

# FVHS SWIM TIME STANDARDS

ver 2.0

EVENT	BOYS	Column1	GIRLS	Column5
	<b>VARSITY</b>		<b>VARSITY</b>	
200 IM	02:07.0		02:20.0	
200 FREESTYLE	01:51.0		02:02.0	
100 FREESTYLE	52.5		57.5	
50 FREESTYLE	23.5		25.5	
100 BUTTERFLY	57		01:03.0	
50 BUTTERFLY	26.5		30	
100 BACKSTROKE	59		01:04.0	
50 BACKSTROKE	28.5		30	
100 BREASTROKE	01:07.0		01:13.0	
50 BREASTROKE	32		35	
500 FREESTYLE	05:20.0		05:35.0	

	<b>JV</b>		<b>JV</b>	
200 IM	02:28.0		02:38.0	
200 FREESTYLE	02:15.0		02:25.0	
100 FREESTYLE	58		01:03.0	
50 FREESTYLE	26.5		28.5	
100 BUTTERFLY	01:07.5		01:16.0	
50 BUTTERFLY	29		32.5	
100 BACKSTROKE	01:07.5		01:15.5	
50 BACKSTROKE	31.5		34	
100 BREASTROKE	01:13.0		01:23.0	
50 BREASTROKE	35		38	
500 FREESTYLE	05:40.0		05:53.0	

\*VARSITY: Needs 3 times

\*JV: Needs 2 times

	<b>OPEN</b>		<b>OPEN</b>	
50 FREESTYLE	33		34	
100 IM	ASSESSED FOR STROKE		ASSESSED FOR STROKE	

\*Times are at coaches' discretion and may be changed.