



Lassiter Swim and Dive

2021-22

END OF SEASON BANQUET

2/16/2022

GO TROJANS



Lassiter Invite Duck Raffle

FOCUS has been providing the FAST Fins Adaptive Swim Team since January of 2009. Every season we serve around 80 children and teens with special needs and their siblings by giving them the opportunity to be part of a team experience. FAST Fins provides eight separate practices across metro Atlanta supervised by physical and occupational therapists, recreation instructors, and experienced volunteers who provide a welcoming and supportive environment for swimmers to grow in their abilities. Swimmers practice for months in the spring and fall seasons leading up to the biannual intra-squad meet that brings all of our separate practices together to compete and celebrate their accomplishments. FAST Fins is always evolving to better serve our swimmers' needs and FOCUS is constantly striving to provide the best programs for its families. We hope to keep swimming for years to come.





2021-22 Accomplishments

Boys

- 3rd Place Cobb County Championship
- 10th Place GHSA 6A State Championship



Girls

- 2nd Place Cobb County Championship
- 1st Place GHSA 6A State Championship!!!



2021-22 VARSITY COUNTY TOP 10: BOYS

Keifer Duong
(10th 100
Breast)

Elliot Elmore
(7th 100 Fly, 1st
100 Breast)

Adam O'Brien
(1st 100 Fly, 3rd
100 Back)

Aidan O'Brien
(10th 100 Fly)

Parker Tanke
(7th 200 IM,
6th 100 Back)

2021-22 VARSITY COUNTY TOP 10: GIRLS

**Kate Bradley (4th
100 Fly, 5th 100
Back)**

**Allison Brown (4th
200 Free, 2nd 500
Free)**

**Francie Carson
(2nd 200 Free, 3rd
100 Free)**

**GiannaMarie
Conti (6th 200 IM,
9th 100 Breast)**

**Finnly Jollands
(10th 200 IM, 3rd
100 Back)**

**Rose Jones (5th
100 Free, 8th 100
Breast)**

2021-22 VARSITY COUNTY TOP 10: GIRLS CONTINUED

**Bridget
O'Shaughnessy**
(5th 200 Free, 3rd
500 Free)

**Maggie
O'Shaughnessy**
(5th 200 IM, 3rd
100 Breast)


**Sophia Parker (4th
50 Free, 2nd 100
Fly)**

**Morgan Shaw (9th
100 Fly)**

**Gavin Suchan (9th
500 Free)**

**Elizabeth Tilt (1st
200 IM, 1st 100
Fly)**

2021-22 State Team

- 
- Elizabeth Blanco
 - Kate Bradley
 - Allison Brown
 - Francie Carson
 - Gianna Conti
 - Keifer Duong
 - Elliot Elmore
 - Jason Franklin
 - Cosy Gale
 - Finnly Jollands
 - Rose Jones
 - Caroline Lee
 - Kate Lindsley
 - Carter Loftin
 - Cody Miles
 - Grace Moor
 - Adam O'Brien
 - Aidan O'Brien
 - Bridget O'Shaughnessy
 - Maggie O'Shaughnessy
 - Sophia Parker
 - Olivia Peters
 - Abby Peyton
 - Andrew Pokorny
 - Morgan Shaw
 - Parker Tanke
 - Elizabeth Tilt

2020-21 GHSA 6A State Championship Top 20: Boys

Elliot Elmore
(9th 50 Free,
12th 100 Breast)

Carter Loftin
(1st Diving)

Parker Tanke
(8th 200 IM, 13th
100 Back)

2020-21 GHSA 6A State Championship Top 20: Girls

Kate Bradley (5th
100 Fly, 4th 100
Back)

Allison Brown (3rd
200 Free, 2nd 500
Free)

Francie Carson (2nd
200 Free, 2nd 100
Free)

GiannaMarie Conti
(8th 200 IM)

Cosy Gale (8th 100
Free)

Finnly Jollands (7th
50 Free, 2nd 100
Back)

Rose Jones (7th 100
Free, 7th 100
Breast)

Bridget
O'Shaughnessy (4th
200 Free, 3rd 500
Free)

Maggie
O'Shaughnessy (6th
200 IM, 2nd 100
Breast)

Sophia Parker (12th
200 Free, 4th 100
Fly)

Morgan Shaw (10th
50 Free, 8th 100 Fly)

