

SPEEDO COMPETATIVE SWIMSUIT SIZING CHART

Size Guide

WOMENS ONE PIECES - COMPETITIVE, TRAINING & GUARD

| SIZE | 20 | 22 | 24 | 0/26 | 2/28 | 4/30 | 6/32 | 8/34 | 10/36 | 12/38 | 14/40 |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| BUST | 29 | 30 | 31 | 32 | 33 | 34 | 35 | 36 | 37 1/2 | 39 | 40 1/2 |
| WAIST | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 1/2 | 31 | 32 1/2 |
| HIP | 31 1/2 | 32 1/2 | 33 1/2 | 34 1/2 | 35 1/2 | 36 1/2 | 37 1/2 | 38 1/2 | 40 | 41 1/2 | 43 |
| TORSO | 51 1/2 | 53 | 54 1/2 | 56 | 57 1/2 | 59 | 60 1/2 | 62 | 63 1/2 | 65 | 66 1/2 |

Competitive-fit suits should be worn tight for maximum drag reduction. These firm, compressive styles feature full-front lining, no bra and our highest leg height for greater range of kick motion.

*These suits are meant to fit tight. If you prefer a looser fit, please size up. *

How to Measure:

Torso

Starting at the high point of your shoulder, run tape down through leg then back up to shoulder.

Bust

Measure fullest part of bust going over the shoulder blades at back.

Waist

Measure narrowest part of torso.

Hip

Measure around the fullest point of hip, keeping tape parallel to floor.