

Improvement Report
Wasatch vs Kearns
Meet Date: 12/03/2016
Location: Heber, UT
Report Date: 12/04/2016

Athlete Name	Age	Gen	Event	P/F/T	Place	Points	Time	Base Line	Improvement
Ailshie, Lauren	14	F	Open 100 Back	F	10		1:24.71Y	1:27.56Y	-2.85
Splits 50: 41.70 100: 43.01									
Andersen, Caleb	15	M	Open 50 Free	F	28		36.30Y	32.75Y	3.55
			Open 100 Fly	F	6	1:09.47Y	1:15.68Y	-6.21	
Splits 50: 31.26 100: 38.21									
Anderson, Britain	17	M	Open 1000 Free	F			1:01.72Y		
			Open 25 Free	F			27.72Y		
			Open 50 Free	F	13		28.08Y		
			Open 100 Free	F	19	1:43.57Y	1:12.53Y	31.04	
Ashurst, Winter	14	F	Open 50 Free	F	29		44.30Y	32.20Y	12.10
			Open 100 Free	F	16	1:15.63Y			
Atkinson, Coleman	14	M	Open 50 Free	F	24		32.43Y	33.64Y	-1.21
			Open 100 Back	F	15	1:26.47Y			
Splits 50: 39.40 100: 47.07									
Baker, Millie	17	F	Open 50 Back	F	24		36.78Y		
			Open 100 Free	F	15	1:14.62Y			
Ball, Brendan	17	M	Open 50 Free	F	22		32.16Y	33.00Y	-0.84
			Open 100 Free	F		59.45YL	58.48Y	0.97	
Berkley, Kael	16	M	Open 1000 Free	F			59.45Y	1:04.05Y	-4.60
			Open 50 Free	F	7	26.17Y	26.63Y	-0.46	
			Open 100 Breast	F	8	1:17.43Y	1:17.52Y	-0.09	
Splits 50: 36.39 100: 41.04									
Berkley, Kenna	15	F	Open 50 Free	F	9		27.41Y	27.27Y	0.14
			Open 100 Breast	F	10	1:31.42Y	1:29.98Y	1.44	
Splits 50: 43.52 100: 47.90									
Binggeli, Cade	14	M	Open 50 Free	F	23		32.25Y	32.23Y	0.02
			Open 100 Free	F	12	1:11.56Y	1:14.78Y	-3.22	
Christensen, Madi	14	F	Open 50 Free	F	22		31.57Y	32.87Y	-1.30
			Open 1000 Free	F		1:04.16Y			
			Open 200 Free	F	5	1.00	2:16.80Y	2:16.42Y	0.38
Splits 50: 31.27 100: 34.56 150: 36.06 200: 34.91									
Cliften, Brigham	16	M	Open 25 Free	F			28.63Y	28.33Y	0.30
			Open 500 Free	F	4	2.00	6:19.21Y	6:23.76Y	-4.55
			Open 1000 Free	F			1:00.17Y	1:03.22Y	-3.05
			Open 200 Free	F	7		2:15.12Y	2:11.54Y	3.58
Splits 50: 29.76 100: 32.35 150: 33.52 200: 39.49									

