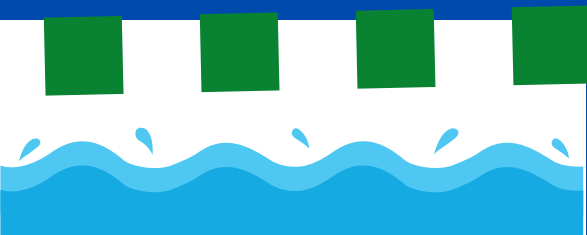


July 24, 2025

# Fred's FoxTails

Fox Hollow Swim Club  
51 Partridge Lane, Cherry Hill, NJ 08003



[Click Here and Visit Our Website!!](#)

"Friend" Fox Hollow Swim Club on Facebook and check out our Instagram foxhollowsc for added updates!

Note: If any of your family members would like to stay up to date with the latest foxy info, simply login to the website with the email you used to register for the season and add additional emails onto the account!

**Questions or Comments:**

[foxhollowswimclub@gmail.com](mailto:foxhollowswimclub@gmail.com)



## Foxy Hours and Weekly Schedule

### Club Hours

11am-9pm \*\* See any changes below in daily schedule

Grounds and Baby Pool Open Daily @10am

Full summer club hours [HERE](#)

Sat 7/26

- Cherry Bowl @ Willowdale Swim Club

Sun 7/27

- Dive Champs @ Wedgewood
- Dive Swim and Dive Banquet at The Legacy Club 5-9pm

Mon 7/28

- Cherry Bowl Meeting

Tues 7/29

- Float Night 6:30pm-8pm- Round Tubes with holes only

Wed 7/30

Thurs 7/31

- Pickup Basketball 7pm
- Last Day before prices increase for the 5K!



Fri 8/1

- Swim Team Tri-County Breakfast



Join us for our Biggest  
Fundraiser of the Year!!!

## The Fox Hollow Fox Trot 5K

Register HERE by July 31<sup>st</sup> for  
\$35!

- The Fox Hollow Fox Trot 5K is our biggest fundraiser and supports a great cause- The Dan Melleby Foundation! Learn more HERE about the foundation.
- We are looking for sponsors, runners, and volunteers! You won't want to miss this event!
- Mark your calendars for 9am on Sat, Sept 13th 2025!!
- You can walk! You can run! You can bring kids in strollers! Younger kids can bike! All are welcome!
  - Prizes
  - Food
  - Face Painter
  - DJ
  - Photobooth
  - Fun
  - & More!!
- We are still accepting sponsors. Please let us know if you have any potential sponsor opportunities! Learn More HERE



# 2026 Cherry Bowl Planning Meeting



Monday July 28th 7pm



Fox Hollow Swim Club is excited to host Cherry Bowl in 2026! This is a wonderful opportunity to showcase our club. It also comes with a significant amount of planning. This event is run by volunteers and we will need the help and support of the whole club.

We are hosting our first 2026 Cherry Bowl Planning Meeting on Monday July 28<sup>th</sup> at 7pm at the Club!

We hope to see you there!



# Social Events

## Standing Schedule

### Sunday's Starting 6/15

Adult Swim 3pm - Medium End (21+) 3pm-3:30pm

### Monday's Starting 6/23

Ladies Bunco Night 7pm  
Adult Volleyball

### Tuesday's Starting 6/24

Raft Night 6:30pm-8pm -New Float Policy for 2025

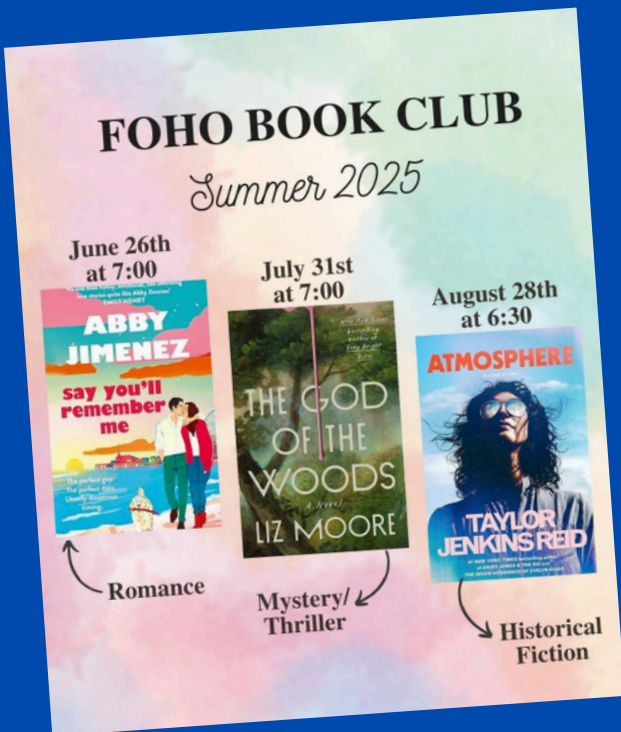
- Round Floats with Holes in the Middle Only
- All Rafts should be reviewed with manager on duty
- Band rules apply

