

January

2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
			Student Meeting 3:00 PM CP Pool			
18	19	20	21	22	23	24
		Open Swim 4:00 - 5:30PM	Open Swim 4:00 - 5:30PM Team Informational Meeting 6:30PM CP Library	Open Swim 4:00 - 5:30PM		
25	26	27	28	29	30	31
		Open Swim 4:00 - 5:30PM	Open Swim 4:00 - 5:30PM	Open Swim 4:00 - 5:30PM		

February

2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
		Open Swim 4:00 - 5:30PM	Open Swim 4:00 - 5:30PM	Open Swim 4:00 - 5:30PM		
8	9	10	11	12	13	14
	1st Day of Practice (All Team) 3:45 - 5:00PM	Practice Frosh/Soph 3:45-5:00PM Jr/Sr 4:45-6:30PM	Early Out Wed Frosh/Soph 3:45-5:00PM Jr/Sr 4:45-6:30PM	Practice Frosh/Soph 3:45-5:00PM Jr/Sr 4:45-6:30PM	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	
15	16	17	18	19	20	21
	School Holiday NO PRACTICE	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Practice All Team 3:45 - 5:30PM	
22	23	24	25	26	27	28
	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Time Trials (HOME) Warm Up: 3:30PM Meet Start: 4:00PM	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Practice All Team 3:45 - 5:30PM	

March

2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Dual Meet vs Acalanes (AWAY) Early Release 2:15PM Bus Departs 2:30PM Meet Start 4:00PM	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Practice All Team 3:45 - 5:30PM	
8	9	10	11	12	13	14
	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Early Out Wed Practice / Team Pictures All Team 2:30-5:00PM	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	De La Salle Invite VAR Trials (AWAY) Early Release 9:00AM Bus Departs 9:10AM Meet Start 12PM	De La Salle Invite JV/VAR Finals (AWAY) Warm Ups: 6:50-8:50AM Meet Start: 9:00AM
15	16	17	18	19	20	21
	School Holiday NO PRACTICE	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Dual Meet vs Alhambra (HOME) Early Release 2:45PM Meet Start 4:00PM	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Practice All Team 3:45 - 5:30PM	
22	23	24	25	26	27	28
	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Dual Meet vs Campolindo (AWAY) Early Release 2:15PM Bus Departs 2:30PM Meet Start 4:00PM	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Practice All Team 3:45 - 5:30PM	
29	30	31	1	2	3	4
	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	School Holiday NO PRACTICE	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Practice All Team 3:45-5:30PM	Practice All Team 3:45-5:30PM	

April

2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	School Holiday NO PRACTICE	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Practice All Team 3:45-5:30PM	Practice All Team 3:45-5:30PM	
5	6	7	8	9	10	11
	Spring Break Practice 3:30-5:30PM	Spring Break Practice 3:30-5:30PM	Spring Break Practice 3:30-5:30PM	Spring Break Practice 3:30-5:30PM	Spring Break Practice 3:30-5:30PM	
12	13	14	15	16	17	18
	School Holiday NO PRACTICE First Day of Rec Swimming	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Quad Meet vs AHS/ CON/MtD/Berean (HOME) Early Release: 2:45PM Meet Start: 4:00PM	
19	20	21	22	23	24	25
	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Early Out Wed Practice All Team 3:45-5:00PM	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Dual Meet vs Northgate (Senior Night) (HOME) Early Release: 2:45PM Meet Start: 4:00PM	
26	27	28	29	30	1	2
	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	VAR DAL Trials Early Release 12:00PM Bus Departs 12:15PM Meet Start 2:30PM	Practice VAR Finalist & JV Invite Swimmers 3:45PM - 5:00PM	VAR DAL Finals Warm Ups: 7:00AM Meet Start 9:00AM JV Invite Warm Ups: 1:00PM Meet Start: 2:00PM

May

2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1	2
	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	Practice Group 1 3:45-5:00PM Group 2 4:45-6:30PM	VAR DAL Trials Early Release 12:00PM Bus Departs 12:15PM Meet Start 2:30PM	Practice VAR Finalist & JV Invite Swimmers 3:45PM - 5:00PM	VAR DAL Finals Warm Ups: 7:00AM Meet Start 9:00AM JV Invite Warm Ups: 1:00PM Meet Start: 2:00PM
3	4	5	6	7	8	9
	NCS Practice Qualifiers Only 3:45PM - 5:30PM	NCS Practice Qualifiers Only 3:45PM - 5:30PM	NCS Practice Qualifiers Only 3:45PM - 5:30PM	NCS Practice Qualifiers Only 3:45PM - 5:00PM Pasta Feed Dinner: 5:00PM	NCS Prelims Gates Open: 8:00AM Warm Ups: 8:30-10:00AM Meet Start: 10:30AM	NCS Finals Gates Open: 8:00AM Warm Ups: 8:30-10:00AM Meet Start: 10:30AM
10	11	12	13	14	15	16
	CIF Practice State Qualifiers 3:45PM - 5:00PM	CIF Practice State Qualifiers 3:45PM - 5:00PM	CIF Practice State Qualifiers 3:45PM - 5:00PM	Travel Day No Practice	CIF State Championship Prelims Meet Start: 1:00PM	CIF State Championship Finals Meet Start: 10:30AM
17	18	19	20	21	22	23
24	25	26	27	28	29	30