Cherry Blossom Champs Meet

March 1-3, 2024 (Fri-Sat-Sun)

Sanction # PVC-24-74

Hosted by:

PATUXENT AQUATIC CLUB

MEET DIRECTOR	MEET REFEREE	CLUB OFFICIALS CHAIR
John Venit, 301-254-7946, dpws@aol.com	Cherlynn Venit dpws@aol.com	Cherlynn Venit dpws@aol.com

SANCTION	• Held under the sanction of USA Swimming through Potomac Valley Swimming: **PVC-24-74.** • In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Patuxent Aquatic Club, and Fairland Aquatics Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
FACILITY	**Fairland Aquatics Center** 13820 Old Gunpowder Rd. Laurel, MD 20707 301-362-6060 • The pool at Fairland Aquatics Center is a 50m x 25yd pool with two moveable bulkheads. Competition will be held in 10 lanes, 25 yards, running from wall to wall. • Eighteen (18) lanes will be used for warm-ups. • Water depth range of 5' – 13' at the starting end and 5' – 13' at the turning end. • The meet hosts will ensure the required course dimensions.
ENTRY DEADLINE	**February 21, 2024 at 11:59 p.m.** IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.
SCHEDULE	**Warm-Up** / **Events** **Friday, March 1** **9 & Over – Timed Finals** 4:30 -5:20 PM 5:30 PM **Saturday and Sunday, March 2-3** 13 & Over Prelim Session 6:30 – 7:20 AM 7:30 AM 9-12 Prelim Session 10:30 – 11:20 AM 11:30 AM **9 & Over Finals Session** 4:30 - 5:15 PM 5:20 PM • Meet Director reserves the right to adjust times/sessions after entries are received. • Meet Director reserves the right to run two courses.
ELIGIBILITY	• Open to all USA Swimming registered swimmers from invited teams. Teams wishing to receive an invitation should contact the meet director. • No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in *USA Swimming Rules and Regulations*, Article 302.
DISABILITY SWIMMERS	• PVS and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.
TIMING SYSTEM	• Automatic timing (touchpads primary) will be used.

2024 Version for reference

RULES	• Current USA Swimming rules shall govern this meet. • All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. • No on-deck USA Swimming registration is permitted. • In compliance with *USA Swimming Rules and Regulations*, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. • Deck changes are prohibited. • Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Dive-over starts will be used during the preliminary sessions and Friday timed finals. • The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.
EVENT RULES	• Swimmers shall compete at the age attained on the first day of the meet. • Times achieved prior to March 1, 2022 will not be permitted. All times must have been achieved in USA Swimming sanctioned, observed or approved meets. • Entry times will be verified through SWIMS. Coaches will be asked to provide proof of times when asked by the Meet Director for any time not found in SWIMS. Failure to prove such a time before the event, will result in the swimmer being scratched from that event. • All events are prelims and finals except the events offered during the Friday session and ALL Relays, which are timed finals. • A swimmer may enter and compete in a maximum of 8 individual events and no more than three (3) individual events per day and one (1) relay per day. • A club may enter up to 3 relay teams per relay event, but only one relay team per club per event may score. • Preliminary events will be swum combined as 9-12 and 13 & Over. There will be one (1) heat at finals for 9-10. If a preliminary event has more than 24 swimmers in an age group (11-12, 13-14, or 15 & over), then the top 16 swimmers for that age group will qualify for finals and will swim in the order of "B" final and then "A" final, 8 swimmers in each heat. If a preliminary event has 24 or fewer swimmers in an age group (11-12, 13-14, or 15 & over), then only 8 swimmers for that age group will qualify for finals and will swim in a single heat. • Exceptions: There will be only one (1) heat for finals for the 9-12 200 Breaststroke and 9-12 200 Backstroke with ages 9-12 combined. There will also be only one (1) heat for the 13 & Over 200 Fly with ages 13 & Over combined. • The 400 IM, 1000 Free and 500 Free events will be swum FASTEST to SLOWEST. The 1000 Free will be swum alternating women and men. • Swimmers are responsible for providing their own lap counter (if desired) for the 500 and 1000 Free. • All relays are timed finals and will be swum during the preliminary session.

