

THE 5TH ANNUAL "ROB LINDGREN" JAMBOREE

OCTOBER 7TH, 2023



***HERSEY SWIMS AT PROSPECT HIGH SCHOOL,
801 West Kensington, Mount Prospect, Il 60056***

PARTICIPATING TEAMS:

***BUFFALO GROVE, CARY GROVE, CRYSTAL LAKE SOUTH, ELK GROVE, HIGHLAND PARK,
JOHN HERSEY, JONES/PAYTON COLLEGE PREP(COOP), MAINE EAST, MAINE SOUTH,
MUNDELEIN, NAZARETH, PALATINE, PROSPECT, ROLLING MEADOWS, ST FRANCIS,
THORNTON***

**ENTRIES & DIVING SHEET(IHSA FORM) DUE
THURSDAY, OCTOBER 5th BY 9AM**

Entry Fee \$5 Adults \$3 Students

MEET SCHEDULE:

Diving Warm-up	6:30-7:30am
Diving Competition	7:30-10:00am
Swimming Warm-up	10:30-11:30am
Scratch Meeting	11:15am
Parade of teams	11:30am
Meet begins	12:00pm

Order of Events:

- | | |
|-----------------------------|---|
| 1. 11 Dives | 7. 100 yd freestyle |
| 2. 200 yd medley relay | 8. 500 yd freestyle |
| 3. 200 yd freestyle | 9. 200 yd freestyle relay |
| 4. 200 yd individual medley | 10. 100 yd backstroke |
| 5. 50 yd freestyle | 11. 100 yd breaststroke |
| 15 minute break | 12. 400 yd freestyle relay |
| 6. 100 yd butterfly | 13. Homecoming Court
Relay (non-scoring) |

Entries: Teams can enter two (2) individuals per event and one (1) relay. A swimmer may enter a maximum of four (4) events and only two may be individual events. Replacements made only for sickness or injury. Team file available upon request.

Email Hytek entries and Dive sheets (IHSA FORM ONLY) to dick.mortensen@d214.org by Thursday October 5, 2023 by 9am. Please include coaches and captains. E-mail is the preferred method. Late entries will be assigned to the 1st heat.

Awards: Medals will be awarded for the top three (3) finishers in all events and ribbons will be awarded for places 4-6. T-shirts will be awarded to the winning team. There is also a prize for best dance.

Scoring: We will use 16 place scoring:

Place	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Individual	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1
Relays Double	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2

Rob Lindgren Jamboree Assignments for Warm-up

Warmup	10:30-11:00	11:00-11:30
	GROUP A	GROUP B
Lane 1	Hersey	Sprint Only
Lane 2	Palatine	Thornton
Lane 3	Maine South	Jones/Payton Prep
Lane 4	Crystal Lake South	Highland Park
Lane 5	Prospect	Saint Francis
Lane 6	Mundelein	Maine East
Lane 7	Cary Grove	Elk Grove
Lane 8	Buffalo Grove	Rolling Meadows

Swimming Warm-ups are from 10:30-11:30 or at completion of diving. Warm up will be 1 hour. Please only use your assigned lane and time, as there are 15 teams at the Jamboree. Shallow pool will be open for the entire swim session and for warm-ups.

At conclusion of the meet please have one swimmer report to their assigned lane to swim against the Homecoming Court in a Fun Relay.

	START END		BULKHEAD	
Lane 3	Maine South	Palatine	Mundelein	Crystal Lake
Lane 4	Rolling Meadows	Prospect	St. Francis	Maine East
Lane 5	Homecoming court		Homecoming Court	
Lane 6	Cary Grove	Highland Park	BG	Hersey
Lane 7	Jones/Payton	Thornton	Elk Grove	Hersey 2

Meet Results: Meet results will be available at the scorers' table at the conclusion of the meet.

ROB LINDGREN JAMBOREE DANCE ORDER

**BUFFALO GROVE HIGH SCHOOL
CARY GROVE HIGH SCHOOL
CRYSTAL LAKE SOUTH
ELK GROVE HIGH SCHOOL
HIGHLAND PARK HIGH SCHOOL
JONES/PAYTON COLLEGE PREP(COOP)
MAINE EAST HIGH SCHOOL
MAINE SOUTH HIGH SCHOOL
MUNDELEIN HIGH SCHOOL
PALATINE HIGH SCHOOL
PROSPECT HIGH SCHOOL
ROLLING MEADOWS HIGH SCHOOL
ST. FRANCIS HIGH SCHOOL
THORNTON HIGH SCHOOL
JOHN HERSEY HIGH SCHOOL**

PLEASE HAVE YOUR KIDS MEET AT THE SHALLOW END AT 11:25AM. HAVE YOUR CAPTAIN TURN IN YOUR IPOD/PHONE TO THE DJ TABLE. MUSIC NEEDS TO HAVE A HEADPHONE/AUX ADAPTER.

*****PLEASE G RATED DANCE ROUTINES ONLY*****

THE HOMECOMING COURT WILL JUDGE YOUR DANCE PROGRAM. 2-MINUTE LIMIT. AWARDS WILL BE BASED ON ORIGINALITY, CREATIVITY, DANCE SKILLS, COSTUMES, AND ENERGY. COACHES PARTICIPATION IS DISCOURAGED. A PRIZE WILL BE AWARDED FOR 1ST PLACE.