



NSC GIRLS SWIMMING OPEN INVITE OCTOBER 21, 2023 - 10:30am

TO: NSC Athletic Directors
NSC Boys' Swim Coaches
Lake Forest, Libertyville, Mundelein, Stevenson

FROM: Tim Burkhalter - Athletic Director - tburkhalter@lfschools.net
Kim Lobitz - Girls Varsity Swim Coach - klobitz@lfschools.net

RE: NSC Open Swimming Invite - Saturday, October 21, 2023 - 10:30am
Lake Forest High School

ENTRIES: Each team can enter an unlimited number of swimmers in each event. All Swimmer's times must be entered to the 1/100 of a second. Each team can enter an unlimited number of relays and swimmers in each event.

Entries for the Open Invite will be sent in two formats (Hy-tek file and Meet Entry Report) to Carolyn Grevers at cgrevers@lfschools.net by 12:00 pm Thursday October 19th. The Open host will send heat sheets to all participating schools.

SCHEDULE:

Swimming Warm-up - 9:00 AM
*There will be assigned lanes for warm-ups
Scratch Meeting – 10:00 AM
Swimming Begins – 10:30 AM

Lockers: All competitors must provide their own towels and locks. Locker room assignments will be posted and assigned to all teams.

AWARDS: Ribbons will be awarded to the top 8 places for individuals, top 3 for relays. No Team score is kept for the Open Invite

Hospitality: Provided for coaches, officials and workers

Trainer: Athletic Trainer will be available

Admission: Tickets can be purchased at [GoFan Lake Forest](#) - **NO CASH ACCEPTED**

Entry Fee: Pro-Rated

Team drop off/entry is through the Athletics Pool doors(26W) located in the lower brick paver lot in the front of our building. Have buses drop you and proceed to parking in the back of our building on the east side of campus.