

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024

Results - Prelims

Event 3 Girls 200 Yard Medley Relay

National HS:	1:38.13	U	2018	Fossil Ridge (CO)	Fossil Ridge (CO)
NCS Meet:	1:40.73	N	2011	Stewart, Bartel, Gillilan, Alons	
				Carondelet	Carondelet
				M. White, A. Gargalikis, C. Ray, C. Chenault	
	1:44.27	AA-A	All American Auto		
	1:46.16	AA-C	All America Cons		
	1:46.89	CIFA	CIF Automatic		
	1:50.53	CIFC	CIF Consideration		

Team	Relay			Seed Time	Prelim Time
Preliminaries					
1 San Ramon Valley				1:42.48	1:44.20 AA-A
1) Miranda Stevenson SR	2) Hayley Gregory SR	3) Alexis Parkinson SO	4) Avery Knapp SR		
25.42	54.47 (29.05)	1:20.05 (25.58)	1:44.20 (24.15)		
2 Carondelet				1:44.92	1:44.75 AA-C
1) Madison O'Connell SR	2) Katherine Kracht SO	3) Natalie Aiken SR	4) Elsa Horciza SR		
26.03	56.24 (30.21)	1:20.78 (24.54)	1:44.75 (23.97)		
3 Campolindo				1:43.20	1:46.39 CIFA
1) Adriana Smith SR	2) Lucy Kao SO	3) Jasmine Fok SR	4) Ana Pieper SR		
25.94	56.65 (30.71)	1:21.49 (24.84)	1:46.39 (24.90)		
4 Monte Vista				1:45.23	1:47.21 CIFC
1) Ella Busquets FR	2) Eva Busquets SO	3) Molly Lind SO	4) Jenna Patridge JR		
25.81	57.41 (31.60)	1:23.10 (25.69)	1:47.21 (24.11)		
5 Amador Valley				1:50.51	1:48.61 CIFC
1) Rylee Hutchinson SO	2) Lillyana Caples SO	3) Elayna Ling JR	4) Nicole Xu SO		
27.46	1:01.73 (34.27)	1:23.86 (22.13)	1:48.61 (24.75)		
6 Las Lomas				1:49.79	1:49.25 CIFC
1) Sydney Walburg SR	2) Natayla Campanile FR	3) Annabelle Kruger FR	4) Sierra Brown SR		
27.99	57.64 (29.65)	1:25.32 (27.68)	1:49.25 (23.93)		
7 Granada				1:49.53	1:50.28 CIFC
1) Eva Kaye SO	2) Gabby Kleman SO	3) Megan Lemler SO	4) Brooke Bennett SO		
27.86	59.10 (31.24)	1:25.93 (26.83)	1:50.28 (24.35)		
8 College Preparatory				1:52.55	1:50.77
1) Mollie Appl SR	2) Natalie Mak JR	3) Lily Yung FR	4) Sydney Rose FR		
27.21	57.51 (30.30)	1:22.87 (25.36)	1:50.77 (27.90)		
9 Tamalpais				1:52.14	1:50.96
1) Addison Everage SO	2) Chloe Firmage JR	3) Annika Hakes FR	4) Elle Philp SO		
26.63	58.96 (32.33)	1:25.10 (26.14)	1:50.96 (25.86)		
10 Washington				1:51.86	1:50.99
1) Sarah Gilbert SR	2) Emma Gyorkos JR	3) Tran Doan JR	4) Shristi Bandyopadhyay SR		
29.74	59.81 (30.07)	1:26.29 (26.48)	1:50.99 (24.70)		
11 Northgate				1:50.35	1:51.03
1) Lily Struempf SR	2) Vlada Chekurova JR	3) Reagan Berger SO	4) Rebecca Griffin FR		
27.79	59.27 (31.48)	1:26.52 (27.25)	1:51.03 (24.51)		
12 Cardinal Newman				1:51.60	1:51.40
1) Natalie Farquhar SR	2) Lydia Cunningham SO	3) Morgan Puckett JR	4) Jordyn Menconi SO		
26.26	58.64 (32.38)	1:25.50 (26.86)	1:51.40 (25.90)		
13 Benicia				1:52.56	1:52.48
1) Olivia Pettit	2) Mackenzie Mincy	3) Vanessa Sandoval	4) Piper Whitty		
27.40	1:00.52 (33.12)	1:28.26 (27.74)	1:52.48 (24.22)		
14 Dougherty Valley				1:51.43	1:52.98
1) Katelyn Roncal JR	2) Kobi Wong JR	3) Grace Li SR	4) Katie Hu FR		
28.05	59.66 (31.61)	1:27.37 (27.71)	1:52.98 (25.61)		

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024**Results - Prelims****Preliminaries ... (Event 3 Girls 200 Yard Medley Relay)**

	Team	Relay	Seed Time	Prelim Time
15	Maria Carrillo		1:52.52	1:54.87
	1) Chloe Morelle SO	2) Lutece Morelle JR	3) Kennedy Lee SR	4) Chloe Benefield FR
	29.57	1:01.89 (32.32)	1:27.24 (25.35)	1:54.87 (27.63)
16	Castro Valley		1:54.02	1:55.07
	1) Khanh Seaton FR	2) Amalya Khodursky FR	3) Corinne Arakawa JR	4) Dasha Kryuchkova SO
	28.70	1:00.92 (32.22)	1:29.16 (28.24)	1:55.07 (25.91)
17	Sonoma Valley		1:56.55	1:55.21
	1) Maya Garcia JR	2) Remy Harrison JR	3) Alegria Silvi JR	4) Kendall Caton SO
	31.36	1:00.33 (28.97)	1:27.63 (27.30)	1:55.21 (27.58)
18	American High School		1:55.59	1:55.38
	1) Michelle Huang SR	2) Maya Hetland SO	3) Julia Wan SO	4) Hailey Olalia SO
	31.88	1:02.09 (30.21)	1:29.27 (27.18)	1:55.38 (26.11)
19	Mission San Jose High School		1:57.30	1:55.83
	1) Jennifer Xu SO	2) Meghan Ly SR	3) Alavya Patnaik SO	4) Katelynn Tran FR
	30.48	59.79 (29.31)	1:29.69 (29.90)	1:55.83 (26.14)
20	California		1:55.65	1:55.98
	1) Samantha Gee JR	2) Sisi Trento	3) RaRa Thompson	4) Taylor Lim
	28.86	1:01.84 (32.98)	1:30.55 (28.71)	1:55.98 (25.43)
21	Heritage		1:55.07	1:56.08
	1) Maddie Guo SR	2) Natalia Avalos Paz SR	3) Paige Weideman FR	4) Sam Chao SR
	29.61	1:01.83 (32.22)	1:30.44 (28.61)	1:56.08 (25.64)
22	American Canyon		1:56.57	1:56.86
	1) Anna Efe FR	2) Chrystabelle Ramp FR	3) Alejandra Valladares SR	4) Isabella Mosing SO
	27.84	1:04.67 (36.83)	1:30.62 (25.95)	1:56.86 (26.24)
23	Piedmont High School		1:54.01	1:57.02
	1) Sonja Ten Grotenhuis SO	2) Abigail Jacoby FR	3) Josephine Oesterer FR	4) Sydney Olson FR
	31.11	1:03.78 (32.67)	1:31.23 (27.45)	1:57.02 (25.79)
24	Newark Memorial		1:59.95	1:57.08
	1) Sophia McLoy JR	2) Adiana Kundrat FR	3) Elizabeth Haba SO	4) Aries Leyva SR
	30.98	1:02.74 (31.76)	1:29.60 (26.86)	1:57.08 (27.48)
25	Foothill		1:53.27	1:57.75
	1) Emmy Tsao SR	2) Emerson Muise JR	3) Addison Southern SR	4) Clare Alexander JR
	29.62	1:03.58 (33.96)	1:31.67 (28.09)	1:57.75 (26.08)
26	Berean Christian		1:58.45	1:57.78
	1) Ariel Fruge FR	2) Brookelyn Helmick FR	3) Sophia Schulz FR	4) Donna Talmadge JR
	30.13	1:04.40 (34.27)	1:32.61 (28.21)	1:57.78 (25.17)
27	Branson		1:57.51	1:58.19
	1) Maeve McAuley SR	2) Ashley Vela Perez SO	3) McKenzie Kwei JR	4) Roya Becker FR
	29.05	1:02.29 (33.24)	1:30.41 (28.12)	1:58.19 (27.78)
28	El Cerrito		1:59.51	1:58.24
	1) Mya de Hart JR	2) Miki Berliner SO	3) Elise de Hart FR	4) Hollyce Bauer SO
	29.86	1:02.36 (32.50)	1:30.31 (27.95)	1:58.24 (27.93)
29	Redwood		1:57.26	1:58.92
	1) Brittney Blair SO	2) Annabelle Kilgore SO	3) Ava Pellumbi FR	4) Isabella Babb SO
	31.20	1:05.16 (33.96)	1:32.93 (27.77)	1:58.92 (25.99)
30	Alhambra High School		1:59.02	1:59.28
	1) Chiara Ke JR	2) Roxanne Tillberg SR	3) Briar Cue SO	4) Isabelle Cooley SR
	31.56	1:05.12 (33.56)	1:33.45 (28.33)	1:59.28 (25.83)
31	Novato		1:57.36	2:00.23
	1) Gracie Thelan SR	2) Tessa Garvey Miller JR	3) Anja Bayer SO	4) Kate Metzger SO
	32.36	1:05.04 (32.68)	1:33.66 (28.62)	2:00.23 (26.57)
32	Archie Williams		1:56.33	2:00.59
	1) Zoe Cass-Lein SO	2) Ada Hardin FR	3) Jax Finley JR	4) Makena Quinones JR
	30.01	1:03.14 (33.13)	2:00.59 (57.45)	

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Results - Prelims

Preliminaries ... (Event 3 Girls 200 Yard Medley Relay)

	Team	Relay		Seed Time	Prelim Time
33	Dublin			1:59.05	2:01.02
	1) Kopal Tare FR	2) Kelsie Spears SO	3) Veronica Moore FR	4) Emmy Loftus JR	
	31.16	1:05.03 (33.87)	1:33.86 (28.83)	2:01.02 (27.16)	
34	Marin Catholic			1:58.18	2:06.53
	1) Samantha Ariyoshi FR	2) Katie Lyons JR	3) Kate Wentzell FR	4) Emma Slaught JR	
	33.84	1:09.74 (35.90)	1:39.71 (29.97)	2:06.53 (26.82)	
---	Berkeley High School			1:53.86	DQ
	1) Lily Schultz JR	2) Charlotte Livermore JR	3) Samishka Chitnis FR	4) Abril Esqueda SR	
	29.37	59.79 (30.42)	1:28.05 (28.26)	DQ (25.80)	
---	Clayton Valley Charter			1:53.81	DQ
	1) Abby Ikeda FR	2) Maya Canada SR	3) Abigail Keller FR	4) Gianna Kougios SR	
	29.48	1:01.05 (31.57)	1:29.05 (28.00)	DQ (25.04)	
---	James Logan			1:58.05	DQ
	1) Bethany Kiang SR	2) Sophie Lowe JR	3) Angela D'Amelio SR	4) Jaslyn Tsui SO	
	29.49	1:03.88 (34.39)	1:31.73 (27.85)	DQ (27.30)	
---	Miramonte			1:53.78	DQ
	1) Adelie Reiner SR	2) Bella Beaver FR	3) Ali Larsen JR	4) Tali Stryker SR	
	29.37	1:02.04 (32.67)	1:28.67 (26.63)	DQ (23.21)	
---	Irvington			1:54.77	DQ
	1) Alison Su FR	2) Kayli Dai JR	3) Isabel Lam FR	4) Erin Wong JR	
	26.29	59.73 (33.44)	1:27.21 (27.48)	DQ (25.94)	
---	Marin Academy			1:55.35	DFS
	1) Hannah Reichley FR	2) Hannah Shoup FR	3) Brooke Bent SR	4) Kelly Kurtzig FR	

Event 4 Boys 200 Yard Medley Relay

National HS:	1:26.88	U	2022	Carmel (IN)	Carmel (IN)
				Sullivan, Malicki, Shackell, Holmes	
NCS Meet:	1:30.26	N	2015	Northgate	Northgate
				C. Kirkpatrick, S. Wu, M. Tittle, M. Bottene	
	1:32.76	AA-A	All American Auto		
	1:34.41	AA-C	All America Cons		
	1:34.50	CIFA	CIF Automatic		
	1:37.99	CIFC	CIF Consideration		

Team	Relay		Seed Time	Prelim Time	
Preliminaries					
1 American High School			1:31.75	1:31.61	AA-A
1) Edward Huang SR	2) Donovan Tse SR	3) Ryin Ruaboro SR	4) Ray Cillo SR		
22.28	47.97 (25.69)	1:10.63 (22.66)	1:31.61 (20.98)		
2 De La Salle High School			1:35.68	1:33.18	AA-C
1) Blake Hill SO	2) Finn Sepic JR	3) Conor Halley-McCarty SR	4) Charley Wilson JR		
23.90	49.53 (25.63)	1:12.32 (22.79)	1:33.18 (20.86)		
3 San Ramon Valley			1:33.64	1:33.96	AA-C
1) Nate Cheney JR	2) Sam Seybold SR	3) Kushawn Harandi JR	4) Chase King SR		
24.08	49.84 (25.76)	1:12.99 (23.15)	1:33.96 (20.97)		
4 Amador Valley			1:33.41	1:34.41	AA-C
1) Cade Vieler FR	2) Devyn Caples SR	3) Oryan Liu SO	4) Andrew Lillie SR		
23.70	49.54 (25.84)	1:12.81 (23.27)	1:34.41 (21.60)		
5 Campolindo			1:36.80	1:34.86	CIFC
1) Joseph Goett FR	2) Parker Smith SR	3) Gavin Cameto FR	4) Grayson Bloes FR		
24.31	50.49 (26.18)	1:13.48 (22.99)	1:34.86 (21.38)		
6 Terra Linda			1:35.78	1:35.06	CIFC
1) Ben Butler JR	2) Nicholas Arinduque FR	3) Rhys Garroway Myers FR	4) Jack Middleton SO		
24.12	49.75 (25.63)	1:14.30 (24.55)	1:35.06 (20.76)		

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024**Results - Prelims****Preliminaries ... (Event 4 Boys 200 Yard Medley Relay)**

Team	Relay	Seed Time	Prelim Time
7 Monte Vista		1:35.68	1:35.70 CIFIC
1) Jeremy Ting SO	2) Sammy Kan SR	3) Alex Nicholson SR	4) Preston Bouch SO
24.88	50.94 (26.06) 1:14.47 (23.53)	1:35.70 (21.23)	
8 Granada		1:37.80	1:36.06 CIFIC
1) Sebastian Santiago FR	2) Waseem Zeid JR	3) Tyler Ortiz FR	4) Nathanael Ridosko JR
24.24	51.81 (27.57) 1:14.73 (22.92)	1:36.06 (21.33)	
9 Las Lomas		1:36.16	1:36.17 CIFIC
1) Jon Mendelssohn JR	2) Will Brown SR	3) Dallas Hudson SR	4) Ian Bellanca SR
23.85	50.30 (26.45) 1:14.44 (24.14)	1:36.17 (21.73)	
10 Castro Valley		1:37.52	1:36.77 CIFIC
1) Simon Li JR	2) Wesley Hon JR	3) Jeremy Francis SR	4) Edvin Sabanovic JR
23.86	51.74 (27.88) 1:14.92 (23.18)	1:36.77 (21.85)	
11 Clayton Valley Charter		1:39.00	1:37.34 CIFIC
1) Diego Castaneda JR	2) Finn Cleary JR	3) Nicolas Bushnell SR	4) Kyle Stilinovich SO
22.67	51.36 (28.69) 1:15.52 (24.16)	1:37.34 (21.82)	
12 Washington		1:38.77	1:37.53 CIFIC
1) Owen Oviatt FR	2) Derek Ponsen SR	3) David Jeon SR	4) Leo Gao SR
26.29	51.76 (25.47) 1:15.79 (24.03)	1:37.53 (21.74)	
13 Dougherty Valley		1:37.82	1:37.78 CIFIC
1) Yuze Yue FR	2) Hunter Bian JR	3) Songpu Wu SO	4) Songrui Wu SO
25.66	53.13 (27.47) 1:17.15 (24.02)	1:37.78 (20.63)	
14 Tamalpais		1:37.94	1:37.80 CIFIC
1) Carter Albee SR	2) Paul Falzone SO	3) Andrew Sternfels JR	4) Dean Gustavson SR
25.03	52.82 (27.79) 1:16.43 (23.61)	1:37.80 (21.37)	
15 California		1:37.93	1:37.85 CIFIC
1) Nathan Maglalang	2) Jax Milasincic SR	3) Ethan Suehiro SO	4) Hudson Frew JR
26.63	53.09 (26.46) 1:16.06 (22.97)	1:37.85 (21.79)	
16 College Park		1:44.63	1:38.06
1) Zac Gartner SR	2) Nic Austen SO	3) Misha Popov JR	4) Connor Tillberg JR
25.03	51.87 (26.84) 1:16.32 (24.45)	1:38.06 (21.74)	
17 Foothill		1:34.81	1:38.53
1) Connor Kann SR	2) Ethan Wang SO	3) Phil Lin JR	4) Liam Alexander JR
25.35	53.04 (27.69) 1:16.65 (23.61)	1:38.53 (21.88)	
18 Northgate		1:34.81	1:38.84
1) Evan Sonoda SR	2) Marcus Manuel JR	3) Daniel Lewis SR	4) Dimitri Acevedo JR
26.07	52.64 (26.57) 1:16.30 (23.66)	1:38.84 (22.54)	
19 Miramonte		1:39.28	1:39.04
1) Lucas Washburn SR	2) Loron Washburn SR	3) Grant Kurtz SR	4) Pat Stice JR
25.85	55.12 (29.27) 1:17.78 (22.66)	1:39.04 (21.26)	
20 Head-Royce		1:44.14	1:40.14
1) Nithin Raghavan FR	2) Gabriel Reader JR	3) Chetan Raghavan JR	4) Ben Wang SR
26.57	54.90 (28.33) 1:17.90 (23.00)	1:40.14 (22.24)	
21 Heritage		1:42.55	1:40.84
1) Nick Cadero SO	2) Zach Lengyel SR	3) Dakota Mata SO	4) Travis Kralj SR
24.15	52.85 (28.70) 1:17.67 (24.82)	1:40.84 (23.17)	
22 Maria Carrillo		1:42.61	1:41.06
1) Lucas Wang SO	2) Phoenix Holt JR	3) Finn Brophy JR	4) Kai Holt JR
33.12	55.23 (22.11) 1:18.01 (22.78)	1:41.06 (23.05)	
23 Albany		1:43.20	1:41.92
1) Ryan Hong JR	2) Peter Gladkevich JR	3) Aasish Dangol JR	4) Phumin Chansiri JR
28.19	55.10 (26.91) 1:18.36 (23.26)	1:41.92 (23.56)	

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024**Results - Prelims****Preliminaries ... (Event 4 Boys 200 Yard Medley Relay)**

	Team	Relay	Seed Time	Prelim Time
24	Redwood		1:41.24	1:41.97
	1) Lukas Knauer JR	2) Owen Pritchard JR	3) Charles Scott JR	4) Ryan Voges SR
	27.11	54.18 (27.07) 1:19.12 (24.94)	1:41.97 (22.85)	
25	Bishop O'Dowd		1:41.69	1:42.04
	1) Jordan Estimo FR	2) Lukas Soderberg FR	3) Baran Watson FR	4) Isreal Gonzales JR
	26.15	54.99 (28.84) 1:19.46 (24.47)	1:42.04 (22.58)	
26	San Domenico		1:41.74	1:42.09
	1) Nolan Andrews FR	2) Avery Parks JR	3) Zane Schuman FR	4) Demyd Korsak FR
	25.65	54.30 (28.65) 1:18.72 (24.42)	1:42.09 (23.37)	
27	Liberty		1:42.68	1:42.25
	1) David Metez JR	2) Adrian Bennett-Nava SR	3) Luke Gunderman SR	4) Q Drief JR
	28.07	56.23 (28.16) 1:20.40 (24.17)	1:42.25 (21.85)	
28	Mission San Jose High School		1:44.31	1:42.31
	1) Jonathan Xu JR	2) Joseph Miao FR	3) Ryan Kumar SO	4) Kevin Liu SO
	27.36	55.95 (28.59) 1:19.76 (23.81)	1:42.31 (22.55)	
29	Berkeley High School		1:43.13	1:42.32
	1) Yair Sas JR	2) Lucas Darzacq FR	3) Connor Levi-Lang JR	4) Torben Wihlbiller JR
	25.69	55.64 (29.95) 1:19.50 (23.86)	1:42.32 (22.82)	
30	Piedmont High School		1:41.99	1:42.82
	1) Asher Takazawa FR	2) Evan Byun FR	3) Dimitri Secor FR	4) Simon March-Cunningham FR
	25.17	53.37 (28.20) 1:17.73 (24.36)	1:42.82 (25.09)	
31	Novato		1:42.91	1:42.87
	1) Ezra Portillo SR	2) Jackson Burt SO	3) Noah Nicholas SR	4) Jack Wien SO
	25.57	55.97 (30.40) 1:20.65 (24.68)	1:42.87 (22.22)	
32	Napa High School		1:42.12	1:43.11
	1) Andrew Dillon SR	2) Mario Delanni JR	3) Noah Hattori JR	4) Camerone Scargle SR
	26.23	53.88 (27.65) 1:19.55 (25.67)	1:43.11 (23.56)	
33	Justin-Siena		1:43.72	1:44.11
	1) Rafael Estimo SO	2) Viktor Tapia SR	3) Jacob Imhoff SO	4) Lucas Padowan SR
	26.09	55.71 (29.62) 1:20.19 (24.48)	1:44.11 (23.92)	
34	San Marin		1:44.55	1:45.21
	1) Miron Gridin SO	2) Ben Lotosh FR	3) Peyton Egide FR	4) Vaughn Miguel SR
	27.87	56.45 (28.58) 1:20.67 (24.22)	1:45.21 (24.54)	
35	American Canyon		1:41.21	1:45.65
	1) Rowen Valladares SR	2) Aidan Velicaria SR	3) Charles Plummer SO	4) Noah Zipay JR
	26.01	54.42 (28.41) 1:22.55 (28.13)	1:45.65 (23.10)	
36	Alhambra High School		1:44.78	1:46.41
	1) Mackinnley Kirshen SO	2) Xavier Poyadue SR	3) Noah Gutierrez JR	4) Gabriel Zinn SR
	27.52	58.56 (31.04) 1:23.09 (24.53)	1:46.41 (23.32)	
37	Dublin		1:46.22	1:46.74
	1) Ethan Briggs JR	2) Jason Wu SR	3) Evan Brown JR	4) Ranveer Jayaswal SO
	27.02	56.55 (29.53) 1:23.55 (27.00)	1:46.74 (23.19)	
38	El Cerrito		1:45.71	1:46.83
	1) Griffin Carr FR	2) Nate Willett Burfoot JR	3) Gabe Sabatini JR	4) Jonathan Larios SR
	27.70	55.39 (27.69) 1:21.83 (26.44)	1:46.83 (25.00)	
39	Analy		1:45.93	1:47.03
	1) Travis Black SO	2) Alessandro Salcido SO	3) Ty Kimbro JR	4) Luciano Tantarelli SO
	25.28	56.41 (31.13) 1:21.80 (25.39)	1:47.03 (25.23)	
---	Benicia		1:38.75	DQ
	1) Aden Li	2) Carter Hoffmann	3) Lucas Cagnon	4) Bryce Mincy
	23.18	51.19 (28.01) 1:15.98 (24.79)	DQ (21.83)	

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024

Results - Prelims

Event 5 Girls 200 Yard Freestyle

National HS: 1:41.55 U 2015

NCS Meet: 1:44.45 N 2013

1:48.74 AA-A All American Auto

1:50.65 AA-C All America Cons

1:51.40 CIFA CIF Automatic

1:54.10 CIFC CIF Consideration

Kathleen Ledecky

Chelsea Chenault

Stone Ridge (MD)

