

Tryouts

Swim team tryouts will be held from October 2 – October 18, 2023 (no practices on Friday's). All athletes (new and old) must attend all tryout days for evaluation or make prior arrangements with the Head Coach.

Swimmers will be evaluated in the areas of Attitude, Effort, Determination, Attendance, Reliability, Respect, Attentiveness and Endurance. Endurance is measured by completion of 10 x 50 kick w/:10 rest and 6 x 100 freestyle w/:10 rest. Swimmers are also rated on Stroke Efficiency in all four strokes.

Making the team is not just how fast you are.

Notification of team selection and group placement will be posted on the team website Sunday, October 15 @ 6 p.m..

Things to do PRIOR TO TRYOUTS

THERE ARE 2 STEPS TO SIGN UP YOUR SWIMMER FOR BENGAL SWIMMING (if you registered last year, your log in information should be the same)

STEP #1

Go to brightonbengalsswimming.com – this registration is for the team.

1. In the middle of the page under the ABOUT section click on “Registration 2024”
2. Click on “Add to Cart”
3. Click on “Checkout Now” or got to My Shopping Cart and click on “Checkout Now”
4. Click on “Sign In/Create Account”...all new members of Bengal Swimming will need to create an account whether you have a team unify account with your club team or not. Returning members, please sign in.
5. Fill out all information correctly – PLEASE ENTER ALL INFORMATION (cell phones, emails, etc) FOR ATHLETES AND PARENTS. This is what all of our contact lists will be generated from.
 - a. Add additional emails wishing to receive Bengal Swimming emails under alternate email 1 or 2 (this would be for the parent that does not use the login email address or a grandparent that wishes to get the emails)
 - b. Enter billing information (please use your physical mailing address – look at this as your mailing contact information – we will not be billing anything over this site)
 - c. Please enter all parent/guardian information
 - d. Please enter emergency contact (other than parent/guardian)
 - e. **PLEASE ENTER ALL OF THE ATHLETES INFORMATION**
 - f. Click on “add additional member” to add athlete(s) – fill out all of their information, including their cell phone numbers and email addresses
 - g. Read **CAREFULLY** through all the waivers, code of conducts and contract with your athletes prior to checking these off as completed
6. Any questions, please email Coach Todd at brightonswimming@gmail.com

STEP #2

Go to <http://registermyathlete.com> and follow the directions – this registration is for athletic eligibility through the school and must be completed IN FULL by Monday, October 5th or your swimmer will NOT be allowed to tryout. PLEASE DO NOT PAY ANY FEES AT THIS TIME. That will be taken care of once they have made the team. Please log on to the site and follow the directions. All swimmers must have a physical each year in order to be eligible. The forms for this are available on this website and may either be scanned and uploaded to the website or handed in to Coach Todd.

The \$75.00 Participation Fee can be paid by credit card online at this site, but there is approximately a \$3.00 processing fee.

OR

The \$75.00 fee (cash or check are only accepted at the school) can be paid directly to the main office at Brighton High School 7:30 AM - 2:00 PM, Monday - Friday.

Expectations

Being a part of the swim team here at Brighton High School is something that should be exciting and should also be an honor. Brighton Bengal Swimming is the most successful extra-curricular program at the high school (and pretty much out of any high school in Utah). We have compiled more Region Championships and State Championships than any other sport. We have produced many state champions, broken many state records, had many All-Americans (top 100 in the country)...this is bragging a little bit, but you must understand the responsibility you have in joining this team – it is a great responsibility to live up to such a high standard of performance.

By joining the Brighton High School Swim Team, you are fully committing to the team. This includes but is not limited to: practices Monday through Friday (both in the water and dryland), all dual meets and activities sponsored by the swim team throughout the swimming season (from now until mid-February), registration fees through the high school (\$75.00), swim team uniform (t-shirt, sweatshirt/jacket, team cap and team swim suit), swim team equipment (kick board, paddles and fins). If you have any questions, please let me know as soon as possible.

Swimming is about setting goals, self-discipline, teamwork and being a strong – but fair – competitor. You will become a stronger, more reliable, more cooperative and more focused person during the course of participating in this sport. You will learn how to win with dignity and also how to lose with honor and grace. Swimming is not for everyone. It is a tough and demanding sport requiring hundreds of hours of sweat and determination. Luckily for us, the sweat comes off in the water, but the determination does not.

CHAT vs Brighton

Blue – Orange – White options

Expectations

You are expected to be at practice every day on time. Practices are not optional. From now until October 2nd there will be no in the water participation for swimmers who are choosing to only participate on the high school team. From October 2nd until October 18th we will be having our tryout period which will be from 2:45 p.m. – 4:15 p.m. Monday through Thursday, Monday through Thursday and then Monday through Wednesday. Beginning October 23rd, practice times will be assigned to those that have made the team and will be at various times throughout the day. (For those wishing to participate prior to October 2nd, there are options available to sign up and train with Cottonwood Heights Aquatics Team. Please see Coach Todd for those options.)

You are expected to be at every competition, from the beginning of the competition to the end. All competitions are mandatory unless cleared with the coaching staff PRIOR to the competition. Many factors will come in to play when deciding who gets to race and who does not (attendance, attitude, effort, event rank, etc).

Swimmers are expected to maintain a GPA above 2.0 (this is a UHSAA requirement). Failure to achieve a 2.0 will result in the athlete being ineligible to compete for/train with Brighton High School.

If you have any questions or concerns, please feel free to contact me at brightonswimming@gmail.com (best method) or on my office phone at 801-943-3190 ext. 117.

Team Behavior

Each swimmer needs to remember that they represent Bengal Swimming every second of every day. Team members, therefore, need to conduct themselves in ways that bring a positive outlook on the team. Any behavior that brings any type of negative outlook on the team will result in disciplinary action which will be handled by the coaching staff and the administration at the high school. ***Team behavior is concerned with, but not limited to, practices, meets, time in school and time away from school.***

Cell Phones

Cell phones will not be permitted at any time during practice time, nor will they be allowed during any of our competitions (this includes the bus rides to and from away meets). Athletes will be given a time that they can call their parents to let them know that we are on our way home and what time to pick them up.

Travel

Travel to and from away meets will be done by school bus. Every swimmer will be required to ride the bus to and from the meet. If the swimmer is unable to ride the bus for any reason, they will not participate in that meet. Swimmers who leave a meet early for any reason without prior clearance from the Head Coach will not be allowed to compete in the next meet.

Lettering

A swimming letter can be achieved in the sport of swimming in 6 different ways. First, if a swimmer scores a total of 36 points in dual meets throughout the season. Second, if a swimmer scores a point or more at the Region Championships. Third, if a swimmer qualifies to swim in the State Championships. Fourth, if a Senior (12th grader) nominates an athlete due to extraordinary circumstances – may not happen every year. Fifth, if a coach nominates an athlete due to extraordinary circumstances – may not happen every year. Sixth, if a swimmer maintains a 95% or higher practice attendance.