			Open 500 Free	F	5		6:10.04Y		
Coker, Karson	16	M	Open 100 Back	F	24		2:15.10Y		
			Open 50 Back	F	33		51.78Y		
Dahl, Alex	17	M	Open 100 Back	F	17		1:34.85Y		
			Open 50 Back	F	28		42.04Y		
Daley, Tyler	15	F	Open 100 Back	F	24		1:54.34Y		
			Open 50 Back	F	38		52.54Y		
Davis, Anne	15	F	Open 100 Back	F	7		1:18.58Y	1:17.59Y	0.99
Splits 50: 38.30 100: 40.28									
			Open 200 Individual Medley	F	6		2:54.16Y	2:51.65Y	2.51
Splits 50: 35.90 100: 41.79 150: 53.71 200: 42.76									
Davis, Brooke	17	F	Open 100 Back	F	23		1:42.41Y		
			Open 50 Back	F	35		44.30Y		
Davis, McCall	15	M	Open 100 Back	F	5		1:11.97Y	1:12.68Y	-0.71
Splits 50: 35.30 100: 36.67									
			Open 1000 Free	F			1:02.71Y		
			Open 25 Free	F			28.25Y	27.40Y	0.85
			Open 50 Free	F	11		27.63Y		
Duncan, Ethan	16	M	Open 100 Breast	F	5	1.00	1:15.61Y	1:14.45Y	1.16
Splits 50: 36.19 100: 39.42									
			Open 200 Individual Medley	F	4	2.00	2:21.89Y	2:21.87Y	0.02
Splits 50: 31.58 100: 36.17 150: 41.62 200: 32.52									
			Open 25 Free	F			24.70Y	26.04Y	-1.34
Durrans, Anna	16	F	Open 100 Back	F	1	6.00	1:08.94Y	1:09.52Y	-0.58
Splits 50: 33.76 100: 35.18									
			Open 1000 Free	F			1:02.43Y	1:03.61Y	-1.18
			Open 200 Individual Medley	F	4	2.00	2:36.00Y	2:35.41Y	0.59
Splits 50: 34.65 100: 36.49 150: 48.93 200: 35.93									
			Open 50 Back	F			32.25Y	32.98Y	-0.73
Edwards, Easton	14	M	Open 200 Individual Medley	F	8		2:32.09Y	2:32.51Y	-0.42
Splits 50: 33.82 100: 39.85 150: 45.57 200: 32.85									
			Open 500 Free	F	4	2.00	5:55.01Y		
Englebright, Aby	17	F	Open 100 Back	F	2	4.00	1:10.30Y	1:10.05Y	0.25
Splits 50: 34.11 100: 36.19									
			Open 200 Individual Medley	F	5		2:45.90Y	2:41.05Y	4.85
Splits 50: 35.07 100: 38.62 150: 50.60 200: 41.61									
			Open 50 Back	F			32.46Y	32.05Y	0.41

Eveleth, Kevin	17	M	Open 100 Fly	F	9		1:15.52Y	1:14.60Y	0.92
Splits 50: 35.56 100: 39.96									
Fife, Corrine	16	F	Open 50 Free	F	16		29.74Y	29.27Y	0.47
			Open 100 Back	F	8		1:18.61Y	1:16.79Y	1.82
			Splits 50: 37.66 100: 40.95						
Splits 100: 1:22.17			Open 100 Fly	F	5	1.00	1:22.17Y	1:24.52Y	-2.35
			Open 1000 Free	F			1:07.19Y	1:08.62Y	-1.43
Giese, Calvin	17	M	Open 50 Fly	F			32.65Y	32.34Y	0.31
			Open 100 Back	F	1	6.00	1:00.50Y	56.76Y	3.74
			Splits 50: 29.59 100: 30.91						
Splits 50: 26.68 100: 30.38			Open 100 Fly	F	1	6.00	57.06Y	55.54Y	1.52
Giese, Olivia	15	F	Open 25 Free	F			23.39Y		
			Open 50 Fly	F			24.69Y	24.62Y	0.07
			Open 100 Free	F	19		1:24.13Y	1:15.48Y	8.65
Gordon, Gracie	16	F	Open 50 Free	F	25		32.52Y	31.80Y	0.72
			Open 100 Back	F	9		1:22.34Y	1:17.92Y	4.42
			Splits 50: 40.12 100: 42.22						
Hafen, Denali	14	F	Open 50 Free	F	17		31.26Y	30.44Y	0.82
			Open 100 Free	F	9		1:06.76Y		
			Open 1000 Free	F			1:04.03Y		
Hansen, Ethan	15	M	Open 25 Free	F			29.42Y		
			Open 50 Free	F	10		29.50Y		
			Open 100 Back	F	16		1:31.35Y		
Haroldsen, Sarah	17	F	Open 50 Back	F	26		41.24Y		
			Open 100 Back	F	25		1:57.46Y		
			Open 50 Back	F	37		50.93Y		
Harris, Cody	17	M	Open 100 Free	F	3	3.00	55.71Y	54.80Y	0.91
			Open 1000 Free	F			54.16Y	53.45Y	0.71
			Open 25 Free	F			24.26Y	23.97Y	0.29
Henderson, Cassie	14	F	Open 50 Free	F	3	3.00	24.68Y	24.07Y	0.61
			Open 100 Back	F	20		1:29.22Y		
			Open 50 Back	F	30		38.80Y		
Hillam, Ben	14	M	Open 100 Back	F	21		1:48.27Y		
			Open 50 Back	F	31		46.45Y		
			Open 100 Free	F	1	6.00	50.30Y	49.09Y	1.21
James, Ian	17	M	Open 25 Free	F			22.84Y	21.82Y	1.02
			Open 50 Back	F			26.31Y		
			Open 50 Free	F			22.84YL	22.50Y	0.34
James, Oliver	14	M	Open 100 Fly	F	2	4.00	1:00.97Y	1:04.10Y	-3.13
			Splits 50: 28.18 100: 32.79						
			Open 100 Free	F			54.62YL	56.47Y	-1.85
			Open 1000 Free	F			54.62Y	56.47Y	-1.85