Carondelet

Name		Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Elisabeth Butler		JR Carondelet	1:49.82	1:49.33	AA-C
	25.27	52.55 (27.28)	1:20.71 (28.16)	1:49.33 (28.62)		
2	Lily Struempf		SR Northgate	1:50.82	1:49.95	AA-C
	25.81	53.58 (27.77)	1:21.74 (28.16)	1:49.95 (28.21)		
3	Rylee Hutchinson		SO Amador Valley	1:54.13	1:50.35	AA-C
	26.37	54.47 (28.10)	1:22.66 (28.19)	1:50.35 (27.69)		
4	Natalie Farquhar		SR Cardinal Newman	1:50.45	1:50.43	AA-C
	25.99	54.05 (28.06)	1:22.42 (28.37)	1:50.43 (28.01)		
5	Kaitlin Lee		SR Dublin	1:50.36	1:51.29	CIFA
	26.35	54.41 (28.06)	1:22.88 (28.47)	1:51.29 (28.41)		
6	Madison Blackwell		SR Campolindo	1:50.89	1:51.94	CIFC
	25.76	54.19 (28.43)	1:23.06 (28.87)	1:51.94 (28.88)		
7	Alison Su		FR Irvington	1:54.92	1:52.58	CIFC
	27.04	56.70 (29.66)	1:25.76 (29.06)	1:52.58 (26.82)		
8	Rosalie Hassett		SR Miramonte	1:53.05	1:52.65	CIFC
	26.64	55.63 (28.99)	1:25.04 (29.41)	1:52.65 (27.61)		
9	Francesca Lin		FR Amador Valley	1:57.14	1:52.66	CIFC
	26.83	55.46 (28.63)	1:24.23 (28.77)	1:52.66 (28.43)		
10	Lily Yung		FR College Preparatory	1:54.04	1:53.05	CIFC
	26.24	55.31 (29.07)	1:24.58 (29.27)	1:53.05 (28.47)		
11	Chloe Xu		SR Foothill	1:55.65	1:53.58	CIFC
	27.04	55.66 (28.62)	1:24.70 (29.04)	1:53.58 (28.88)		
12	Molly Lind		SO Monte Vista	1:54.83	1:54.34	
	26.31	55.20 (28.89)	1:24.53 (29.33)	1:54.34 (29.81)		
13	Ruth Andrews		FR Campolindo	1:54.12	1:54.37	
	27.20	56.43 (29.23)	1:25.53 (29.10)	1:54.37 (28.84)		
14	Rebecca Griffin		FR Northgate	1:53.76	1:55.07	
	27.01	56.37 (29.36)	1:25.49 (29.12)	1:55.07 (29.58)		
15	Lillyana Caples		SO Amador Valley	1:56.04	1:55.88	
	27.37	56.36 (28.99)	1:26.25 (29.89)	1:55.88 (29.63)		
16	Zoe Venetta		SO Monte Vista	1:56.15	1:56.17	
	26.90	55.89 (28.99)	1:25.88 (29.99)	1:56.17 (30.29)		
17	Taylor Rolefson		SO Piedmont High School	1:58.13	1:56.60	
	27.17	56.07 (28.90)	1:26.22 (30.15)	1:56.60 (30.38)		
18	Carlee Davis		SO Las Lomas	1:57.33	1:56.90	
	27.95	57.40 (29.45)	1:27.07 (29.67)	1:56.90 (29.83)		
19	Maile Turner		SR Monte Vista	1:58.02	1:57.20	
	26.56	55.84 (29.28)	1:26.39 (30.55)	1:57.20 (30.81)		
20	Megan Lemler		SO Granada	1:58.02	1:57.97	
	28.29	58.20 (29.91)	1:28.25 (30.05)	1:57.97 (29.72)		
21	Kate DeForrest		SR Redwood	1:58.44	1:58.10	
	27.90	57.69 (29.79)	1:27.70 (30.01)	1:58.10 (30.40)		
22	Olivia Pettit		Benicia	1:57.45	1:58.36	
	27.71	57.93 (30.22)	1:28.24 (30.31)	1:58.36 (30.12)		

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024

Results - Prelims

Preliminaries ... (Event 5 Girls 200 Yard Freestyle)

Name		Yr	School	Seed Time	Prelim Time
23	Luciana Carmichael	SO	Carondelet	1:59.63	1:58.45
	27.15	55.96 (28.81)	1:26.70 (30.74)	1:58.45 (31.75)	
24	Reagan Fullerton	FR	Carondelet	1:58.78	1:58.71
	27.60	57.46 (29.86)	1:28.04 (30.58)	1:58.71 (30.67)	
25	Josie Haast	SO	Carondelet	1:58.70	1:58.98
	27.71	57.63 (29.92)	1:28.16 (30.53)	1:58.98 (30.82)	
26	Natalia Avalos Paz	SR	Heritage	2:00.33	1:59.56
	28.30	58.25 (29.95)	1:28.91 (30.66)	1:59.56 (30.65)	
27	Tatum Akey	FR	San Ramon Valley	2:01.46	2:00.18
	28.21	58.82 (30.61)	1:29.78 (30.96)	2:00.18 (30.40)	
28	Chloe Thorn Leeson	SO	Campolindo	1:58.03	2:00.73
	27.80	58.39 (30.59)	1:29.81 (31.42)	2:00.73 (30.92)	
29	Oyu Tuvshintugs	JR	Northgate	1:59.50	2:00.76
	28.27	58.58 (30.31)	1:29.45 (30.87)	2:00.76 (31.31)	
30	Emmerson Wunderlich	SO	Novato	1:58.57	2:00.77
	27.64	58.18 (30.54)	1:29.47 (31.29)	2:00.77 (31.30)	
31	Ali Kosmowski	JR	Marin Academy	2:00.52	2:00.84
	28.15	58.51 (30.36)	1:29.85 (31.34)	2:00.84 (30.99)	
32	Cassie Clark	SO	Granada	2:00.30	2:01.06
	28.40	59.11 (30.71)	1:30.37 (31.26)	2:01.06 (30.69)	
33	Emmy Loftus	JR	Dublin	1:59.71	2:01.11
	28.99	59.52 (30.53)	1:30.75 (31.23)	2:01.11 (30.36)	
34	Kate Liu	SO	Miramonte	2:00.82	2:02.09
	28.69	1:00.19 (31.50)	1:31.78 (31.59)	2:02.09 (30.31)	
35	Mia Kelly	JR	San Domenico	2:01.29	2:02.56
	28.30	59.43 (31.13)	1:31.13 (31.70)	2:02.56 (31.43)	
36	Jane Gerbracht		California	2:01.09	2:02.60
	27.12	56.72 (29.60)	1:29.04 (32.32)	2:02.60 (33.56)	
37	Clare Baker	JR	Campolindo	2:01.23	2:02.79
	28.72	1:00.39 (31.67)	1:31.78 (31.39)	2:02.79 (31.01)	
38	Claire Cassidy	SR	Marin Catholic	2:01.73	2:03.30
	28.34	59.53 (31.19)	1:31.48 (31.95)	2:03.30 (31.82)	
39	Filuka Houborg	JR	Dougherty Valley	2:01.41	2:05.22
	29.00	1:00.81 (31.81)	1:21.28 (20.47)	2:05.22 (43.94)	
---	Ava Tseng	JR	San Ramon Valley	1:56.14	DFS

Event 6 Boys 200 Yard Freestyle

National HS:	1:32.85	U 2023	Aaron Shackell	Carmel (IN)
NCS Meet:	1:33.70	N 2016	M. Rooney 16, A Sancov 18	Granada, Northga
	1:38.46	AA-A All American Auto		
	1:40.06	AA-C All America Cons		
	1:40.18	CIFA CIF Automatic		
	1:42.59	CIFC CIF Consideration		

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Mason Wendler	SR	Northgate	1:42.68	1:37.54 AA-A
	22.53	47.05 (24.52)	1:12.05 (25.00)	1:37.54 (25.49)	
2	Luka Mijatovic	FR	Foothill	1:39.67	1:38.45 AA-A
	23.22	48.51 (25.29)	1:13.53 (25.02)	1:38.45 (24.92)	
3	Ben Butler	JR	Terra Linda	1:43.65	1:38.93 AA-C
	23.12	48.27 (25.15)	1:13.49 (25.22)	1:38.93 (25.44)	
4	David Skov	JR	De La Salle High School	1:43.04	1:40.60 CIFC
	23.49	49.21 (25.72)	1:15.29 (26.08)	1:40.60 (25.31)	

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024**Results - Prelims****Preliminaries ... (Event 6 Boys 200 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time	
5	Tyler Ortiz	FR	Granada	1:42.34	1:41.03	CIFC
	23.91	49.13 (25.22)	1:14.87 (25.74)	1:41.03 (26.16)		
6	Kaden Wong	FR	Foothill	1:41.06	1:41.15	CIFC
	23.29	48.67 (25.38)	1:14.76 (26.09)	1:41.15 (26.39)		
7	Cade Vieler	FR	Amador Valley	1:45.04	1:41.49	CIFC
	23.80	49.59 (25.79)	1:15.59 (26.00)	1:41.49 (25.90)		
8	Brady Cannon	JR	Northgate	1:42.46	1:41.68	CIFC
	23.87	49.47 (25.60)	1:15.44 (25.97)	1:41.68 (26.24)		
9	Logan Gunn	SR	Miramonte	1:43.88	1:42.61	
	23.97	49.74 (25.77)	1:16.18 (26.44)	1:42.61 (26.43)		
10	Benjamin Ohrr	JR	Dublin	1:44.98	1:42.72	
	23.93	49.41 (25.48)	1:16.24 (26.83)	1:42.72 (26.48)		
11	Hayden O'Hare	JR	Campolindo	1:43.85	1:42.78	
	23.93	50.20 (26.27)	1:16.84 (26.64)	1:42.78 (25.94)		
12	Owen Blanford	JR	Piedmont High School	1:42.74	1:42.89	
	23.93	49.71 (25.78)	1:16.35 (26.64)	1:42.89 (26.54)		
13	Laird Delbridge	SO	Miramonte	1:42.59	1:43.13	
	23.91	50.22 (26.31)	1:16.84 (26.62)	1:43.13 (26.29)		
14	Andrew Lillie	SR	Amador Valley	1:46.02	1:43.23	
	24.28	50.77 (26.49)	1:17.23 (26.46)	1:43.23 (26.00)		
15	Reid Lalli	SR	Campolindo	1:44.64	1:43.38	
	24.34	50.96 (26.62)	1:17.51 (26.55)	1:43.38 (25.87)		
16	Connor Kann	SR	Foothill	1:43.85	1:43.54	
	23.96	49.96 (26.00)	1:16.11 (26.15)	1:43.54 (27.43)		
17	Abir Bhatia	SO	Dougherty Valley	1:44.78	1:44.22	
	24.19	50.01 (25.82)	1:17.02 (27.01)	1:44.22 (27.20)		
18	Chetan Raghavan	JR	Head-Royce	1:44.99	1:44.26	
	25.09	51.27 (26.18)	1:17.77 (26.50)	1:44.26 (26.49)		
19	Stephen Weinstein	FR	San Francisco University High	1:47.24	1:44.38	
	25.09	51.66 (26.57)	1:18.49 (26.83)	1:44.38 (25.89)		
20	Nathanael Ridosko	JR	Granada	1:46.28	1:44.91	
	24.61	51.12 (26.51)	1:18.46 (27.34)	1:44.91 (26.45)		
21	Jordan Estimo	FR	Bishop O'Dowd	1:44.65	1:45.00	
	24.86	51.68 (26.82)	1:18.18 (26.50)	1:45.00 (26.82)		
22	Thomas Jorgensen	FR	Convent & Stuart Hall	1:44.36	1:45.08	
	24.57	51.38 (26.81)	1:18.45 (27.07)	1:45.08 (26.63)		
*23	Alex Ries	SO	Fort Bragg	1:46.30	1:45.10	
	24.37	50.76 (26.39)	1:17.81 (27.05)	1:45.10 (27.29)		
*23	Christopher Wang	FR	Amador Valley	1:46.12	1:45.10	
	24.51	51.10 (26.59)	1:18.11 (27.01)	1:45.10 (26.99)		
25	Griffin Marks	JR	Las Lomas	1:43.43	1:45.24	
	24.61	51.01 (26.40)	1:18.11 (27.10)	1:45.24 (27.13)		
26	Zane Schuman	FR	San Domenico	1:45.76	1:45.34	
	24.52	51.13 (26.61)	1:18.37 (27.24)	1:45.34 (26.97)		
*27	Nick Woolery	JR	Heritage	1:44.95	1:45.71	
	24.67	51.74 (27.07)	1:18.46 (26.72)	1:45.71 (27.25)		
*27	Dylan King	JR	Campolindo	1:44.40	1:45.71	
	25.21	51.74 (26.53)	1:18.51 (26.77)	1:45.71 (27.20)		
29	Dmitriy Oranskiy	FR	De La Salle High School	1:46.58	1:46.03	
	25.08	51.91 (26.83)	1:19.17 (27.26)	1:46.03 (26.86)		
30	Cameron Heller	FR	Terra Linda	1:44.58	1:46.07	
	24.99	51.97 (26.98)	1:19.47 (27.50)	1:46.07 (26.60)		

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024

Results - Prelims

Preliminaries ... (Event 6 Boys 200 Yard Freestyle)

Name		Yr	School	Seed Time	Prelim Time
31	Nikita Costello	FR	Piedmont High School	1:45.16	1:46.34
	23.73	50.83 (27.10)	1:18.34 (27.51)	1:46.34 (28.00)	
32	Marcus Tomola	FR	Sonoma Valley	1:45.72	1:46.45
	24.27	51.56 (27.29)	1:19.07 (27.51)	1:46.45 (27.38)	
33	Eason Feng	SO	Campolindo	1:45.98	1:46.70
	24.95	51.97 (27.02)	1:19.40 (27.43)	1:46.70 (27.30)	
34	Kevin Tang	SR	Foothill	1:47.53	1:46.74
	24.57	51.22 (26.65)	1:18.61 (27.39)	1:46.74 (28.13)	
35	Travis Black	SO	Analy	1:47.00	1:47.62
	24.73	51.87 (27.14)	1:19.55 (27.68)	1:47.62 (28.07)	
36	Gabe Benitez	SO	Granada	1:47.54	1:48.04
	25.46	52.70 (27.24)	1:20.37 (27.67)	1:48.04 (27.67)	
37	Bryce Mincy		Benicia	1:46.03	1:48.35
	25.30	52.81 (27.51)	1:21.04 (28.23)	1:48.35 (27.31)	
*38	James Gannon	FR	Cardinal Newman	1:46.07	1:50.44
	24.99	52.52 (27.53)	1:21.64 (29.12)	1:50.44 (28.80)	
*38	Griff Tunney	JR	Miramonte	1:47.05	1:50.44
	25.09	52.48 (27.39)	1:20.81 (28.33)	1:50.44 (29.63)	
40	Soren Jessen	FR	Terra Linda	1:47.20	1:51.05
	25.53	53.61 (28.08)	1:22.30 (28.69)	1:51.05 (28.75)	

Event 7 Girls 200 Yard IM

National HS:	1:53.73	U	2021	Victoria Huske	Arlington (VA)
NCS Meet:	1:55.76	N	2019	Zoie Hartman	Monte Vista
	2:01.46	AA-A All American Auto			
	2:04.01	AA-C All America Cons			
	2:04.13	CIFA CIF Automatic			
	2:07.99	CIFC CIF Consideration			

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Emilia Barck	SR	Campolindo	2:05.17	2:01.94 AA-C
	26.60	56.98 (30.38)	1:32.73 (35.75)	2:01.94 (29.21)	
2	Brooke Bennett	SO	Granada	2:05.60	2:03.92 AA-C
	28.02	59.93 (31.91)	1:35.47 (35.54)	2:03.92 (28.45)	
3	Natalie Mak	JR	College Preparatory	2:03.66	2:03.94 AA-C
	26.83	58.02 (31.19)	1:34.25 (36.23)	2:03.94 (29.69)	
4	Maya Hetland	SO	American High School	2:03.99	2:04.07 CIFA
	26.45	57.23 (30.78)	1:34.63 (37.40)	2:04.07 (29.44)	
5	Jasmine Fok	SR	Campolindo	2:04.15	2:06.06 CIFC
	27.11	58.54 (31.43)	1:35.63 (37.09)	2:06.06 (30.43)	
6	Gabby Kleman	SO	Granada	2:07.98	2:06.21 CIFC
	28.16	1:00.11 (31.95)	1:36.37 (36.26)	2:06.21 (29.84)	
7	Katherine Kracht	SO	Carondelet	2:09.31	2:07.58 CIFC
	28.46	1:00.36 (31.90)	1:37.67 (37.31)	2:07.58 (29.91)	
8	Hayley Gregory	SR	San Ramon Valley	2:07.10	2:08.21
	27.87	1:02.75 (34.88)	1:38.01 (35.26)	2:08.21 (30.20)	
9	Siena Santos	SO	Carondelet	2:06.88	2:08.40
	27.37	59.19 (31.82)	1:38.10 (38.91)	2:08.40 (30.30)	
10	Calei Calica	FR	Campolindo	2:07.12	2:08.47
	28.27	1:01.68 (33.41)	1:39.21 (37.53)	2:08.47 (29.26)	
11	Aria Capelli	SR	Athenian	2:08.63	2:08.76
	27.95	1:00.10 (32.15)	1:37.82 (37.72)	2:08.76 (30.94)	

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024**Results - Prelims****Preliminaries ... (Event 7 Girls 200 Yard IM)**

	Name	Yr	School	Seed Time	Prelim Time
12	Madelynn Gomez	SR	Carondelet	2:08.18	2:08.97
	27.67	59.17 (31.50)	1:38.54 (39.37)	2:08.97 (30.43)	
13	Eva Kaye	SO	Granada	2:10.02	2:09.99
	28.53	1:02.40 (33.87)	1:40.19 (37.79)	2:09.99 (29.80)	
14	Ana Senn	JR	San Ramon Valley	2:12.61	2:12.59
	29.69	1:02.33 (32.64)	1:42.25 (39.92)	2:12.59 (30.34)	
15	Brooke Koller	JR	Carondelet	2:11.73	2:12.61
	28.17	1:03.21 (35.04)	1:41.41 (38.20)	2:12.61 (31.20)	
16	Charlotte Shamia	JR	Head-Royce	2:12.83	2:12.78
	28.71	1:02.61 (33.90)	1:41.19 (38.58)	2:12.78 (31.59)	
17	Emma Gyorkos	JR	Washington	2:14.58	2:12.82
	28.48	1:04.44 (35.96)	1:41.04 (36.60)	2:12.82 (31.78)	
18	Lucy Kao	SO	Campolindo	2:11.09	2:13.23
	29.47	1:04.65 (35.18)	1:41.83 (37.18)	2:13.23 (31.40)	
19	Alexandra Grant		Benicia	2:15.10	2:14.15
	29.04	1:01.91 (32.87)	1:42.25 (40.34)	2:14.15 (31.90)	
20	Abby Ikeda	FR	Clayton Valley Charter	2:13.50	2:14.25
	29.15	1:03.50 (34.35)	1:42.19 (38.69)	2:14.25 (32.06)	
21	Valentina Deng	JR	Monte Vista	2:17.26	2:14.62
	29.26	1:02.92 (33.66)	1:42.13 (39.21)	2:14.62 (32.49)	
22	Samira Leung	FR	Dublin	2:12.62	2:15.22
	28.11	1:02.20 (34.09)	1:43.54 (41.34)	2:15.22 (31.68)	
23	Mya de Hart	JR	El Cerrito	2:15.56	2:15.42
	29.44	1:02.87 (33.43)	1:43.80 (40.93)	2:15.42 (31.62)	
24	Mackenzie Mincy		Benicia	2:15.92	2:15.64
	29.17	1:03.34 (34.17)	1:42.27 (38.93)	2:15.64 (33.37)	
25	Micaella Szymanski	FR	Granada	2:14.28	2:16.02
	30.52	1:04.15 (33.63)	1:45.19 (41.04)	2:16.02 (30.83)	
26	Namya Sarup	JR	Amador Valley	2:15.39	2:16.27
	29.91	1:04.89 (34.98)	1:43.02 (38.13)	2:16.27 (33.25)	
27	Adelie Reiner	SR	Miramonte	2:19.51	2:17.72
	30.01	1:04.25 (34.24)	1:45.46 (41.21)	2:17.72 (32.26)	
28	Hannah Shoup	FR	Marin Academy	2:18.09	2:18.12
	30.42	1:05.10 (34.68)	1:45.42 (40.32)	2:18.12 (32.70)	
29	Haylee Wong	JR	Clayton Valley Charter	2:16.27	2:18.44
	28.00	1:02.93 (34.93)	1:44.26 (41.33)	2:18.44 (34.18)	
30	Chloe Morelle	SO	Maria Carrillo	2:18.15	2:21.03
	30.69	1:05.37 (34.68)	1:48.36 (42.99)	2:21.03 (32.67)	
31	Sophie Lowe	JR	James Logan	2:19.35	2:23.96
	31.63	1:08.03 (36.40)	1:49.89 (41.86)	2:23.96 (34.07)	
---	Tran Doan	JR	Washington	2:10.43	DQ
	27.66	1:00.67 (33.01)	1:37.29 (36.62)	DQ (31.48)	
---	Charlotte Livermore	JR	Berkeley High School	2:18.16	DFS

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024

Results - Prelims

Event 8 Boys 200 Yard IM

National HS:	1:41.39	U 2011	David Nolan	Hershey (PA)
NCS Meet:	1:45.51	N 2018	Chris Jhong	Amador Valley
	1:49.50	AA-A All American Auto		
	1:51.52	AA-C All America Cons		
	1:51.56	CIFA CIF Automatic		
	1:54.99	CIFC CIF Consideration		

Name		Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Songrui Wu		SO Dougherty Valley	1:51.33	1:48.56	AA-A
	23.99	50.83 (26.84)	1:22.93 (32.10)	1:48.56 (25.63)		
2	Devyn Caples		SR Amador Valley	1:51.23	1:49.66	AA-C
	24.20	51.96 (27.76)	1:23.46 (31.50)	1:49.66 (26.20)		
3	Diego Castaneda		JR Clayton Valley Charter	1:52.25	1:49.93	AA-C
	23.31	50.20 (26.89)	1:23.80 (33.60)	1:49.93 (26.13)		
4	Sam Seybold		SR San Ramon Valley	1:53.08	1:50.22	AA-C
	24.94	51.22 (26.28)	1:23.58 (32.36)	1:50.22 (26.64)		
5	Jed Johnson		JR De La Salle High School	1:52.64	1:51.15	AA-C
	24.11	52.30 (28.19)	1:24.03 (31.73)	1:51.15 (27.12)		
6	Aasish Dangol		JR Albany	1:54.12	1:52.55	CIFC
	24.52	53.91 (29.39)	1:25.80 (31.89)	1:52.55 (26.75)		
7	Garrett Molitor		JR Athenian	1:52.92	1:52.62	CIFC
	23.95	52.95 (29.00)	1:25.23 (32.28)	1:52.62 (27.39)		
8	Oryan Liu		SO Amador Valley	1:52.63	1:52.64	CIFC
	24.67	53.84 (29.17)	1:25.84 (32.00)	1:52.64 (26.80)		
9	Yuki Hayashi		SR Vintage	1:56.20	1:52.95	CIFC
	24.92	52.98 (28.06)	1:25.87 (32.89)	1:52.95 (27.08)		
10	Jeremy Ting		SO Monte Vista	1:54.91	1:53.20	CIFC
	25.02	53.78 (28.76)	1:26.55 (32.77)	1:53.20 (26.65)		
11	Benjamin Nonaka		SO Northgate	1:55.11	1:54.73	CIFC
	25.10	53.30 (28.20)	1:26.67 (33.37)	1:54.73 (28.06)		
12	Kealan Tupper		FR Amador Valley	1:55.99	1:55.74	
	25.41	54.51 (29.10)	1:29.31 (34.80)	1:55.74 (26.43)		
13	Michael Chu		SR Campolindo	1:54.79	1:56.32	
	24.76	54.37 (29.61)	1:28.03 (33.66)	1:56.32 (28.29)		
14	Parker Smith		SR Campolindo	1:55.33	1:56.70	
	25.00	55.64 (30.64)	1:28.36 (32.72)	1:56.70 (28.34)		
15	Hunter Bian		JR Dougherty Valley	1:56.14	1:56.71	
	25.24	54.95 (29.71)	1:29.71 (34.76)	1:56.71 (27.00)		
16	Nate Willett Burfoot		JR El Cerrito	1:58.63	1:56.98	
	25.59	55.19 (29.60)	1:28.38 (33.19)	1:56.98 (28.60)		
17	Nate Cheney		JR San Ramon Valley	1:59.19	1:57.13	
	25.34	54.11 (28.77)	1:29.18 (35.07)	1:57.13 (27.95)		
18	Ethan Taylor		JR Campolindo	1:57.03	1:57.47	
	24.95	55.91 (30.96)	1:28.11 (32.20)	1:57.47 (29.36)		
19	Daniel Lewis		SR Northgate	1:59.45	1:57.60	
	24.75	55.75 (31.00)	1:28.74 (32.99)	1:57.60 (28.86)		
20	Hunter Rohovit		SR Foothill	2:00.50	1:57.86	
	25.45	55.15 (29.70)	1:30.07 (34.92)	1:57.86 (27.79)		
21	Tyler Liu		JR Amador Valley	1:57.96	1:58.12	
	25.65	55.22 (29.57)	1:29.78 (34.56)	1:58.12 (28.34)		
22	Evan Libertore		SO San Ramon Valley	1:59.29	1:58.13	
	25.63	55.93 (30.30)	1:30.32 (34.39)	1:58.13 (27.81)		

