



**Bishop Gorman High School**  
**Swim & Dive**  
**Team Guidelines 2025**



1. ALL Swimmers must fully complete **Register My Athlete**. Instructions can be found on the Bishop Gorman website. If you participated in other sports in 2024-25, please add SWIMMING to your sports list for the school year.
2. Team members are expected to attend all practices. Club swimmers may continue to practice with their team. Club swimmers may be asked to participate in one High School practice per week. Club swimmers will be asked to provide attendance records from their team (Club team must be a USA Swimming Club). Private Coaches or Private training sessions may not be substituted for team practices sessions. Private lessons, Private Coaching is not recommended unless approved by the Head Coach.
3. First day of regular season practice and tryouts will be Tuesday, February 18<sup>th</sup> at Desert Breeze.
4. Tryouts will take place at the first two (2) scheduled practice sessions. After the 2nd schedule practice session team rosters will be completed. Swimmers and Divers ability to perform skills for example diving safely from starting blocks or diving board and also the time it takes to swim a competitive stroke discipline will determine roster placement and a spot on the team.
5. Always wear your team suits, shirts, warm-ups and colors at all competitions.
6. All practices sessions are required, missed practice sessions may result in removal from competitions for upcoming meets and even removal from the team.
7. Any athletes who are on academic probation are allowed to practice and compete. If an athlete is academically ineligible, they are still allowed to practice with approval of the Head Coach and Athletic Director, but may not compete. **Ineligible athletes will not receive post-season awards.**
8. Athletes arriving late to school unexcused and reported as a tardy or missing school **will not be allowed to practice or participate in meets**, unless excused by Athletic Department.
9. Any Athlete receiving numerous detentions will be ineligible for the next competition.
10. Any inappropriate language or other violation of rules pertaining to Bishop Gorman Student Athlete Code of Conduct will be reported to the Director of Athletics
11. Social Media: Present yourself in a way that is appropriate and that your school would approve of. Any posting that is unbecoming of a Bishop Gorman student will be turned over to the school.



**Bishop Gorman High School**  
**Swim & Dive**  
Team Guidelines 2025  
**Practice & Contact Information**



**Swim Practice:**

Monday-Friday 3:30-5:00 at DB

Desert Breeze Aquatics Facility:  
8275 Spring Mountain Rd  
Las Vegas, NV 89117

**Head Coach Chris Barber**  
**Assistant Coach Abbey Rasa**  
**Assistant Coach Danyael Cuison**  
**Assistant Coach Katelyn Faulk**

**Dive Practice:**

Mon-Fri 2:00-3:55 PM at Muni  
Mon-Wed 6:00-8:00 PM at Heritage  
Fri TBA at Heritage

Municipal Pool:  
431 E Bonanza Rd  
Las Vegas, NV 89101

Heritage Park Pool:  
310 S Racetrack Rd  
Henderson, NV 89015

702-635-2235/[cbarber261@gmail.com](mailto:cbarber261@gmail.com)  
[abbeyrasa@gmail.com](mailto:abbeyrasa@gmail.com)  
[danyaelnicole@gmail.com](mailto:danyaelnicole@gmail.com)  
[coachkatelyn16@gmail.com](mailto:coachkatelyn16@gmail.com)

---

### **How do I earn my Varsity Letter?**

Achieving one or more of the following will earn you a varsity letter:

1. Attending 60% or more of all available practice sessions
2. Competing in 3 or more regular season meets
3. Competing AND finishing the Championship Season (Last Chance Meet, Regionals or State)

---

### **Daily Practice Necessities**

- Competitive swimming suit
- Competitive goggles
- Swim cap (optional for boys but recommended)
- Kickboard & pull buoy will be provided
- Fins encouraged – Not supplied by school

All of these items are sold at [Bodyline Swim Shop](#), 5 minutes from Desert Breeze!

4460 S. Durango Drive  
STE A  
Las Vegas, NV 89147



**Bishop Gorman High School**  
**Swim & Dive**  
Team Guidelines 2025  
***Pre-Season Checklist***



All team members must have this checklist completed by the first day of practice (February 18, 2025) in order to participate. Please review the list carefully with a parent or guardian, and make sure to complete everything.

☐

**Complete Register My Athlete.** If you participated in other sports the 2024-2025 school year, please add SWIMMING to your sports.