	● No Time (NT) Entries will NOT be accepted for this meet. ● Entries for the 400IM, 500 Free & 1000 Free may need to be limited due to time constraints. If necessary, it will be done based on the verifiable proof of entry time. If a swimmer is removed from an event because of time constraints, they will be provided the opportunity to enter another event in the meet. ● Deck entries will ONLY be accepted for relays using individuals included in the original entry file. No individual event deck entries will be accepted. Deck entries for relays will be accepted with payment ($24.00 per Relay) no later than 30 minutes prior to the first event.
WITHDRAWING FROM FINALS	● Swimmers who do not wish to swim in the Final, may "Scratch" from the event by following the proper procedure. Swimmers must fill out and sign a Finals Scratch Slip within 30 minutes of the announcement of qualifiers for "A" or "B" finals, if scheduled. ● Swimmers may declare an “intent to scratch" by marking the appropriate space for "intent" On the Finals Scratch Slip. ● Swimmers must confirm that “intent to scratch” on the Finals Scratch Sheet within 30 minutes after the conclusion of their last preliminary individual event of the day or they will be automatically seeded into the Final. ● If an athlete fails to properly scratch from a final event and does not appear for the event Final, they will be scratched from their next preliminary swim as a penalty.
POSITIVE CHECK IN	● The 500, 1000 Freestyle, and 400 IM will be positive check-in events. Any swimmer that fails to check-in will be removed from the event. Positive Check in times for Friday evening: 500 Free closes at 5:00 p.m. 400 IM closes at 5:30 p.m. 1000 Free closes at 6:00 p.m. ● Athletes who have checked in, have been seeded, and fail to swim the event will be barred from their next scheduled individual event, unless excused by the Meet Referee. ● If the size of the Cherry Blossom Championships warrants, positive check-in for individual events 200 yd and shorter may be announced. Otherwise, all events will be pre-seeded.
WARM-UP	● The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director will determine the structure of warm-up, including times/lane assignments. ● During the meet there may be an area available for warm-up/cool-down. If at any time conditions become unsafe, the area will be closed for the remainder of the meet.
SUPERVISION	● Coaches are responsible for the conduct of their swimmers and for cleaning up their team areas.
SEEDING	● Standard seeding will be used.
SCORING	● Individual: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1 ● Relays: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2 ● Teams will score points for only one relay per event. ● No more than two athletes per team can score. Prelims will be scored as an extended final.
AWARDS	● Medals will be awarded for 1st – 9th place for Individual Events and 1st – 3rd place for Relays. Team Awards will be presented for 1st - 3rd place teams.
PROGRAMS	● Meet programs will be emailed to teams and available on Meet Mobile.
CREDENTIALS	● Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.
SPECTATOR ENTRY FEE	● None. ● No personal chairs will be allowed in the facility lobby or viewing area.
MEDICAL ASSISTANCE	● Medical assistance will be provided by the facility staff. If you require medical assistance, please notify a facility lifeguard or a member of the meet staff.

OFFICIALS	● Each participating club is requested to provide at least one table worker or official (Referee, Starter, Chief Judge or Stroke & Turn Judge) per session if entering 25 or more splashes. ● Officials interested in volunteering should signup at https://formsmarts.com/form/27pc ● Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. ● A comprehensive officials' briefing will precede each session during warm-ups.
TIMERS	● Participating clubs are requested to provide timers in proportion to their entries. One timer is requested for each 25 entries. ● Two timers per lane. There will be two Head Timers. ● An online Timer's Signup will be emailed to participating clubs.
ENTRY PROCEDURES	● Entries should be submitted by email to the Meet Director at dpws@aol.com. ● Include in the subject of the email, "2024 Cherry Blossom Champs - ****" with the club's initials in place of the asterisks. If your club submits multiple entry files include training site in the subject of the email. ● Include in entry email: entry file, report of entries by name, report of entries by event. ● In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact). ● Entry email must include a coach's cell phone number at which they can be contacted between prelims and finals, in case a swimmer scratches into finals and needs to be notified. ● Entries directly from individual team members will not be accepted. ● Entries by postal service, phone or fax will not be accepted. ● The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director. ● Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of $100 by PVS and no further entries will be accepted from that club until the said fine is paid. ● All Relay-only swimmers must be included in the entry file and listed on the meet entry report in order to participate in the meet.
ENTRY FEES	Per Swimmer Surcharge: $10.00 Relay event fee: $12.00 Individual event fee: $8.00 Deck entries: $24.00 (Relay only) ● Make checks payable to PAC. Checks may be mailed to: Patuxent Aquatics Club 414 Forest Bridge Ct. Laurel, MD 20724 ● Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.