### Thursday's Starting 6/26

Pickup Basketball 7pm

### Friday's

Swim/Dive Pep Rally 6pm -6/20, 6/27, 7/3\*, 7/11, 7/18





# Life Guard Spotlight



Name: Connor Lausi

Age: 17

School: CHHS East

Grade: Senior

Years Guarding @  
Foho: 2

Years as a member: 15

Fun Fact: He recently  
climbed a mountain in  
New Mexico



Name: Hayden Malko

Age: 15

School: Camden  
Catholic

Grade: Sophomore

Years Guarding @  
Foho: 1

Fun Fact: She is on the  
swim team at Old  
Orchard



Name: Evan Liang

Age: 16

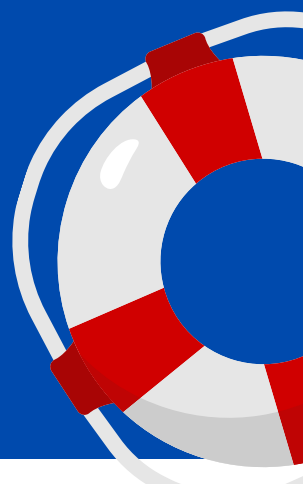
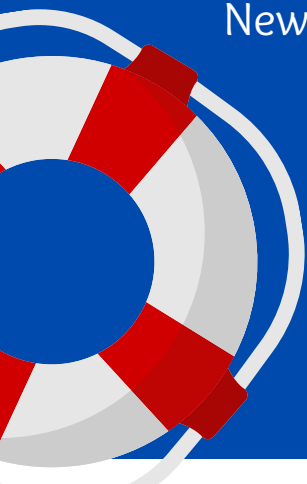
School: Eastern

Grade: Junior

Years Guarding @  
Foho: 2

Years as a member: 6

Fun Fact: He plays  
soccer





# Fox Hollow Private Swim Lessons 2025

Open to 2025 Fox Hollow Swim Club Members

Lesson Times: Mon-Thurs 11:30am- 4pm

To schedule lessons for non swim team members, Please  
contact one of our lesson providers below.

To schedule lessons for swim team members, Please  
coordinate with Coaches Chris or Erin or Emily Fekete

