggest
Fundraiser of the Year!!!

The Fox Hollow Fox Trot 5K

Register HERE by July 31st for
\$35!

- The Fox Hollow Fox Trot 5K is our biggest fundraiser and supports a great cause- The Dan Melleby Foundation! Learn more HERE about the foundation.
- We are looking for sponsors, runners, and volunteers! You won't want to miss this event!
- Mark your calendars for 9am on Sat, Sept 13th 2025!!
- You can walk! You can run! You can bring kids in strollers! Younger kids can bike! All are welcome!
 - Prizes
 - Food
 - Face Painter
 - DJ
 - Photobooth
 - Fun
 - & More!!
- We are still accepting sponsors. Please let us know if you have any potential sponsor opportunities! Learn More HERE





Standing Information



- Please check all family members in at the front desk upon arrival with your ID card.
- If you need to add a family member to your account, please reach out to Sue Massott 215-989-3740
- Guest Check-in- Your guests will also be checked in electronically. Please see our guest policy on our website [HERE](#). You can even preregister guests to make the check in easier. Guests from last year are saved in our system. You can provide their last name and they will populate.
- Please read our updated Band Testing Policy for 2025 [HERE](#)
- Snack cards will be available at the front desk for purchase. Snack cards are \$20 cash only for \$22 worth of snacks
- Request a party [HERE](#). Party requests can also be directed to Bill Clark 856-261-1928
- Our kitchen policy is [HERE](#). We suggest \$20 per family, but any contribution is appreciated! Please Venmo @William-Clark-320