Elizabeth Tilt (1st
200 IM, 1st 100 Fly)

Boys 200 Medley Relay- 6th

• Parker Tanke, Elliot Elmore, Adam O'Brien, Jason Franklin

**Boys 400 Freestyle Relay-
9th**

• Parker Tanke, Aiden O'Brien, Elliot Elmore, Adam O'Brien

Girls 200 Medley Relay- 1st

• Elizabeth Tilt, Maggie O'Shaughnessy, Sophia Parker, Francie Carson

**Girls 200 Freestyle Relay-
1st**

• Kate Bradley, Finnly Jollands, Sophia Parker, Allison Brown

**Girls 400 Freestyle Relay-
1st**

• Allison Brown, Bridget O'Shaughnessy, Francie Carson, Elizabeth Tilt

State Relay Recognition

STATE CHAMPS!

CARTER LOFTIN

Dive



ELIZABETH TILT

200 IM

100 Butterfly



All America Qualifiers and NFHS Honor Roll

Consideration

Francie Carson- 200 Free, State Prelims, 1:49.55

Carter Loftin- 11 dives, Noah Smith Invitational, 495.75

Girls 200 Medley Relay- State Finals, 1:44.09

Elizabeth Tilt, Maggie O'Shaughnessy, Sophia Parker, Francie Carson

Girls 200 Free Relay- State Finals, 1:35.91

Kate Bradley, Finnly Jollands, Sophia Parker, Allison Brown

Automatic

Girls 400 Free Relay- State Finals, 3:27.06

Allison Brown, Bridget O'Shaughnessy, Francie Carson, Elizabeth Tilt

NFHS Honor Roll

Elizabeth Tilt- 200 IM, County Finals, 1:59.15

100 Fly, County Finals, 53.30

2021-22 New School Records: Individuals

Francie Carson

200 Freestyle, State Prelims, 1:49.55

- Previous record from 2017

Carter Loftin

6 Dives, N Gwinnett Meet, 343.00

- Previous record from last season

12 Dives, State Meet, 654.90

- Previous record from last season

Elizabeth Tilt

200 IM, County Finals, 1:59.15

- Previous record from last season

100 Fly, County Finals, 53.30

- Previous record from last season

2021-22 New School Records: Relays

Girls 200 Medley Relay

State Finals, 1:44.09

- Elizabeth Tilt, Maggie O'Shaughnessy, Sophia Parker, Francie Carson
- Previous record from 2011

Girls 200 Freestyle Relay

State Finals, 1:35.91

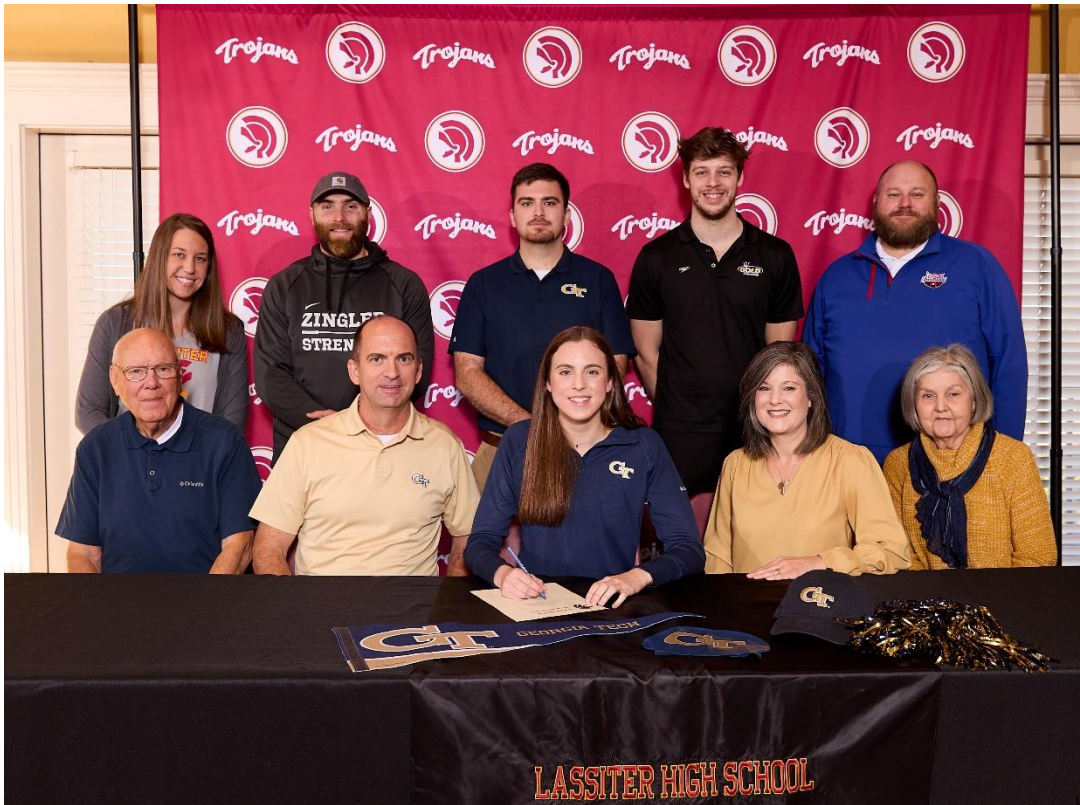
- Kate Bradley, Finnly Jollands, Sophia Parker, Allison Brown
- Previous record from 2009