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024

Results - Prelims

Preliminaries ... (Event 8 Boys 200 Yard IM)

Name		Yr	School	Seed Time	Prelim Time
23	Dimitri Secor	FR	Piedmont High School	2:00.21	1:58.26
	25.71	56.57 (30.86)	1:31.11 (34.54)	1:58.26 (27.15)	
24	Joseph Goett	FR	Campolindo	2:02.52	1:58.34
	24.53	55.02 (30.49)	1:30.00 (34.98)	1:58.34 (28.34)	
25	Peyton Egide	FR	San Marin	2:01.09	1:58.80
	26.43	57.89 (31.46)	1:32.56 (34.67)	1:58.80 (26.24)	
26	Sebastian Santiago	FR	Granada	1:57.23	1:59.29
	25.05	55.08 (30.03)	1:30.15 (35.07)	1:59.29 (29.14)	
27	Nithin Raghavan	FR	Head-Royce	2:01.64	2:00.09
	26.36	56.66 (30.30)	1:30.92 (34.26)	2:00.09 (29.17)	
28	Blake Kann	FR	Foothill	2:01.02	2:00.69
	25.89	57.93 (32.04)	1:31.77 (33.84)	2:00.69 (28.92)	
29	Owen Pritchard	JR	Redwood	1:59.52	2:01.04
	26.07	56.42 (30.35)	1:30.39 (33.97)	2:01.04 (30.65)	
30	Gabriel Hoffman	SO	Miramonte	2:00.36	2:01.18
	25.66	56.33 (30.67)	1:33.66 (37.33)	2:01.18 (27.52)	
31	Mason Jimenez	JR	Las Lomas	2:00.04	2:01.21
	25.28	56.82 (31.54)	1:31.95 (35.13)	2:01.21 (29.26)	
32	Joseph Miao	FR	Mission San Jose High School	2:01.36	2:01.96
	26.18	57.26 (31.08)	1:32.83 (35.57)	2:01.96 (29.13)	
33	Songpu Wu	SO	Dougherty Valley	2:01.31	2:02.14
	24.97	56.56 (31.59)	1:32.28 (35.72)	2:02.14 (29.86)	
34	Colin Sullivan	JR	De La Salle High School	2:02.48	2:02.32
	26.22	57.21 (30.99)	1:33.39 (36.18)	2:02.32 (28.93)	
35	Chase Lewis	SO	De La Salle High School	2:02.99	2:02.49
	26.34	58.64 (32.30)	1:32.61 (33.97)	2:02.49 (29.88)	
36	Thatcher Douwes	FR	Foothill	2:02.91	2:02.53
	25.53	56.69 (31.16)	1:33.26 (36.57)	2:02.53 (29.27)	
37	Tristan LU	JR	Marin Academy	2:02.13	2:02.73
	25.77	56.44 (30.67)	1:33.43 (36.99)	2:02.73 (29.30)	
38	Andre Valle	SR	Granada	2:02.48	2:03.10
	26.49	57.82 (31.33)	1:33.75 (35.93)	2:03.10 (29.35)	
39	Massimo Trento		California	2:02.91	2:04.37
	27.62	59.72 (32.10)	1:34.46 (34.74)	2:04.37 (29.91)	
40	Jax Cherry	SO	Miramonte	2:02.81	2:05.38
	26.15	58.05 (31.90)	1:35.96 (37.91)	2:05.38 (29.42)	

Event 9 Girls 50 Yard Freestyle

National HS:	21.59	U	2020	Gretchen Walsh	Harpeth Hall (TN
NCS Meet:	22.49	N	2016	Madelyn Murphy	Carondelet
	23.08	AA-A All American Auto			
	23.50	AA-C All America Cons			
	23.70	CIFA CIF Automatic			
	24.77	CIFC CIF Consideration			

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Alison Su	FR	Irvington	23.50	23.37 AA-C
2	Miranda Stevenson	SR	San Ramon Valley	23.12	23.61 CIFA
3	Genesee Quon	SR	Monte Vista	23.37	23.66 CIFA
*4	Tali Stryker	SR	Miramonte	23.84	23.74 CIFC
*4	Addy VonderAhe	JR	Monte Vista	23.34	23.74 CIFC
6	Natalie Aiken	SR	Carondelet	23.50	23.75 CIFC
7	Lila Heffernan	SR	Justin-Siena	23.93	23.85 CIFC

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024

Results - Prelims

Preliminaries ... (Event 9 Girls 50 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time	
8	Alexis Parkinson	SO	San Ramon Valley	23.87	23.89	CIFC
9	Sydney Thompson	SR	Alameda	23.76	23.89	CIFC
10	Fiona Bell	SO	Bay School of San Francisco	23.72	23.92	CIFC
11	Mckinley Scobie	SO	Foothill	24.10	24.00	CIFC
12	Esme Quay	SO	Marin Catholic	23.84	24.02	CIFC
13	Madison Bautista	SO	Clayton Valley Charter	23.84	24.12	CIFC
14	Kristin Der	SR	Foothill	24.04	24.14	CIFC
15	Sierra Brown	SR	Las Lomas	24.35	24.15	CIFC
16	Sienna Manconi	FR	Cardinal Newman	24.36	24.27	CIFC
17	Elsa Horciza	SR	Carondelet	24.31	24.29	CIFC
18	Alyssa Kooy	SR	Marin Catholic	24.39	24.42	CIFC
19	Eva Busquets	SO	Monte Vista	24.57	24.48	CIFC
20	Eleanor Farley	SO	Credo	24.53	24.54	CIFC
21	Sasha Babushkina	SO	San Ramon Valley	24.25	24.55	CIFC
22	Piper Whitty		Benicia	24.71	24.73	CIFC
23	Addison Corso	FR	Carondelet	24.62	24.76	CIFC
24	Ana Pieper	SR	Campolindo	24.40	24.78	
25	Carla Nunn-Eckert	SO	San Francisco University High	24.73	24.80	
26	Meghan Ly	SR	Mission San Jose High School	24.59	24.82	
27	Jenna Patridge	JR	Monte Vista	24.80	24.90	
28	Avery Knapp	SR	San Ramon Valley	24.38	24.96	
29	Delilah Ricketts	SO	Carondelet	24.69	24.98	
30	Bea Hearey	JR	Miramonte	24.78	24.99	
31	Ali Larsen	JR	Miramonte	24.71	25.04	
32	Kyla Joseph	SO	Clayton Valley Charter	25.10	25.09	
33	Katelyn Roncal	JR	Dougherty Valley	24.91	25.30	
34	Maeve McAuley	SR	Branson	24.99	25.31	
*35	Donna Talmadge	JR	Berean Christian	25.14	25.34	
*35	Khanh Seaton	FR	Castro Valley	25.10	25.34	
37	Noni Lee	SR	Northgate	24.99	25.36	
38	Nicole Xu	SO	Amador Valley	25.13	25.54	
---	Brooke Bent	SR	Marin Academy	24.48	DFS	
---	Megan Ogden	JR	Heritage	25.15	DFS	

Event 10 Boys 50 Yard Freestyle

National HS:	19.11	U	2021	David Curtiss	Pennington (NJ)
NCS Meet:	20.12	N	2018	Spencer Daily	San Ramon Valley
	20.43	AA-A All American Auto			
	20.85	AA-C All America Cons			
	20.90	CIFA CIF Automatic			
	21.49	CIFC CIF Consideration			

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Kyle Kengla	JR	Northgate	21.08	20.70	AA-C
2	Finn Brophy	JR	Maria Carrillo	20.60	20.79	AA-C
3	Sawyer Jones	JR	San Ramon Valley	20.86	20.80	AA-C
4	Harrison Parsons	SR	Bay School of San Francisco	21.25	21.15	CIFC
5	Simon Li	JR	Castro Valley	21.19	21.19	CIFC
6	Drew Arney	SR	San Ramon Valley	21.01	21.20	CIFC
7	Matthew Nakayama	SO	De La Salle High School	21.44	21.30	CIFC
8	Cameron Aryanpour	SR	Branson	21.25	21.33	CIFC

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024

Results - Prelims

Preliminaries ... (Event 10 Boys 50 Yard Freestyle)

Name		Yr	School			
9	Jon Mendelssohn	JR	Las Lomas	21.49	21.35	CIFC
*10	Ray Cillo	SR	American High School	21.33	21.37	CIFC
*10	Conor Halley-McCarty	SR	De La Salle High School	21.80	21.37	CIFC
12	Zac Gartner	SR	College Park	21.63	21.40	CIFC
13	Charley Wilson	JR	De La Salle High School	21.71	21.48	CIFC
14	Parker Akey	SR	San Ramon Valley	21.59	21.51	
15	Preston Bouch	SO	Monte Vista	21.68	21.53	
16	Gavin Cameto	FR	Campolindo	21.62	21.59	
17	Donovan Swann	JR	San Ramon Valley	21.52	21.63	
18	Raphael Cueva	SO	American Canyon	21.70	21.70	
19	Austin Abrojena	JR	De La Salle High School	21.69	21.72	
20	Dean Gustavson	SR	Tamalpais	21.25	21.73	
21	Ian Bellanca	SR	Las Lomas	21.70	21.77	
22	Jack Middleton	SO	Terra Linda	21.64	21.78	
23	Thomas Rolefson	SO	Piedmont High School	21.85	21.88	
24	Jeremy Francis	SR	Castro Valley	21.83	21.93	
*25	Nick Cadero	SO	Heritage	21.62	21.98	
*25	Joe Greer	JR	Freedom High School	21.94	21.98	
27	Pat Stice	JR	Miramonte	21.77	22.02	
*28	Grayson Bloes	FR	Campolindo	22.13	22.06	
*28	Cameron Jones	SR	Foothill	21.75	22.06	
30	Lucas Richardson	JR	Las Lomas	22.13	22.14	
31	Jackson Wright	SO	Terra Linda	21.98	22.15	
32	Nicolas Bushnell	SR	Clayton Valley Charter	22.18	22.19	
33	Nate Johnson	JR	Branson	21.88	22.23	
*34	Grant Kurtz	SR	Miramonte	21.39	22.24	
*34	Hudson Frew	JR	California	22.11	22.24	
36	John Hollander	JR	Las Lomas	22.01	22.26	
37	Leo Gao	SR	Washington	21.89	22.29	
38	Oliver Sherwood	SR	Miramonte	22.18	22.57	
39	Tristan LU	JR	Marin Academy	22.16	22.92	
---	Mason Wendler	SR	Northgate	NT	X20.28	AA-A
---	Derek Ponsen	SR	Washington	22.00	DFS	

Event 11 Girls 100 Yard Butterfly

National HS:	49.24	U	2022	Claire Curzan	Gibbons (NC)
NCS Meet:	52.15	N	2016	Madelyn Murphy	Carondelet
	54.38	AA-A All American Auto			
	55.48	AA-C All America Cons			
	55.50	CIFA CIF Automatic			
	57.40	CIFC CIF Consideration			

Name		Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Elisabeth Butler	JR	Carondelet	53.63	54.20	AA-A
	25.40		54.20 (28.80)			
2	Ella Busquets	FR	Monte Vista	55.61	55.80	CIFC
	25.80		55.80 (30.00)			
3	Maya Hetland	SO	American High School	56.01	55.84	CIFC
	26.15		55.84 (29.69)			
4	Jasmine Fok	SR	Campolindo	55.00	56.25	CIFC
	26.76		56.25 (29.49)			

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024**Results - Prelims****Preliminaries ... (Event 11 Girls 100 Yard Butterfly)**

	Name	Yr	School	Seed Time	Prelim Time	
5	Natalie Aiken	SR	Carondelet	56.76	56.55	CIFC
	26.67		56.55 (29.88)			
6	Chloe Xu	SR	Foothill	57.69	56.68	CIFC
	27.02		56.68 (29.66)			
7	Adriana Smith	SR	Campolindo	56.46	56.89	CIFC
	26.40		56.89 (30.49)			
8	Elayna Ling	JR	Amador Valley	57.25	56.90	CIFC
	26.89		56.90 (30.01)			
9	Addison Everage	SO	Tamalpais	58.23	57.01	CIFC
	26.36		57.01 (30.65)			
10	Layla Greaves	SO	Healdsburg High School	57.33	57.39	CIFC
	26.57		57.39 (30.82)			
11	Kennedy Lee	SR	Maria Carrillo	56.76	57.47	
	26.24		57.47 (31.23)			
12	Mollie Appl	SR	College Preparatory	58.20	57.66	
	27.09		57.66 (30.57)			
13	Molly Lind	SO	Monte Vista	58.41	57.89	
	27.21		57.89 (30.68)			
14	Remy Harrison	JR	Sonoma Valley	59.40	58.13	
	27.16		58.13 (30.97)			
15	Emma Sloan	FR	Campolindo	58.31	58.32	
	27.44		58.32 (30.88)			
16	Taylor Rolefson	SO	Piedmont High School	58.78	58.44	
	26.86		58.44 (31.58)			
17	Ashley Dangol	SR	Albany	58.67	58.57	
	27.70		58.57 (30.87)			
18	Gabby Kleman	SO	Granada	58.32	58.61	
	27.10		58.61 (31.51)			
19	Vlada Chekurova	JR	Northgate	58.29	58.84	
	27.40		58.84 (31.44)			
20	Emma Shane	JR	Campolindo	58.80	58.90	
	27.43		58.90 (31.47)			
21	Megan Lemler	SO	Granada	58.91	59.13	
	27.97		59.13 (31.16)			
22	Mako Kashimura	SO	Encinal	58.83	59.55	
23	Charlotte Shamia	JR	Head-Royce	1:00.05	59.71	
	28.46		59.71 (31.25)			
24	Siena Santos	SO	Carondelet	56.95	1:00.12	
	28.44		1:00.12 (31.68)			
25	Elizabeth Haba	SO	Newark Memorial	59.62	1:00.15	
	28.53		1:00.15 (31.62)			
26	Morgan Puckett	JR	Cardinal Newman	59.59	1:00.32	
	27.99		1:00.32 (32.33)			
27	Samira Leung	FR	Dublin	59.19	1:00.50	
	28.13		1:00.50 (32.37)			
28	Shristi Bandyopadhyay	SR	Washington	1:01.59	1:00.54	
	28.58		1:00.54 (31.96)			
29	Reagan Berger	SO	Northgate	1:00.15	1:00.57	
	28.18		1:00.57 (32.39)			
30	Reagan Fullerton	FR	Carondelet	1:00.35	1:00.61	
	28.11		1:00.61 (32.50)			

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024

Results - Prelims

Preliminaries ... (Event 11 Girls 100 Yard Butterfly)

Name		Yr	School	Seed Time	Prelim Time
31	Vanessa Sandoval		Benicia	1:00.45	1:00.76
	28.05		1:00.76 (32.71)		
32	Kelsie Spears		SO Dublin	1:01.66	1:00.84
	28.47		1:00.84 (32.37)		
33	Ariel Fruge		FR Berean Christian	1:01.06	1:00.97
	28.43		1:00.97 (32.54)		
34	Alejandra Valladares		SR American Canyon	1:01.73	1:01.01
	28.12		1:01.01 (32.89)		
35	Grace Li		SR Dougherty Valley	1:00.23	1:01.45
	29.26		1:01.45 (32.19)		
36	Isabel Lam		FR Irvington	1:01.67	1:01.54
	28.36		1:01.54 (33.18)		
37	Avery Gunst		FR Redwood	1:01.60	1:01.81
	29.00		1:01.81 (32.81)		
38	Saveta Holunga		JR Granada	1:01.54	1:02.60
	29.76		1:02.60 (32.84)		
39	Ava Pellumbi		FR Redwood	1:01.92	1:02.64
	28.88		1:02.64 (33.76)		
---	Brooke Bent		SR Marin Academy	1:01.32	DFS

Event 12 Boys 100 Yard Butterfly

National HS:	44.97	U	2023	Scotty Buff	SFDS (OH)
NCS Meet:	47.17	N	2016	Maxime Rooney	Granada
	48.57	AA-A All American Auto			
	49.55	CIFA CIF Automatic			
	49.69	AA-C All America Cons			
	51.15	CIFC CIF Consideration			

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Songrui Wu		SO Dougherty Valley	49.00	47.83 AA-A
	22.41		47.83 (25.42)		
2	Conor Halley-McCarty		SR De La Salle High School	51.60	49.93 CIFC
	23.63		49.93 (26.30)		
3	Aden Li		Benicia	50.46	49.94 CIFC
	23.17		49.94 (26.77)		
4	Aasish Dangol		JR Albany	51.59	50.36 CIFC
	23.89		50.36 (26.47)		
5	Cameron Aryanpour		SR Branson	50.29	50.45 CIFC
	23.93		50.45 (26.52)		
6	Phil Lin		JR Foothill	51.76	50.70 CIFC
	24.07		50.70 (26.63)		
7	Chetan Raghavan		JR Head-Royce	51.79	50.98 CIFC
	24.28		50.98 (26.70)		
8	Kushawn Harandi		JR San Ramon Valley	52.53	51.27
	24.05		51.27 (27.22)		
9	Gavin Cameto		FR Campolindo	51.98	51.30
	24.37		51.30 (26.93)		
10	David Skov		JR De La Salle High School	51.54	51.34
	24.40		51.34 (26.94)		
11	Nicholas Arindunque		FR Terra Linda	53.21	51.35
	23.75		51.35 (27.60)		
12	Reid Lalli		SR Campolindo	51.66	51.44
	24.12		51.44 (27.32)		

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024**Results - Prelims****Preliminaries ... (Event 12 Boys 100 Yard Butterfly)**

	Name	Yr	School	Seed Time	Prelim Time
13	Ethan Suehiro	SO	California	51.42	51.57
	23.79		51.57 (27.78)		
14	Alex Nicholson	SR	Monte Vista	52.03	51.80
	24.07		51.80 (27.73)		
15	Rafael Estimo	SO	Justin-Siena	53.18	51.87
	24.22		51.87 (27.65)		
16	Alex Ries	SO	Fort Bragg	53.11	51.91
	24.12		51.91 (27.79)		
17	Austin Abrojena	JR	De La Salle High School	53.20	52.40
	24.16		52.40 (28.24)		
18	Songpu Wu	SO	Dougherty Valley	52.62	52.42
	25.00		52.42 (27.42)		
19	Andrew Sternfels	JR	Tamalpais	52.80	52.45
	24.11		52.45 (28.34)		
20	Finn Sepic	JR	De La Salle High School	53.12	52.54
	24.73		52.54 (27.81)		
21	Michael Chu	SR	Campolindo	52.66	52.94
	24.87		52.94 (28.07)		
22	Isreal Gonzales	JR	Bishop O'Dowd	53.33	53.11
	25.04		53.11 (28.07)		
23	Peter Gladkevich	JR	Albany	53.31	53.21
	25.02		53.21 (28.19)		
24	Connor Levi-Lang	JR	Berkeley High School	53.73	53.33
	24.77		53.33 (28.56)		
25	Carter Seward	JR	Las Lomas	53.64	53.58
	25.12		53.58 (28.46)		
26	Arya Nimbalkar	SO	Dougherty Valley	53.92	53.78
	25.28		53.78 (28.50)		
27	Dallas Hudson	SR	Las Lomas	53.44	53.86
	25.46		53.86 (28.40)		
*28	Noah Gutierrez	JR	Alhambra High School	54.27	53.88
	24.92		53.88 (28.96)		
*28	Amit Kannan	JR	San Ramon Valley	53.87	53.88
	24.87		53.88 (29.01)		
30	Kevin Tang	SR	Foothill	53.96	54.11
	25.79		54.11 (28.32)		
31	Karsten Hakes	SR	Marin Academy	54.01	54.13
	25.05		54.13 (29.08)		
32	Asher Ding	SO	Amador Valley	53.93	54.39
	25.53		54.39 (28.86)		
33	Noah Nicholas	SR	Novato	53.74	54.50
	25.66		54.50 (28.84)		
34	Dallas Phillips	SO	Washington	54.22	54.96
	25.33		54.96 (29.63)		
35	Dominick Wonosaputra	SR	Amador Valley	54.42	55.05
	25.73		55.05 (29.32)		
36	Ty Kimbro	JR	Analy	53.30	55.21
	25.84		55.21 (29.37)		
37	Jax Cherry	SO	Miramonte	53.96	55.22
	25.82		55.22 (29.40)		
38	Lucas Wang	SO	Maria Carrillo	53.75	57.42
	27.35		57.42 (30.07)		
---	Eric Meng	SO	James Logan	52.97	DFS

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024

Results - Prelims

Preliminaries ... (Event 12 Boys 100 Yard Butterfly)

Name	Yr	School	Seed Time	Prelim Time
--- Cole Carnazzo	FR	Piedmont High School	52.42	DFS

Event 13 Girls 100 Yard Freestyle

National HS:	46.98	U 2020	Gretchen Walsh	Harpeth Hall (TN
NCS Meet:	48.62	N 2016	Madelyn Murphy	Carondelet
	50.15	AA-A All American Auto		
	51.10	AA-C All America Cons		
	51.48	CIFA CIF Automatic		
	52.82	CIFC CIF Consideration		

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Madison O'Connell	SR	Carondelet	50.54	50.27 AA-C
24.01		50.27 (26.26)		
2 Lila Heffernan	SR	Justin-Siena	51.20	51.26 CIFA
24.96		51.26 (26.30)		
3 Elise Gratton	SO	Campolindo	51.63	51.36 CIFA
24.88		51.36 (26.48)		
4 Emilia Barck	SR	Campolindo	50.93	51.38 CIFA
25.18		51.38 (26.20)		
5 Madison Blackwell	SR	Campolindo	51.72	51.54 CIFC
24.86		51.54 (26.68)		
6 Genesee Quon	SR	Monte Vista	51.51	51.87 CIFC
24.70		51.87 (27.17)		
7 Mckinley Scobie	SO	Foothill	52.23	52.04 CIFC
24.98		52.04 (27.06)		
8 Sydney Thompson	SR	Alameda	52.47	52.23 CIFC
25.17		52.23 (27.06)		
9 Fiona Bell	SO	Bay School of San Francisco	52.22	52.32 CIFC
25.07		52.32 (27.25)		
10 Alexis Parkinson	SO	San Ramon Valley	52.87	52.50 CIFC
24.92		52.50 (27.58)		
11 Madison Bautista	SO	Clayton Valley Charter	52.32	52.62 CIFC
25.57		52.62 (27.05)		
12 Sierra Brown	SR	Las Lomas	53.05	52.88
25.17		52.88 (27.71)		
13 Sienna Manconi	FR	Cardinal Newman	53.12	52.89
25.62		52.89 (27.27)		
14 Natayla Campanile	FR	Las Lomas	52.83	52.91
25.12		52.91 (27.79)		
15 Addy VonderAhe	JR	Monte Vista	50.90	53.08
24.60		53.08 (28.48)		
16 Elsa Horciza	SR	Carondelet	53.36	53.26
25.59		53.26 (27.67)		
17 Sasha Babushkina	SO	San Ramon Valley	53.53	53.36
25.49		53.36 (27.87)		
18 Addison Corso	FR	Carondelet	53.93	53.55
25.87		53.55 (27.68)		
19 Alyssa Kooy	SR	Marin Catholic	53.56	53.58
25.71		53.58 (27.87)		
20 Eleanor Farley	SO	Credo	53.20	53.64
25.25		53.64 (28.39)		