Cherry Blossom Champs Meet

March 1-3, 2024

Friday, March 1, 2024

Session 1 - Distance Events

Warm-up: 4:30-5:20 PM, Events: 5:30 PM

Girl's Event #	No Faster Than (SCY)	Event	No Faster Than (SCY)	Boy's Event #
1	6:25.72	9-10 year old 500 yd Freestyle	6:10.33	2
	5:43.65	11-12 year old 500 yd Freestyle	5:27.74	
3	5:22.03	13-14 year old 500 yd Freestyle	5:07.98	4
	5:11.83	15 & Over 500 yd Freestyle	4:55.08	
5	2:41.07	9-10 year old 200 yd Individual Medley	2:41.77	6
	2:24.78	11-12 year old 200 yd Individual Medley	2:21.73	
7	4:42.62	13-14 year old 400 yd Individual Medley	4:34.19	8
	4:43.05	15 & Over 400 yd Individual Medley	4:16.49	
9	4:09.91	9-12 year old 400 yd Freestyle Relay	4:01.32	10
11	3:52.79	13 & Over 400 yd Freestyle Relay	3:34.29	12
13	2:33.72	9-12 year old 200 yd Butterfly	2:29.59	14
15	11:06.54	13 & Over 1000 yd Freestyle	10:03.00	16
	***500 Free, 400 IM and 1000 Free will be swum FASTEST to SLOWEST Alternating Girls and Boys Heats**			

Saturday, March 2, 2024

Session 2 - 13 & Over Prelim Events

Warm-up: 6:30-7:20 AM, Events: 7:30 AM

Girl's Event #	No Faster Than (SCY)	Event	No Faster Than (SCY)	Boy's Event #
21	1:10.07	13-14 100 yd Breaststroke	1:04.05	22
	1:08.55	15 & Over 100 yd Breaststroke	1:00.79	
25	2:11.36	13-14 200 yd Backstroke	2:03.77	26
	2:10.04	15 & Over 200 yd Backstroke	1:58.51	
29	54.93	13-14 100 yd Freestyle	51.36	30
	54.70	15 & Over 100 yd Freestyle	48.95	
33	2:19:80	13-14 200 yd Butterfly	2:05.60	34
	2:12.00	15 & Over 200 yd Butterfly	1:58.04	
37	2:16.19	13-14 200 yd Individual Medley	2:05.31	38
	2:02.26	15 & Over 200 yd Individual Medley	1:59.47	
41	1:57.31	13 & Over 200 yd Medley Relay	1:42.00	42

Saturday, March 2, 2024

Session 3 - 9-12 Prelim Events

Warm-up: 10:30-11:20 AM, Events: 11:30 AM

Girl's Event #	No Faster Than (SCY)	Event	No Faster Than (SCY)	Boy's Event #
17	2:21.23	9-12 200 yd Backstroke	2:22.02	18
19	1:23.34	9-10 100 yd Breaststroke	1:24.69	20
	1:14.79	11-12 100 yd Breaststroke	1:15.13	
23	34.72	9-10 50 yd Backstroke	34.48	24
	30.19	11-12 50 yd Backstroke	29.64	
27	1:04.82	9-10 100 yd Freestyle	1:04.22	28
	58.38	11-12 100 yd Freestyle	57.05	
31	32.57	9-10 50 yd Butterfly	32.96	32
	29.26	11-12 50 yd Butterfly	29.13	
35	1:14.03	9-10 100 yd Individual Medley	1:14.27	36
	1:07.32	11-12 100 yd Individual Medley	1:06.28	
39	2:09.00	9-12 200 yd Medley Relay	2:04.45	40