Girls 400 Freestyle Relay

State Finals, 3:27.06

- Allison Brown, Bridget O'Shaughnessy, Francie Carson, Elizabeth Tilt
- Previous record from 2011

Class of 2022 Signees



- **Allison Brown**
 - Georgia Institute of Technology



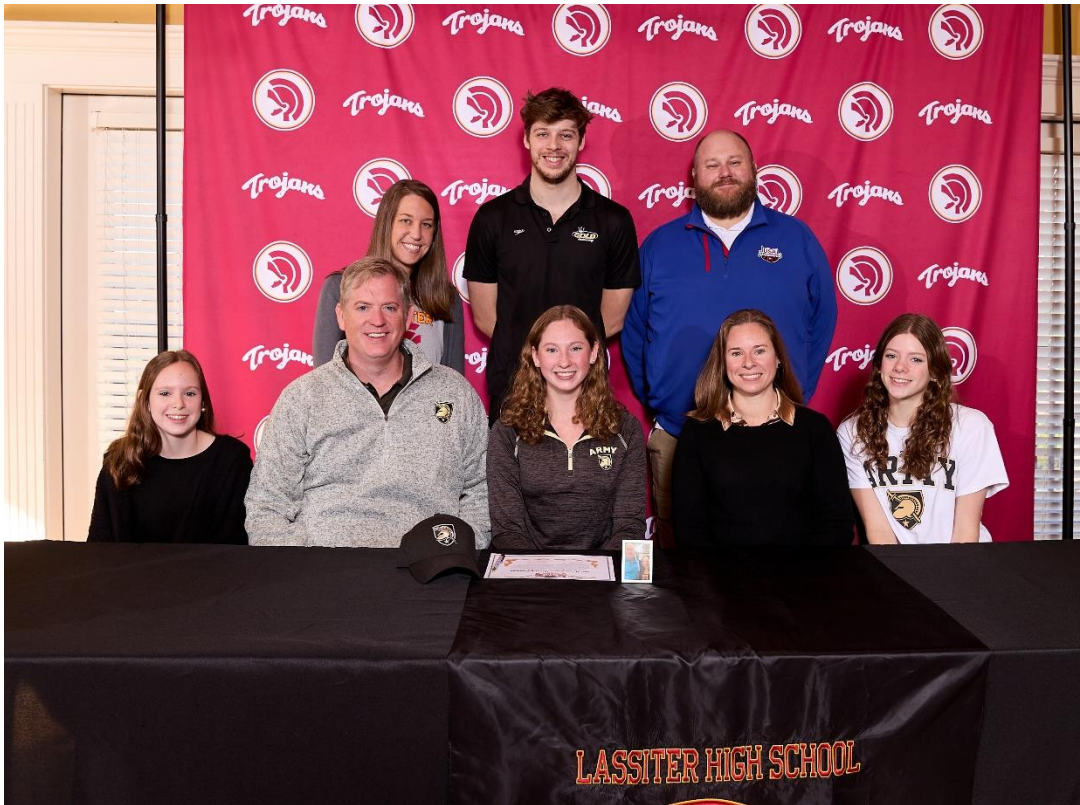


Class of 2022 Signees



- **Francie Carson**
 - University of Georgia





Class of 2022 Signees

- **Bridget O'Shaughnessy**
 - United States Military Academy at West Point



Underclassmen

LETTER AND CERTIFICATE PRESENTATION

Freshmen

- Evelyn Barber
- Kate Bradley
- Mathias De Araujo
- Elizabeth George
- Eva Godinez
- Oren Horak
- Finnly Jollands
- Rose Jones
- Ryan Kotarba
- Alexander Magdusian
- Madison Maturine
- Cody Miles
- Annabeth Miller
- Haiden Miller
- Austin Moon
- Maggie O'Shaughnessy
- Marcelo Paez Benavides
- Elijah Ronemous
- Annabelle Simmons
- Patrick Wilson

Sophomores

- Mackenzie Bryant
- Sophia Bucaj
- Gianna Conti
- Kate Duong
- Elliot Elmore
- Julian Farah
- Cosy Gale
- Tim Harrison
- Daniel Horne
- Kathryn Lindsley
- Lindsey McCrea
- Aidan O'Brien
- Alex Presuel
- Julia Randall

Juniors

- Arsh Ali
- Yan Babayeuski
- Griffin Dilworth