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024

Results - Prelims

Preliminaries ... (Event 13 Girls 100 Yard Freestyle)

Name		Yr	School	Seed Time	Prelim Time
21	Sydney Walburg	SR	Las Lomas	53.86	53.74
	25.94		53.74 (27.80)		
22	Kate DeForrest	SR	Redwood	53.43	53.80
	25.70		53.80 (28.10)		
23	Avery Knapp	SR	San Ramon Valley	53.70	53.98
	25.67		53.98 (28.31)		
24	Emmerson Wunderlich	SO	Novato	54.91	54.07
	26.30		54.07 (27.77)		
25	Paula Devine	FR	St. Mary's College High School	55.17	54.55
	26.26		54.55 (28.29)		
26	Athena Ayers	SR	Liberty	54.69	54.71
	26.44		54.71 (28.27)		
27	Ali Kosmowski	JR	Marin Academy	54.52	54.86
	26.49		54.86 (28.37)		
28	Kyla Joseph	SO	Clayton Valley Charter	55.33	54.90
	26.40		54.90 (28.50)		
29	Alden Coate	JR	Miramonte	55.80	55.40
	26.96		55.40 (28.44)		
30	Piper Whitty		Benicia	55.19	55.47
	26.17		55.47 (29.30)		
31	Delilah Ricketts	SO	Carondelet	54.96	55.60
	26.47		55.60 (29.13)		
32	Sydney Goldstein	JR	Amador Valley	55.28	55.63
	26.62		55.63 (29.01)		
33	Kate Liu	SO	Miramonte	55.30	55.90
	27.14		55.90 (28.76)		
34	Jordyn Menconi	SO	Cardinal Newman	55.56	55.91
	26.88		55.91 (29.03)		
35	Carla Nunn-Eckert	SO	San Francisco University High	55.63	55.92
	26.74		55.92 (29.18)		
36	Noni Lee	SR	Northgate	55.57	56.23
	26.57		56.23 (29.66)		
37	Jane Gerbracht		California	55.93	56.51
	27.20		56.51 (29.31)		
38	Donna Talmadge	JR	Berean Christian	55.93	56.57
	27.15		56.57 (29.42)		
39	Ana Pieper	SR	Campolindo	54.74	56.69
	27.20		56.69 (29.49)		
---	Megan Ogden	JR	Heritage	54.55	DFS

Event 14 Boys 100 Yard Freestyle

National HS:	42.34	U	2011	David Nolan	Hershey (PA)
NCS Meet:	43.60	N	2018	Alexei Sancov	Northgate
	44.83	AA-A All American Auto			
	45.64	AA-C All America Cons			
	46.05	CIFA CIF Automatic			
	47.14	CIFC CIF Consideration			

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Mason Wendler	SR	Northgate	46.98	44.32 AA-A
	21.39		44.32 (22.93)		
2	Sammy Kan	SR	Monte Vista	46.96	45.07 AA-C
	21.32		45.07 (23.75)		

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024**Results - Prelims****Preliminaries ... (Event 14 Boys 100 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time	
3	Ben Butler	JR	Terra Linda	45.20	45.25	AA-C
	21.66		45.25 (23.59)			
4	Kyle Kengla	JR	Northgate	45.51	45.27	AA-C
	21.56		45.27 (23.71)			
5	Logan Gunn	SR	Miramonte	47.82	45.64	AA-C
	22.00		45.64 (23.64)			
6	Jed Johnson	JR	De La Salle High School	46.60	45.66	CIFA
	21.69		45.66 (23.97)			
7	Ryin Ruaboro	SR	American High School	46.10	45.87	CIFA
	21.94		45.87 (23.93)			
8	Sawyer Jones	JR	San Ramon Valley	46.37	45.96	CIFA
	21.98		45.96 (23.98)			
9	Finn Brophy	JR	Maria Carrillo	45.59	46.05	CIFA
	22.04		46.05 (24.01)			
10	Tyler Ortiz	FR	Granada	46.43	46.19	CIFC
	22.49		46.19 (23.70)			
11	Harrison Parsons	SR	Bay School of San Francisco	47.17	46.39	CIFC
	22.40		46.39 (23.99)			
*12	Charley Wilson	JR	De La Salle High School	48.12	46.80	CIFC
	23.03		46.80 (23.77)			
*12	Brady Cannon	JR	Northgate	47.09	46.80	CIFC
	22.53		46.80 (24.27)			
14	Matthew Nakayama	SO	De La Salle High School	47.00	46.93	CIFC
	22.62		46.93 (24.31)			
15	Drew Arney	SR	San Ramon Valley	47.70	47.10	CIFC
	22.47		47.10 (24.63)			
16	Grayson Bloes	FR	Campolindo	47.92	47.38	
	22.89		47.38 (24.49)			
17	Nikita Costello	FR	Piedmont High School	47.67	47.57	
	22.65		47.57 (24.92)			
18	Nick Tovani	SR	San Ramon Valley	47.61	47.65	
	22.90		47.65 (24.75)			
19	Tanner Lustig	SO	De La Salle High School	48.63	47.67	
	23.17		47.67 (24.50)			
20	Preston Bouch	SO	Monte Vista	48.15	47.73	
	23.18		47.73 (24.55)			
21	Griffin Marks	JR	Las Lomas	48.05	47.75	
	23.26		47.75 (24.49)			
22	Chase King	SR	San Ramon Valley	47.66	47.84	
	22.89		47.84 (24.95)			
23	Kyle Stilinovich	SO	Clayton Valley Charter	47.88	47.89	
	23.12		47.89 (24.77)			
24	Bryce Mincy		Benicia	48.20	47.92	
	22.98		47.92 (24.94)			
25	Eason Feng	SO	Campolindo	48.16	47.94	
	23.23		47.94 (24.71)			
26	Marcus Tomola	FR	Sonoma Valley	47.79	48.10	
	22.98		48.10 (25.12)			
27	Thomas Jorgensen	FR	Convent & Stuart Hall	48.07	48.20	
	23.30		48.20 (24.90)			
28	John Hollander	JR	Las Lomas	47.83	48.31	
	23.23		48.31 (25.08)			

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024

Results - Prelims

Preliminaries ... (Event 14 Boys 100 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time
29	Thomas Rolefson	SO	Piedmont High School	48.26	48.35
	22.87		48.35 (25.48)		
30	Nate Johnson	JR	Branson	48.53	48.36
	23.51		48.36 (24.85)		
31	Raphael Cueva	SO	American Canyon	48.18	48.57
	23.30		48.57 (25.27)		
32	Adrien Lerouge	JR	Monte Vista	48.41	48.69
	23.23		48.69 (25.46)		
*33	Dean Gustavson	SR	Tamalpais	47.34	48.72
	23.62		48.72 (25.10)		
*33	Brett Nelson	SR	Las Lomas	48.39	48.72
	23.10		48.72 (25.62)		
35	Jack Middleton	SO	Terra Linda	48.10	48.83
	23.09		48.83 (25.74)		
36	Andrew Nguyen	JR	Alameda	48.71	48.89
	23.13		48.89 (25.76)		
*37	Cameron Jones	SR	Foothill	47.97	49.03
	23.37		49.03 (25.66)		
*37	Asher Takazawa	FR	Piedmont High School	48.36	49.03
	23.48		49.03 (25.55)		
39	Pat Stice	JR	Miramonte	48.36	49.35
	23.36		49.35 (25.99)		
40	Leo Gao	SR	Washington	48.43	49.49
	23.80		49.49 (25.69)		

Event 15 Girls 500 Yard Freestyle

National HS:	4:26.58	U	2015	Kathleen Ledecky	Stone Ridge (MD)
NCS Meet:	4:38.05	N	2012	Chelsea Chenault	Carondelet
	4:53.06	AA-A All American Auto			
	4:58.20	AA-C All America Cons			
	4:58.98	CIFA CIF Automatic			
	5:09.99	CIFC CIF Consideration			

	Name	Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Lillyana Caples	SO	Amador Valley	5:01.07	4:51.40 AA-A
	27.51		56.66 (29.15) 1:26.11 (29.45)	1:55.49 (29.38)	
	2:24.98 (29.49)		2:54.39 (29.41) 3:23.83 (29.44)	3:53.34 (29.51)	
	4:22.89 (29.55)		4:51.40 (28.51)		
2	Rylee Hutchinson	SO	Amador Valley	5:01.78	4:52.85 AA-A
	27.09		56.08 (28.99) 1:25.52 (29.44)	1:54.93 (29.41)	
	2:24.74 (29.81)		2:54.73 (29.99) 3:24.46 (29.73)	3:54.32 (29.86)	
	4:24.05 (29.73)		4:52.85 (28.80)		
3	Brooke Bennett	SO	Granada	5:00.19	4:58.07 AA-C
	27.69		57.55 (29.86) 1:27.52 (29.97)	1:57.60 (30.08)	
	2:27.86 (30.26)		2:57.85 (29.99) 3:28.09 (30.24)	3:58.53 (30.44)	
	4:28.43 (29.90)		4:58.07 (29.64)		
4	Kaitlin Lee	SR	Dublin	4:52.28	5:00.01 CIFC
	27.61		57.07 (29.46) 1:26.87 (29.80)	1:56.66 (29.79)	
	2:26.72 (30.06)		2:57.08 (30.36) 3:27.49 (30.41)	3:58.17 (30.68)	
	4:29.15 (30.98)		5:00.01 (30.86)		
5	Rosalie Hassett	SR	Miramonte	5:02.10	5:00.55 CIFC
	28.49		59.17 (30.68) 1:30.15 (30.98)	2:01.29 (31.14)	
	2:32.40 (31.11)		3:02.94 (30.54) 3:32.86 (29.92)	4:02.66 (29.80)	
	4:32.67 (30.01)		5:00.55 (27.88)		

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024**Results - Prelims****Preliminaries ... (Event 15 Girls 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time	
6	Lily Struempf	SR	Northgate	4:54.85	5:01.89	CIFC
	27.21	56.83 (29.62)	1:26.97 (30.14)	1:57.22 (30.25)		
	2:28.14 (30.92)	2:59.39 (31.25)	3:30.55 (31.16)	4:01.23 (30.68)		
	4:31.76 (30.53)	5:01.89 (30.13)				
7	Francesca Lin	FR	Amador Valley	5:11.04	5:04.71	CIFC
	28.64	59.12 (30.48)	1:29.82 (30.70)	2:00.58 (30.76)		
	2:31.30 (30.72)	3:02.15 (30.85)	3:33.09 (30.94)	4:03.86 (30.77)		
	4:34.54 (30.68)	5:04.71 (30.17)				
8	Lily Yung	FR	College Preparatory	5:04.46	5:06.35	CIFC
	27.30	57.43 (30.13)	1:27.80 (30.37)	1:58.54 (30.74)		
	2:29.62 (31.08)	3:00.77 (31.15)	3:32.62 (31.85)	4:04.73 (32.11)		
	4:36.22 (31.49)	5:06.35 (30.13)				
9	Rebecca Griffin	FR	Northgate	5:05.37	5:07.44	CIFC
	28.20	58.16 (29.96)	1:29.07 (30.91)	2:00.05 (30.98)		
	2:31.01 (30.96)	3:02.24 (31.23)	3:33.69 (31.45)	4:05.69 (32.00)		
	4:36.67 (30.98)	5:07.44 (30.77)				
10	Emmy Loftus	JR	Dublin	5:11.20	5:11.36	
	28.87	59.68 (30.81)	1:30.85 (31.17)	2:02.52 (31.67)		
	2:33.97 (31.45)	3:05.61 (31.64)	3:37.14 (31.53)	4:08.69 (31.55)		
	4:40.38 (31.69)	5:11.36 (30.98)				
11	Ruth Andrews	FR	Campolindo	5:07.15	5:13.32	
	28.75	1:00.14 (31.39)	1:31.69 (31.55)	2:03.55 (31.86)		
	2:35.56 (32.01)	3:07.73 (32.17)	3:39.18 (31.45)	4:10.96 (31.78)		
	4:42.77 (31.81)	5:13.32 (30.55)				
12	Carlee Davis	SO	Las Lomas	5:20.63	5:14.48	
	28.90	1:00.65 (31.75)	1:32.86 (32.21)	2:04.97 (32.11)		
	2:37.08 (32.11)	3:09.02 (31.94)	3:41.11 (32.09)	4:12.70 (31.59)		
	4:44.07 (31.37)	5:14.48 (30.41)				
13	Cassie Clark	SO	Granada	5:14.28	5:15.83	
	29.16	1:00.47 (31.31)	1:31.97 (31.50)	2:03.83 (31.86)		
	2:35.87 (32.04)	3:07.83 (31.96)	3:40.07 (32.24)	4:12.46 (32.39)		
	4:44.52 (32.06)	5:15.83 (31.31)				
14	Alexandra Grant		Benicia	5:19.77	5:16.33	
	29.04	1:00.11 (31.07)	1:32.01 (31.90)	2:04.28 (32.27)		
	2:36.38 (32.10)	3:08.22 (31.84)	3:40.28 (32.06)	4:12.50 (32.22)		
	4:45.11 (32.61)	5:16.33 (31.22)				
15	Josie Haast	SO	Carondelet	5:18.66	5:16.46	
	29.29	1:00.01 (30.72)	1:31.37 (31.36)	2:03.43 (32.06)		
	2:35.78 (32.35)	3:08.27 (32.49)	3:40.73 (32.46)	4:13.11 (32.38)		
	4:45.32 (32.21)	5:16.46 (31.14)				
16	Oyu Tuvshintugs	JR	Northgate	5:15.06	5:17.51	
	29.22	1:00.57 (31.35)	1:32.15 (31.58)	2:04.18 (32.03)		
	2:36.25 (32.07)	3:08.64 (32.39)	3:40.96 (32.32)	4:13.20 (32.24)		
	4:45.36 (32.16)	5:17.51 (32.15)				
17	Annabelle Kruger	FR	Las Lomas	5:22.91	5:18.75	
	29.53	1:01.65 (32.12)	1:33.97 (32.32)	2:06.32 (32.35)		
	2:38.56 (32.24)	3:10.74 (32.18)	3:42.94 (32.20)	4:15.22 (32.28)		
	4:47.19 (31.97)	5:18.75 (31.56)				
18	Zoe Venetta	SO	Monte Vista	5:15.15	5:19.08	
	29.00	1:00.61 (31.61)	1:32.50 (31.89)	2:04.63 (32.13)		
	2:37.23 (32.60)	3:09.71 (32.48)	3:42.53 (32.82)	4:15.58 (33.05)		
	4:48.27 (32.69)	5:19.08 (30.81)				

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024**Results - Prelims****Preliminaries ... (Event 15 Girls 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
19	Maile Turner	SR	Monte Vista	5:18.80	5:19.21
	28.69	59.76 (31.07)	1:32.05 (32.29)	2:04.56 (32.51)	
	2:37.37 (32.81)	3:09.77 (32.40)	3:43.00 (33.23)	4:16.07 (33.07)	
	4:48.36 (32.29)	5:19.21 (30.85)			
20	Sequoia Barretto	FR	Quarry Lane	5:24.96	5:22.30
	29.35	1:00.59 (31.24)	1:32.43 (31.84)	2:04.61 (32.18)	
	2:37.05 (32.44)	3:09.95 (32.90)	3:43.09 (33.14)	4:16.51 (33.42)	
	4:49.87 (33.36)	5:22.30 (32.43)			
21	Whitney Wilkalis	SR	Campolindo	5:21.51	5:23.01
	29.31	1:01.30 (31.99)	1:33.93 (32.63)	2:06.54 (32.61)	
	2:39.06 (32.52)	3:11.66 (32.60)	3:44.66 (33.00)	4:17.33 (32.67)	
	4:50.46 (33.13)	5:23.01 (32.55)			
22	Marta Maninetti	JR	Miramonte	5:24.66	5:23.11
	29.26	1:01.09 (31.83)	1:33.54 (32.45)	2:06.11 (32.57)	
	2:39.02 (32.91)	3:11.80 (32.78)	3:45.06 (33.26)	4:18.20 (33.14)	
	4:51.86 (33.66)	5:23.11 (31.25)			
23	Natalia Avalos Paz	SR	Heritage	5:21.26	5:23.12
	29.78	1:00.74 (30.96)	1:32.44 (31.70)	2:04.41 (31.97)	
	2:36.82 (32.41)	3:09.66 (32.84)	3:42.46 (32.80)	4:15.71 (33.25)	
	4:49.82 (34.11)	5:23.12 (33.30)			
24	Luciana Carmichael	SO	Carondelet	5:21.84	5:23.39
	29.11	1:01.02 (31.91)	1:33.52 (32.50)	2:06.04 (32.52)	
	2:38.72 (32.68)	3:11.71 (32.99)	3:45.24 (33.53)	4:18.29 (33.05)	
	4:51.30 (33.01)	5:23.39 (32.09)			
*25	Chloe Thorn Leeson	SO	Campolindo	5:19.58	5:23.45
	29.83	1:02.63 (32.80)	1:35.81 (33.18)	2:08.34 (32.53)	
	2:41.06 (32.72)	3:13.90 (32.84)	3:46.44 (32.54)	4:19.67 (33.23)	
	4:52.31 (32.64)	5:23.45 (31.14)			
*25	Filuka Houborg	JR	Dougherty Valley	5:18.67	5:23.45
	29.34	1:01.24 (31.90)	1:33.80 (32.56)	2:06.21 (32.41)	
	2:38.71 (32.50)	3:11.71 (33.00)	3:45.24 (33.53)	4:18.30 (33.06)	
	4:51.77 (33.47)	5:23.45 (31.68)			
27	Brynn Tully	SR	Carondelet	5:23.84	5:23.65
	29.26	1:01.36 (32.10)	1:33.52 (32.16)	2:06.04 (32.52)	
	2:39.29 (33.25)	3:12.56 (33.27)	3:46.05 (33.49)	4:19.61 (33.56)	
	4:52.14 (32.53)	5:23.65 (31.51)			
28	Clare Baker	JR	Campolindo	5:22.12	5:25.36
	29.18	1:01.64 (32.46)	1:34.63 (32.99)	2:07.56 (32.93)	
	2:40.73 (33.17)	3:13.74 (33.01)	3:46.88 (33.14)	4:20.18 (33.30)	
	4:52.98 (32.80)	5:25.36 (32.38)			
29	Josie Clark	SR	Granada	5:23.99	5:25.81
	30.47	1:02.61 (32.14)	1:35.07 (32.46)	2:07.92 (32.85)	
	2:40.69 (32.77)	3:13.63 (32.94)	3:46.55 (32.92)	4:19.69 (33.14)	
	4:53.02 (33.33)	5:25.81 (32.79)			
30	Alison Sagara	JR	Miramonte	5:27.80	5:27.53
	29.94	1:03.07 (33.13)	1:36.62 (33.55)	2:10.46 (33.84)	
	2:44.26 (33.80)	3:18.04 (33.78)	3:51.55 (33.51)	4:24.57 (33.02)	
	4:57.20 (32.63)	5:27.53 (30.33)			
31	Mia Walsh	FR	Bishop O'Dowd	5:25.74	5:27.70
	29.95	1:03.25 (33.30)	1:37.11 (33.86)	2:11.26 (34.15)	
	2:44.79 (33.53)	3:18.22 (33.43)	3:51.98 (33.76)	4:24.84 (32.86)	
	4:56.76 (31.92)	5:27.70 (30.94)			

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024

Results - Prelims

Preliminaries ... (Event 15 Girls 500 Yard Freestyle)

Name		Yr	School	Seed Time	Prelim Time
32	Madelyn Cottam	FR	Carondelet	5:24.50	5:28.05
	29.24		1:02.06 (32.82) 1:35.11 (33.05)	2:08.15 (33.04)	
	2:41.16 (33.01)		3:14.45 (33.29) 3:47.97 (33.52)	4:21.52 (33.55)	
	4:55.21 (33.69)		5:28.05 (32.84)		
33	Reagan Berger	SO	Northgate	5:21.99	5:28.57
	29.24		1:01.45 (32.21) 1:34.32 (32.87)	2:07.89 (33.57)	
	2:41.02 (33.13)		3:14.17 (33.15) 3:48.00 (33.83)	4:22.05 (34.05)	
	4:55.97 (33.92)		5:28.57 (32.60)		
34	Lillian Speckenheuer	SO	Livermore	5:31.61	5:29.68
	29.35		1:02.01 (32.66) 1:35.72 (33.71)	2:09.75 (34.03)	
	2:43.29 (33.54)		3:16.91 (33.62) 3:50.73 (33.82)	4:24.56 (33.83)	
	4:58.10 (33.54)		5:29.68 (31.58)		
35	Lutece Morelle	JR	Maria Carrillo	5:31.87	5:31.07
	30.08		1:03.04 (32.96) 1:36.81 (33.77)	2:10.93 (34.12)	
	2:45.17 (34.24)		3:18.89 (33.72) 3:52.21 (33.32)	4:25.35 (33.14)	
	4:58.40 (33.05)		5:31.07 (32.67)		
36	Tatum Akey	FR	San Ramon Valley	5:25.66	5:31.68
	29.41		1:02.61 (33.20) 1:36.16 (33.55)	2:10.40 (34.24)	
	2:44.39 (33.99)		3:18.80 (34.41) 3:52.49 (33.69)	4:25.87 (33.38)	
	4:59.22 (33.35)		5:31.68 (32.46)		
37	Anaya Lehman	JR	Berkeley High School	5:28.61	5:32.92
	30.36		1:03.60 (33.24) 1:37.24 (33.64)	2:11.64 (34.40)	
	2:45.34 (33.70)		3:19.15 (33.81) 3:52.83 (33.68)	4:26.39 (33.56)	
	5:00.03 (33.64)		5:32.92 (32.89)		
38	Claire Cassidy	SR	Marin Catholic	5:31.99	5:39.32
	29.07		1:02.39 (33.32) 1:36.45 (34.06)	2:10.40 (33.95)	
	2:44.70 (34.30)		3:19.46 (34.76) 3:54.39 (34.93)	4:29.24 (34.85)	
	5:04.73 (35.49)		5:39.32 (34.59)		
---	Ava Tseng	JR	San Ramon Valley	5:12.38	DFS
---	Tierney Turnbow		California	5:32.40	NS

Event 16 Boys 500 Yard Freestyle

National HS:	4:12.87	U 2016	Grant Shoults	SMargarita (CA)
NCS Meet:	4:17.17	N 2018	Alexei Sancov	Northgate
	4:29.39	AA-A All American Auto		
	4:31.94	CIFA CIF Automatic		
	4:33.16	AA-C All America Cons		
	4:41.99	CIFC CIF Consideration		

