



Bishop Gorman High School
Swim & Dive
Team Guidelines 2026



1. ALL Swimmers must fully complete **Aktivite** Instructions can be found on the Bishop Gorman website. If you participated in other sports in 2025-26, please add SWIMMING or DIVING to your sports list for the school year.
2. Team members are expected to attend all practices. Club swimmers may continue to practice with their team. Club swimmers may be asked to participate in one High School practice per week. Club swimmers will be asked to provide attendance records from their team (Club team must be a USA Swimming Club). Private Coaches or Private training sessions may not be substituted for team practices sessions. Private lessons, Private Coaching is not recommended unless approved by the Head Coach.
3. First day of regular season practice and tryouts will be Tuesday, February 17th at Desert Breeze.
4. Tryouts will take place at the first two (2) scheduled practice sessions. After the 2nd schedule practice session team rosters will be completed. Swimmers and Divers ability to perform skills for example diving safely from starting blocks or diving board and also the time it takes to swim a competitive stroke discipline will determine roster placement and a spot on the team.
5. Always wear your team suits, shirts, warm-ups and colors at all competitions.
6. All practices sessions are required, missed practice sessions may result in removal from competitions for upcoming meets and even removal from the team.
7. Any athletes who are on academic probation are allowed to practice and compete. If an athlete is academically ineligible, they are still allowed to practice with approval of the Head Coach and Athletic Director, but may not compete. **Ineligible athletes will not receive post-season awards.**
8. Athletes arriving late to school unexcused and reported as a tardy or missing school **will not be allowed to practice or participate in meets**, unless excused by Athletic Department.
9. Any Athlete receiving numerous detentions will be ineligible for the next competition.
10. Any inappropriate language or other violation of rules pertaining to Bishop Gorman Student Athlete Code of Conduct will be reported to the Director of Athletics
11. Social Media: Present yourself in a way that is appropriate and that your school would approve of. Any posting that is unbecoming of a Bishop Gorman student will be turned over to the school.



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Practice & Contact Information



Swim Practice:

Monday-Friday 3:30-5:00 at DB

Dive Practice:

Mon/Wed/Thurs 7:00-9:00 PM at UNLV

Desert Breeze Aquatics Facility:
8275 Spring Mountain Rd
Las Vegas, NV 89117

UNLV Pool:
4505 S. Maryland Pkwy
Las Vegas, NV 89154

Head Coach Chris Barber
Assistant Coach Abbey Rasa
Assistant Coach Danyael Cuison
Assistant Coach Katelyn Faulk

702-635-2235/cbarber261@gmail.com
abbeyrasa@gmail.com
danyaelnicole@gmail.com
coachkatelyn16@gmail.com

How do I earn my Varsity Letter?

Achieving one or more of the following will earn you a varsity letter:

1. Attending 60% or more of all available practice sessions
2. Competing in 3 or more regular season meets
3. Competing AND finishing the Championship Season (Last Chance Meet, Regionals or State)

Daily Practice Necessities

- Competitive swimming suit
- Competitive goggles
- Swim cap (optional for boys but recommended)
- Kickboard & pull buoy will be provided
- Fins encouraged – Not supplied by school

All of these items are sold at [Bodyline Swim Shop](#), 5 minutes from Desert Breeze!

4460 S. Durango Drive
STE A
Las Vegas, NV 89147



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Pre-Season Checklist



All team members must have this checklist completed by the first day of practice (February 18, 2026) in order to participate. Please review the list carefully with a parent or guardian, and make sure to complete everything.

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Complete Aktivate (formerly Register My Athlete). If you participated in other sports the 2025-2026 school year, please add SWIMMING to your sports.

****THIS IS WHERE YOU UPLOAD YOUR REQUIRED PHYSICAL****

LINK to complete Aktivate: <https://www.registermyathlete.com/login/>

Aktivate Help: <https://aktivate.helpscoutdocs.com/collection/1-aktivate-athlete-registration>

--See [Mr. Rivera](#) in Athletic Office for questions or issues

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Completely fill out this information form:

<https://docs.google.com/forms/d/1sdzNeP24Agd0q3LXP4cw3UGzMsVCXF5lVKk6HmZwehw/edit>

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Sign up or reactivate TeamUnify Account.

<https://www.teamunify.com/Home.jsp?team=rechtsbghs>

Returning Members – Login and register for the 2026 Season. Make sure your information is up to date!

New Members – Go to the website and click “TEAM SIGN UP” button in the middle of the page. Follow all of the prompts to make your account on our official team

Website. This is how you will register for swim meets and communicate with coaches. We must have a parent or guardian email. You may add your own as an additional contact.



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Meet Schedule



Swimming				
Week	Date	Opponents	Location	Arrive by
1	Sat, February 28	TBA	Municipal Pool	8:15 AM
2	Sat, March 7	TBA	Heritage Pool	11:15 AM
3	Tues, Mar 10 OR Thurs, Mar 12	Bob Swift Meet	Pavilion Center Pool	2:45 PM
4	Sat, March 28	TBA	Pavilion Center Pool	11:15 AM
5	Sat, April 11	TBA	Pavilion Center Pool	6:45 AM
6	Sat, April 18	TBA	Multi Gen Pool	11:15 AM
7	Sat, April 25	TBA	Pavilion Center Pool	11:15 AM
8	Tues, April 28	Last Chance Meet	Pavilion Center Pool	2:45 PM
9	May 4-9	NIAA Regional Prelims/Finals	TBA	TBA
10	Sat, May 16	NIAA State	TBA	TBA
Diving				
Week	Date	Opponent	Location	Arrive by
1	Fri, March 6	TBA	UNLV Natatorium	3:45 PM
2	Fri, March 13	TBA	UNLV Natatorium	3:45 PM
3	Fri, March 27	TBA	UNLV Natatorium	3:45 PM
4	Fri, April 10	TBA	UNLV Natatorium	3:45 PM
5	Fri, April 17	TBA	UNLV Natatorium	3:45 PM
7	Fri, April 24	TBA	UNLV Natatorium	3:45 PM
8	Fri, May 1	Dive Meet LC	UNLV Natatorium	3:45 PM
9	Mon-Fri, May 5-9	NIAA Regionals	TBA	TBA
10	Sat, May 16	NIAA State	TBA	TBA

****Schedule is subject to change****

Other Important Dates

First day of practice – Tuesday, February 17th

Picture day – TBD

Team Banquet – TBD

No Practice Days:

March 6th – Bishop Gorman No School

March 16th-20th – Spring Break

April 3rd- Good Friday No School

April 6th – Easter Monday No School

April 27th- CCSD No School