- Emily Freeland
- Maddie Hobby
- Nathan Judd
- Caroline Lee
- Jessica Lee
- Carter Loftin
- Nicolas Magdusian
- Grace Moor
- Sophia Parker
- Olivia Peters
- Maya Roberts
- Morgan Shaw
- Ella Sortino
- Gavin Suchan
- Parker Tanke
- Elizabeth Tilt
- Bridget Walsh



2021-2022 Senior Class

Seniors in the Classroom

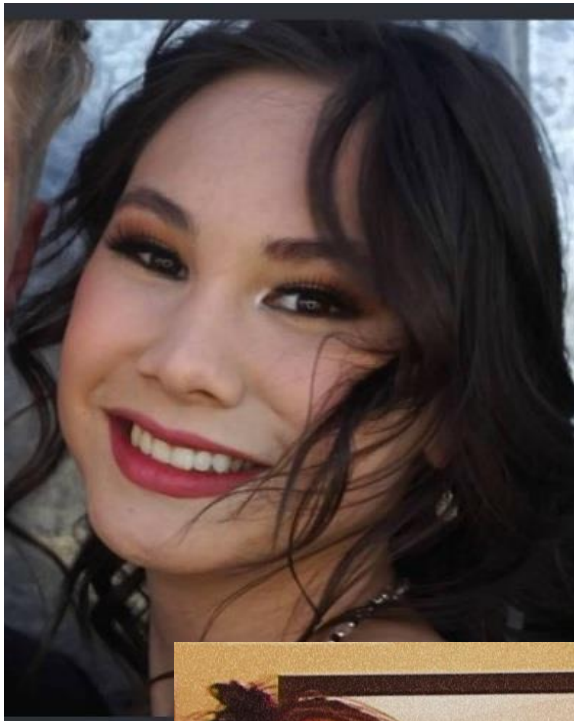


Swimmers and Divers in the Class of 2022 have an average weighted GPA of 4.02!

Academic All Americans- Varsity
Letter Recipient with a weighted GPA of 3.75 or higher

*CSCA Scholarship due Friday!

- Charlie Banks
- Elizabeth Blanco
- Allison Brown
- Francie Carson
- Gabi Conti
- Keifer Duong
- Riley Elliot
- Jason Franklin
- Josh Howard
- Bridget O'Shaughnessy
- Adam O'Brien
- Abby Peyton
- Andrew Pokorny



Elizabeth Blanco



- 4 year team member
- Favorite Event: 100 Back and 200 Medley Relay
- Favorite Memory: Praying around the ice bucket before relays
- Plans to attend UGA and taking the career path of a nurse practitioner



Seth Claycomb

- 3 year Team Member
- Favorite Dive: Reverse
- Favorite Memory: dive nicknames
- Plans on going to college and becoming an engineer.