			Open 200 Free	F	1	6.00	1:54.34Y	1:59.48Y	-5.14
Splits 50: 26.12 100: 28.11 150: 30.04 200: 30.07									
Jarvis, Lily	14	F	Open 25 Free	F			25.08Y	24.55Y	0.53
			Open 50 Free	F			25.08YL	25.01Y	0.07
			Open 100 Free	F	21		1:37.47Y	1:18.05Y	19.42
Johnson, Amelia	15	F	Open 50 Free	F	32		41.87Y	34.72Y	7.15
			Open 100 Breast	F	3	3.00	1:19.12Y	1:17.95Y	1.17
Splits 50: 37.23 100: 41.89									
Kieffer, Catherine	14	F	Open 1000 Free	F			1:02.06Y	1:04.44Y	-2.38
			Open 25 Free	F			27.23Y	26.86Y	0.37
			Open 50 Free	F	2	4.00	27.60Y	28.23Y	-0.63
			Open 100 Free	F	6		1:03.70Y	1:04.86Y	-1.16
Kieffer, Claire	16	F	Open 1000 Free	F			1:03.16Y	1:04.68Y	-1.52
			Open 50 Free	F	6		28.32Y	28.73Y	-0.41
			Open 100 Free	F	1	6.00	57.62Y	55.53Y	2.09
			Open 200 Free	F	1	6.00	2:08.29Y	2:04.96Y	3.33
Splits 50: 29.84 100: 31.77 150: 32.85 200: 33.83									
King, Cameron	14	M	Open 25 Free	F			25.28Y	25.53Y	-0.25
			Open 50 Free	F			26.82YL	27.13Y	-0.31
Lance, Landrea	17	F	Open 100 Back	F	20		1:44.33Y		
			Open 50 Back	F	27		41.87Y		
Larson, Nathan	14	M	Open 100 Free	F	7		1:04.86Y		
			Open 50 Free	F	9		29.41Y	28.63Y	0.78
Larson, Tyler	18	M	Open 100 Back	F	22		1:53.36Y		
			Open 50 Back	F	30		45.78Y		
			Open 1000 Free	F			1:01.66Y	1:05.62Y	-3.96
			Open 200 Free	F	9		2:21.73Y		
Splits 50: 32.49 100: 35.32 150: 37.61 200: 36.31									
Lay, Addison	14	F	Open 500 Free	F	7		6:35.47Y		
			Open 100 Free	F	2	4.00	1:01.21Y	1:01.24Y	-0.03
			Open 1000 Free	F			1:01.32Y	1:00.58Y	0.74
Martin, Joshua	16	M	Open 25 Free	F			28.04Y	27.49Y	0.55
			Open 50 Free	F	4	2.00	27.97Y	28.17Y	-0.20
			Open 100 Back	F	2	4.00	1:03.94Y	1:02.74Y	1.20
Splits 50: 31.19 100: 32.75									
McKee, Lacey	15	F	Open 50 Back	F			28.59Y	28.46Y	0.13
			Open 200 Free	F	6		2:22.99Y	2:28.23Y	-5.24
Splits 50: 33.47 100: 36.46 150: 38.12 200: 34.94									
Mickelson, Jaden	18	M	Open 500 Free	F	5	1.00	6:26.23Y	6:30.09Y	-3.86
			Open 100 Free	F	2	4.00	54.28Y	53.57Y	0.71
			Open 25 Free	F			23.64Y	23.39Y	0.25
			Open 50 Free	F	2	4.00	24.60Y	23.85Y	0.75