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Luka Mijatovic	FR	Foothill	4:20.54	4:24.28 AA-A
	24.51		51.00 (26.49) 1:17.85 (26.85)	1:44.80 (26.95)	
	2:11.61 (26.81)		2:38.27 (26.66) 3:04.94 (26.67)	3:31.46 (26.52)	
	3:58.15 (26.69)		4:24.28 (26.13)		
2	Devyn Caples	SR	Amador Valley	4:34.45	4:28.09 AA-A
	24.67		51.19 (26.52) 1:18.00 (26.81)	1:45.16 (27.16)	
	2:12.41 (27.25)		2:39.52 (27.11) 3:06.63 (27.11)	3:34.08 (27.45)	
	4:01.21 (27.13)		4:28.09 (26.88)		
3	Jeremy Ting	SO	Monte Vista	4:34.32	4:33.15 AA-C
	24.94		52.38 (27.44) 1:19.46 (27.08)	1:47.12 (27.66)	
	2:14.97 (27.85)		2:43.04 (28.07) 3:10.99 (27.95)	3:38.62 (27.63)	
	4:05.84 (27.22)		4:33.15 (27.31)		

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024**Results - Prelims****Preliminaries ... (Event 16 Boys 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time	
4	Kaden Wong	FR	Foothill	4:33.17	4:34.65	CIFC
	25.02	52.25 (27.23)	1:20.00 (27.75)	1:47.48 (27.48)		
	2:15.15 (27.67)	2:42.76 (27.61)	3:10.74 (27.98)	3:38.35 (27.61)		
	4:06.49 (28.14)	4:34.65 (28.16)				
5	Blake Hill	SO	De La Salle High School	4:36.49	4:35.37	CIFC
	24.75	52.24 (27.49)	1:19.94 (27.70)	1:47.86 (27.92)		
	2:15.76 (27.90)	2:43.83 (28.07)	3:11.91 (28.08)	3:40.05 (28.14)		
	4:08.09 (28.04)	4:35.37 (27.28)				
6	Phil Lin	JR	Foothill	4:37.04	4:35.97	CIFC
	24.90	52.07 (27.17)	1:19.72 (27.65)	1:47.61 (27.89)		
	2:15.73 (28.12)	2:43.92 (28.19)	3:11.90 (27.98)	3:40.14 (28.24)		
	4:08.98 (28.84)	4:35.97 (26.99)				
7	Nathanael Ridosko	JR	Granada	4:40.81	4:37.66	CIFC
	24.72	52.14 (27.42)	1:20.07 (27.93)	1:48.60 (28.53)		
	2:17.05 (28.45)	2:45.99 (28.94)	3:14.23 (28.24)	3:43.10 (28.87)		
	4:11.16 (28.06)	4:37.66 (26.50)				
8	Andrew Lillie	SR	Amador Valley	4:42.21	4:38.16	CIFC
	25.40	53.28 (27.88)	1:21.80 (28.52)	1:50.44 (28.64)		
	2:18.69 (28.25)	2:46.99 (28.30)	3:15.38 (28.39)	3:43.35 (27.97)		
	4:11.03 (27.68)	4:38.16 (27.13)				
9	Abir Bhatia	SO	Dougherty Valley	4:50.72	4:38.95	CIFC
	24.73	51.49 (26.76)	1:19.00 (27.51)	1:47.07 (28.07)		
	2:15.33 (28.26)	2:44.13 (28.80)	3:12.99 (28.86)	3:42.02 (29.03)		
	4:10.88 (28.86)	4:38.95 (28.07)				
10	Christopher Wang	FR	Amador Valley	4:37.75	4:39.18	CIFC
	25.32	52.71 (27.39)	1:20.69 (27.98)	1:49.02 (28.33)		
	2:17.45 (28.43)	2:45.88 (28.43)	3:14.15 (28.27)	3:42.83 (28.68)		
	4:11.47 (28.64)	4:39.18 (27.71)				
11	Hayden O'Hare	JR	Campolindo	4:40.74	4:39.97	CIFC
	25.17	52.71 (27.54)	1:20.86 (28.15)	1:49.36 (28.50)		
	2:18.08 (28.72)	2:46.99 (28.91)	3:15.90 (28.91)	3:44.54 (28.64)		
	4:12.66 (28.12)	4:39.97 (27.31)				
12	Stephen Weinstein	FR	San Francisco University High	4:47.34	4:41.74	CIFC
	25.88	53.53 (27.65)	1:21.60 (28.07)	1:50.22 (28.62)		
	2:19.24 (29.02)	2:48.22 (28.98)	3:17.25 (29.03)	3:45.96 (28.71)		
	4:14.26 (28.30)	4:41.74 (27.48)				
13	Laird Delbridge	SO	Miramonte	4:40.79	4:41.75	CIFC
	25.29	53.08 (27.79)	1:21.18 (28.10)	1:49.99 (28.81)		
	2:19.09 (29.10)	2:48.30 (29.21)	3:17.41 (29.11)	3:46.45 (29.04)		
	4:14.35 (27.90)	4:41.75 (27.40)				
14	Tyler Liu	JR	Amador Valley	4:46.29	4:42.08	
	25.90	53.53 (27.63)	1:21.84 (28.31)	1:50.72 (28.88)		
	2:19.70 (28.98)	2:48.76 (29.06)	3:17.42 (28.66)	3:45.87 (28.45)		
	4:14.32 (28.45)	4:42.08 (27.76)				
15	Ethan Wang	SO	Foothill	4:34.66	4:43.86	
	24.70	51.86 (27.16)	1:20.10 (28.24)	1:48.92 (28.82)		
	2:18.33 (29.41)	2:47.96 (29.63)	3:17.02 (29.06)	3:46.78 (29.76)		
	4:15.94 (29.16)	4:43.86 (27.92)				
16	Theo Holtzman	SR	Bentley Upper	4:50.25	4:44.21	
	26.24	54.47 (28.23)	1:23.53 (29.06)	1:52.75 (29.22)		
	2:22.02 (29.27)	2:51.27 (29.25)	3:20.37 (29.10)	3:49.28 (28.91)		
	4:17.36 (28.08)	4:44.21 (26.85)				

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024**Results - Prelims****Preliminaries ... (Event 16 Boys 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
17	Alex Nicholson	SR	Monte Vista	4:48.03	4:45.12
	25.36	53.23 (27.87)	1:21.73 (28.50)	1:50.37 (28.64)	
	2:19.54 (29.17)	2:48.64 (29.10)	3:18.08 (29.44)	3:47.58 (29.50)	
	4:16.91 (29.33)	4:45.12 (28.21)			
18	Jack True	JR	Dublin	4:49.97	4:45.19
	25.59	53.87 (28.28)	1:22.68 (28.81)	1:51.86 (29.18)	
	2:20.96 (29.10)	2:50.36 (29.40)	3:19.95 (29.59)	3:49.36 (29.41)	
	4:18.39 (29.03)	4:45.19 (26.80)			
19	James Gannon	FR	Cardinal Newman	4:44.76	4:45.53
	25.11	52.48 (27.37)	1:21.22 (28.74)	1:50.31 (29.09)	
	2:19.59 (29.28)	2:48.94 (29.35)	3:18.47 (29.53)	3:47.88 (29.41)	
	4:17.37 (29.49)	4:45.53 (28.16)			
20	Kushawn Harandi	JR	San Ramon Valley	4:56.24	4:45.58
	25.74	53.75 (28.01)	1:22.27 (28.52)	1:51.11 (28.84)	
	2:20.07 (28.96)	2:49.53 (29.46)	3:18.86 (29.33)	3:48.28 (29.42)	
	4:17.50 (29.22)	4:45.58 (28.08)			
21	Zane Schuman	FR	San Domenico	4:48.57	4:45.99
	25.77	54.36 (28.59)	1:22.88 (28.52)	1:52.04 (29.16)	
	2:21.15 (29.11)	2:50.51 (29.36)	3:19.54 (29.03)	3:49.01 (29.47)	
	4:18.12 (29.11)	4:45.99 (27.87)			
22	Cameron Heller	FR	Terra Linda	4:44.58	4:46.18
	25.59	53.55 (27.96)	1:22.45 (28.90)	1:51.60 (29.15)	
	2:20.95 (29.35)	2:50.83 (29.88)	3:20.53 (29.70)	3:49.93 (29.40)	
	4:18.70 (28.77)	4:46.18 (27.48)			
23	Owen Blanford	JR	Piedmont High School	4:40.98	4:46.43
	25.51	53.17 (27.66)	1:21.57 (28.40)	1:50.66 (29.09)	
	2:20.07 (29.41)	2:49.60 (29.53)	3:19.12 (29.52)	3:48.31 (29.19)	
	4:17.71 (29.40)	4:46.43 (28.72)			
24	Dmitriy Oranskiy	FR	De La Salle High School	4:46.85	4:46.57
	26.38	54.92 (28.54)	1:23.62 (28.70)	1:52.63 (29.01)	
	2:21.53 (28.90)	2:50.68 (29.15)	3:20.09 (29.41)	3:49.45 (29.36)	
	4:18.47 (29.02)	4:46.57 (28.10)			
25	Jordan Estimo	FR	Bishop O'Dowd	4:42.06	4:46.66
	26.49	55.00 (28.51)	1:23.74 (28.74)	1:52.78 (29.04)	
	2:21.54 (28.76)	2:50.56 (29.02)	3:19.80 (29.24)	3:49.47 (29.67)	
	4:18.64 (29.17)	4:46.66 (28.02)			
26	Alex Knudsen	SO	Campolindo	4:50.43	4:46.81
	25.42	53.94 (28.52)	1:23.16 (29.22)	1:52.29 (29.13)	
	2:21.46 (29.17)	2:50.33 (28.87)	3:19.47 (29.14)	3:48.51 (29.04)	
	4:18.10 (29.59)	4:46.81 (28.71)			
27	Nick Woolery	JR	Heritage	4:39.70	4:48.50
	25.56	53.37 (27.81)	1:21.93 (28.56)	1:50.84 (28.91)	
	2:20.08 (29.24)	2:49.07 (28.99)	3:18.80 (29.73)	3:48.88 (30.08)	
	4:19.07 (30.19)	4:48.50 (29.43)			
28	Gabe Benitez	SO	Granada	4:50.44	4:48.86
	26.29	54.77 (28.48)	1:23.81 (29.04)	1:53.26 (29.45)	
	2:22.99 (29.73)	2:52.74 (29.75)	3:22.12 (29.38)	3:52.04 (29.92)	
	4:21.09 (29.05)	4:48.86 (27.77)			
29	Kyle Ridosko	FR	Granada	4:50.78	4:49.08
	26.54	55.33 (28.79)	1:24.61 (29.28)	1:54.29 (29.68)	
	2:24.08 (29.79)	2:53.94 (29.86)	3:22.95 (29.01)	3:52.34 (29.39)	
	4:21.23 (28.89)	4:49.08 (27.85)			

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024**Results - Prelims****Preliminaries ... (Event 16 Boys 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
30	Kyle Stilinovich	SO	Clayton Valley Charter	4:53.23	4:49.54
	26.11	54.55 (28.44)	1:23.57 (29.02)	1:53.34 (29.77)	
	2:22.89 (29.55)	2:52.51 (29.62)	3:22.07 (29.56)	3:51.57 (29.50)	
	4:21.35 (29.78)	4:49.54 (28.19)			
31	Dylan King	JR	Campolindo	4:45.36	4:49.58
	25.92	53.92 (28.00)	1:23.00 (29.08)	1:52.55 (29.55)	
	2:22.03 (29.48)	2:51.61 (29.58)	3:21.25 (29.64)	3:50.78 (29.53)	
	4:20.12 (29.34)	4:49.58 (29.46)			
32	Lukas Peters	JR	De La Salle High School	4:54.79	4:52.13
	25.71	54.02 (28.31)	1:23.41 (29.39)	1:53.11 (29.70)	
	2:22.90 (29.79)	2:52.57 (29.67)	3:22.71 (30.14)	3:53.02 (30.31)	
	4:22.92 (29.90)	4:52.13 (29.21)			
33	Gabriel Hoffman	SO	Miramonte	4:48.54	4:53.44
	26.17	54.35 (28.18)	1:23.55 (29.20)	1:53.38 (29.83)	
	2:23.18 (29.80)	2:53.44 (30.26)	3:23.95 (30.51)	3:54.44 (30.49)	
	4:24.29 (29.85)	4:53.44 (29.15)			
34	Robby Brents	SR	San Ramon Valley	4:52.42	4:54.11
	26.43	55.12 (28.69)	1:24.33 (29.21)	1:53.92 (29.59)	
	2:24.04 (30.12)	2:54.01 (29.97)	3:24.30 (30.29)	3:54.96 (30.66)	
	4:25.09 (30.13)	4:54.11 (29.02)			
35	Mike Peeff	JR	De La Salle High School	4:55.51	4:55.12
	25.96	54.67 (28.71)	1:23.89 (29.22)	1:53.55 (29.66)	
	2:23.77 (30.22)	2:53.82 (30.05)	3:24.56 (30.74)	3:55.14 (30.58)	
	4:25.71 (30.57)	4:55.12 (29.41)			
36	Ryan Kumar	SO	Mission San Jose High School	4:48.83	4:55.30
	25.90	54.42 (28.52)	1:23.29 (28.87)	1:52.82 (29.53)	
	2:22.98 (30.16)	2:53.34 (30.36)	3:23.45 (30.11)	3:54.32 (30.87)	
	4:25.12 (30.80)	4:55.30 (30.18)			
37	Elliott Scott	SO	Head-Royce	4:54.33	4:56.45
	25.69	54.03 (28.34)	1:22.74 (28.71)	1:51.71 (28.97)	
	2:21.51 (29.80)	2:51.38 (29.87)	3:22.10 (30.72)	3:53.76 (31.66)	
	4:25.37 (31.61)	4:56.45 (31.08)			
38	Waseem Zeid	JR	Granada	4:56.85	5:02.47
	27.01	56.20 (29.19)	1:26.54 (30.34)	1:56.65 (30.11)	
	2:27.12 (30.47)	2:58.24 (31.12)	3:29.43 (31.19)	4:00.86 (31.43)	
	4:32.36 (31.50)	5:02.47 (30.11)			
39	Soren Jessen	FR	Terra Linda	4:56.00	5:06.20
	27.16	56.95 (29.79)	1:27.21 (30.26)	1:58.71 (31.50)	
	2:29.92 (31.21)	3:01.26 (31.34)	3:32.71 (31.45)	4:04.69 (31.98)	
	4:36.07 (31.38)	5:06.20 (30.13)			
---	Eric Meng	SO	James Logan	4:47.71	DFS

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024

Results - Prelims

Event 17 Girls 200 Yard Freestyle Relay

National HS:	1:30.72	U	2015	Carmel (IN)	Carmel (IN)
				V. Burchill, Adams, Smith, Rothrock	
NCS Meet:	1:33.28	N	2016	Carondelet	Carondelet
				A. Carr, K. Witkay, M. Han, M. Murphy	
	1:35.36	AA-A All American Auto			
	1:37.15	AA-C All America Cons			
	1:37.16	CIFA CIF Automatic			
	1:40.64	CIFC CIF Consideration			

Team	Relay		Seed Time	Prelim Time	
Preliminaries					
1 San Ramon Valley			1:33.70	1:35.18	AA-A
1) Alexis Parkinson SO	2) Avery Knapp SR	3) Sasha Babushkina SO	4) Miranda Stevenson SR		
24.03	48.66 (24.63)	1:12.58 (23.92)	1:35.18 (22.60)		
2 Monte Vista			1:34.28	J1:35.18	AA-A
1) Genesee Quon SR	2) Eva Busquets SO	3) Zoe Venetta SO	4) Addy VonderAhe JR		
23.60	47.84 (24.24)	1:11.70 (23.86)	1:35.18 (23.48)		
3 Cardinal Newman			1:39.54	1:37.76	CIFC
1) Natalie Farquhar SR	2) Jordyn Menconi SO	3) Morgan Puckett JR	4) Sienna Manconi FR		
23.59	48.98 (25.39)	1:14.00 (25.02)	1:37.76 (23.76)		
4 Carondelet			1:34.75	1:37.77	CIFC
1) Katherine Kracht SO	2) Delilah Ricketts SO	3) Addison Corso FR	4) Elsa Horciza SR		
25.19	50.02 (24.83)	1:14.01 (23.99)	1:37.77 (23.76)		
5 Campolindo			1:37.65	1:38.11	CIFC
1) Madison Blackwell SR	2) Jasmine Fok SR	3) Ana Pieper SR	4) SiSi Roggensack JR		
24.14	48.24 (24.10)	1:13.34 (25.10)	1:38.11 (24.77)		
6 Miramonte			1:39.34	1:38.15	CIFC
1) Bea Hearey JR	2) Ali Larsen JR	3) Rosalie Hassett SR	4) Tali Stryker SR		
24.90	50.17 (25.27)	1:14.81 (24.64)	1:38.15 (23.34)		
7 Foothill			1:39.69	1:38.54	CIFC
1) Sydney Hood FR	2) Chloe Xu SR	3) Kristin Der SR	4) Mckinley Scobie SO		
26.36	50.55 (24.19)	1:14.92 (24.37)	1:38.54 (23.62)		
8 Marin Catholic			1:39.35	1:39.39	CIFC
1) Alyssa Kooy SR	2) Amelia Kiriakis JR	3) Claire Cassidy SR	4) Esme Quay SO		
24.24	50.89 (26.65)	1:15.93 (25.04)	1:39.39 (23.46)		
9 Amador Valley			1:40.41	1:39.96	CIFC
1) Francesca Lin FR	2) Joyce Huang JR	3) Sydney Goldstein JR	4) Nicole Xu SO		
24.91	49.76 (24.85)	1:14.97 (25.21)	1:39.96 (24.99)		
10 Clayton Valley Charter			1:38.92	1:40.02	CIFC
1) Haylee Wong JR	2) Gianna Kougios SR	3) Kyla Joseph SO	4) Madison Bautista SO		
26.19	51.21 (25.02)	1:15.86 (24.65)	1:40.02 (24.16)		
11 Northgate			1:42.40	1:40.74	
1) Brooke Sullivan JR	2) Kimiko Gray FR	3) Julia Jensen FR	4) Noni Lee SR		
25.68	50.86 (25.18)	1:15.79 (24.93)	1:40.74 (24.95)		
12 College Preparatory			1:42.35	1:40.81	
1) Natalie Mak JR	2) Mollie Appl SR	3) Sydney Rose FR	4) Lily Yung FR		
24.62	49.12 (24.50)	1:17.02 (27.90)	1:40.81 (23.79)		
13 Washington			1:42.22	1:41.00	
1) Tran Doan JR	2) Sarah Gilbert SR	3) Ava Ellsworth JR	4) Shristi Bandyopadhyay SR		
24.94	50.38 (25.44)	1:16.12 (25.74)	1:41.00 (24.88)		
14 Irvington			1:41.66	1:42.41	
1) Alison Su FR	2) Erin Wong JR	3) Sophie Ng SR	4) Isabel Lam FR		
23.38	49.51 (26.13)	1:16.29 (26.78)	1:42.41 (26.12)		

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024**Results - Prelims****Preliminaries ... (Event 17 Girls 200 Yard Freestyle Relay)**

Team	Relay		Seed Time	Prelim Time
15 Piedmont High School			1:42.72	1:42.66
1) Josephine Oesterer FR	2) Abigail Jacoby FR	3) Sonja Ten Grotenhuis SO	4) Taylor Rolefson SO	
26.24	52.10 (25.86)	1:18.39 (26.29)	1:42.66 (24.27)	
16 California			1:42.13	1:42.78
1) Samantha Gee JR	2) Hannah Jeong	3) Elise Matek	4) Taylor Lim	
26.06	52.27 (26.21)	1:17.27 (25.00)	1:42.78 (25.51)	
17 Mission San Jose High School			1:45.06	1:42.81
1) Meghan Ly SR	2) Natalie Lim SO	3) Katelynn Tran FR	4) Jennifer Xu SO	
24.49	51.09 (26.60)	1:17.08 (25.99)	1:42.81 (25.73)	
18 Dougherty Valley			1:44.26	1:42.87
1) Kobi Wong JR	2) Natalie Chan JR	3) Katie Hu FR	4) Katelyn Roncal JR	
25.61	52.46 (26.85)	1:17.85 (25.39)	1:42.87 (25.02)	
19 Dublin			1:40.58	1:43.14
1) Samira Leung FR	2) Zoe Esquivel JR	3) Kopal Tare FR	4) Kaitlin Lee SR	
26.05	52.39 (26.34)	1:18.92 (26.53)	1:43.14 (24.22)	
20 Redwood			1:43.81	1:43.58
1) Kate DeForrest SR	2) Lily Kilgore FR	3) Isabella Babb SO	4) Amelia Loiacono SR	
25.59	51.23 (25.64)	1:17.34 (26.11)	1:43.58 (26.24)	
21 Tamalpais			1:44.00	1:43.84
1) Chloe Firmage JR	2) Reese Arwin SO	3) Julia Ulvestad FR	4) Annika Hakes FR	
25.88	52.55 (26.67)	1:18.21 (25.66)	1:43.84 (25.63)	
22 American High School			1:44.68	1:44.37
1) Maya Hetland SO	2) Katie Huang SR	3) Hailey Olalia SO	4) Julia Wan SO	
25.01	52.04 (27.03)	1:18.39 (26.35)	1:44.37 (25.98)	
23 Alameda			1:45.03	1:44.40
1) Kylie Zorn SO	2) Ava Lisitza SR	3) Annabelle Catic FR	4) Sydney Thompson SR	
27.25	55.47 (28.22)	1:20.89 (25.42)	1:44.40 (23.51)	
24 Terra Linda			1:45.93	1:44.59
1) Josephine Fetterman-Riggall FR	2) Jamie Schmidt FR	3) Alina Noyes FR	4) Sammie Foley FR	
26.61	52.86 (26.25)	1:23.56 (30.70)	1:44.59 (21.03)	
25 College Park			1:44.28	1:44.62
1) Eva Gorniytzki JR	2) Lucy Galbraith SR	3) Andrea Garcia SO	4) Julia Garcia SR	
25.48	52.25 (26.77)	1:18.93 (26.68)	1:44.62 (25.69)	
26 Castro Valley			1:44.47	1:44.78
1) Dasha Kryuchkova SO	2) Corinne Arakawa JR	3) Chloe Gilbert JR	4) Khanh Seaton FR	
26.56	54.20 (27.64)	1:19.65 (25.45)	1:44.78 (25.13)	
27 San Domenico			1:45.87	1:45.13
1) Sanne Kostecki SO	2) Ema Prelovskaja JR	3) Mia Kelly JR	4) Veronika Elias SO	
25.91	52.96 (27.05)	1:18.56 (25.60)	1:45.13 (26.57)	
28 Liberty			1:45.19	1:45.19
1) Mia DiBerardino JR	2) Alana Silva SR	3) Lindsey Hall SR	4) Athena Ayers SR	
26.33	53.22 (26.89)	1:19.68 (26.46)	1:45.19 (25.51)	
29 Novato			1:43.77	1:45.33
1) Kate Metzger SO	2) Gracie Thelan SR	3) Anja Bayer SO	4) Emmerson Wunderlich SO	
26.54	53.86 (27.32)	1:20.43 (26.57)	1:45.33 (24.90)	
30 Heritage			1:46.30	1:45.97
1) Paige Weideman FR	2) Aaralynn McDonald-Shargots JR	3) Sam Chao SR	4) Alexia Warner SO	
26.97	53.96 (26.99)	1:20.19 (26.23)	1:45.97 (25.78)	
31 Justin-Siena			1:45.50	1:46.13
1) Lila Heffernan SR	2) Eliza Wicks SO	3) Clare Cuneo SO	4) Kaela Fegan JR	
23.82	52.20 (28.38)	1:19.00 (26.80)	1:46.13 (27.13)	
32 Alhambra High School			1:44.82	1:46.21
1) Chiara Ke JR	2) Julia Arrizon SR	3) Briar Cue SO	4) Isabelle Cooley SR	
26.54	53.35 (26.81)	1:20.38 (27.03)	1:46.21 (25.83)	

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024

Results - Prelims

Preliminaries ... (Event 17 Girls 200 Yard Freestyle Relay)