Session 5 - Saturday, March 2, 2024

FINALS

Warm-up: 4:30-5:15 PM, Events: 5:20 PM

Girl's Event #	Event	Boy's Event #
17	9-12 200 yd Backstroke	18
19	9-10 100 yd Breaststroke	20
	11-12 100 yd Breaststroke	
21	13-14 100 yd Breaststroke	22
	15 & Over 100 yd Breaststroke	
23	9-10 50 yd Backstroke	24
	11-12 50 yd Backstroke	
25	13-14 200 yd Backstroke	26
	15 & Over 200 yd Backstroke	
27	9-10 100 yd Freestyle	28
	11-12 100 yd Freestyle	
29	13-14 100 yd Freestyle	30
	15 & Over 100 yd Freestyle	
31	9-10 50 yd Butterfly	32
	11-12 50 yd Butterfly	
33	13-14 200 yd Butterfly	34
	15 & Over 200 yd Butterfly	
35	9-10 100 yd Individual Medley	36
	11-12 100 yd Individual Medley	
37	13-14 200 yd Individual Medley	38
	15 & Over 200 yd Individual Medley	

Sunday, March 3, 2024

Session 6 - 13 & Over Prelim Events

Warm-up: 6:30-7:20 AM, Events: 7:30 AM

Girl's Event #	No Faster Than (SCY)	Event	No Faster Than (SCY)	Boy's Event #
47	1:00.81	13-14 100 yd Backstroke	56.94	48
	59.68	15 & Over 100 yd Backstroke	53.51	
51	25.39	13-14 50 yd Freestyle	23.82	52
	24.63	15 & Over 50 yd Freestyle	21.92	
55	1:00.42	13-14 100 yd Butterfly	57.03	56
	58.03	15 & Over 100 yd Butterfly	52.52	
59	2:33.96	13-14 200 yd Breaststroke	2:17.75	60
	2:29.80	15 & Over 200 yd Breaststroke	2:12.55	
63	2:02.64	13-14 200 yd Freestyle	1:51.81	64
	1:56.82	15 & Over 200 yd Freestyle	1:47.19	
67	1:45.49	13 & Over 200 yd Freestyle Relay	1:31.59	68

Sunday, Sunday, March 3, 2024

Session 7 - 9-12 Prelim Events

Warm-up: 10:30-11:20 AM, Events: 11:30 AM

Girl's Event #	No Faster Than (SCY)	Event	No Faster Than (SCY)	Boy's Event #
43	2:43.10	9-12 200 yd Breaststroke	2:41.33	44
45	1:13.38	9-10 100 yd Backstroke	1:13.20	46
	1:05.76	11-12 100 yd Backstroke	1:03.94	
49	29.09	9-10 50 yd Freestyle	29.07	50
	26.73	11-12 50 yd Freestyle	25.73	
53	1:16.12	9-10 100 yd Butterfly	1:14.20	54
	1:05.53	11-12 100 yd Butterfly	1:03.64	
57	38.67	9-10 50 yd Breaststroke	38.12	58
	34.11	11-12 50 yd Breaststroke	33.26	
61	2:20.98	9-10 200 yd Freestyle	2:19.46	62
	2:07.38	11-12 200 yd Freestyle	2:08.79	
65	1:52.43	9-12 200 yd Freestyle Relay	1:52.43	66

Sunday, March 3, 2024

Session 9 - FINALS

Warm-up: 5:15-6:05 PM, Events: 6:15 PM

Girl's Event #	Event	Boy's Event #
43	9-12 200 yd Breaststroke	44
45	9-10 100 yd Backstroke	46
	11-12 100 yd Backstroke	
47	13-14 100 yd Backstroke	48
	15 & Over 100 yd Backstroke	
49	9-10 50 yd Freestyle	50
	11-12 50 yd Freestyle	
51	13-14 50 yd Freestyle	52
	15 & Over 50 yd Freestyle	
53	9-10 100 yd Butterfly	54
	11-12 100 yd Butterfly	
55	13-14 100 yd Butterfly	56
	15 & Over 100 yd Butterfly	
57	9-10 50 yd Breaststroke	58
	11-12 50 yd Breaststroke	
59	13-14 200 yd Breaststroke	60
	15 & Over 200 yd Breaststroke	
61	9-10 200 yd Freestyle	62
	11-12 200 yd Freestyle	
63	13-14 200 yd Freestyle	64
	15 & Over 200 yd Freestyle	