Moore, Rhys	16	M	Open 1000 Free	F			57.67Y	58.04Y	-0.37
			Open 200 Free	F	5	1.00	2:06.54Y	2:01.44Y	5.10
			Splits 50: 28.90 100: 32.04 150: 32.28 200: 33.32						
			Open 25 Free	F			26.16Y	25.62Y	0.54
			Open 500 Free	F	3	3.00	5:50.33Y	5:38.46Y	11.87
			Open 100 Breast	F	1	6.00	1:13.48Y	1:12.16Y	1.32
Moulton, Madelyne	15	F							
Splits 50: 35.21 100: 38.27									
			Open 200 Individual Medley	F	2	4.00	2:22.65Y	2:22.78Y	-0.13
			Splits 50: 31.21 100: 36.85 150: 40.77 200: 33.82						
			Open 25 Free	F			26.45Y	26.52Y	-0.07
			Open 50 Breast	F			32.69Y	33.04Y	-0.35
			Open 100 Breast	F	5		1:22.40Y	1:20.55Y	1.85
			Splits 50: 37.51 100: 44.89						
			Open 50 Breast	F			37.43Y	35.44Y	1.99
			Open 100 Breast	F	4		1:20.22Y		
			Splits 50: 37.09 100: 43.13						
			Open 25 Free	F			26.79Y	26.87Y	-0.08
			Open 50 Fly	F			29.69Y	28.78Y	0.91
			Open 50 Free	F	3	3.00	27.61Y	27.12Y	0.49
Oakeson, Mikayla	17	F	Open 200 Free	F	7		2:23.26Y	2:25.14Y	-1.88
Splits 50: 33.15 100: 36.59 150: 37.51 200: 36.01									
			Open 500 Free	F	6		6:33.91Y	6:30.02Y	3.89
			Open 50 Back	F	25		41.17Y		
			Open 1000 Free	F			54.02Y	56.55Y	-2.53
Patterson, Braden	15	M							
			Open 200 Free	F	2	4.00	2:00.04Y	1:58.84Y	1.20
			Splits 50: 27.36 100: 30.36 150: 31.24 200: 31.08						
			Open 25 Free	F			24.45Y	24.63Y	-0.18
			Open 500 Free	F	1	6.00	5:29.59Y	5:23.81Y	5.78
			Open 100 Fly	F	7		1:09.86Y		
			Splits 50: 32.04 100: 37.82						
			Open 100 Free	F			59.66YL		
			Open 1000 Free	F			59.66Y		
			Open 200 Free	F	6		2:11.24Y	2:06.37Y	4.87
Splits 50: 29.79 100: 32.94 150: 34.65 200: 33.86									
			Open 25 Free	F			26.16Y		
			Open 50 Back	F	33		42.17Y		
			Open 100 Back	F	23		1:54.10Y		
Prince, Jordan	14	F							
Probst, Benson	16	M							
			Open 50 Back	F	32		48.04Y		
			Open 100 Back	F	12		1:28.58Y		
			Splits 50: 42.67 100: 45.91						
Rasband, Emily	16	F							

			Open 1000 Free	F			1:11.27Y	1:09.99Y	1.28
			Open 50 Free	F	18		31.54Y	31.24Y	0.30
Richter, Madi	18	F	Open 50 Free	F	14		30.57Y	30.70Y	-0.13
Richter, Sydney	14	F	Open 50 Back	F	31		41.77Y		
Riddle, Lander	17	M	Open 100 Breast	F	4	2.00	1:11.95Y	1:12.61Y	-0.66
Splits 50: 34.10 100: 37.85									
			Open 25 Free	F			26.49Y	26.42Y	0.07
			Open 50 Breast	F			32.82Y	32.64Y	0.18
			Open 50 Free	F			26.49YL	26.79Y	-0.30
Rigby, Grant	14	M	Open 100 Fly	F	4	2.00	1:05.03Y		
Splits 100: 1:05.03									
			Open 200 Individual Medley	F	1	6.00	2:16.34Y	2:14.22Y	2.12
Splits 50: 31.75 100: 36.12 150: 36.88 200: 31.59									
			Open 50 Breast	F			30.90Y	31.43Y	-0.53
Russel, Berklee	14	F	Open 100 Fly	F	4	2.00	1:16.54Y		
Splits 50: 1:16.60 100: 0.-6									
			Open 25 Free	F			28.09Y	28.16Y	-0.07
			Open 50 Fly	F			30.97Y	29.81Y	1.16
			Open 50 Free	F	8		28.95Y	29.69Y	-0.74
Scammell, Joselyn	15	F	Open 50 Back	F	34		42.92Y		
Schultz, Gabe	15	M	Open 100 Breast	F	3	3.00	1:10.43Y	1:10.67Y	-0.24
Splits 50: 33.07 100: 37.36									
			Open 1000 Free	F			57.19Y		
			Open 200 Individual Medley	F	3	3.00	2:19.22Y	2:15.38Y	3.84
Splits 50: 30.44 100: 37.75 150: 38.88 200: 32.15									
			Open 50 Breast	F			30.79Y	30.90Y	-0.11
Slagowski, Duncan	15	M	Open 100 Free	F	9		1:04.95Y		
Splits 50: 30.79 100: 34.16									
			Open 50 Free	F	15		29.67Y	29.16Y	0.51
Sorensen, Madyson	15	F	Open 100 Back	F	22		1:42.17Y		
			Open 50 Back	F	36		45.13Y		
Sorenson, BrookLin	16	F	Open 1000 Free	F			1:04.67Y		
			Open 200 Free	F	4	2.00	2:16.30Y	2:17.18Y	-0.88
Splits 50: 32.10 100: 34.95 150: 35.28 200: 33.97									
			Open 25 Free	F			29.20Y	29.15Y	0.05
			Open 500 Free	F	3	3.00	6:07.50Y	6:08.97Y	-1.47
Staples, Jane	14	F	Open 100 Breast	F	2	4.00	1:14.44Y	1:16.50Y	-2.06
Splits 50: 35.05 100: 39.39									
			Open 1000 Free	F			1:07.05Y	1:07.45Y	-0.40