**\*\*THIS IS WHERE YOU UPLOAD YOUR REQUIRED PHYSICAL\*\***

LINK to complete RMA: <https://www.registermyathlete.com/login/>

RMA Instructions: [https://bbk12e1-cdn.myschoolcdn.com/ftpimages/1144/misc/misc\\_186198.pdf](https://bbk12e1-cdn.myschoolcdn.com/ftpimages/1144/misc/misc_186198.pdf)

--See [Mr.Rivera](#) in Athletic Office for questions or issues

☐

**Completely fill out this information form:**

<https://docs.google.com/forms/d/1sdzNeP24Agd0q3LXP4cw3UGzMsVCXF5lVKk6HmZwehw/edit>

☐

**Sign up or reactivate TeamUnify Account.**

<https://www.teamunify.com/Home.jsp?team=rechtsbghs>

*Returning Members* – Login and register for the 2025 Season. Make sure your information is up to date!

*New Members* – Go to the website and click “TEAM SIGN UP” button in the middle of the page. Follow all of the prompts to make your account on our official team Website. This is how you will register for swim meets and communicate with coaches. We must have a parent or guardian email. You may add your own as an additional contact.



**Bishop Gorman High School**  
**Swim & Dive**  
**Team Guidelines 2025**  
**Meet Schedule**



| Swimming |                            |                              |                      |           |
|----------|----------------------------|------------------------------|----------------------|-----------|
| Week     | Date                       | Opponents                    | Location             | Arrive by |
| 1        | Sat, March 1               | Bob Swift Meet               | Heritage Pool        | 6:45 AM   |
| 2        | Sat, March 8 <sup>th</sup> | Season Opening Meet          | Desert Breeze Pool   | 7:45 AM   |
| 3        | Sat, March 15              | Spring Break Invite          | Municipal Pool       | 8:15 AM   |
| 4        | Sat, March 29              | Desert Oasis                 | Pavilion Center Pool | 11:15 AM  |
| 5        | Sat, April 5               | Multiple                     | TBD                  | TBD       |
| 6        | Sat, April 12              | Palo                         | Multi Gen Pool       | 11:15 AM  |
| 7        | Thurs, April 17            | Multiple                     | Aquatic Springs Pool | 2:30 PM   |
| 8        | Sat, April 26              | Centennial                   | Pavilion Center Pool | 6:45 AM   |
| 19       | Wed, April 30              | Last Chance Meet             | Pavilion Center Pool | TBD       |
| 10       | May 5-9                    | NIAA Regional Prelims/Finals | Pavilion Center Pool | TBD       |
| 11       | Sat, May 17                | NIAA State                   | Reno                 | TBD       |
| Diving   |                            |                              |                      |           |
| Week     | Date                       | Opponent                     | Location             | Arrive by |
| 1        | Thurs, Feb 27              | Officials Clinic             | Heritage             | 5:45 PM   |
| 2        | Thurs, March 13            | TBA                          | Heritage             | 5:45 PM   |
| 3        | Thurs, March 27            | TBA                          | Heritage             | 5:45 PM   |
| 4        | Thurs, April 3             | TBA                          | Heritage             | 5:45 PM   |
| 5        | Thurs, April 10            | TBA                          | Heritage             | 5:45 PM   |
| 7        | Thurs, April 24            | TBA                          | Heritage             | 5:45 PM   |
| 8        | Thurs, May 1               | Dive Meet LC                 | Heritage             | 5:45 PM   |
| 9        | Mon-Fri, May 5-9           | NIAA Regionals               | Heritage             | 5:45 PM   |
| 9        | Sat, May 17                | NIAA State                   | TBA                  | TBA       |

**\*\*Schedule is subject to change\*\***

### Other Important Dates

First day of practice – Tuesday, February 18th

Parent Meeting –

Picture day – TBA (Wear school grey pants + 2025 team shirt)

Team Banquet – TBD

No Practice Days:

March 7<sup>th</sup> – Bishop Gorman No School

March 17<sup>th</sup>-21<sup>st</sup> – Spring Break

April 18<sup>th</sup>- Good Friday No School

April 21<sup>st</sup> – Easter Monday No School

April 28<sup>th</sup>- CCSD No School