

Buffalo Grove High School
Varsity Swimming and Diving Invitational
January 20th, 2024

Participating Schools: Bolingbrook, Buffalo Grove, Cary Grove, Fenton, Glenbard North, Highland Park, Lake Park, Lemont, Mundelein, Nazareth Academy (Diving), Notre Dame, Prospect, Rolling Meadows, Saint Patrick, Saint Viator, West Aurora, West Chicago, Wheeling

Meet Schedule:

Diving Warm Up:	6:30am	Swimming Warm-up:	10:45am
Diving Sheets Due:	7:30am	Swimming Coaches Meeting:	11:30am
Diving Competition:	8:00am	Swimming Competition:	12:00pm

****PLEASE BE ON TIME FOR YOUR WARM UP—late exceptions will not be made****

Warm Up #1: 10:45am—11:15am: Lane 1—Bolingbrook, Lane 2—Cary Grove, Lane 3—Fenton, Lane 4—Glenbard North, Lane 5—Highland Park, Lane 6—Lake Park, Lane 7—Lemont, Lane 8—Mundelein

Warm Up #2: 11:20am—11:50am: Lane 1—Notre Dame, Lane 2—Prospect, Lane 3—Rolling Meadows, Lane 4—Saint Patrick, Lane 5—Saint Viator, Lane 6—West Aurora, Lane 7—West Chicago, Lane 8—Wheeling

Order of Events:

The National Federation order of events will be followed with the exception of Diving being the first event. There will be a ten-minute break following the 50 free and coaches will discuss the need for an additional break after the 200 freestyle relay.

Entries:

Schools may enter up to 3 Individuals and 2 relays per event. Only the top relay and top two swimmers count toward scoring, however all entries are eligible for awards. Please e-mail Hy-tec entries to thomas.cooney@d214.org. Hy-tec entries are the preferred method of submission and are due by noon on Wednesday, January 17th. Please email your dive sheets to joseph.eckert@ccsd21.org by noon on Thursday, January 18th. If you have additional questions, please email thomas.cooney@d214.org.

Diving:

Divers will perform 11 Dives as per National Federation Rules. There will be cuts after round five (cut to 16) and round 8 (cut to 12). Divers who cannot perform 11 Dives as per National Federation Rules are not allowed to participate.

Swimming Entry Corrections:

A meet program will be mailed out to coaches the day before the meet so you can verify your entries. Please email thomas.cooney@d214.org if you have any changes so that we can have heat sheets made upon your arrival.

Locker Rooms:

Boys Locker Room: Bolingbrook, Buffalo Grove, Cary Grove, Fenton, Glenbard North, Highland Park, Lake Park, Lemont

Girls Locker Room: Mundelein, Notre Dame, Prospect, Rolling Meadows, Saint Patrick, Saint Viator, West Aurora, West Chicago, Wheeling.

Scoring:

Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relay Events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Awards:

Medals will be awarded to the top 6 finishers in each event. Medals will be distributed to each team at the end of the meet. Plaques will be awarded to the top three teams. Hard Copy, Electronic Meet Backups, and Team Manager Results will be available after the meet.