## SPEEDO COMPETATIVE SWIMSUIT SIZING CHART

## Size Guide

## MEN'S BRIEFS - COMPETITVE & TRAINING

SIZE	20	22	24	26	28	30	32	34	36	38
CHEST	29	31	33	35	37	38	40	42	44	46
WAIST	23	25	27	29	31	32	34	36	38	40
HIP	27	29	31	33	35	36	38	40	42	44

Our Competitive Briefs are meant to fit tight for maximum drag resistance. If you prefer a looser fit, please size up. How to Measure:

Chest

Measure the fullest part of chest, be sure to go over the shoulder blades at back.

Waist

Measure narrowest part of torso.

Hip

Measure around the fullest point of hip, keeping tape parallel to floor.