Team	Relay		Seed Time	Prelim Time
33 Maria Carrillo			1:45.42	1:46.24
1) Chloe Morelle SO	2) Lutece Morelle JR	3) Chloe Benefield FR	4) Kennedy Lee SR	
27.42	54.57 (27.15)	1:21.89 (27.32)	1:46.24 (24.35)	
34 Archie Williams			1:43.55	1:47.24
1) Makena Quinones JR	2) Jax Finley JR	3) Ada Hardin FR	4) Zoe Cass-Lein SO	
26.36	57.84 (31.48)	1:20.76 (22.92)	1:47.24 (26.48)	
35 Branson			1:44.08	1:47.99
1) McKenzie Kwei JR	2) Ashley Vela Perez SO	3) Roya Becker FR	4) Aly Valente FR	
25.87	52.27 (26.40)	1:20.16 (27.89)	1:47.99 (27.83)	
36 American Canyon			1:45.99	1:48.13
1) Isabella Mosing SO	2) Abigayle Sapida SR	3) Chrystabelle Ramp FR	4) Alejandra Valladares SR	
26.62	53.77 (27.15)	1:22.11 (28.34)	1:48.13 (26.02)	
37 James Logan			1:46.02	1:48.14
1) Bethany Kiang SR	2) Breanna Tang SR	3) Jaslyn Tsui SO	4) Angela D'Amelio SR	
27.05	54.42 (27.37)	1:22.07 (27.65)	1:48.14 (26.07)	
38 Granada			1:45.42	1:48.33
1) Savannah Evans SR	2) Violet Graham FR	3) Josie Clark SR	4) Micaella Szymanski FR	
27.38	54.71 (27.33)	1:22.04 (27.33)	1:48.33 (26.29)	
--- Marin Academy			1:42.12	DFS
1) Ali Kosmowski JR	2) Gabby Reichley JR	3) Kelly Kurtzig FR	4) Hannah Reichley FR	

Event 18 Boys 200 Yard Freestyle Relay

National HS:	1:19.27	U 2012	Bolles (FL)	Bolles (FL)
			Murphy, Schooling, Condorelli, Goossen	
NCS Meet:	1:22.35	N 2019	SRV 19 & 16, Campo 13	SRV19+16, Cam13
			MM,JW,GW,HF;TC,JC,HP,BH;JS,SC,NZ,RA	
	1:24.34	AA-A All American Auto		
	1:25.75	AA-C All America Cons		
	1:25.78	CIFA CIF Automatic		
	1:28.58	CIFC CIF Consideration		

Team	Relay		Seed Time	Prelim Time	
Preliminaries					
1 San Ramon Valley			1:23.58	1:24.01	AA-A
1) Drew Arney SR	2) Chase King SR	3) Nick Tovani SR	4) Sawyer Jones JR		
21.15	42.45 (21.30)	1:03.60 (21.15)	1:24.01 (20.41)		
2 American High School			1:24.27	1:24.26	AA-A
1) Edward Huang SR	2) Ryin Ruaboro SR	3) Donovan Tse SR	4) Ray Cillo SR		
20.58	41.42 (20.84)	1:03.42 (22.00)	1:24.26 (20.84)		
3 Miramonte			1:25.80	1:24.39	AA-C
1) Logan Gunn SR	2) Grant Kurtz SR	3) Oliver Sherwood SR	4) Pat Stice JR		
21.19	42.43 (21.24)	1:03.45 (21.02)	1:24.39 (20.94)		
4 De La Salle High School			1:25.66	1:24.49	AA-C
1) Austin Abrojena JR	2) Conor Halley-McCarty SR	3) Jed Johnson JR	4) Matthew Nakayama SO		
21.77	42.61 (20.84)	1:03.37 (20.76)	1:24.49 (21.12)		
5 Terra Linda			1:26.49	1:25.13	AA-C
1) Ben Butler JR	2) Nicholas Arinduque FR	3) Andrew Chong FR	4) Jack Middleton SO		
20.96	42.23 (21.27)	1:03.25 (21.02)	1:25.13 (21.88)		
6 College Park			1:28.82	1:26.03	CIFC
1) Zac Gartner SR	2) Misha Popov JR	3) Nic Austen SO	4) Connor Tillberg JR		
21.33	42.85 (21.52)	1:04.48 (21.63)	1:26.03 (21.55)		
7 Foothill			1:27.60	1:26.19	CIFC
1) Cameron Jones SR	2) Luka Mijatovic FR	3) Kaden Wong FR	4) Liam Alexander JR		
22.13	42.99 (20.86)	1:04.67 (21.68)	1:26.19 (21.52)		

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024**Results - Prelims****Preliminaries ... (Event 18 Boys 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
8 Campolindo		1:27.37	1:26.48 CIFIC
1) Reid Lalli SR	2) Gavin Cameto FR	3) Eason Feng SO	4) Michael Chu SR
22.05	43.38 (21.33) 1:05.08 (21.70)	1:26.48 (21.40)	
9 Castro Valley		1:26.23	1:26.65 CIFIC
1) Nathan Nguyen JR	2) Edvin Sabanovic JR	3) Jeremy Francis SR	4) Simon Li JR
22.57	44.40 (21.83) 1:05.83 (21.43)	1:26.65 (20.82)	
10 Tamalpais		1:28.96	1:27.27 CIFIC
1) Ari Blacher JR	2) Andrew Sternfels JR	3) Paul Falzone SO	4) Dean Gustavson SR
22.58	44.37 (21.79) 1:06.51 (22.14)	1:27.27 (20.76)	
11 Clayton Valley Charter		1:30.10	1:27.49 CIFIC
1) Nicolas Bushnell SR	2) Kyle Stilinovich SO	3) David Giordano JR	4) Diego Castaneda JR
22.31	44.71 (22.40) 1:06.62 (21.91)	1:27.49 (20.87)	
12 Washington		1:29.60	1:27.66 CIFIC
1) Derek Ponssen SR	2) David Jeon SR	3) Tyler Licari JR	4) Leo Gao SR
21.78	43.89 (22.11) 1:06.12 (22.23)	1:27.66 (21.54)	
13 Piedmont High School		1:27.88	1:27.79 CIFIC
1) Dimitri Secor FR	2) Owen Blanford JR	3) Thomas Rolefson SO	4) Nikita Costello FR
22.65	44.70 (22.05) 1:06.46 (21.76)	1:27.79 (21.33)	
14 Las Lomas		1:27.78	1:27.84 CIFIC
1) Carter Seward JR	2) Brett Nelson SR	3) Griffin Marks JR	4) Ian Bellanca SR
22.48	44.06 (21.58) 1:06.03 (21.97)	1:27.84 (21.81)	
15 California		1:29.34	1:28.78
1) Ethan Suehiro SO	2) Nami Ranjbarsadeghi SR	3) Jax Milasincic SR	4) Hudson Frew JR
22.60	44.98 (22.38) 1:06.66 (21.68)	1:28.78 (22.12)	
16 Amador Valley		1:29.78	1:29.00
1) Oryan Liu SO	2) Ibrahim Kiziloglu SO	3) Simon Valentine JR	4) Evan Shackelford JR
21.89	44.38 (22.49) 1:06.58 (22.20)	1:29.00 (22.42)	
17 Monte Vista		1:26.39	1:29.80
1) Kalen Atkinson JR	2) Trevor Bouch SR	3) Sean Perez SO	4) Adrien Lerouge JR
22.65	45.19 (22.54) 1:08.10 (22.91)	1:29.80 (21.70)	
18 Dublin		1:30.10	1:30.09
1) Benjamin Ohrr JR	2) Jacob Lim SR	3) Jack True JR	4) Hariom Patel JR
22.18	44.94 (22.76) 1:07.46 (22.52)	1:30.09 (22.63)	
19 Maria Carrillo		1:31.26	1:30.32
1) Lucas Wang SO	2) Kai Holt JR	3) Phoenix Holt JR	4) Finn Brophy JR
23.33	46.34 (23.01) 1:09.46 (23.12)	1:30.32 (20.86)	
20 American Canyon		1:33.78	1:30.69
1) Rowen Valladares SR	2) Aidan Velicaria SR	3) Noah Zipay JR	4) Raphael Cueva SO
22.60	45.53 (22.93) 1:09.09 (23.56)	1:30.69 (21.60)	
21 Dougherty Valley		1:31.97	1:30.98
1) Logan Phan SR	2) Bryan Yan SR	3) Aidan Sales SR	4) Ben Hu JR
23.06	45.68 (22.62) 1:08.53 (22.85)	1:30.98 (22.45)	
22 Liberty		1:30.67	1:31.04
1) Seth Venables SR	2) Q Drief JR	3) Zachary Pierce SO	4) Luke Gunderman SR
23.62	46.20 (22.58) 1:08.89 (22.69)	1:31.04 (22.15)	
23 Head-Royce		1:30.50	1:31.31
1) Atlas Metin FR	2) Gabriel Reader JR	3) Nithin Raghavan FR	4) Elliott Scott SO
23.51	46.41 (22.90) 1:09.53 (23.12)	1:31.31 (21.78)	
24 Mission San Jose High School		1:33.18	1:31.44
1) Justin Ho SR	2) Baylis Hin JR	3) Kevin Liu SO	4) Ryan Kumar SO
23.36	46.37 (23.01) 1:09.03 (22.66)	1:31.44 (22.41)	

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024**Results - Prelims****Preliminaries ... (Event 18 Boys 200 Yard Freestyle Relay)**

	Team	Relay	Seed Time	Prelim Time
25	Alameda		1:31.50	1:31.56
	1) Andrew Nguyen JR 22.16	2) Dennis Pham Nguyen SO 44.74 (22.58) 1:08.41 (23.67)	3) Zach Dortch SO 1:31.56 (23.15)	4) Nathan Lee JR
26	Heritage		1:30.02	1:32.11
	1) Travis Kralj SR 23.48	2) Zach Lengyel SR 46.83 (23.35) 1:09.81 (22.98)	3) Dakota Mata SO 1:32.11 (22.30)	4) Nick Woolery JR
27	Novato		1:31.25	1:32.27
	1) Rex Franus JR 23.13	2) Nico Procopio JR 47.20 (24.07) 1:09.75 (22.55)	3) Isaias Zavala SO 1:32.27 (22.52)	4) Jack Wien SO
28	Albany		1:32.94	1:33.75
	1) Peter Gladkevich JR 23.32	2) Phumin Chansiri JR 47.59 (24.27) 1:11.35 (23.76)	3) Ryan Hong JR 1:33.75 (22.40)	4) Aasish Dangol JR
29	Redwood		1:35.18	1:33.89
	1) Charles Scott JR 23.44	2) Sawyer Goldberg JR 46.25 (22.81) 1:10.58 (24.33)	3) Cian Kelly FR 1:33.89 (23.31)	4) Ryan Voges SR
30	Granada		1:32.83	1:34.15
	1) Andre Valle SR 23.83	2) Alex Gomez 47.02 (23.19) 1:10.70 (23.68)	3) Kyle Ridosko FR 1:34.15 (23.45)	4) Gabe Benitez SO
31	San Rafael		1:34.42	1:34.27
	1) Ruben Roth SR 29.88	2) Finn Seery SR 47.68 (17.80) 1:10.71 (23.03)	3) Drew Phizackerly SR 1:34.27 (23.56)	4) Niko Dumitrescu SR
32	Freedom High School		1:35.66	1:34.37
	1) Joe Greer JR 22.09	2) Julian Morales JR 46.65 (24.56) 1:11.00 (24.35)	3) Keegan Tryon JR 1:34.37 (23.37)	4) Donnie Pearman JR
33	Justin-Siena		1:35.34	1:34.90
	1) Rafael Estimo SO 22.66	2) Jacob Imhoff SO 46.11 (23.45) 1:10.41 (24.30)	3) Lucas Padowan SR 1:34.90 (24.49)	4) Nikolas Klimenko FR
34	Benicia		1:33.91	1:34.93
	1) Carter Hoffmann 23.02	2) Colin Healy 47.11 (24.09) 1:11.32 (24.21)	3) Joshua Becker 1:34.93 (23.61)	4) Elijah Balandan
35	Alhambra High School		1:35.47	1:35.17
	1) Gabriel Zinn SR 24.06	2) Xavier Poyadue SR 48.20 (24.14) 1:12.57 (24.37)	3) Owen Bolstad SR 1:35.17 (22.60)	4) Noah Gutierrez JR
36	Ukiah		1:35.48	1:35.28
	1) Austin Danner SR 23.59	2) Bennett Spencer JR 48.87 (25.28) 1:12.26 (23.39)	3) Tristan Ireland JR 1:35.28 (23.02)	4) Nick Larson SR
37	James Logan		1:33.07	1:35.42
	1) Yongjian Zhang FR 23.57	2) Noah Defaii SO 47.77 (24.20) 1:12.17 (24.40)	3) Anthony Tom SR 1:35.42 (23.25)	4) Jacob Campa SR
---	Pinole Valley		1:33.47	DQ
	1) Corey Rarmirez JR 22.89	2) Carter Collins SR 48.74 (25.85) 1:12.46 (23.72)	3) Ethan Normington SR DQ (23.39)	4) David Shalz SR
---	Northgate		1:27.34	DQ
	1) Mason Wendler SR 20.28	2) Benjamin Nonaka SO 41.66 (21.38) 1:02.96 (21.30)	3) Brady Cannon JR DQ (20.81)	4) Kyle Kengla JR
---	Marin Academy		1:30.70	DFS
	1) Tristan LU JR	2) Schuyler Rewick SR	3) Ewan Smith SR	4) Cayden Yock SO

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024

Results - Prelims

Event 19 Girls 100 Yard Backstroke

National HS:	49.61	U	2022	Claire Curzan	Gibbons (NC)
NCS Meet:	52.86	N	1999	Natalie Coughlin	Carondelet
	54.73	AA-A All American Auto			
	55.91	AA-C All America Cons			
	56.36	CIFA CIF Automatic			
	58.06	CIFC CIF Consideration			

Name			Yr	School	Seed Time	Prelim Time	
Preliminaries							
1	Madison O'Connell		SR	Carondelet	53.52	53.02	AA-A
	25.78			53.02 (27.24)			
2	Natalie Farquhar		SR	Cardinal Newman	58.69	54.67	AA-A
	26.85			54.67 (27.82)			
3	Ella Busquets		FR	Monte Vista	54.83	54.95	AA-C
	26.61			54.95 (28.34)			
4	Adriana Smith		SR	Campolindo	55.08	55.13	AA-C
	26.68			55.13 (28.45)			
5	Addison Everage		SO	Tamalpais	58.30	55.96	CIFA
	27.01			55.96 (28.95)			
6	Natalie Mak		JR	College Preparatory	54.89	56.05	CIFA
	27.27			56.05 (28.78)			
7	Kristin Der		SR	Foothill	57.15	56.67	CIFC
	27.46			56.67 (29.21)			
8	Madelynn Gomez		SR	Carondelet	57.03	57.26	CIFC
	27.88			57.26 (29.38)			
9	Kennedy Lee		SR	Maria Carrillo	56.83	57.50	CIFC
	28.11			57.50 (29.39)			
10	Mollie Appl		SR	College Preparatory	58.30	57.63	CIFC
	27.97			57.63 (29.66)			
11	Olivia Pettit			Benicia	58.22	58.07	
12	Ashley Dangol		SR	Albany	59.14	58.79	
	28.49			58.79 (30.30)			
13	Layla Greaves		SO	Healdsburg High School	58.39	58.86	
	28.37			58.86 (30.49)			
14	Josephine Oesterer		FR	Piedmont High School	1:00.80	59.24	
	29.15			59.24 (30.09)			
15	Jenna Patridge		JR	Monte Vista	59.50	59.29	
	28.25			59.29 (31.04)			
16	Jordyn Menconi		SO	Cardinal Newman	59.53	59.50	
	29.41			59.50 (30.09)			
17	Maddie Phan		SO	Campolindo	59.72	59.74	
	28.77			59.74 (30.97)			
18	Anna Efe		FR	American Canyon	1:01.79	1:00.09	
	28.95			1:00.09 (31.14)			
19	Ana Senn		JR	San Ramon Valley	1:00.06	1:00.36	
	29.24			1:00.36 (31.12)			
20	Mya de Hart		JR	El Cerrito	1:00.77	1:00.40	
	29.48			1:00.40 (30.92)			
21	Sydney Walburg		SR	Las Lomas	1:00.93	1:01.02	
	29.65			1:01.02 (31.37)			
22	Eva Kaye		SO	Granada	59.59	1:01.09	
	29.75			1:01.09 (31.34)			

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024

Results - Prelims

Preliminaries ... (Event 19 Girls 100 Yard Backstroke)

Name		Yr	School	Seed Time	Prelim Time
23	Olivia Britton	FR	Carondelet	1:00.48	1:01.25
	29.42	1:01.25 (31.83)			
24	Nicole Xu	SO	Amador Valley	1:01.11	1:01.75
	29.62	1:01.75 (32.13)			
25	Micaella Szymanski	FR	Granada	1:01.27	1:01.87
	30.48	1:01.87 (31.39)			
26	Katelyn Roncal	JR	Dougherty Valley	1:00.89	1:01.93
	30.28	1:01.93 (31.65)			
27	Jewel Mendiola	JR	Campolindo	1:01.14	1:02.22
	30.06	1:02.22 (32.16)			
28	Maddie Guo	SR	Heritage	1:02.61	1:02.64
	30.42	1:02.64 (32.22)			
29	Claire Mohrland	JR	Northgate	1:03.04	1:02.68
	29.76	1:02.68 (32.92)			
30	Ariel Fruge	FR	Berean Christian	1:03.68	1:03.02
	30.82	1:03.02 (32.20)			
31	Sammie Lederle	SR	Campolindo	1:02.34	1:03.06
	30.53	1:03.06 (32.53)			
32	Adelie Reiner	SR	Miramonte	1:03.22	1:03.12
	30.47	1:03.12 (32.65)			
33	Alana Silva	SR	Liberty	1:03.41	1:03.20
	30.56	1:03.20 (32.64)			
34	Athena Ayers	SR	Liberty	1:01.85	1:03.45
	30.73	1:03.45 (32.72)			
35	Maeve McAuley	SR	Branson	1:03.01	1:03.55
	29.83	1:03.55 (33.72)			
36	Siena Oh	SR	Monte Vista	1:03.10	1:03.66
	30.30	1:03.66 (33.36)			
37	Zoe Cass-Lein	SO	Archie Williams	1:02.88	1:04.15
	31.58	1:04.15 (32.57)			
38	Sophie Lowe	JR	James Logan	1:02.97	1:04.37
	31.92	1:04.37 (32.45)			
39	Isabella Fonseca	SR	Carondelet	1:01.80	1:04.46
	30.52	1:04.46 (33.94)			
40	Erin Wong	JR	Irvington	1:02.74	1:05.31
	30.96	1:05.31 (34.35)			

Event 20 Boys 100 Yard Backstroke

National HS:	45.08	U	2023	Will Modglin	Zion (IN)
NCS Meet:	46.33	N	2018	Jonah Cooper	Foothill
	49.07	AA-A All American Auto			
	49.90	CIFA CIF Automatic			
	50.18	AA-C All America Cons			
	52.81	CIFC CIF Consideration			

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Diego Castaneda	JR	Clayton Valley Charter	49.32	48.08 AA-A
	23.50	48.08 (24.58)			
2	Edward Huang	SR	American High School	49.64	49.28 CIFA
	23.62	49.28 (25.66)			
3	Sam Seybold	SR	San Ramon Valley	50.03	49.48 CIFA
	23.91	49.48 (25.57)			

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024**Results - Prelims****Preliminaries ... (Event 20 Boys 100 Yard Backstroke)**

	Name	Yr	School	Seed Time	Prelim Time	
4	Jon Mendelssohn	JR	Las Lomas	50.67	49.78	CIFA
	23.62		49.78 (26.16)			
5	Cade Vieler	FR	Amador Valley	50.33	50.40	CIFC
	24.30		50.40 (26.10)			
6	Aden Li		Benicia	52.31	50.53	CIFC
	24.77		50.53 (25.76)			
7	Benjamin Ohrr	JR	Dublin	52.34	51.05	CIFC
	24.61		51.05 (26.44)			
8	Blake Hill	SO	De La Salle High School	51.20	51.06	CIFC
	25.18		51.06 (25.88)			
9	Yuki Hayashi	SR	Vintage	51.71	51.89	CIFC
	25.38		51.89 (26.51)			
10	Nate Cheney	JR	San Ramon Valley	53.01	51.99	CIFC
	24.38		51.99 (27.61)			
11	Nick Cadero	SO	Heritage	51.91	52.12	CIFC
	25.23		52.12 (26.89)			
12	Sebastian Santiago	FR	Granada	52.60	52.15	CIFC
	25.27		52.15 (26.88)			
13	Simon Li	JR	Castro Valley	52.48	52.16	CIFC
	25.08		52.16 (27.08)			
14	Joseph Goett	FR	Campolindo	53.18	52.25	CIFC
	25.06		52.25 (27.19)			
15	Benjamin Nonaka	SO	Northgate	52.07	52.37	CIFC
	25.62		52.37 (26.75)			
16	Andrew Sternfels	JR	Tamalpais	53.23	52.82	
	25.31		52.82 (27.51)			
17	Asher Takazawa	FR	Piedmont High School	54.22	53.03	
	25.77		53.03 (27.26)			
18	Amit Kannan	JR	San Ramon Valley	52.79	53.11	
	25.74		53.11 (27.37)			
19	Kealan Tupper	FR	Amador Valley	53.03	53.16	
	25.90		53.16 (27.26)			
20	Travis Black	SO	Analy	53.88	53.36	
	26.00		53.36 (27.36)			
21	Parker Akey	SR	San Ramon Valley	53.69	53.99	
	25.84		53.99 (28.15)			
22	Garrett Chivers	JR	Campolindo	52.83	54.26	
	25.99		54.26 (28.27)			
23	Nicholas Harris	SR	Las Lomas	55.65	54.31	
	25.93		54.31 (28.38)			
24	Nate Willett Burfoot	JR	El Cerrito	54.81	54.35	
	26.08		54.35 (28.27)			
25	Arya Nimbalkar	SO	Dougherty Valley	54.01	54.36	
	26.43		54.36 (27.93)			
26	Lawrence Wong	FR	Dougherty Valley	55.67	54.42	
	26.09		54.42 (28.33)			
27	Brett Nelson	SR	Las Lomas	54.66	54.54	
	26.00		54.54 (28.54)			
28	Hunter Rohovit	SR	Foothill	55.57	54.55	
	26.49		54.55 (28.06)			
29	Nolan Andrews	FR	San Domenico	54.60	54.62	
	26.60		54.62 (28.02)			

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024

Results - Prelims

Preliminaries ... (Event 20 Boys 100 Yard Backstroke)

Name		Yr	School	Seed Time	Prelim Time
30	Ezra Portillo	SR	Novato	54.13	55.00
	26.56		55.00 (28.44)		
31	Anthony Trieu	SO	Arcata	55.54	55.17
	26.95		55.17 (28.22)		
32	Andre Valle	SR	Granada	54.82	55.28
	27.20		55.28 (28.08)		
33	Yuze Yue	FR	Dougherty Valley	54.83	55.29
	26.58		55.29 (28.71)		
34	Lucas Washburn	SR	Miramonte	54.53	55.51
	26.88		55.51 (28.63)		
35	Issac Kemper	FR	Monte Vista	55.55	55.58
	27.12		55.58 (28.46)		
36	Yair Sas	JR	Berkeley High School	54.94	55.66
	26.94		55.66 (28.72)		
37	Carter Albee	SR	Tamalpais	55.30	55.88
	27.02		55.88 (28.86)		
38	Jordan Silvestri	JR	De La Salle High School	55.55	56.17
	26.90		56.17 (29.27)		
39	Jonathan Dong	SR	Head-Royce	55.60	56.23
	27.28		56.23 (28.95)		
40	Andrew Dillon	SR	Napa High School	55.39	56.46
	27.63		56.46 (28.83)		

Event 21 Girls 100 Yard Breaststroke

National HS:	58.35	U	2020	Kaitlyn Dober	Aloha (OR)
NCS Meet:	58.75	N	2009	Kasey Carlson	Las Lomas
	1:02.59		AA-A All American Auto		
	1:03.78		CIFA CIF Automatic		
	1:03.78		AA-C All America Cons		
	1:06.99		CIFC CIF Consideration		