**\$20**

PER 30 MIN  
SESSION  
AGES 3+



**KAI GREEN**  
856-366-5754



**EVAN LIANG**  
856-883-1320



**MAX MASSOTT**  
856-448-9122

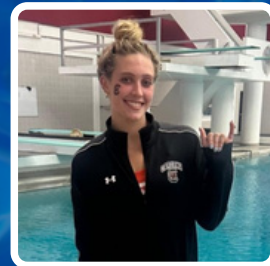


**BELLA GUERRINI**  
609-234-2386

**\$25**

PER 30 MIN  
SESSION

CAN WORK WITH  
KIDS PROFICIENT  
IN WATER  
WITHOUT  
SUPPORT



**EMILY FEKETE**  
856-816-0962

Learn water safety  
Various swimming skills  
Build Confidence

# Swim/Dive Team News



Swim & Dive Team						
JULY 2025						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Dive Meet: 6F OHO 1st Dive Qualifier		1	2	3	4	5
			B Meet: 4F Stratford 10am	Pep Rally 6pm	8 & under 8:00 - 8:45 9 & up 9:00 - 9:45 10 & up 9:50 - 10:30	Swim Meet: 4F OHO vs Willowdale 9am
6	7	8	9	10	11	12
Dive Meet: Synchro Meet: 4Haddon 9am	9-10 Team Bonding Event		B Meet: 4F Deerbrook 10am	8 & under Team Bonding Event	Pep Rally and Swim & Dive Team Pictures 10am	Swim Meet: 4F Redesign Run 9am
13	14	15	16	17	18	19
Dive Meet: 2nd Qualifier 4F Erion		11-12 Team Bonding Event	B Meet: 4F OHO vs Haddon 10am	Dive Meet: 3m Champs 4F Owens Farm	Pep Rally 10am	Swim Meet: 4F Wedgewood 9am
20	21	22	23	24	25	26
Dive Meet: 3rd Qualifier 4F Sunnybrook	Beach Day			8 & up Team Bonding Event	Cherry Bowl Breakfast	Cherry Bowl 4F Willowdale 9am
27	28	29	30	31	Aug 1	Aug 2
1st Dive Champs 4F Wedgewood Swim & Dive Team Banquet 5-9pm The Legacy Club 4F Woodhurst						Tri County Championships 4F Owens (8/2-8/3)
Practice Schedule: Monday - Friday (for 17 - 18/2)						
<div> <div>  5 &amp; under - 8:00 - 8:45am </div> <div>  9-12 year olds - 8:45 - 9:45am </div> <div>  13 &amp; up - 9:45 - 11:15am </div> </div> <div> <div>  Oshwald - Mon &amp; Wed - 8:00 - 10:00pm (Ages 12 &amp; up) </div> <div>  Evening Practice - 5:00 - 6:00pm (For those unable to attend morning practice) </div> <div>  Choose 1 practice per day </div> </div> <div> <div>  8 &amp; under - 9:45 - 11:00am </div> <div>  9 &amp; up - 8:15 - 9:30am </div> <div>  10:00 - 11:00pm M/W/Th </div> <div>  Evening TSP </div> </div>						



## Week at a Glance:

- Friday, July 25-Cherry Bowl Breakfast immediately following practice
- Saturday July 26-Cherry Bowl @ Willowdale Swim Club
  - All Swimmers welcome for the Cherry Bowl Parade
- Sunday, July 27-Swim & Dive Banquet
- Friday, August 1-Tri-County Breakfast
- Saturday, August 2 Tri-County Prelims
  - AM Session 8& under, 9-10, 11& 12 Boys
  - PM Session: 11& 12 Girls, 13 & 14, 15-18
- Sunday, August 3 Tri-County Finals

## Got Photos? Share them here



- If you are interested in Swim Lessons with Chris or Erin text them directly!
  - Chris 856-889-4184
  - Erin 856-924-8757
- Swim Team Parent Meeting Notes Can be Found HERE
- Swim and Dive practice schedule is HERE
- Season Pictures by Tiffany Malenfant can be found HERE!
- For Swim Questions Reach out to Lauren Miscioscia 609-780-2280
- For Dive Questions Reach out to Scott Owens at scottdavidowens@gmail.com or 609-634-0334

F-O-X-E-S  
Foxes, Foxes,  
Yes, Yes, Yes





## Swim and Dive Photos



Picture Gallery is now open.  
Click on the image to order your  
photos.

Access Code:  
FOHO

To find your swimmer's photos, simply search by last name.  
To view the team photo, search "Team."  
Use [this link for a video tutorial](#) on how to order.

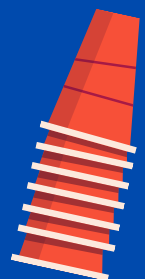
Orders must be placed by August 8th





## Kitchen Reminders, Food and Beverage Reminders and Red Cup Fund!

- The Kitchen is open to all of our members
- Please no kids in the kitchen
- The Red Cup fund helps us fund our kitchen!
- Board member Bill Clark stocks the kitchen and donations to the Red Cup fund can be made via Venmo to @William-Clark-320.
- We suggest \$20 a family but any amount is appreciated.
- Please clean the grills and kitchen after use to keep it clean for all.
- Please check the fridges for your leftovers so they do not go bad.
- Adult beverages should not be in the physical pool unless it's adult swim
- Please do not bring glass to the pool deck and if possible don't even bring it to the club.





# Standing Information



- Please check all family members in at the front desk upon arrival with your ID card.
- If you need to add a family member to your account, please reach out to Sue Massott 215-989-3740
- Guest Check-in- Your guests will also be checked in electronically. Please see our guest policy on our website [HERE](#). You can even preregister guests to make the check in easier. Guests from last year are saved in our system. You can provide their last name and they will populate.
- Please read our updated Band Testing Policy for 2025 [HERE](#)
- Snack cards will be available at the front desk for purchase. Snack cards are \$20 cash only for \$22 worth of snacks
- Request a party [HERE](#). Party requests can also be directed to Bill Clark 856-261-1928
- Our kitchen policy is [HERE](#). We suggest \$20 per family, but any contribution is appreciated! Please Venmo @William-Clark-320