Gabi Conti

- 2 year team member
- Favorite Event: 100 Breast
- Favorite Memory: getting food after meetings
- Unsure about college but wants to be an aerospace engineer



Riley Elliot

- 4 year team member
- Favorite Event: 100 Back
- Favorite Memory: Going out for food after meets
- Plans on attending UGA and majoring in Biology on a pre-med track





Alex Hill

- 3 year team member
- Favorite Event: (Dive) Front Meets
- Favorite Memory: Watching people flop in the water
- Plans on attending college and studying forensics





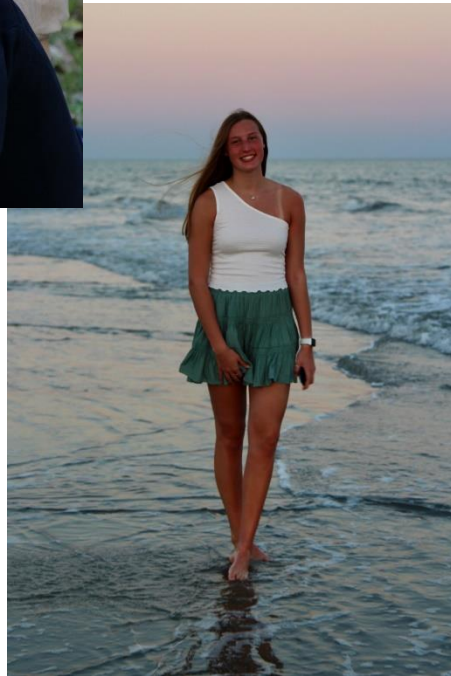
Josh Howard

- 1 year team member
- Favorite Event: 100 Breast
- Favorite Memory: Competing against friends in races
- Plans on attending KSU



Kate Kudlac

- 1 year team member
- Favorite Event: 100 Breast
- Favorite Memory: Maddie's honking cough at practice
- Plans on playing Volleyball at Colorado School of the Mines and studying biomedical engineering



Bridget O'Shaughnessy



- 2 year team member
- Favorite Event: 500 Freestyle
- Favorite Memory: having had the incredible opportunity join such dedicated, talented, and supportive team, sitting in our freezing cars in the sketchy Chick-fil-a parking lot after Junior year county
- Plans on swimming at The United States Military Academy at West Point; Major in Law and Legal Studies & Minor in Terrorism Studies



Adam O'Brien

- 3 year team member
- Favorite Event: 100 Fly
- Favorite Memory: Sophomore year county
- Plans on swimming in college while majoring in mechanical engineering.



Andrew Pokorny

- 3 year team member
- Favorite Event: 100 Back
- Favorite Memory: making state for the first time
- Unsure about college



Charlie Banks

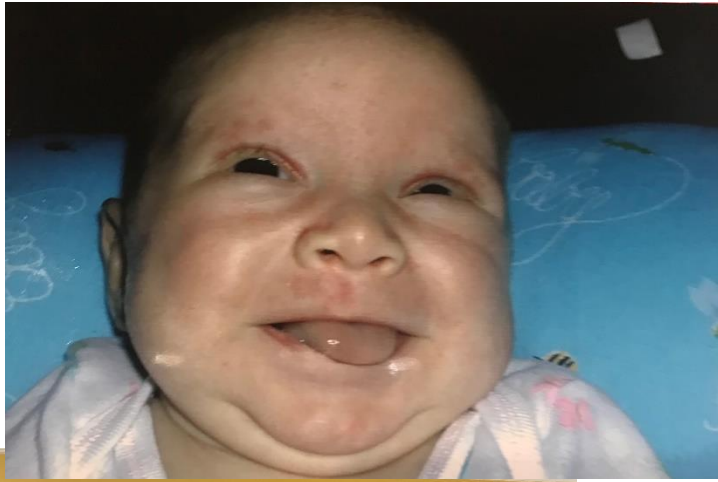


- 4 year team member
- Team Captain
- Favorite Event: 50 Free
- Favorite Memory: winning the medley relay at county junior year
- Plans to play baseball in college