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Hayley Gregory	SR	San Ramon Valley	1:03.42	1:02.15 AA-A
	29.42		1:02.15 (32.73)		
2	Miranda Stevenson	SR	San Ramon Valley	1:03.00	1:02.51 AA-A
	29.34		1:02.51 (33.17)		
3	Remy Harrison	JR	Sonoma Valley	1:04.78	1:03.27 CIFA
	29.94		1:03.27 (33.33)		
4	Elise Gratton	SO	Campolindo	1:05.26	1:04.55 CIFC
	30.58		1:04.55 (33.97)		
5	Meghan Ly	SR	Mission San Jose High School	1:04.22	1:04.68 CIFC
	30.85		1:04.68 (33.83)		
6	Emma Gyorkos	JR	Washington	1:04.73	1:04.96 CIFC
	30.44		1:04.96 (34.52)		
7	Elayna Ling	JR	Amador Valley	1:06.49	1:05.15 CIFC
	30.89		1:05.15 (34.26)		
8	Emma Shane	JR	Campolindo	1:05.33	1:05.70 CIFC
	30.87		1:05.70 (34.83)		
9	Lucy Kao	SO	Campolindo	1:05.36	1:05.81 CIFC
	31.09		1:05.81 (34.72)		
10	Tran Doan	JR	Washington	1:06.07	1:05.82 CIFC
	31.44		1:05.82 (34.38)		

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024**Results - Prelims****Preliminaries ... (Event 21 Girls 100 Yard Breaststroke)**

	Name	Yr	School	Seed Time	Prelim Time	
11	Natayla Campanile	FR	Las Lomas	1:06.55	1:05.89	CIFC
	30.93		1:05.89 (34.96)			
12	Katherine Kracht	SO	Carondelet	1:06.47	1:05.94	CIFC
	31.16		1:05.94 (34.78)			
*13	Calei Calica	FR	Campolindo	1:06.20	1:06.67	CIFC
	31.43		1:06.67 (35.24)			
*13	Esme Quay	SO	Marin Catholic	1:06.46	1:06.67	CIFC
	31.19		1:06.67 (35.48)			
15	Brooke Koller	JR	Carondelet	1:07.04	1:06.70	CIFC
	31.77		1:06.70 (34.93)			
16	Namya Sarup	JR	Amador Valley	1:06.09	1:06.87	CIFC
	31.56		1:06.87 (35.31)			
17	Maya Canada	SR	Clayton Valley Charter	1:08.52	1:07.52	
	32.11		1:07.52 (35.41)			
18	Charlotte Livermore	JR	Berkeley High School	1:07.76	1:07.72	
	31.77		1:07.72 (35.95)			
19	Valentina Deng	JR	Monte Vista	1:10.18	1:08.21	
	32.09		1:08.21 (36.12)			
20	Clara Peterson	FR	Carondelet	1:07.90	1:08.25	
	32.09		1:08.25 (36.16)			
21	Vlada Chekurova	JR	Northgate	1:08.19	1:08.62	
	32.25		1:08.62 (36.37)			
22	Abby Ikeda	FR	Clayton Valley Charter	1:07.42	1:08.77	
	32.34		1:08.77 (36.43)			
23	Haylee Wong	JR	Clayton Valley Charter	1:10.22	1:09.06	
	32.71		1:09.06 (36.35)			
24	Hannah Kiehl	JR	Maria Carrillo	1:09.20	1:09.25	
	32.47		1:09.25 (36.78)			
25	Aria Capelli	SR	Athenian	1:08.93	1:09.26	
	33.00		1:09.26 (36.26)			
26	Saveta Holunga	JR	Granada	1:08.41	1:09.33	
	32.99		1:09.33 (36.34)			
27	Emma Wang	SR	Amador Valley	1:10.41	1:09.37	
	32.45		1:09.37 (36.92)			
28	Annabelle Catic	FR	Alameda	1:09.35	1:09.41	
	32.46		1:09.41 (36.95)			
29	Lutece Morelle	JR	Maria Carrillo	1:08.78	1:09.44	
	32.89		1:09.44 (36.55)			
30	Kayden Page	SO	Carondelet	1:09.75	1:09.51	
	32.06		1:09.51 (37.45)			
31	Amalya Khodursky	FR	Castro Valley	1:08.92	1:09.62	
	32.19		1:09.62 (37.43)			
32	Kobi Wong	JR	Dougherty Valley	1:09.37	1:09.78	
	32.21		1:09.78 (37.57)			
33	Soyeon Kim	FR	Amador Valley	1:09.03	1:09.81	
	32.77		1:09.81 (37.04)			
34	Arcadia Li	JR	Bentley Upper	1:10.60	1:10.15	
	33.18		1:10.15 (36.97)			
35	Mackenzie Mincy		Benicia	1:10.40	1:10.32	
	33.38		1:10.32 (36.94)			
36	Chloe Kamages	SO	Credo	1:08.46	1:10.73	
	33.32		1:10.73 (37.41)			

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024

Results - Prelims

Preliminaries ... (Event 21 Girls 100 Yard Breaststroke)

Name		Yr	School	Seed Time	Prelim Time
37	Audrina Kang	JR	Miramonte	1:10.65	1:10.81
	32.95		1:10.81 (37.86)		
38	Chloe Firmage	JR	Tamalpais	1:10.89	1:11.10
	33.67		1:11.10 (37.43)		
39	Lydia Cunningham	SO	Cardinal Newman	1:09.93	1:11.20
	33.09		1:11.20 (38.11)		
40	Morgan Puckett	JR	Cardinal Newman	1:10.12	1:12.41
	33.26		1:12.41 (39.15)		

Event 22 Boys 100 Yard Breaststroke

National HS:	51.16	U	2018	Reece Whitley	Penn Charter (PA
NCS Meet:	53.39	N	2013	Steven Stumph	Campolindo
	55.44	AA-A All American Auto			
	56.65	CIFA CIF Automatic			
	56.68	AA-C All America Cons			
	58.15	CIFC CIF Consideration			

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Derek Ponssen	SR	Washington	56.17	55.65 CIFA
	25.59		55.65 (30.06)		
2	Ethan Taylor	JR	Campolindo	57.39	55.87 CIFA
	26.58		55.87 (29.29)		
3	Jax Milasincic	SR	California	57.28	56.61 CIFA
	26.45		56.61 (30.16)		
4	Garrett Molitor	JR	Athenian	57.04	56.63 CIFA
	26.76		56.63 (29.87)		
5	Sammy Kan	SR	Monte Vista	56.83	56.64 CIFA
	26.88		56.64 (29.76)		
6	Nicholas Arindunque	FR	Terra Linda	56.42	57.11 CIFC
	27.11		57.11 (30.00)		
7	Parker Smith	SR	Campolindo	57.64	57.31 CIFC
	26.61		57.31 (30.70)		
8	Jonas Co		California	57.52	57.54 CIFC
	27.41		57.54 (30.13)		
9	Donavan Tse	SR	American High School	58.84	57.60 CIFC
	27.09		57.60 (30.51)		
10	Ethan Suehiro	SO	California	57.52	57.81 CIFC
	27.51		57.81 (30.30)		
11	Oryan Liu	SO	Amador Valley	57.63	58.00 CIFC
	27.65		58.00 (30.35)		
12	Marcus Manuel	JR	Northgate	59.56	58.09 CIFC
	26.95		58.09 (31.14)		
13	Finn Sepic	JR	De La Salle High School	59.42	58.18
	27.29		58.18 (30.89)		
14	Ethan Wang	SO	Foothill	57.03	58.26
	27.57		58.26 (30.69)		
15	Connor Kann	SR	Foothill	59.91	58.35
	27.28		58.35 (31.07)		
16	Braden Yang	SO	Quarry Lane	1:01.55	58.89
	27.66		58.89 (31.23)		
17	Rostik Khilko		California	59.61	58.99
	27.80		58.99 (31.19)		

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024**Results - Prelims****Preliminaries ... (Event 22 Boys 100 Yard Breaststroke)**

	Name	Yr	School	Seed Time	Prelim Time
18	Chase Lewis	SO	De La Salle High School	59.71	59.04
	27.70	59.04 (31.34)			
19	Mason Jimenez	JR	Las Lomas	59.72	59.08
	27.86	59.08 (31.22)			
20	Daniel Lewis	SR	Northgate	59.73	59.09
	27.55	59.09 (31.54)			
21	Owen Pritchard	JR	Redwood	59.81	59.21
	27.54	59.21 (31.67)			
22	Will Brown	SR	Las Lomas	59.94	59.65
	27.89	59.65 (31.76)			
23	Aidan Siu	SO	Monte Vista	1:00.60	59.72
	27.94	59.72 (31.78)			
24	Hunter Bian	JR	Dougherty Valley	1:00.56	59.76
	28.47	59.76 (31.29)			
25	Mario DeIanni	JR	Napa High School	1:00.51	59.96
	27.76	59.96 (32.20)			
26	Joseph Miao	FR	Mission San Jose High School	1:01.03	1:00.24
	28.49	1:00.24 (31.75)			
27	Will Cooper	SO	Alameda	1:00.58	1:00.30
	28.23	1:00.30 (32.07)			
28	Asher Ding	SO	Amador Valley	1:00.37	1:00.37
	28.59	1:00.37 (31.78)			
29	Waseem Zeid	JR	Granada	1:01.17	1:00.43
	28.41	1:00.43 (32.02)			
30	Griffin Lush	FR	San Ramon Valley	1:00.14	1:00.45
	28.36	1:00.45 (32.09)			
31	Blake Kann	FR	Foothill	1:01.52	1:00.68
	28.92	1:00.68 (31.76)			
32	Calvin Tam	SR	Deer Valley High School	1:00.77	1:00.73
	28.73	1:00.73 (32.00)			
*33	Laird Muise	SO	Amador Valley	1:01.73	1:01.05
	29.05	1:01.05 (32.00)			
*33	Noah Hattori	JR	Napa High School	1:01.19	1:01.05
	28.79	1:01.05 (32.26)			
35	Peter Gladkevich	JR	Albany	1:01.26	1:01.49
	29.07	1:01.49 (32.42)			
*36	Tyler Licari	JR	Washington	1:01.72	1:01.87
	29.23	1:01.87 (32.64)			
*36	Chase Tsubota	SR	Monte Vista	1:01.26	1:01.87
	28.69	1:01.87 (33.18)			
38	Wesley Hon	JR	Castro Valley	1:01.78	1:01.97
	29.37	1:01.97 (32.60)			
39	Jacob Imhoff	SO	Justin-Siena	1:01.70	1:03.92
	30.29	1:03.92 (33.63)			
---	Cole Carnazzo	FR	Piedmont High School	59.43	DFS

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024

Results - Prelims

Event 23 Girls 400 Yard Freestyle Relay

National HS:	3:14.80	U	2022	Santa Margarita (CA)	SMargarita (CA)
				Hodges, Salvino, O'Dell, Kozan	
NCS Meet:	3:20.42	N	2013	Carondelet	Carondelet
				C. Chenault, N. Amberg, M. Murphy, M. White	
	3:27.68	AA-A All American Auto			
	3:31.16	AA-C All America Cons			
	3:32.13	CIFA CIF Automatic			
	3:38.99	CIFC CIF Consideration			

Team	Relay			Seed Time	Prelim Time
Preliminaries					
1 Carondelet				3:26.30	3:29.69 AA-C
1) Addison Corso FR	2) Madelynn Gomez SR	3) Elisabeth Butler JR	4) Madison O'Connell SR		
25.76	53.36 (53.36)	1:19.08 (25.72)	1:47.01 (53.65)		
2:11.50 (24.49)	2:39.12 (52.11)	3:03.18 (24.06)	3:29.69 (50.57)		
2 Monte Vista				3:27.69	3:31.18 CIFA
1) Eva Busquets SO	2) Molly Lind SO	3) Ella Busquets FR	4) Genesee Quon SR		
25.79	54.86 (54.86)	1:20.12 (25.26)	1:48.27 (53.41)		
2:12.23 (23.96)	2:38.86 (50.59)	3:03.74 (24.88)	3:31.18 (52.32)		
3 Campolindo				3:26.67	3:31.89 CIFA
1) Madison Blackwell SR	2) Elise Gratton SO	3) Calei Calica FR	4) Ruth Andrews FR		
25.00	51.55 (51.55)	1:16.98 (25.43)	1:43.93 (52.38)		
2:09.75 (25.82)	2:38.18 (54.25)	3:04.31 (26.13)	3:31.89 (53.71)		
4 Las Lomas				3:34.16	3:32.42 CIFC
1) Sydney Walburg SR	2) Natayla Campanile FR	3) Carlee Davis SO	4) Sierra Brown SR		
25.69	53.58 (53.58)	1:18.36 (24.78)	1:46.56 (52.98)		
2:12.30 (25.74)	2:40.55 (53.99)	3:05.58 (25.03)	3:32.42 (51.87)		
5 Granada				3:35.86	3:32.83 CIFC
1) Gabby Kleman SO	2) Eva Kaye SO	3) Megan Lemler SO	4) Brooke Bennett SO		
25.18	52.67 (52.67)	1:18.64 (25.97)	1:46.67 (54.00)		
2:12.32 (25.65)	2:40.31 (53.64)	3:05.36 (25.05)	3:32.83 (52.52)		
6 Miramonte				3:35.18	3:33.72 CIFC
1) Tali Stryker SR	2) Ali Larsen JR	3) Rosalie Hassett SR	4) Bea Hearey JR		
25.51	52.03 (52.03)	1:18.20 (26.17)	1:46.76 (54.73)		
2:12.50 (25.74)	2:40.92 (54.16)	3:06.24 (25.32)	3:33.72 (52.80)		
7 Amador Valley				3:40.08	3:34.21 CIFC
1) Rylee Hutchinson SO	2) Lillyana Caples SO	3) Francesca Lin FR	4) Elayna Ling JR		
25.96	53.25 (53.25)	1:19.33 (26.08)	1:47.20 (53.95)		
2:13.14 (25.94)	2:41.32 (54.12)	3:06.95 (25.63)	3:34.21 (52.89)		
8 San Ramon Valley				3:32.46	3:36.28 CIFC
1) Ana Senn JR	2) Tatum Akey FR	3) Hayley Gregory SR	4) Sasha Babushkina SO		
26.11	54.04 (54.04)	1:19.97 (25.93)	1:48.86 (54.82)		
2:14.91 (26.05)	2:42.92 (54.06)	3:08.04 (25.12)	3:36.28 (53.36)		
9 Northgate				3:35.90	3:39.87
1) Vlada Chekurova JR	2) Reagan Berger SO	3) Rebecca Griffin FR	4) Lily Struempf SR		
26.91	56.22 (56.22)	1:23.35 (27.13)	1:54.26 (58.04)		
2:19.99 (25.73)	2:47.98 (53.72)	3:12.76 (24.78)	3:39.87 (51.89)		
10 Dublin				3:44.55	3:42.36
1) Emmy Loftus JR	2) Zoe Esquivel JR	3) Samira Leung FR	4) Kaitlin Lee SR		
27.94	56.93 (56.93)	1:24.64 (27.71)	1:55.53 (58.60)		
2:21.73 (26.20)	2:50.70 (55.17)	3:15.56 (24.86)	3:42.36 (51.66)		
11 Benicia				3:43.69	3:43.13
1) Olivia Pettit	2) Alexandra Grant	3) Mackenzie Mincy	4) Piper Whitty		
25.99	53.86 (53.86)	1:20.51 (26.65)	1:49.62 (55.76)		
2:17.81 (28.19)	2:47.59 (57.97)	3:13.56 (25.97)	3:43.13 (55.54)		

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024**Results - Prelims****Preliminaries ... (Event 23 Girls 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
12 Marin Catholic		3:41.55	3:44.80
1) Alyssa Kooy SR	2) Amelia Kiriakis JR	3) Claire Cassidy SR	4) Esme Quay SO
26.20	54.12 (54.12)	1:22.30 (28.18)	1:54.22 (1:00.10)
2:21.05 (26.83)	2:51.75 (57.53)	3:16.30 (24.55)	3:44.80 (53.05)
13 California		3:49.43	3:46.81
1) Jane Gerbracht	2) Hannah Jeong	3) RaRa Thompson	4) Samantha Gee JR
27.54	57.71 (57.71)	1:24.61 (26.90)	1:54.87 (57.16)
2:21.63 (26.76)	2:50.51 (55.64)	3:17.19 (26.68)	3:46.81 (56.30)
14 Washington		3:51.90	3:47.14
1) Ava Ellsworth JR	2) Sarah Gilbert SR	3) Rhea Nayagam FR	4) Shristi Bandyopadhyay SR
27.77	57.41 (57.41)	1:24.39 (26.98)	1:53.63 (56.22)
2:20.95 (27.32)	2:50.67 (57.04)	3:16.99 (26.32)	3:47.14 (56.47)
15 Alameda		3:47.90	3:47.20
1) Sydney Thompson SR	2) Kylie Zorn SO	3) Annabelle Catic FR	4) Madison Fong FR
24.86	52.40 (52.40)	1:19.67 (27.27)	1:50.92 (58.52)
2:19.68 (28.76)	2:50.36 (59.44)	3:17.17 (26.81)	3:47.20 (56.84)
16 Liberty		3:46.42	3:48.09
1) Mia DiBerardino JR	2) Alana Silva SR	3) Lindsey Hall SR	4) Athena Ayers SR
27.05	58.41 (58.41)	1:25.65 (27.24)	1:55.73 (57.32)
2:22.38 (26.65)	2:52.07 (56.34)	3:18.66 (26.59)	3:48.09 (56.02)
17 San Domenico		3:50.76	3:50.49
1) Mia Kelly JR	2) Ema Prelovskaja JR	3) Sanne Kostecki SO	4) Veronika Elias SO
27.27	55.51 (55.51)	1:23.31 (27.80)	1:55.65 (1:00.14)
2:12.03 (16.38)	2:51.75 (56.10)	3:19.38 (27.63)	3:50.49 (58.74)
18 Terra Linda		3:55.39	3:50.65
1) Josephine Fetterman-Riggle FR	2) Jamie Schmidt FR	3) Alina Noyes FR	4) Sammie Foley FR
27.20	57.13 (57.13)	1:24.73 (27.60)	1:55.42 (58.29)
2:22.48 (27.06)	3:20.51 (1:25.09)	3:50.65 (30.14)	
19 Heritage		3:46.50	3:51.84
1) Natalia Avalos Paz SR	2) Paige Weideman FR	3) Sam Chao SR	4) Alexia Warner SO
27.52	56.55 (56.55)	1:24.44 (27.89)	1:55.38 (58.83)
2:23.80 (28.42)	2:54.60 (59.22)	3:22.19 (27.59)	3:51.84 (57.24)
20 Berean Christian		3:54.66	3:51.88
1) Ariel Fruge FR	2) Piper McDonald FR	3) Sophia Schulz FR	4) Donna Talmadge JR
27.80	57.98 (57.98)	1:25.94 (27.96)	1:57.54 (59.56)
2:25.82 (28.28)	2:56.22 (58.68)	3:22.69 (26.47)	3:51.88 (55.66)
21 Livermore		3:58.54	3:52.42
1) Bridget O'Bryan SO	2) Lillian Speckenheuer SO	3) Jayden Helm JR	4) Katelyn Enrile SO
27.04	56.41 (56.41)	1:24.26 (27.85)	1:54.61 (58.20)
2:22.88 (28.27)	2:54.92 (1:00.31)	3:22.14 (27.22)	3:52.42 (57.50)
22 College Park		3:52.71	3:52.76
1) Eva Gornyitzki JR	2) Caroline Swanson SO	3) Lucy Galbraith SR	4) Julia Garcia SR
27.49	56.83 (56.83)	1:24.94 (28.11)	1:56.53 (59.70)
2:24.17 (27.64)	2:55.00 (58.47)	3:21.73 (26.73)	3:52.76 (57.76)
23 Berkeley High School		3:52.87	3:52.86
1) Abril Esqueda SR	2) Anaya Lehman JR	3) Charlotte Livermore JR	4) Morgan Ostrer JR
26.44	56.84 (56.84)	1:24.66 (27.82)	1:54.92 (58.08)
2:22.09 (27.17)	2:51.96 (57.04)	3:20.52 (28.56)	3:52.86 (1:00.90)
24 San Rafael		4:00.45	3:54.09
1) Paige Bussi SR	2) Alma Camacho Barajas SO	3) Leana Gregory JR	4) Samantha Carter JR
28.13	59.01 (59.01)	1:27.20 (28.19)	1:58.06 (59.05)
2:26.66 (28.60)	2:57.29 (59.23)	3:23.88 (26.59)	3:54.09 (56.80)

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024**Results - Prelims****Preliminaries ... (Event 23 Girls 400 Yard Freestyle Relay)**

	Team	Relay	Seed Time	Prelim Time
25	Dougherty Valley		3:59.74	3:54.98
	1) Natalie Chan JR	2) Filuka Houborg JR	3) Sierra Krauss FR	4) Katie Hu FR
	27.98	59.90 (59.90)	1:27.20 (27.30)	1:58.33 (58.43)
	2:26.78 (28.45)	2:57.99 (59.66)	3:24.91 (26.92)	3:54.98 (56.99)
26	Alhambra High School		3:56.49	3:55.91
	1) Chiara Ke JR	2) Briar Cue SO	3) Julia Arrizon SR	4) Isabelle Cooley SR
	27.62	59.00 (59.00)	1:27.01 (28.01)	1:58.39 (59.39)
	2:26.41 (28.02)	2:58.81 (1:00.42)	3:25.83 (27.02)	3:55.91 (57.10)
27	Sonoma Valley		3:56.61	3:56.23
	1) Alegria Silvi JR	2) Maya Garcia JR	3) Kendall Caton SO	4) Remy Harrison JR
	27.66	57.25 (57.25)	1:26.09 (28.84)	1:58.62 (1:01.37)
	2:27.67 (29.05)	3:00.73 (1:02.11)	3:26.63 (25.90)	3:56.23 (55.50)
28	American Canyon		3:52.65	3:56.62
	1) Anna Efe FR	2) Isabella Mosing SO	3) Abigayle Sapida SR	4) Alejandra Valladares SR
	27.98	57.35 (57.35)	1:25.03 (27.68)	1:56.55 (59.20)
	2:25.44 (28.89)	2:57.95 (1:01.40)	3:24.83 (26.88)	3:56.62 (58.67)
29	James Logan		3:59.75	3:57.19
	1) Angela D'Amelio SR	2) Jaslyn Tsui SO	3) Bethany Kiang SR	4) Sophie Lowe JR
	27.91	58.42 (58.42)	1:27.86 (29.44)	2:00.49 (1:02.07)
	2:28.29 (27.80)	2:59.87 (59.38)	3:27.15 (27.28)	3:57.19 (57.32)
30	Mission San Jose High School		4:01.46	3:57.32
	1) Natalie Lim SO	2) Alavya Patnaik SO	3) Katelynn Tran FR	4) Jennifer Xu SO
	30.06	1:01.22 (1:01.22)	1:29.80 (28.58)	2:00.83 (59.61)
	2:28.17 (27.34)	3:00.03 (59.20)	3:27.60 (27.57)	3:57.32 (57.29)
31	Moreau Catholic		4:00.12	3:58.11
	1) Ella Gross JR	2) Makaela Luman JR	3) Nola Kurtz JR	4) Angelica Chavez SR
	28.59	59.62 (59.62)	1:29.23 (29.61)	2:00.74 (1:01.12)
	2:28.96 (28.22)	3:00.45 (59.71)	3:27.72 (27.27)	3:58.11 (57.66)
32	American High School		3:58.47	4:02.38
	1) Hailey Olalia SO	2) Michelle Huang SR	3) Katie Huang SR	4) Kristy Zhu JR
	28.28	1:00.07 (1:00.07)	1:28.55 (28.48)	2:01.35 (1:01.28)
	2:30.86 (29.51)	3:02.32 (1:00.97)	3:30.25 (27.93)	4:02.38 (1:00.06)
33	Cardinal Newman		3:56.32	4:03.54
	1) Sienna Manconi FR	2) Grace Thumhart SO	3) Emma Lando SO	4) Lydia Cunningham SO
	25.96	53.72 (53.72)	1:26.00 (32.28)	2:00.19 (1:06.47)
	2:30.11 (29.92)	3:03.95 (1:03.76)	3:32.40 (28.45)	4:03.54 (59.59)
34	Irrington		3:58.46	4:05.98
	1) Kayli Dai JR	2) Sharon Ng SO	3) Lindsey Luo SO	4) Sophie Ng SR
	28.44	1:00.59 (1:00.59)	1:29.90 (29.31)	2:03.45 (1:02.86)
	2:31.88 (28.43)	3:04.59 (1:01.14)	3:33.15 (28.56)	4:05.98 (1:01.39)
35	College Preparatory		3:43.93	4:23.14
	1) Kate Mikami SO	2) Sydney Rose FR	3) Zia Owens SO	4) Sophie Hernandez SR
	29.67	1:03.17 (1:03.17)	1:34.26 (31.09)	2:08.06 (1:04.89)
		3:48.64 ()	4:23.14 ()	
---	Redwood		3:49.17	DQ
	1) Kate DeForrest SR	2) Avery Gunst FR	3) Lily Kilgore FR	4) Amelia Loiacono SR
	26.58	55.85 (55.85)	1:22.62 (26.77)	1:52.21 (56.36)
	2:19.64 (27.43)	2:50.17 (57.96)	3:17.44 (27.27)	DQ (58.33)
---	Tamalpais		3:44.03	DQ
	1) Elle Philp SO	2) Reese Arwin SO	3) Amanda Mauzy JR	4) Addison Everage SO
	27.69	58.25 (58.25)	1:25.09 (26.84)	1:55.47 (57.22)
	2:23.32 (27.85)	2:54.85 (59.38)	3:19.89 (25.04)	DQ (53.10)

