

# BISHOP GORMAN SWIM & DIVE

## 2026 PRE-SEASON CHECKLIST

All team members must have this checklist completed by the first day of practice (February 18, 2026) to participate. Please review the list carefully with a parent or guardian and make sure to complete everything.



**Complete Aktivate (formerly Register My Athlete).** If you participated in other sports the 2025-2026 school year, please add SWIMMING to your sports.

**\*\*THIS IS WHERE YOU UPLOAD YOUR REQUIRED PHYSICAL\*\***

LINK to complete Aktivate: <https://www.registermyathlete.com/login/>

Aktivate Help: <https://aktivate.helpscoutdocs.com/collection/1-aktivate-athlete-registration>

--See [Mr.Rivera](#) in Athletic Office for questions or issues



**Completely fill out this information form:**

<https://docs.google.com/forms/d/1sdzNeP24Agd0q3LXP4cw3UGzMsvCXF5lVKk6HmZwehw/edit>



**Sign up or reactivate TeamUnify Account.**

<https://www.teamunify.com/Home.jsp?team=rechsbghs>

*Returning Members* – Login and register for the 2026 Season. Make sure your information is up to date!

*New Members* – Go to the website and click “TEAM SIGN UP” button in the middle of the page. Follow all of the prompts to make your account on our official team Website. This is how you will register for swim meets and communicate with coaches. We must have a parent or guardian email. You may add your own as an additional contact.



**[READ THE SWIM AND DIVE 2026 GUIDELINES FOUND HERE](#)**