Allison Brown

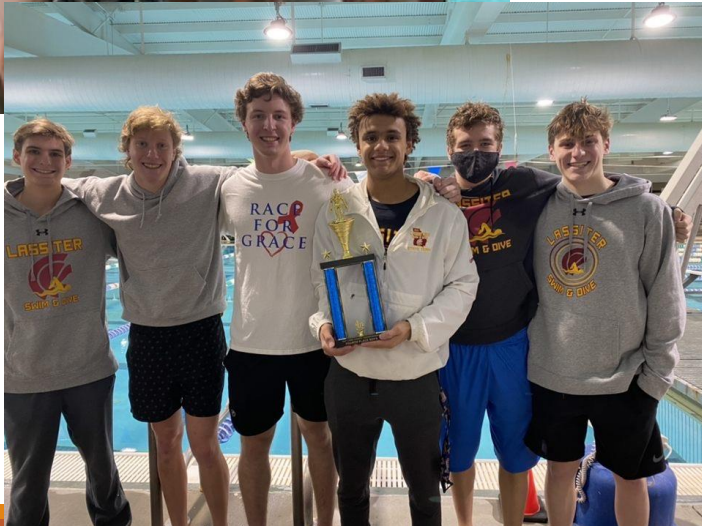
- 4 year team member
- Team Captain
- Favorite Event: 500 free
- Favorite Memories: Swimming on relays at county and state and cheering on her teammates.
- Will be swimming at Georgia Tech and majoring in either Neuroscience or Industrial Engineering



Francie Carson

- 4 year team member
- Team Captain
- Favorite Event: 200 Free
- Favorite Memory: Bus rides to state, singing terribly with my teammates, leading cheers, state and county relays, my Mariah Carey walk out song at county
- Plans on attending and swimming at UGA





Jason Franklin

- 4 year team member
- Team Captain
- Favorite Event: 50 Free
- Favorite Memory: Celebrating the girls state team win at Georgia Tech my sophomore year
- Plans on attending UGA and majoring in mechanical engineering

Abby Peyton

- 4 year team member
- Team Captain
- Favorite Event: 50 and 100 Free
- Favorite Memory: bus rides to and from state and winning state back to back to back!
- Plans on attending UGA and majoring in Biology



High Point Award

- The High Point Award is given to a boy and a girl in each grade level. These swimmers or divers have contributed the most to the team point wise during the 2021-22 season. Point totals were based on all meets throughout the season and on individual as well as relay swims.



High Point Award Winners

9th

Austin Moon

Kate Bradley

11th

Parker Tanke

Elizabeth Tilt

10th

Elliot Elmore

Gianna Conti

12th

Jason Franklin

Francie Carson



Most Dedicated Award

- The most dedicated award is given to a boy and girl who has consistently worked hard towards their goals throughout the 2021-22 season. They have put forth a tremendous amount of effort and practice and it has shown in their times and performances at meets.

Most Dedicated Award Winners

Griffin
Dilworth

Grace
Moor

Rookie Award

- The Rookie Award is given to a boy and girl who are first year team members who have made a huge impact on the team in their short amount of time on it. These recipients have consistently had a good attitude, work ethic and have contributed a lot to the team point wise at meets. We are glad to have these rookies 😊

Rookie Award Winners

Austin Moon

Maggie
O'Shaughnessy

Most Improved Award

- The most improved award is given to both a boy and girl who have made the most progress in both their times and success at practice throughout the season. There hard work has been shown in meets and they should be very proud of their progress!

Most Improved Award Winners

Elijah
Ronemous

Maya
Roberts

Captain Award

- The Captain Award is given to a member of the 2022 graduating class. These recipients have gone above and beyond the coaches' expectations and have always been there to support the team in any and every way. They have been model athletes for the younger team members to look up to and the team and coaches will greatly miss them next season.

Captain Award Winners

Jason
Franklin

Abby
Peyton

2022-23 Captains

.....

2022-23 Swim & Dive Captains...

Carter
Loftin

Grace
Moor

Sophia
Parker

Gavin
Suchan

Parker
Tanke

Elizabeth
Tilt

THANK
YOU!!!!!!

To all Parents
but especially
these ones!

*Senior
Parents

Executive Board

- *Lisa Peyton (CoPresident)
- Jenny Gale (CoPresident)
- Kim Tanke (Vice President)
- *Michele Franklin (Secretary)
- Doug Tilt (Treasurer)

Committee Chairs

- Amy Moor (Spirit Wear)
- Melinda Conti and *Kylee Elliott (Banquet)
- Rhonda Tilt (Caps/Suits)
- Stefanie and Rob Brown (homecoming float and holiday party)
- Kelli O'Shaughnessy (website and food table)
- Mary George and *Amy Banks (Pasta Party)