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024

Results - Prelims

Preliminaries ... (Event 23 Girls 400 Yard Freestyle Relay)

Team	Relay			Seed Time	Prelim Time
--- Clayton Valley Charter				3:42.61	DQ
1) Madison Bautista SO	2) Haylee Wong JR	3) Allison Fuentes SR	4) Kyla Joseph SO		
25.44	52.64 (52.64)	1:19.03 (26.39)	1:49.52 (56.88)		
2:16.57 (27.05)	2:47.65 (58.13)	3:13.07 (25.42)	DQ (54.37)		
--- Piedmont High School				3:43.77	DQ
1) Sonja Ten Grotenhuis SO	2) Josephine Oesterer FR	3) Sydney Olson FR	4) Taylor Rolefson SO		
28.02	59.84 (59.84)	1:26.74 (26.90)	1:56.36 (56.52)		
2:23.10 (26.74)	2:53.44 (57.08)	3:18.54 (25.10)	DQ (53.25)		
--- Marin Academy				3:49.42	DFS
1) Hannah Shoup FR	2) Gabby Reichley JR	3) Kelly Kurtzig FR	4) Ali Kosmowski JR		

Event 24 Boys 400 Yard Freestyle Relay

National HS:	2:53.81	U	2018	Allegheny North (PA)	Allegheny North
				Gonzalez, Zhang, Wright, Mihm	
NCS Meet:	2:59.00	N	2014	Granada	Granada
				M. Rooney, B. McLaggan, T. Trump, N. Silverthorn	
	3:05.74	AA-A All American Auto			
	3:08.40	AA-C All America Cons			
	3:08.45	CIFA CIF Automatic			
	3:14.49	CIFC CIF Consideration			

Team	Relay			Seed Time	Prelim Time	
Preliminaries						
1 Foothill				3:07.22	3:05.48	AA-A
1) Luka Mijatovic FR	2) Ethan Wang SO	3) Connor Kann SR	4) Kaden Wong FR			
21.63	44.81 (44.81)	1:07.60 (22.79)	1:32.19 (47.38)			
1:54.59 (22.40)	2:19.10 (46.91)	2:41.37 (22.27)	3:05.48 (46.38)			
2 Northgate				3:06.65	3:05.78	AA-C
1) Brady Cannon JR	2) Benjamin Nonaka SO	3) Kyle Kengla JR	4) Mason Wendler SR			
22.84	46.99 (46.99)	1:09.76 (22.77)	1:35.25 (48.26)			
1:57.63 (22.38)	2:21.68 (46.43)	2:42.58 (20.90)	3:05.78 (44.10)			
3 De La Salle High School				3:08.95	3:06.24	AA-C
1) David Skov JR	2) Jed Johnson JR	3) Matthew Nakayama SO	4) Charley Wilson JR			
22.69	46.94 (46.94)	1:08.80 (21.86)	1:32.56 (45.62)			
1:54.98 (22.42)	2:20.20 (47.64)	2:42.39 (22.19)	3:06.24 (46.04)			
4 American High School				3:12.77	3:07.14	AA-C
1) Edward Huang SR	2) Ryin Ruaboro SR	3) Donovan Tse SR	4) Ray Cillo SR			
21.90	45.47 (45.47)	1:07.58 (22.11)	1:31.41 (45.94)			
1:54.80 (23.39)	2:20.05 (48.64)	2:42.26 (22.21)	3:07.14 (47.09)			
5 San Ramon Valley				3:07.88	3:07.48	AA-C
1) Drew Arney SR	2) Nick Tovani SR	3) Sam Seybold SR	4) Sawyer Jones JR			
22.62	47.38 (47.38)	1:09.90 (22.52)	1:34.76 (47.38)			
1:57.05 (22.29)	2:21.63 (46.87)	2:43.21 (21.58)	3:07.48 (45.85)			
6 Amador Valley				3:08.70	3:07.71	AA-C
1) Devyn Caples SR	2) Kealan Tupper FR	3) Andrew Lillie SR	4) Cade Vieler FR			
22.78	47.05 (47.05)	1:10.01 (22.96)	1:34.95 (47.90)			
1:57.74 (22.79)	2:22.02 (47.07)	2:43.49 (21.47)	3:07.71 (45.69)			
7 Monte Vista				3:16.16	3:08.46	CIFC
1) Preston Bouch SO	2) Jeremy Ting SO	3) Alex Nicholson SR	4) Sammy Kan SR			
23.37	47.59 (47.59)	1:10.32 (22.73)	1:34.69 (47.10)			
1:57.42 (22.73)	2:23.16 (48.47)	2:44.54 (21.38)	3:08.46 (45.30)			
8 Miramonte				3:10.49	3:08.71	CIFC
1) Gabriel Hoffman SO	2) Laird Delbridge SO	3) Grant Kurtz SR	4) Logan Gunn SR			
22.98	48.37 (48.37)	1:11.16 (22.79)	1:35.76 (47.39)			
1:57.92 (22.16)	2:23.37 (47.61)	2:44.88 (21.51)	3:08.71 (45.34)			

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024**Results - Prelims****Preliminaries ... (Event 24 Boys 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
9 Piedmont High School		3:14.53	3:10.09 CIFC
1) Owen Blanford JR	2) Asher Takazawa FR	3) Thomas Rolefson SO	4) Nikita Costello FR
23.14	47.31 (47.31)	1:10.28 (22.97)	1:35.65 (48.34)
1:57.81 (22.16)	2:23.33 (47.68)	2:45.35 (22.02)	3:10.09 (46.76)
10 Dougherty Valley		3:11.15	3:10.88 CIFC
1) Songrui Wu SO	2) Ryan Vallejo SR	3) Abir Bhatia SO	4) Lawrence Wong FR
21.24	44.23 (44.23)	1:07.81 (23.58)	1:34.24 (50.01)
1:57.46 (23.22)	2:22.10 (47.86)	2:44.96 (22.86)	3:10.88 (48.78)
11 Las Lomas		3:11.78	3:11.23 CIFC
1) John Hollander JR	2) Griffin Marks JR	3) Carter Seward JR	4) Jon Mendelssohn JR
23.05	48.51 (48.51)	1:11.64 (23.13)	1:36.33 (47.82)
1:59.04 (22.71)	2:24.17 (47.84)	2:46.13 (21.96)	3:11.23 (47.06)
12 Campolindo		3:11.09	3:11.47 CIFC
1) Reid Lalli SR	2) Grayson Bloes FR	3) Eason Feng SO	4) Michael Chu SR
23.15	48.10 (48.10)	1:10.92 (22.82)	1:35.97 (47.87)
1:58.63 (22.66)	2:23.38 (47.41)	2:46.59 (23.21)	3:11.47 (48.09)
13 Granada		3:20.23	3:12.29 CIFC
1) Tyler Ortiz FR	2) Kyle Ridosko FR	3) Sebastian Santiago FR	4) Nathanael Ridosko JR
22.51	46.71 (46.71)	1:10.62 (23.91)	1:36.68 (49.97)
2:00.35 (23.67)	2:25.80 (49.12)	2:47.95 (22.15)	3:12.29 (46.49)
14 College Park		3:16.38	3:12.64 CIFC
1) Misha Popov JR	2) Zac Gartner SR	3) Nic Austen SO	4) Connor Tillberg JR
23.44	48.77 (48.77)	1:11.65 (22.88)	1:36.72 (47.95)
1:59.10 (22.38)	2:24.14 (47.42)	2:47.56 (23.42)	3:12.64 (48.50)
15 Dublin		3:20.65	3:17.35
1) Benjamin Ohrr JR	2) Jacob Lim SR	3) Jack True JR	4) Hariom Patel JR
23.08	47.82 (47.82)	1:11.47 (23.65)	1:37.97 (50.15)
2:01.31 (23.34)	2:26.54 (48.57)	2:50.92 (24.38)	3:17.35 (50.81)
16 Benicia		3:20.90	3:17.62
1) Aden Li	2) Carter Hoffmann	3) Lucas Cagnon	4) Bryce Mincy
22.46	46.28 (46.28)	1:10.24 (23.96)	1:36.35 (50.07)
2:01.07 (24.72)	2:29.92 (53.57)	2:52.58 (22.66)	3:17.62 (47.70)
17 Terra Linda		3:12.42	3:18.84
1) Nick Butler FR	2) Jackson Wright SO	3) Harley Haveman FR	4) Cameron Heller FR
23.69	49.10 (49.10)	1:12.12 (23.02)	1:39.08 (49.98)
2:02.80 (23.72)	2:30.10 (51.02)	2:53.75 (23.65)	3:18.84 (48.74)
18 Tamalpais		3:13.29	3:19.40
1) Ari Blacher JR	2) Wyatt Donaldson JR	3) Carter Albee SR	4) Declan Murphy SO
23.86	49.78 (49.78)	1:13.73 (23.95)	1:40.17 (50.39)
2:04.30 (24.13)	2:30.01 (49.84)	2:53.22 (23.21)	3:19.40 (49.39)
19 Heritage		3:18.98	3:20.34
1) Nick Cadero SO	2) Zach Lengyel SR	3) Dakota Mata SO	4) Nick Woolery JR
23.48	50.17 (50.17)	1:13.97 (23.80)	1:40.24 (50.07)
2:04.59 (24.35)	2:31.16 (50.92)	2:54.78 (23.62)	3:20.34 (49.18)
20 Bishop O'Dowd		3:21.23	3:20.42
1) Isreal Gonzales JR	2) Jordan Estimo FR	3) Christian Sanchez FR	4) Lukas Soderberg FR
23.13	48.53 (48.53)	1:12.21 (23.68)	1:37.74 (49.21)
2:02.01 (24.27)	2:29.03 (51.29)	2:53.17 (24.14)	3:20.42 (51.39)
21 Alameda		3:24.54	3:20.80
1) Will Cooper SO	2) Dennis Pham Nguyen SO	3) Zach Dortch SO	4) Andrew Nguyen JR
23.86	49.84 (49.84)	1:14.48 (24.64)	1:40.99 (51.15)
2:04.90 (23.91)	2:32.50 (51.51)	2:55.28 (22.78)	3:20.80 (48.30)

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024**Results - Prelims****Preliminaries ... (Event 24 Boys 400 Yard Freestyle Relay)**

Team	Relay			Seed Time	Prelim Time
22 California				3:22.34	3:21.15
1) Nathan Maglalang	2) Aiden Berry	3) Eason Yang	4) Nami Ranjbarsadeghi SR		
24.13	50.20 (50.20)	1:14.06 (23.86)	1:40.47 (50.27)		
2:03.98 (23.51)	2:31.75 (51.28)	2:55.29 (23.54)	3:21.15 (49.40)		
23 Castro Valley				3:28.13	3:21.66
1) Edvin Sabanovic JR	2) Caleb Raumann JR	3) Matthew Jewell SR	4) Nathan Nguyen JR		
24.64	50.73 (50.73)	1:14.81 (24.08)	1:41.45 (50.72)		
2:05.13 (23.68)	2:31.98 (50.53)	2:55.25 (23.27)	3:21.66 (49.68)		
24 Clayton Valley Charter				3:15.21	3:21.68
1) Shawn Boland SR	2) David Giordano JR	3) Grant Whittlinger SR	4) Nicolas Bushnell SR		
24.08	50.10 (50.10)	1:13.49 (23.39)	1:39.65 (49.55)		
2:03.89 (24.24)	2:31.26 (51.61)	2:55.50 (24.24)	3:21.68 (50.42)		
25 Mission San Jose High School				3:30.02	3:22.19
1) Joseph Miao FR	2) Baylis Hin JR	3) Jonathan Xu JR	4) Ryan Kumar SO		
24.65	51.28 (51.28)	1:15.10 (23.82)	1:42.56 (51.28)		
2:07.10 (24.54)	2:33.69 (51.13)	2:57.11 (23.42)	3:22.19 (48.50)		
26 Berkeley High School				3:24.16	3:22.58
1) Connor Levi-Lang JR	2) Torben Wihlbiller JR	3) Luke Ashlock SO	4) Yair Sas JR		
23.92	49.55 (49.55)	1:12.71 (23.16)	1:40.67 (51.12)		
2:05.22 (24.55)	2:32.47 (51.80)	2:56.97 (24.50)	3:22.58 (50.11)		
27 Washington				3:19.68	3:22.90
1) David Jeon SR	2) Dallas Phillips SO	3) Radu Costache SO	4) Tyler Licari JR		
23.74	50.25 (50.25)	1:14.30 (24.05)	1:40.85 (50.60)		
2:04.84 (23.99)	2:32.04 (51.19)	2:56.19 (24.15)	3:22.90 (50.86)		
28 American Canyon				3:22.22	3:23.08
1) Rowen Valladares SR	2) Aidan Velicaria SR	3) Noah Zipay JR	4) Raphael Cueva SO		
23.34	49.02 (49.02)	1:13.08 (24.06)	1:40.48 (51.46)		
2:05.39 (24.91)	2:34.73 (54.25)	2:57.48 (22.75)	3:23.08 (48.35)		
29 Liberty				3:21.65	3:23.92
1) Christian Ceja SR	2) Q Drief JR	3) Zachary Pierce SO	4) Luke Gunderman SR		
24.82	52.32 (52.32)	1:15.60 (23.28)	1:42.36 (50.04)		
2:06.08 (23.72)	2:33.34 (50.98)	2:57.42 (24.08)	3:23.92 (50.58)		
30 Redwood				3:20.87	3:24.32
1) Charles Scott JR	2) Sawyer Goldberg JR	3) Lukas Knauer JR	4) Owen Pritchard JR		
24.88	51.72 (51.72)	1:15.96 (24.24)	1:43.27 (51.55)		
2:07.89 (24.62)	2:35.32 (52.05)	2:58.21 (22.89)	3:24.32 (49.00)		
31 San Francisco University High				3:27.10	3:26.47
1) Leo Lei SO	2) Luke Kawaja FR	3) Lucas Garner JR	4) Stephen Weinstein FR		
24.64	50.59 (50.59)	1:15.60 (25.01)	1:43.91 (53.32)		
2:09.25 (25.34)	2:37.39 (53.48)	3:01.33 (23.94)	3:26.47 (49.08)		
32 San Domenico				3:27.69	3:26.61
1) Avery Parks JR	2) Blake Hemsworth FR	3) Nolan Andrews FR	4) Zane Schuman FR		
24.43	51.72 (51.72)	1:18.11 (26.39)	1:47.02 (55.30)		
2:11.00 (23.98)	2:38.01 (50.99)	3:01.16 (23.15)	3:26.61 (48.60)		
33 Alhambra High School				3:27.85	3:26.70
1) Noah Gutierrez JR	2) Owen Bolstad SR	3) Mackinnley Kirshen SO	4) Gabriel Zinn SR		
23.97	50.06 (50.06)	1:14.72 (24.66)	1:42.09 (52.03)		
2:07.24 (25.15)	2:35.17 (53.08)	2:59.63 (24.46)	3:26.70 (51.53)		
34 Napa High School				3:29.80	3:28.36
1) Noah Hattori JR	2) Niko Tavakoli SO	3) Camerone Scargle SR	4) Andrew Dillon SR		
24.48	51.22 (51.22)	1:16.80 (25.58)	1:46.45 (55.23)		
2:11.19 (24.74)	2:39.09 (52.64)	3:02.53 (23.44)	3:28.36 (49.27)		

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024

Results - Prelims

Preliminaries ... (Event 24 Boys 400 Yard Freestyle Relay)

Team		Relay		Seed Time	Prelim Time
35	Maria Carrillo			3:29.75	3:29.50
	1) Magnus Scheller FR	2) Emmerson Lee FR	3) Nicholas Kwan JR	4) Eric Valerga JR	
	25.28	52.72 (52.72)	1:17.01 (24.29)	1:44.08 (51.36)	
	2:09.64 (25.56)	2:37.97 (53.89)	3:02.13 (24.16)	3:29.50 (51.53)	
36	James Logan			3:26.89	3:30.01
	1) Yongjian Zhang FR	2) Noah Defaai SO	3) Daniel Gonzales SR	4) Jacob Campa SR	
	24.35	50.49 (50.49)	1:15.95 (25.46)	1:44.43 (53.94)	
	2:09.20 (24.77)	2:37.37 (52.94)	3:01.87 (24.50)	3:30.01 (52.64)	
37	Freedom High School			3:29.99	3:31.06
	1) Joe Greer JR	2) Keegan Tryon JR	3) Julian Morales JR	4) Donnie Pearman JR	
	23.55	49.21 (49.21)	1:15.18 (25.97)	1:43.79 (54.58)	
	2:09.63 (25.84)	2:38.73 (54.94)	3:03.00 (24.27)	3:31.06 (52.33)	
---	Head-Royce			3:18.44	DQ
	1) Jonathan Dong SR	2) Ben Wang SR	3) Elliott Scott SO	4) Chetan Raghavan JR	
	23.19	48.16 (48.16)	1:11.57 (23.41)	1:37.72 (49.56)	
	2:00.47 (22.75)	2:25.97 (48.25)	2:49.66 (23.69)	DQ (49.71)	
---	Novato			3:24.58	DQ
	1) Rex Franus JR	2) Andrew Halsing SR	3) Noah Nicholas SR	4) Ezra Portillo SR	
	24.03	50.95 (50.95)	1:15.72 (24.77)	1:43.39 (52.44)	
	2:06.92 (23.53)	2:33.97 (50.58)	2:57.53 (23.56)	DQ (49.41)	
---	Marin Academy			3:20.16	DFS
	1) Tristan LU JR	2) Schuyler Rewick SR	3) Michael Yoder JR	4) Ewan Smith SR	

Event 25 Girls 100 Yard Freestyle Paralympic

NCS Meet:	1:00.96	N 2022	Addison Southern	Foothill
	50.15	AA-A All American Auto		
	51.10	AA-C All America Cons		
	51.48	CIFA CIF Automatic		
	52.82	CIFC CIF Consideration		

Name	Yr	School	Seed Time	Finals Time	Points
1 Olivia Bell	SO	Liberty	1:17.66	1:19.78	
	37.88	1:19.78 (41.90)			
2 Katerina Fedoroff	FR	Marin Catholic	1:54.96	1:56.87	
	52.79	1:56.87 (1:04.08)			
3 Sarah Williamson	JR	College Park	2:03.37	2:09.12	
	58.50	2:09.12 (1:10.62)			
4 Grace Cannon	SR	Northgate	2:05.75	2:16.80	
	54.71	2:16.80 (1:22.09)			
5 Rabia Schnebelt	JR	Napa High School	2:12.99	2:39.04	

Event 26 Boys 100 Yard Freestyle Paralympic

NCS Meet:	53.17	N 2022	Shawn Boland	Clayton Valley
	44.83	AA-A All American Auto		
	45.64	AA-C All America Cons		
	46.05	CIFA CIF Automatic		
	47.14	CIFC CIF Consideration		

Name	Yr	School	Seed Time	Finals Time	Points
1 Tyler McMillan	JR	Northgate	1:03.62	1:01.06	
	29.51	1:01.06 (31.55)			
2 Eric McDonell	SO	Cardinal Newman	1:09.48	1:04.60	
	30.51	1:04.60 (34.09)			
3 Colin Ingels	SO	Marin Catholic	1:18.01	1:13.59	
	34.31	1:13.59 (39.28)			

2024 NCS Swimming & Diving Championship Meet - 5/3/2024 to 5/5/2024

Results - Prelims

(Event 26 Boys 100 Yard Freestyle Paralympic)

Name		Yr	School	Seed Time	Finals Time	Points
4	Sean Vorhis	JR	Albany	1:18.38	1:19.43	
	38.21		1:19.43 (41.22)			
5	Alexander Flyte	FR	Deer Valley High School	1:41.22	1:38.44	
	47.82		1:38.44 (50.62)			
6	Nefi Rodarte Lopez	JR	Pittsburg	1:38.29	1:42.07	
	43.18		1:42.07 (58.89)			
7	Ethan Folsom	SO	Pittsburg	1:45.93	1:43.02	
	47.44		1:43.02 (55.58)			
8	Liam Hawley	SO	Freedom High School	2:46.71	3:02.89	
	1:21.36		3:02.89 (1:41.53)			

Event 27 Girls 50 Yard Freestyle Paralympic

NCS Meet: 27.72 N 2022 Addison Southern Foothill

23.08 AA-A All American Auto

23.50 AA-C All America Cons

23.70 CIFA CIF Automatic

24.77 CIFC CIF Consideration

Name		Yr	School	Seed Time	Finals Time	Points
1	Olivia Bell	SO	Liberty	33.73	34.70	
2	Katerina Fedoroff	FR	Marin Catholic	49.30	50.24	
3	Grace Cannon	SR	Northgate	48.83	52.25	
4	Sarah Williamson	JR	College Park	52.85	54.04	
5	Haley Wollesen	SR	San Ramon Valley	57.71	1:04.03	
6	Rabia Schnebelt	JR	Napa High School	59.83	1:09.13	

Event 28 Boys 50 Yard Freestyle Paralympic

NCS Meet: 23.91 N 2022 Shawn Boland Clayton Valley

20.43 AA-A All American Auto

20.85 AA-C All America Cons

20.90 CIFA CIF Automatic

21.49 CIFC CIF Consideration

Name		Yr	School	Seed Time	Finals Time	Points
1	Tyler McMillan	JR	Northgate	26.12	25.44	
2	Eric McDonell	SO	Cardinal Newman	32.56	30.47	
3	Colin Ingels	SO	Marin Catholic	35.24	33.90	
4	Sean Vorhis	JR	Albany	34.84	35.96	
5	Nefi Rodarte Lopez	JR	Pittsburg	37.96	40.28	
6	Alexander Flyte	FR	Deer Valley High School	44.66	41.49	
7	Alex Walters	SR	San Ramon Valley	45.74	44.81	
8	Ethan Folsom	SO	Pittsburg	44.44	47.27	
9	Liam Hawley	SO	Freedom High School	54.10	1:19.47	
---	Maliek Jones	SR	Deer Valley High School	50.60	DFS	

Event 109 Girls 50 Yard Freestyle Swim-off

23.08 AA-A All American Auto

23.50 AA-C All America Cons

23.70 CIFA CIF Automatic

24.77 CIFC CIF Consideration

Name		Yr	School	Seed Time	Finals Time	
- Swim-off						
1	Alexis Parkinson	SO	San Ramon Valley	23.89	23.69	CIFA
2	Sydney Thompson	SR	Alameda	23.89	23.74	CIFC