

2025 Meet Schedule.xlsx

Date	Event or Meet	Meet Location	Release	Warmup	Start	Travel Type
January 22	Mandatory Athlete Meeting	Library			3:25	
February 10	FIRST DAY OF PRACTICE!!!!	GBHS Pool				
February 13	Mandatory Parent Meeting	Library			6:30 PM	
February 17-21	Presidents Week – Practices Daily!	GBHS Pool				
February 24	Time Trials	GBHS Pool		2:45	3:15	
February 28	Grizzly Invitational – Day 1	GBHS Pool	All Day	9:00	Noon	
March 1	Grizzly Invitational – Day 2	GBHS Pool		7:00	9:00	
March 5	Team Photos	GBHS Pool	TBD			
March 7	Woodcreek Invitational – Day 1	RAC	11:00	11:30	1:00	Meet You There
March 8	Woodcreek Invitational – Day 2	RAC		8:30	10:00	Meet You There
March 11	Del Oro vs. Granite Bay	GBHS Pool				
March 13-16*	Mt. SAC Winterfest	Walnut, CA	10:30 AM			School Provided 1
March 20	Rocklin vs. Granite Bay vs. Folsom	Folsom				Meet You There
March 28	Oak Ridge Invitational – Day 1	EDH-CSD				Meet You There
March 29	Oak Ridge Invitational – Day 2	EDH-CSD				Meet You There
April 3	Whitney vs. Davis vs. Granite Bay - SENIOR NIGHT!	GBHS Pool				
April 4-5	Clovis West Invitational	Clovis West				School Provided 2
April 10	Granite Bay vs. Jesuit/St. Francis vs. Oak Ridge	EDH-CSD				Meet You There
April 14-18	Spring Break – Practices Daily!	GBHS Pool				
April 24	SFL League Champs - Girls Prelims	GBHS Pool	All Day	8:30	11:00	
April 25	SFL League Champs - Boys Prelims	GBHS Pool	All Day	8:30	11:00	
April 26	SFL League Champs - Finals	GBHS Pool	All Day	9:00	10:00	
May 7*	GIRLS Qualifiers @ CIF Sac-Joaquin Section	District 56 EGAC	All Day	8:00	10:00	School Provided 3
May 8*	BOYS Qualifiers @ CIF Sac-Joaquin Section	District 56 EGAC	All Day	8:00	10:00	School Provided 3
May 9*	Finals @ CIF Sac-Joaquin Section	District 56 EGAC	All Day	8:00	10:00	School Provided 3
May 15-17*	Qualifiers @ CIF State Championships	Clovis West				School Provided 1

*Time Standard Requirement

"Meet You There" = Families are responsible to coordinate or provide transportation to and from meet. Coaches not involved.

"School Provided 1" = Rental Vans. Athletes must ride there and back with the team

"School Provided 2" = School Vans PLUS Cleared Parent Drivers.

"School Provided 3" = School Vans provided for athletes, but families may choose to transport their own athlete.

GRANITE BAY HIGH SCHOOL SWIM COACHES

Sean Greeley	Head Coach	sgreeley@rjuhsd.us	916-813-7498
Emma Hansen	Head Coach	gbcoachemmahansen@gmail.com	858-603-2597
Michael Hansen	Assistant Coach	sdhansen.michael@gmail.com	858-342-6170
Heidi Sherman	Assistant Coach	heidisherman33@gmail.com	916-301-1417
Javier Salcedo	Diving Coach	javalas1624@gmail.com	916-390-8290
Tim Healy	Athletic Director	thealy@rjuhsd.us	

ROSEVILLE JOINT UNION HIGH SCHOOL DISTRICT

PARENT PERMISSION FOR SCHOOL RELATED TRIP AND CONSENT TO TREAT

☐ Adelante HS
 ☐ Antelope HS
 ☒ Granite Bay HS
 ☐ Oakmont HS
☐ Roseville HS
 ☐ Woodcreek HS
 ☐ _____

This form must be completed for each activity and submitted five school days before the scheduled event.

Student's Full Name (print): _____ has the opportunity to take part in a series of school activities away from school. Participation in these events is purely voluntary and requires your written permission. If you approve the following arrangements, please sign at the bottom and return the form to the faculty sponsor.

I understand and acknowledge that Education Code 35330 provides that all persons participating in the school-related trip shall be deemed to have waived all claims against the District or the State of California for injury, accident, illness or death occurring during or by reason of the trip. In consideration thereof, I do hereby forever release and discharge, for ourselves, our heirs, executors, administrators, and assigns, the Roseville Joint Union High School District, its Board of Trustees and its officers, agents and employees of and from any and all claims of whatsoever kind of nature, for or because of personal injury, accident, property damage, illness, or death of any kind or nature, which may occur to the above-named student during said trip.

Event: _Swimming and Diving_____

Destination: __Various (see back for schedule)_____

Date of Trip: Various (see back) **Estimated Time of Departure** _____ **Estimated** ☐ am ☐ pm

Time of Return: _____ Means of ☐ am ☐ pm

Transportation: (Please check appropriate box)

District Owned Bus	<input type="checkbox"/>	Commercial Carrier	<input type="checkbox"/>	Walking	<input type="checkbox"/>
District Owned Vehicle	<input type="checkbox"/>	Private Vehicle	<input type="checkbox"/>	Bicycle	<input type="checkbox"/>

Name of Commercial Carrier: _____

***** Original form must be carried with sponsor during trip*** Copy of form must remain in office*****

I further understand that in the case of medical emergency, illness, or injury, the coach or other staff member has my express permission to take the above named student to a doctor or medical facility to receive emergency treatment.

IMPORTANT MEDICAL CONDITION/ALLERGY INFORMATION SCHOOL PERSONNEL SHOULD KNOW:

EMERGENCY PHONE NUMBERS:

Cell: _____ Home: _____ Work: _____

Print Name of Parent or Guardian

Signature of Parent or Guardian

Date