



# VERNON HILLS HIGH SCHOOL ATHLETIC DEPARTMENT

To: Athletic Directors and Head Boys' Swim Coaches  
Buffalo Grove HS    McHenry HS    Mundelein HS    Palatine HS    Schaumburg HS  
Warren HS

From: Brian McDonald – Athletic Director – Vernon Hills High School  
Jim Pardun – Head Boys' Swimming & Diving Coach

Re: The Coach Phil Pardun Cougar Classic Invitational - Saturday, January 6, 2024

Description: The purpose of this meet is to give all athletes in each event an opportunity to compete against other athletes of the same ability from other schools. This type of meet allows **all** competitors to equivalently contribute to their team's point total. To ensure a positive experience for all, we request your honesty and accuracy in providing seed times for your swimmers.

Times:

7:30 AM	Pool Opens for diving warm-ups
8:30 AM	Diving sheets due
9:00 AM	Diving Competition
11:00 AM	Pool opens for swimming warm-ups
11:30 AM	Scratch Meeting
12:00 PM	Swimming Competition Begins

Diving: The diving will consist of an 11-dive format. Each team will enter up to three divers who will perform 11 dives. The rules for an 11-dive championship will apply.

Entries: Each athlete shall be permitted to enter a maximum of 4 events, no more than two of which may be individual events. All entries should include a seed time. Athletes without a seed time should be entered as NT.

Teams may enter 3 athletes for each individual event and 3 relays with one athlete/relay in each division; *fast* (C), *faster* (B), and *fastest* (A). A HyTek meet event file will accompany this information sheet. Athletes should be entered in descending seed time order; *fastest* (A), *faster* (B), and *fast* (C). In other words, if entering less than 3 swimmers/relays, you must submit a *fastest* (A) athlete first and a *faster* (B) athlete second. Athletes may compete in different divisions as needed.

**Entries are due no later than 12:00 noon on Thursday, 1/4/24. Please email your HyTek meet entry file with seed times to [jim.pardun@d128.org](mailto:jim.pardun@d128.org)**

Meet Events: Each series of events will begin with the *Fast* (C) division and end with the *Fastest* (A) division. For example:

Event #4:	200 Medley Relay <i>Fast</i> Division (C)
Event #5:	200 Medley Relay <i>Faster</i> Division (B)
Event #6:	200 Medley Relay <i>Fastest</i> Division (A)

Scoring: Each event will be scored as follows in descending order from 1<sup>st</sup> place:  
Individual events: 7 - 5 - 4 - 3 - 2 - 1      Relays: 14 - 10 - 8 - 6 - 4 - 2

Meet Mobile: The invite will be published to Meet Mobile so athletes, coaches, and parents can see real time results.

Awards: Medals awarded to the top 3 finishers in the *fastest* division and ribbons to the winning athlete in the other divisions. A plaque will be awarded to the 1<sup>st</sup> place team.

Concessions: Will be available on the day of the meet.

Questions: Contact Jim Pardun: [jim.pardun@d128.org](mailto:jim.pardun@d128.org)