			Open 200 Individual Medley	F	3	3.00	2:32.19Y	2:34.59Y	-2.40
			Splits 50: 33.12 100: 40.28 150: 41.14 200: 37.65						
			Open 50 Breast	F			33.43Y	35.02Y	-1.59
			Open 100 Back	F	3	3.00	1:07.94Y	1:02.37Y	5.57
Stead, Matthew	17	M	Splits 50: 32.67 100: 35.27						
			Open 200 Individual Medley	F	7		2:27.51Y		
			Splits 50: 30.24 100: 35.38 150: 46.11 200: 35.78						
			Open 50 Back	F			28.86Y	28.46Y	0.40
Stoddard, Isabelle	17	F	Open 100 Breast	F	7		1:25.71Y	1:27.80Y	-2.09
			Splits 50: 40.15 100: 45.56						
			Open 100 Fly	F	6		1:28.87Y	1:24.44Y	4.43
			Splits 100: 1:28.87						
Tayler, Anna	16	F	Open 100 Breast	F	6		1:22.44Y	1:22.59Y	-0.15
			Splits 50: 39.25 100: 43.19						
			Open 50 Free	F	20		31.78Y		
			Open 100 Back	F	26		2:03.76Y		
Wabel, Garrett	14	M	Open 50 Back	F	39		56.28Y		
			Open 100 Free	F	18		1:34.91Y	1:13.35Y	21.56
			Open 50 Free	F	19		30.80Y	30.91Y	-0.11
			Open 100 Free	F	10		1:07.28Y	1:06.61Y	0.67
Wabel, Olivia	15	F	Open 25 Free	F			28.86Y	29.26Y	-0.40
			Open 50 Free	F	11		29.84Y	29.26Y	0.58
			Open 100 Back	F	25		2:55.90Y		
			Open 50 Back	F	35		1:36.28Y		
Webb, Kayla	16	F	Open 100 Back	F	5	1.00	1:14.93Y	1:12.28Y	2.65
			Splits 50: 37.45 100: 37.48						
			Open 100 Free	F			1:11.46YL		
			Open 1000 Free	F			1:11.46Y	1:10.11Y	1.35
Weilenmann, Katelyn	14	F	Open 50 Back	F			33.32Y	33.81Y	-0.49
			Open 1000 Free	F			1:07.96Y	1:06.80Y	1.16
			Open 200 Free	F	8		2:23.35Y	2:20.09Y	3.26
			Splits 50: 32.51 100: 35.59 150: 37.30 200: 37.95						
Whitby, Sydney	16	F	Open 500 Free	F	7		6:35.90Y	6:16.66Y	19.24
			Open 100 Fly	F	2	4.00	1:10.81Y	1:09.24Y	1.57
			Splits 100: 1:10.81						
			Open 25 Free	F			27.56Y	27.45Y	0.11
Wilson, Tanner	15	M	Open 50 Free	F	5		28.06Y	28.20Y	-0.14
			Open 100 Free	F	13		1:13.24Y	1:15.65Y	-2.41
			Open 50 Free	F	23		33.08Y	33.41Y	-0.33

Wolfert, Bridger	14	M	Open 100 Free	F	7	1:01.36Y	1:03.08Y	-1.72
			Open 1000 Free	F		1:02.44Y	1:03.11Y	-0.67
			Open 50 Free	F	8	27.39Y	28.31Y	-0.92
World, Alexis	17	F	Open 100 Free	F	14	1:10.08Y		
			Open 50 Free	F	15	30.87Y		